
SOMERSET COUNTY
OFFICE OF YOUTH SERVICES

Serving Youth

Changing Lives



SERVICE DIRECTORY

of Youth Serving Agencies/
Programs of Somerset County

- 15th Edition 2020 -
www.co.somerset.nj.us

NOTE:

Due to the effects of COVID-19, we would recommend you contact the agency prior to traveling to their location.

HOTLINES

EMERGENCY SERVICES - 24 HOURS

AL-ANON/ALATEEN INFORMATION SERVICES	(973) 744-8686
ALCOHOL HOTLINE	(800) 245-1377
CHILD ABUSE	(877) NJABUSE (877) 652-2873
CHILDREN'S MOBILE RESPONSE & STABILIZATION SERVICES	(877) 652-7624
COCAINE HOTLINE	(800) 663-7847
EARLY INTERVENTION SYSTEM (NJEIS)	(888) NJEI-INFO (888) 653-4463
FAMILY CRISIS INTERVENTION UNIT (FCIU)	(908) 704-6330
Monday – Thursday	8:30 am – 8:00 pm
Friday	8:30 am – 4:30 pm
After-hours	(908) 526-4100
PERFORMCARE	(877) 652-7624
PSYCHIATRIC SCREENING SERVICE (PESS)	EMERGENCY (908) 526-4100

HOTLINES
EMERGENCY SERVICES - 24 HOURS
(CONTINUED)

NARCOTICS ANONYMOUS	(800) 992-0401
NATIONAL AIDS HOTLINE	(800) 342-2437
(Spanish)	(800) 344-7432
(Deaf)	(800) 243-7889
NATIONAL RUNAWAY	(800) RUNAWAY
HOTLINE	(800) 786-2929
NATIONAL STD HOTLINE	(800) 227-8922
PREGNANCY AID AND INFORMATION CENTER	(908) 526-8121
RAPE CRISIS SERVICES OF SOMERSET COUNTY	(908) 526-7444
RESOURCE CENTER OF SOMERSET	(866) 685-1122
SOMERSET OPERATION SHELTER	(800) 287-3607

INTRODUCTION

This compendium of resources has been prepared by the Somerset County Youth Services Commission.

Its goal is to provide those individuals working with the County's youth a concise guide to the services being offered to Somerset County residents between birth and 19 years.

Programs and services are listed alphabetically in the Directory; however, a cross reference is provided beginning on Page 300. The Cross Reference separates agencies or institutions into 21 service categories based on the types of services offered. There is also a listing of Hotlines that can be called for information, referral or emergency situations.

In addition to supplying the name, address, phone number and hours, each listing gives information on the referral process, services provided, transportation availability and fee. It should be noted that the hours and fees for agencies and institutions change periodically. We suggest calling to verify this information.

This booklet is the fifteenth updated edition of the original, which was published in September of 1982. It is the intention of the Youth Services Commission to keep the compendium current through periodic updating.

For additional copies, please complete the form on the last page.

Fifteenth Edition published 2020



ADDICTION TREATMENT SERVICES

HUNTERDON BEHAVIORAL HEALTH ADOLESCENT INTENSIVE OUTPATIENT PROGRAM

Hunterdon Medical Center
2100 Wescott Drive
Flemington, NJ 08822

Telephone: (908) 788-6401
(908) 788-6400 (emergency number)

Website: www.hunterdonhealthcare.org

Hours: 8:30 am - 9:00 pm (Monday - Thursday)
8:30 am - 5:00 pm (Friday & Saturday)

Referral Process: Schools, juvenile justice system, social service agencies, doctors, and families may call for an appointment. This agency serves Hunterdon County and adjacent areas with priority given to Hunterdon County residents who have an addiction or heavy substance use. Serves age 10 to mature adult.

Services Provided: Adolescent Intensive Outpatient Program provides comprehensive intensive therapeutic services to adolescents with moderate to severe mental disturbances. Services include individual, group and family counseling, psychiatric evaluation, and medication management. Other services include substance abuse evaluations, individual counseling, family counseling, and a weekly early intervention group for adolescents.

Transportation: County LINK system for eligible clients.

Fee: Sliding scale fee for those who qualify. Most third party insurance, Medicaid, and Medicare are accepted.

AGAPE HOUSE - VOLUNTEERS OF AMERICA

DELAWARE VALLEY

122-128 East Main Street
Somerville, NJ 08876

Contact: Rakima Carter, Program Director

Telephone: (908) 707-9753

Fax: (908) 707-9430

Email: rcarter@voadv.org

Website: www.VOADV.org

Hours: 24 hours a day / 7 days a week

Referral Process: Clients must be homeless and receive public assistance. Agape House receives client referrals through the local boards of Social Services (i.e. Somerset, Middlesex, Morris, Warren and Hunterdon Counties). Most clients receive emergency assistance or Social Security. Agape House also accepts referrals from other agencies such as Division of Child Protection & Permanency, Adult Protective Services, JJC, and parole boards.

Services Provided: Volunteers of America Agape House is a 54-bed shelter providing emergency shelter and services to homeless families, single men and women. Residents receive 24-hour staff support and supervision, case management, child enrichment, life skill workshops, supplemental food, clothing, and household items.

Languages Spoken: English.

Transportation: The Somerset County Board of Social Services provides transportation on an as-needed basis. Please call for details and arrangements.

Fee: Paid by the Somerset County Board of Social Services, or other county or municipal social service agency.



AL-ANON/ALATEEN NORTH JERSEY INFORMATION SERVICES, INC.

73 South Fullerton Avenue, 2nd Floor
Montclair, NJ 07042

Telephone: (973) 744-8686 (24-hour answering machine)

Email: northjerseyais@yahoo.com

Website: www.northjerseyal-anon.org

Hours: 9:00 am - 5:00 pm (24-hour answering machine)

Referral Process: Individuals in need of help should call the agency to determine meeting times and locations in their local area. Serves anyone who is living with or affected by someone's drinking problem. Individuals residing in North Jersey are eligible.

Services Provided: Program provides a group forum in which shared experiences of coping with the disease of alcoholism can help in giving understanding and encouragement to the alcoholic's family. Teaches self-improvement to family members and demonstrates that progress is not achieved through criticizing or condemning the alcoholic, and suggests constructive ways of dealing with someone's alcoholic behavior. Program provides Al-Anon and Alateen meetings, locations and times.

Transportation: None.

Fee: None.

ALCOHOLICS ANONYMOUS

2400 Morris Avenue, Suite 106
Union, NJ 07083

- Telephone:** (908) 687-8566
Fax: (908) 964-8146
Email: intergroup@nnjaa.org
Website: www.nnjaa.org
Hours: 24-hour phone is answered by
a recovering alcoholic.

Referral Process: This office serves those individuals who reside in the State of New Jersey who have a desire to stop drinking. Once this office is contacted, information is given for AA meetings.

Services Provided: Services provided are AA meetings for those individuals who wish to stop drinking.

Transportation: There is no transportation provided.

Fee: None.

ALCOHOLICS ANONYMOUS YOUTH GROUP MEETING

Telephone: Please contact (908) 687-8566 for youth group meetings, or per Alcoholics Anonymous, a beginners meeting would also be appropriate.



ALTERNATIVES, INC. – PERMANENT HOUSING

600 First Avenue
Raritan, NJ 08869

Contact: Heather Bielefeldt

Telephone: (908) 685-1444 ext. 279

Fax: (908) 685-2660

Email: hbielefeldt@alternativesinc.org

Website: www.alternativesinc.org

Hours: 24 hours a day / 7 days a week

Referral Process: Contact Alternatives, Inc. at
(908) 685-1444 ext. 279

Services Provided: Permanent and supportive housing, case management, daily living skill training, supportive counseling, and employment linkage for adults with mental illness. Services are based on the needs of the individual.

Transportation: Transportation provided by program staff, Logisticare, Somerset County.

Fee: Subsidized Housing.

ALTERNATIVES, INC. – TRANSITIONAL HOUSING

600 First Avenue
Raritan, NJ 08869

Contact: Heather Bielefeldt

Telephone: (908) 685-1444 ext. 279

Fax: (908) 685-2660

Email: hbielefeldt@alternativesinc.org

Website: www.alternativesinc.org

Hours: 24 hours a day / 7 days a week

Referral Process: Contact Alternatives, Inc. at (908) 685-1444 x279. Referrals are then screened by the Somerset County Board of Social Services and Alternatives, Inc. Intake & Admissions staff. Applicants must be receiving TANF, GA or SSI. All others will be evaluated by Alternatives, Inc., staff.

Services Provided: Temporary housing for up to 12 months, case management, daily living skill training, supportive counseling, employment linkage, and assistance with permanent housing location.

Transportation: Transportation provided by program staff, Logisticare, Somerset County.

Fee: Paid by County Board of Social Services.



ALTERNATIVES, INC. – COMMUNITY SUPPORT SERVICES (CSS)

600 First Avenue
Raritan, NJ 08869

Contact: Heather Bielefeldt

Telephone: (908) 685-1444 ext. 279

Fax: (908) 685-2660

Email: hbielefeldt@alternativesinc.org

Website: www.alternativesinc.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Contact Alternatives, Inc. at
(908) 685-1444 ext. 279

Services Provided: Case management, daily living skill training, supportive counseling and employment linkage for adults with mental illness. Services are based on the needs of the individual.

Transportation: None.

Fee: None.

ALTERNATIVES, INC. – IDD SERVICES

600 First Avenue
Raritan, NJ 08869

Contact: Glori Bine-Callagy

Telephone: (908) 685-1444 ext. 225

Fax: (908) 685-2660

Email: gbine@alternativesinc.org

Website: www.alternativesinc.org

Hours: 24 hours a day / 7 days a week

Referral Process: Contact Alternatives, Inc. at
(908) 685-1444 ext. 225

Services Provided: Residential, case management, employment and day services provided for adults with IDD.

Transportation: Transportation provided by program staff, Logisticare, Somerset County.

Fee: None.

AMERICAN CANCER SOCIETY

Northwest New Jersey Region
7 Ridgedale Avenue, Suite 103
Cedar Knolls, NJ 07927

Telephone: (800) 227-2345

Fax: (973) 285-8140

Website: www.cancer.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Social workers, caregivers and individual patients can call organization for information and assistance.

Services Provided: The American Cancer Society promotes healthy lifestyles to help prevent cancer. They research cancer and its causes to find more answers and better treatments. They fight for lifesaving policy changes. They provide everything from emotional support to the latest cancer information for those who have been touched by cancer.

Transportation: Provided by volunteers.

Fee: None.

AMERICAN HEART ASSOCIATION AND AMERICAN STROKE ASSOCIATION

1 Union Street, Suite 301
Robbinsville, NJ 08691

Telephone: (609) 208-0020

Fax: N/A

Email: newjersey@heart.org

Website: www.heart.org
www.strokeassociation.org

Hours: 8:30 am - 5:00 pm (Monday - Friday)

Services Provided: The association provides public health information, professional resources and school education programs. American Heart Association also provides information on cardiopulmonary resuscitation (CPR) courses, advanced cardiac and pediatric life support programs. Visit the websites for the latest information.

Transportation: None.

Fee: None.



AMERICAN RED CROSS NJ REGION

14 West Cliff Street
Somerville, NJ 08876

Contact: Suzanne Anderson, Volunteer Manager

Telephone: (908) 725-2217 (24 hours)

Fax: (908) 231-6719

Email: Suzanne.Anderson@redcross.org

Website: www.redcross.org

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Community service organizations and agencies are the usual sources of referrals; however, anyone can call the Chapter to request services.

Services Provided: The office serves all of Somerset County. There are six programs: blood recruitment; health and safety education services; disaster and preparedness services; volunteer and youth program; and emergency case management for military families and service personnel.

Transportation: Volunteers provide their own transportation to their assignment.

Fee: Health & Safety classes have a fee.

ANCHOR HOUSE, INC.

482 Centre Street
Trenton, NJ 08611

Contact: Kim McNear

Telephone: (609) 396-8329

Fax: (609) 396-1239

Email: info@anchorhousenj.org

Website: www.anchorhousenj.org

Hours: 24 hours a day / 7 days a week

Referral Process: The programs serve youth ages 12 to 21 who are runaway, homeless, abused, neglected or aging out of the foster care system. Youth can come from any location, primary consideration given to those coming from Mercer County, NJ. Referrals are accepted directly from youth and/or parents, guardians or other social service agencies.

Services Provided: Anchor House offers individual, family, and group counseling, school outreach, street outreach, transitional living program, and a supportive housing program. Services provided include: hotline and drop in crisis intervention, trained professional counseling for youth, client counseling, advocacy and referrals, aftercare, parent support group and youth groups.

Transportation: All programs are conveniently located on bus routes and in close proximity to the River Line.

Fee: None.



ARC OF SOMERSET COUNTY

JERRY DAVIS CENTER FOR CHILDREN AND FAMILIES

141 South Main Street
Manville, NJ 08835

Contact: Jill Glassman

Telephone: (908) 725-2266

Fax: (908) 704-0729

Website: www.thearcofsomerset.org

Hours: 7:30 am - 4:30 pm (Monday - Friday)

Referral Process: Parents, school districts, Special Child Health Services, Division of Developmental Disabilities, and Division of Child Protection & Permanency, physicians, families may call the office for applications and information.

Services Provided: Early intervention services are provided for infants and toddlers deemed eligible through the State EI program inquiry. Developmental Day Care and Preschool classes are available for children with and without disabilities. After School Program and Saturday Respite Program are available for children with developmental disabilities between the ages of 5 and 21. Volunteer opportunities are available for individuals and groups. Individual and group therapy for children are possible for children enrolled in JDCCF.

Transportation: None.

Fee: There is a sliding scale fee for the Developmental Daycare Program and Early Intervention. We accept contracts with Community Child Care Solutions and other subsidies programs, in addition to our own STAP support for those who qualify.

ARC OF SOMERSET COUNTY

PARENTS AND CHILDREN TOGETHER PROGRAM (PACT)

141 South Main Street
Manville, NJ 08835

Contact: Jeanette McClew, LSC

Email: jeanettem@thearcofsomerset.org

Telephone: (908) 725-8544, ext. 636 and 637

Fax: (908) 704-0850

Website: www.thearcofsomerset.org

Hours: 8:30 am - 5:00 pm (Monday - Friday)

Referral Process: PACT is a parenting education program for families headed by individuals with intellectual and developmental disabilities. Parents, school districts, social service agencies, NJ Division of Developmental Disabilities and/or medical providers may call the office for referral information.

Services Provided: PACT's goal is to help children and families participate in school and community agencies, seek, obtain and use the services they need to keep their children socially and emotionally healthy, and educationally on track to finish their education. PACT will help youth obtain skills leading to employment or continuing education, so the youth are prepared for the world of work. PACT helps families locate, navigate and participate in the service array so their children achieve more in school and have workplace readiness skills to sustain him/herself in the labor force.

Transportation: Provided for all services noted.

Fee: Parenting Education Services are free of charge. Developmental Day Care has a sliding scale fee.

BACHARACH INSTITUTE FOR REHABILITATION

61 W. Jimmie Leeds Road
Pomona, NJ 08240-0723

Telephone: (609) 652-7000

Email: email@bacharach.org

Website: www.bacharach.org

Hours: 8:00 am - 4:00 pm (Monday - Friday)

Referral Process: The patient must be medically stable and have a physician's prescription for therapy. The usual sources of referrals are physicians, child study teams, social workers, and other child health care professionals. Programs serve children from birth to age 18 who have speech and hearing disorders, developmental delays, and orthopedic and neurological conditions including cerebral palsy, MS, spina bifida, etc.

Services Provided: Physical, occupational and speech therapies, audiology, pelvic floor, gait training Pediatric sleep studies, prosthetics and orthotics. Physical therapy is offered at the Bacharach Outpatient Physical and Occupational Therapy Centers in 17 locations.

Transportation: Bacharach Institute for Rehabilitation provides transportation for some outpatients who must be accompanied by a parent.

Fee: Fees vary according to the services provided. Medicaid is accepted as well as licensed/certified managed care insurance.

**BEACON HOUSE
CATHOLIC CHARITIES DIOCESE OF TRENTON**

1410 6th Avenue
Neptune, NJ 07753

Contact: Robyn Joannou, Program Supervisor

Telephone: (732) 502-9245 (office) 732 773-2721 (cell)

Fax: (732) 502-0452

Email: rjoannou@cctrenton.org

Website: Agency website

Hours: 24 hours a day / 7 days a week / 365 days a year

Referral Process: All referral processed by calling PerformCare – NJ Children’s System of Care @ 1-877-652-7624 (this number is available 24 hour a day, 7 days a week). Youth, DCP&P, CMOs, etc. may contact PerformCare and/or Beacon House for assistance with referral.

Services Provided: This is Monmouth County’s first (residential) Transitional Living Program for young men ages 17 to the 21st birthday. The primary goal of the Program is to empower our young men by assisting them with learning the necessary Life Skills needed to successfully transition towards independence. Beacon House staff offer life skills education as well as linkage to mental health services as requested and/or as self-identified. The nine residents also attend appropriate educational programs to learn a trade, finish high school and/or earn a college degree. Residents are given assistance with finding employment as well as identifying career options.

Transportation: Provided as per youth’s Transitional Plan for YOUth Success. Public transportation training also provided.

Fee: No fee charged - youth must be at risk of homelessness and/or homeless.

BEHAVIORAL MEDICINE CONSULTANTS

65 Mountain Boulevard, Suite 210
Warren, NJ 07059

Telephone: (732) 356-5665

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: The usual sources of referrals are doctors, clients, and Employee Assistance Programs. Client should call the office to make an appointment. Serves all ages residing in Somerset, Union, and Middlesex counties.

Services Provided: Services provided include addiction education, family, group, and individual counseling, hypnosis, nutritional assessments, psychological testing, psychotherapy, crisis intervention, and referral to inpatient and outpatient treatment programs. Can serve 5 clients at any one time. Those that seem to benefit most are alcoholics, adult children of alcoholics, and people with family stress or anxiety problems.

Transportation: None.

Fee: \$140.00 to \$350.00 per session. Some insurance companies will cover the fee. Does not accept insurance.

BIG BROTHERS BIG SISTERS

21 Western Avenue
Morristown, NJ 07960

Contact: Shannon Oreficé, Director of Programs

Telephone: (732) 544-2224 ext. 315

Fax: (732) 544-2260

Email: sorefice@bbbsmmc.org

Website: sorefice@bbbsmmc.org

Hours: 9:00 am - 6:00 pm (Monday - Friday)

Referral Process: Parents or volunteers call the agency directly, or professionals submit referrals.

Services Provided: Youth mentoring services for children ages 6-18 years old in Somerset, Hunterdon, Warren, Sussex, Morris, Bergen, Passaic, Monmouth & Middlesex Counties.

Transportation: None.

Fee: None.

BINNACLE HOUSE – GROUP HOME FOR ADOLESCENT MALES

(FORMERLY KNOWN AS: HUNTERDON YOUTH SERVICES - GROUP HOME FOR ADOLESCENT BOYS)

56 Sandhill Road
Flemington, NJ 08822

Mailing Address:

P.O. Box 2397
Flemington, NJ 08822

Telephone: (908) 782-1046

Fax: (908) 788-8367

Email: info@binnaclehouse.org

Website: <https://binnaclehouse.org/>

Hours: 24 hours a day / 7 days a week

Referral Process: Referrals are accepted from the Division of Child Protection & Permanency and the Division of Child Behavioral Health Services. The Group Home accepts male youngsters, who have been abused, neglected, abandoned, or otherwise need supervision. Group Home placements range in age from 12 to 18.

Services Provided: Group Home is for one year or more. Group Home services include: individual and group counseling, life skills, education, and recreation. Substance abuse education and drug abuse groups are provided on an as needs basis. Education is a critical component of the program as are recreation, work experience and leisure activities.

Transportation: Provides transportation to services.

Fee: No cost to residents.

BONNIE BRAE EDUCATIONAL AND RESIDENTIAL TREATMENT CENTER

3415 Valley Road - P.O. Box 825
Liberty Corner, NJ 07938-0825

Telephone: (908) 647-4707

Email: gpaz@bonnie-brae.org

Website: www.bonnie-brae.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Youth are referred to Bonnie Brae by Unified Care Management, Care Management Organizations, State of New Jersey Division of Child Protection & Permanency, child study teams, and families. Referrals include a social history, psychological evaluation with IQ scores, psychiatric evaluation, court orders, substance abuse evaluations, psychosexual evaluations and IEP with current reading level are reviewed prior to interview.

Now accept youth who are in regular education or classified. However, only classified youth may attend the Bonnie Brae Special Education School on-grounds. We accept male youths between the ages of 12 to 21 dependent on the level of care assigned.

All Referrals need to be assigned by PerformCare of New Jersey.

Services Provided: Services provided include the fully approved New Jersey Private School for the Disabled Special Education Program: academic and vocational, and the Residential Treatment Program. Individual, group, family, and milieu therapy. At any one time, 114 residents are served (93 on campus, 8 in New Brunswick, 8 in Bound Brook and 5 in Bridgewater). There is a MICA (Mentally Ill Chemical Abusers) program that follows the 12-step model. A Sex Offenders Treatment Program is also available.

Specialized Services Offered: Sex Offender Assessment/
Treatment – Fire Specific – MICA

Languages Spoken: English, Spanish.

Transportation: Transportation provided for home/family visits.

Fee: Call office for current rates.

BOY SCOUTS OF AMERICA

PATRIOTS PATH COUNCIL

1 Saddle Road
Cedar Knolls, NJ 07927

Contact: Mark Spaldo

Telephone: (973) 765-9322 ext 251

Fax: (973) 267-3406

Email: mark.spaldo@scouting.org

Website: www.ppbsa.org

Hours: Office

9:00 am - 5:00 pm (Monday - Friday)

Scout Shop

9:00 am - 5:00 pm (Monday, Wed, Friday)

9:00 am - 9:00 pm (Tuesday and Thursday)

9:00 am - 3:00 pm (Saturday)

Referral Process: This program serves boys and girls grades 1-12 from Morris, Sussex, Somerset, Union, and parts of Middlesex Counties. Some programs have age restrictions; serves handicapped youth.

Services Provided: The Council exists to support a variety of programs for boys and girls. The goal of all programs is to develop character, give citizenship training, and to promote physical and mental fitness. In addition to the traditional Cub Scouts, Scouts BSA and Venturing programs, the council offers child abuse prevention training to adults and youth from community organizations as well as Scouting families at no cost.

Exploring is a co-ed program for teens. Youth participants are organized into groups around interest areas leading to careers. Groups exist in medicine, law enforcement, aviation, and more.

Learning for Life is designed to outreach to youth in urban centers or with disabilities that prevent them from participation in traditional programs. This program is offered in school during the day. It works on the same goals as traditional scouting, but does not include the out-of-doors dimension. It is designed to be a supplement to the teacher's schedule with specifically prepared learning materials for the children, along with recognition pieces for achievement and a teacher's guide with lesson plans.

Transportation: Provided by parents.

Fee: Call for information.

BRAHMA HOUSE

VISIONS AND PATHWAYS

49 Brahma Avenue
Bridgewater, NJ 08807

Contact: Steve Neblett

Mailing Address:

Visions and Pathways
P. O. Box 6871
Bridgewater, NJ 08807-0871

Telephone: (908) 526-6605 ext. 301
(Steve Neblett/Director of Residential Services)

(908) 526-6605 ext. 305
(Zoila Gonzalez/Director of Administration)

Fax: (908) 526-4433 or (908) 526-6999

Email: mail@visionsandpathways.org

Website: www.visionsandpathways.org

Hours: 24 hours a day / 7 days a week

Referral Process: Referrals are made through the New Jersey Division of Child Protection & Permanency, Children's System of Care, Family Court, any youth serving agency throughout New Jersey, or self- referrals (walk-ins). Any agency or individual who wants to refer a youth to the program should call and ask for a case manager. Brahma House primarily serves Somerset County youth; however, youth from other counties are accepted on an emergency basis. Admission is based on the individual needs of the youth and availability of bed space. Youth who are considered severely emotionally disturbed, pregnant past first trimester, severely handicapped, physically aggressive, or have a history of fire setting will not be considered.

Services Provided: Brahma House serves 8 boys and 8 girls, ages 13 to 17, and provides shelter, food, individual counseling, family therapy, referral to other services, and advocacy. The director and case management staff monitors treatment plans for residents, and a certified teacher provides basic skills education in the in-house school program called the Transitional Learning Center (TLC). The youth counselor staff provides direct supervision and support to youth, implementing numerous programs and daily activities. Street Outreach staff is also available to work with adolescents in Somerset County who are living on the street or in other unsafe environments.

Transportation: Transportation can be arranged.

Languages Spoken: English and Spanish

Fee: Paid by the New Jersey Division of Child Protection & Permanency (DCP&P), Children's System of Care, Somerset County and the U.S. Department of Health and Human Services.

BRIDGE, THE

860 Bloomfield Avenue
West Caldwell, NJ 07006

Contact: Joel Levine, Clinical Director

Telephone: (973) 228-3000

Fax: (973) 228-2742

Hours: 9:00 am - 9:00 pm (Monday - Friday)

Website: www.thebridgenj.org

Other Locations:

50 Union Avenue - Irvington Outpatient Counseling
Irvington, NJ 07111

Ph: (973) 372-2624 Fax: (973) 372-0103

50 Union Avenue - Family Preservation Services
Irvington, NJ 07111

Ph: (973) 371-3771 Fax: (973) 372-0016

1253 Clinton Avenue - School Based Services
Irvington, NJ 07111

Ph: (973) 399-7797 Fax: (973) 372-6545

Referral Process: Crisis units, police, DCP&P, courts, probation, school counselors, parents, and self-referents contact the agency and arrange for an appointment and evaluation. Serves male and female individuals age 5 and older.

Services Provided: Individual, group, and family counseling for substance abuse, mental health, and adjustment issues. Family preservation services, school-based services, intensive outpatient for substance abuse, groups for teen mothers and young fathers, and parent skills education.

Transportation: None.

Fee: Sliding scale fee is used. The Bridge accepts most insurances and Medicaid.

CAMP JOTONI

ARC OF SOMERSET COUNTY

51 Old Stirling Road
Warren, NJ 07059

Contact: Josh Burke, Camp Director

Telephone: (908) 725-8544 or (908) 938-0479 (Josh Burke's Cell)
(908) 753-4244 when camp is in session

Website: www.CampJotoni.org

Fax: (908) 753-7868

Hours: 9:00 am - 3:00 pm during day camp
24/7 hours per day during residential camp
*AM and PM extended care offered for an
additional fee*

Referral Process: Parents, schools, DCP&P, DCF (PerformCare), and DDD can refer. CAMP JOTONI serves individuals with developmental disabilities ages 5 to adult. Call office for information. All applications are now online at www.CampJotoni.org. New campers must be interviewed on site prior to acceptance in the program. Residential runs for 6 weeks in July and August. Sessions can be 5, 7, or 13 nights. Day camp runs 9 weeks from late June through late August with last 2 weeks ages 21 and under only.

Services Provided: Services provided at the day and residential camp include arts and crafts, games, nature, physical education, music, dance/movement, and swimming. Field trips and special events each session. All meals and snacks provided. Nurse on site.

Transportation: Provided within Somerset County only weeks 1, 8, and 9 with various bus stops located throughout the county for a fee. Out-of-county residents can meet the bus in these areas or provide own transportation.

Fee: Please visit website (www.campjotoni.org) for rates.

CAMP NEJEDA FOUNDATION, INC. FOR CHILDREN WITH DIABETES

P.O. Box 156
910 Saddleback Road
Stillwater, NJ 07875

Contact: Victoria Benyo

Telephone: (973) 383-2611

Fax: (973) 383-9891

Email: info@campnejeda.org

Website: www.campnejeda.org

Hours: Camp season: June - August
Office is open year round (Monday - Friday)

Referral Process: Brochures and applications can be downloaded from www.campnejeda.org.

Services Provided: The camp provides the following activities: hiking, biking, swimming, canoeing, kayaking, gaga ball, archery, low ropes challenge course, zip line, arts and crafts, roller-skating, off-site trips, movies, dances, basketball, soccer, and more.

Regular Camp Sessions and Special Programs: Please contact Camp for session dates and camp fees.

Transportation: None.

Fee: There is a \$50.00 registration fee required when application is submitted. Registration fee is non-refundable and not part of the camp fee. Early registration (by March) is recommended.

CAMP OKEE-SUNOKEE

Somerset County Park Commission
P.O. Box 5327
North Branch, NJ 08876

Contact: Dina Trunzo, CTRS

Telephone: (908) 526-5650

Fax: (908) 429-5508

TDD: NJ Relay Service @ 711

Website: www.somersetcountyparks.org

Hours: Camp program is a 6-week session
from 9:00 am - 3:00 pm (Monday - Friday)

Location: TR Activity Center, 355 Milltown Road,
Bridgewater, NJ 08807

Referral Process: Schools, parents, social service agencies, and recreation departments are usual sources of referrals. Parents/guardians submit an application with a deposit, A camp packet of forms which needs to be completed by the parent/guardian, teacher and the physician the classroom teacher completes a school information form, the family physician is sent after registering. Campers must be between the ages of 6 and 17 and have an educational classification of a learning disability (CI, Specific Learning Disability), a mild intellectual disability or diagnosed with Asperger's Syndrome or high functioning autism (level 1). Assessment/intake evaluation of new campers by department's recreational therapist is a required part of the registration process. Residents of Somerset County are given priority. Campers must be ambulatory and independent in personal care.

(CONTINUED ON NEXT PAGE)

CAMP OKEE-SUNOKEE (CONTINUED)

Services Provided: Program includes arts and crafts, music, group games, sports, nature activities, cooking, swimming, and field trips. Campers have an opportunity to develop recreational and social skills. Self-confidence and educational growth are enhanced through participation in the many activities offered. Camp nurse on duty during camp hours. Extended day available for additional fee.

Transportation: None. Parents try to arrange car pools.

Fee: Please contact for current fees. Financial assistance available to Somerset County residents.



CHILDREN AT RISK RESOURCES AND INTERVENTIONS (CARRI) – RUTGERS-UBHC HOME BASED PARENTING PROGRAM

151 Centennial Avenue
Piscataway, NJ 08855-1392

Contact: Katya Quarless, MSW, LSW

Telephone: (732) 235-5582 or (732) 235-6033

Fax: (732) 235-4471

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Email: quarleke@ubhc.rutgers.edu

Referral Process: Referral is through Middlesex and Somerset County DCP&P (only).

Services Provided: Home visits, parenting education, individual counseling, family counseling, and referrals to other social services agencies. Birth to age 5.

Transportation: None.

Languages Spoken: English and Spanish.

Fee: None.

CASA OF SHAW

COURT APPOINTED SPECIAL ADVOCATES OF SOMERSET, HUNTERDON, AND WARREN COUNTIES

120 Finderne Avenue, Suite 280
Bridgewater, NJ 08807

Contact: Tracey Heisler

Telephone: (908) 689-5515

Fax: (908) 689-5519

Email: info@casashaw.org

Hours: 8:30 am - 4:30 pm (Warren County Office)

Referral Process: CASA volunteers are appointed by family court judges, to dependency cases where children have been removed from their homes due to abuse or neglect.

Services Provided: Volunteers are appointed to provide advocacy services for children who have been removed from their homes due to abuse or neglect. They investigate the circumstances surrounding the child's removal, assess any needs that may exist, look for previously unidentified relative placements, monitor the child's progress, and apprise the court of the child's needs, status, and recommendations as to permanency options (i.e. reunification with the parents, kinship guardianship, or adoption).

Specialized Services Offered: Advocacy services.

Languages Spoken: English.

Transportation: No transportation of children or their families is available.

Fee: None.



CATHOLIC CHARITIES FAMILY SERVICE OFFICE

540 Route 22 East
Bridgewater, NJ 08807

Contact: Sue Tepper

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)
9:00 am - 5:00 pm (Friday)

Referral Process: Individuals, schools, former clients, area clergy, other social service agencies, courts, and probation are the usual sources of referrals. Clients should call directly to the Bridgewater Office to schedule an intake interview. Crisis situations are handled immediately.

Services Provided: The agency provides a continuum of family services. They range from preventive services such as enrichment workshops and community consultation/education, to more solution-focused therapeutic services. These include: individual, marital, and family therapy, as well as group counseling. The agency also provides information and referral services.

Transportation: Transportation is not available.

Fee: Fees are based on a cost per service. A sliding scale is available when a client cannot afford the full fee of service. Additional information is available by calling Catholic Charities. Medicaid and other third party reimbursement accepted.

CATHOLIC CHARITIES PARTNERS SCHOOL AGE PROGRAMS

540-550 Route 22 East
Bridgewater, NJ 08807

Contact: Dawn Rannie White

Telephone: (908) 722-1881

Website: www.ccdom/child-care.org

Hours: **Office hours**

9:00 am - 5:00 pm (Monday - Friday)

Program hours (Monday - Friday)

7:00 am - 9:00 am (before school programs)

2:30 pm - 6:30 pm (after school programs)

Summer hours

7:00 am - 6:00 pm (Monday - Friday)

Referral Process: Individual and through Community Child Care Solutions (CCCS).

Services Provided: Childcare services: before and after school programs in local elementary schools in Hillsborough and Somerville School Districts. Summer program in Hillsborough School District.

Transportation: None.

Fee: Full-time and part-time fees. Call the office for more information.



CATHOLIC CHARITIES REGIONAL AFTERCARE PROGRAM SERVICES

6 Park Avenue
Flemington, NJ 08822

Telephone: (908) 782-7905

Fax: (908) 782-5934

Website: www.ccdom.org

Referral Process: Referral from DCP&P.

Services Provided: Community based, in-home, on-call case management services to adolescents aging out of the DCP&P system into independent living situations.

A. Individual Component:

- Life Skills training in education, employment, money management, etc.
- Case Management Client
- Client Advocacy Referral Services
- Supportive Counseling

B. Wrap-Around Brokerage Services of the Chafee Fund allotted to the Central Region of DCP&P.

This fund is to be used to assist three populations:

- Those youth who are working with Chafee funded independent living programs;
- Those youth who are under the supervision of aftercare agencies; and
- Those youth that were in DCP&P placement on their 18th birthday have left care, but are in need of follow-up services from the aftercare agency.

Transportation: Provided.

Fee: None.

CATHOLIC CHARITIES STRENGTH BASED FAMILY TREATMENT

540 Route 22 East
Bridgewater, NJ 08807

Contact: Lori Soto

Telephone: (908) 722-1881

Fax: (908) 704-0215

Hours: 9:00 am - 9:00 pm (Monday - Thursday)
9:00 am - 5:00 pm (Friday)
24-hour Hotline (For program participants only)

Referral Process: Referrals are made through the DCP&P. The treatment program is provided to families with children from birth to age 18 who are at risk of out- of-home placement or returning from an out-of-home placement to the community, and where traditional treatment methods have been unsuccessful.

Services Provided: Strength Based Family Treatment is a 6-month intensive community-based program which offers in-home counseling, intensive case management, concrete services (i.e., food, transportation), parenting education, structured recreation, outreach, advocacy, 24-hour crisis intervention, psychiatric assessments/medication monitoring, and drug/ alcohol education/ prevention.

Transportation: Transportation is available for youth in the program.

Fee: None.



CATHOLIC CHARITIES SUBSTANCE ABUSE SERVICES

540 Route 22 East
Bridgewater, NJ 08807

Contact: LuAnn Dias

Telephone: (908) 722-1881

Fax: (908) 704-0215

Referral Process: Individuals, schools, area clergy, other social service agencies, courts, and probation are the usual sources of referrals. Clients should call directly to the Bridgewater Office to schedule an intake interview. Crisis situations are handled immediately.

Services Provided: The program offers a full range of substance abuse education, and treatment services for adults, families, children and adolescents. Evaluation and treatment for IDRC referred adults is also offered.

Additionally, the program offers individual counseling sessions for substance abuse for both adolescents and adults; group counseling, family or couples counseling sessions, and psychiatric evaluation and medication monitoring in conjunction with above services.

Transportation: Not currently available.

Fee: Accepts Medicaid, third party insurance, and provides a sliding scale for low-income clients.

CATHOLIC CHARITIES THERAPEUTIC VISITATION PROGRAM

540 Route 22 East
Bridgewater, NJ 08807

Contact: Diedra Rouse

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)
9:00 am - 5:00 pm (Friday)

Referral Process: All referrals for Therapeutic Visitations will be channeled through the County DCP&P office liaison to the program supervisor.

Services Provided: The Therapeutic Visitation Program will provide clients with the following services; comprehensive assessments and individualized visitation plans, therapeutic supervised visits, transportation, 24/7 crisis response, parenting education/support groups and collaboration meetings with the foster parents and the DCP&P case managers.

Transportation: All children enrolled in the program will receive transportation services.

Fee: None.

CATHOLIC CHARITIES VISITATION – COURT AND STANDARD

540 Route 22 East
Bridgewater, NJ 08807

Contact: Esther Iannetta

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)
9:00 am - 5:00 pm (Friday)
By appointment (Saturday)

Referral Process: All referrals for Visitations will be channeled through the program supervisor. Call telephone listed above.

Services Provided: Observe and document parent/child interactions, communication, parental ability to set and enforce age-appropriate expectations, etc. Program provides an opportunity for non-custodial parents to visit with their children in a safe environment. Interactions are observed and documented.

Languages Spoken: English and Spanish.

Transportation: Not provided for Court referred visits. DCP&P referred clients are provided transportation to and from the office.

Fee: \$56.00 per hour (DCP&P referred clients do not pay for services).

CENTER FOR EDUCATIONAL ADVANCEMENT (THE CENTER)

11 Minneakoning Road
Flemington, NJ 08822

Telephone: (908) 782-1480

Fax: (908) 782-5370

Website: cea-nj.org

Hours: 8:15 am - 4:15 pm (Monday - Friday)

Referral Process: Most individuals are referred through New Jersey Division of Vocational Rehabilitation Services, Division of Developmental Disabilities, or Workforce New Jersey. Individuals or other referring agencies can call Joanne Kunz, ext. 230 to discuss their situation and receive direction for steps needed to receive services. The goal of CEA is to prepare, place, and support individuals in employment or supported work activities. Referrals should be individuals with a desire to work and ability to be involved in work activity on at least a part time basis.

Services Provided: The Center for Educational Advancement serves individuals needing assistance in entering or re-entering the work world due to disabilities or other work related disadvantages. This can include individuals with physical, mental health, or developmental disabilities. Individuals unemployed due to criminal record, basic skills deficiency or addictions history may also qualify. The center serves ages 16 and older. The Center offers vocational evaluation, training, job coaching, supported employment, and rehabilitation services to those individuals seeking employment. Academic, career development, and transitional services programs are available to students (ages 14 to 21) through Spring Run School, a division of The Center. The TEAM Youth Program provides paid work readiness, evaluation, and training for out of school youth ages 16 to 21, who fall into at risk category.

Transportation: Clients utilize their county transportation system. Most times this is funded through a referring agency.

Fee: Most clients are referred through state or county agencies and the fees are paid by these agencies. Competitive fees based on services rendered are available for those not qualifying for assistance.

CENTER FOR FAMILY SERVICES

1 Alpha Avenue
Voorhees, NJ 08043

Telephone: (877) 922-2377

Fax: (856) 964-0242

Email: access@centerffs.org

Website: www.centerffs.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Call for program information.

Services Provided: Addiction & Recovery, Victim & Trauma, Counseling, Safe & Supportive Housing, Workforce Development, Family Support & Prevention, Early Childhood Education, Counseling & Behavioral Health, Community Connections.

Transportation: Call for information.

Fee: Call for information.



CENTER SCHOOL

2 Riverview Drive
Somerset, NJ 08873

Telephone: (908) 253-3870

Fax: (732) 764-8605

Email: mgrabowski@centerschool.com

Website: www.thecenterschool.com

Hours: 8:35 am - 2:35 pm (Monday - Friday)

Referral Process: Parents or child study teams send student records to Center School for review. If child is appropriate, child and parents are invited to visit. This program serves central NJ and/or areas in New Jersey within the radius of an hour's drive.

Services Provided: The Center School is a DOE approved, K – age 21 private non-profit school for students with learning differences and/or social, emotional challenges. The program provides a day school with a strong academic program that has resources for individual behavior goals, counseling, after school programs, individual language therapy, occupational therapy, and clinical services. At any one time, 150 students can be served.

Transportation: Provided by sending school districts.

Fee: Limits set by NJ Department of Education. Exact fee determined yearly by Center School Board of Trustees and paid by sending school district.

CENTRAL JERSEY HOUSING RESOURCE CENTER (CJHRC)

92 East Main Street, Suite 407
Somerville, NJ 08876

Contact: Laura Wetzel

Telephone: (908) 446-0036 or (908) 446-0039

Email: 2cjhrc@gmail.com

Website: www.cjhrc.org

Services Provided: CJHRC provides low and moderate-income families with the information they need to make informed and reasonable decisions to achieve their housing goals. The services provided to low and moderate income families include, but are not limited to the following: eligibility and application processes for the state and federal affordable housing programs, information for special needs housing in Somerset County, including senior housing and housing for the disabled, reverse mortgage and foreclosure counseling, listings for home rentals and purchases that fall in “affordable ranges”, chart of lending officers that specialize in financing information for low and moderate income families, form that explains difference between pre-qualification and pre-approval, a list of attorneys who offer reduced closing costs for CJHRC clients, a list of Realtors who want to help first time homebuyers, information and referrals on emergency and transitional housing, fair housing information, information about municipal housing assistance programs and information on shared living programs, Elder Cottages and Accessory Apartments.

Transportation: None.

Fee: Contact program for information.



CHILD LIFE EDUCATION & CREATIVE ARTS THERAPY DEPARTMENT

THE CHILDREN'S HOSPITAL OF PHILADELPHIA

34th and Civic Center Boulevard
Philadelphia, PA. 19104

Contact: Olivia Bond

Telephone: (215) 590-2001

Fax: (215) 590-2023

Email: bondo@email.chop.edu

Hours: 8:00 am - 4:30 pm (Monday - Friday)

Referral Process: Child Life Specialists obtain reports from nursing staff on medical status, diagnosis, and activity level of patients and offer therapeutic interventions. School teachers are also available for long-term or repeat school-aged patients.

Services Provided: The mission of the Child Life, Education & Creative Arts Therapy Department is to help children, teens, and family members cope with the health care experience by providing play and developmentally appropriate activities, education, and preparation for medical procedures, and emotional support of the child and family. The Department also serves as a resource within the Hospital and the community to promote sensitive, family-centered health care for children and families.

Transportation: No transportation is provided.

Fee: None.

CHILDREN'S AID AND FAMILY SERVICES, INC.

Administration Offices
200 Robin Road
Paramus, NJ 07652

Telephone: (201) 261-2800

Fax: (201) 634-3672

Email: info@cafsnj.org

Website: www.cafsnj.org

Other Locations:

76 South Orange Avenue, Suite 209
South Orange, NJ 07079

22-08 Route 208 South, Suite 7
Fair Lawn, NJ 07410

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Referrals can come from the Division of Child Protection & Permanency, physicians, hospitals, agencies, and self. Serves children from age 6 to 18; residing in New Jersey who are emotionally and/or socially disturbed, or multiply handicapped.

Services Provided: Services include adoption, post-adoption counseling, day care, foster care, residential care, (6 group homes), aftercare, and independent living services. Approximately 300 individuals can be served at any one time. Serves Northern New Jersey.

Transportation: Each facility has a vehicle. Social Workers also have access to cars. If child is in Foster Care, the Foster parent will need to provide transportation.

Fee: Sliding scale fees are charged for adoption placement.

THE CHILDREN'S HOME SOCIETY OF NEW JERSEY

635 South Clinton Avenue
Trenton, NJ 08611-1831

Telephone: (609) 695-6274

Fax: (609) 394-5769

Website: www.chsofnj.org

Hours: 9:00 am - 5:00pm (Monday - Friday)
24/7 Pregnancy Helpline 1-800-247-6365

Referral Process: Non-sectarian, statewide agency accepts self-referents as well as referrals from social service agencies, doctors, attorneys, schools, ministers, friends, etc.

Services Provided: Services include free and confidential Birth Parent Counseling for birth mothers and birth fathers, short term foster care for infants while permanent plans are being made for the child, and adoption counseling. Home study, child placement services, identified adoption services, and post placement supervision services are available for domestic adoptions. Post-adoption Background and Search services are also available.

Transportation: None. Special arrangements can be made if necessary in emergency situations. In-home services are provided in Somerset County.

Fee: Birth Parent Counseling is free to birth parents. Birth parent counseling with a Social Worker or Licensed Professional Counselor and infant foster care in the private foster homes is provided to birth parents at no cost to the birth parents working with the CHS full services adoption program. Adoption placement fees are on a sliding scale based on income. Please check website for fee scale for other adoption services or call for more information. Some free post adoption counseling is available through a DCP&P contract.

CHILDREN'S MOBILE RESPONSE & STABILIZATION

Catholic Charities
540 Route 22 East
Bridgewater, NJ 08807

Contact: Danielle Cromartie-Williams, LPC
Program Director

Telephone: (908) 333-2275

Fax: (908) 704-0215

Email: dcromartiewilliams@ccdom.org

Website: www.ccdom.org

Hours: 24 hours a day / 7 days a week / 365 days a year

Referral Process: For a referral process to be approved, it must be done through Perform Care at the PC hotline 877-652-7624; this is the first point of contact for authorization of dispatch with Mobile.

Must be a resident of Warren, Hunterdon, or Somerset County; and a parent agreeable to intervention. All referrals must be received by the Contracted Systems Administrator. Children who are experiencing suicidal/homicidal ideation and/or significant psychotic symptoms are referred to the county screening authority, with the support and presence of MRSS staff.

Services Provided: Immediate 24/7/365 mobilization of crisis staff to homes, schools or other safe locations where youth between the ages of 3 to 21 are experiencing behaviors putting them at risk of out-of-home placement or hospitalization. Stabilization services include referrals for services designed to moderate crisis and keep child at home and in the community.

Languages Spoken: Access to translation as needed.

Transportation: None.

Fee: No fee to any child or family.

CHILDREN'S SPECIALIZED HOSPITAL

150 New Providence Road
Mountainside, NJ 07092-2590

Telephone: (908) 301-2532 or (888) CHILDREN

Fax: (908) 233-4967

Website: www.childrens-specialized.org

Other Locations:

Bayonne - Outpatient Ctr
815 Broadway
Bayonne, NJ 07002
(201) 823-6010

Clifton - Outpatient Ctr
1135 Broadway
Clifton, NJ 07013
(973) 365-3071

East Brunswick -
Outpatient Ctr
629 Cranbury Road
East Brunswick, NJ 08816
(888) 244-5373

Egg Harbor Twp - Outpatient Ctr
6106 Black Horse Pike
Egg Harbor Twp, NJ 08234
(609) 645-7779

Hamilton - Outpatient Ctr
3575 Quakerbridge Road
Hamilton, NJ 08619
(888) 244-5373

Jersey City - Outpatient Ctr
1825 John F. Kennedy Blvd
Jersey City, NJ 07305
(888) 244-5373

New Brunswick -
Inpatient Hospital
200 Somerset Street
New Brunswick, NJ 08901-1942
(888) 244-5373

New Brunswick - Outpatient Ctr
10 Plum Street – 6th Floor
New Brunswick, NJ 08901
(888) 244-5373

Newark - Outpatient Ctr
182 Lyons Avenue
Newark, NJ 07112
(888) 244-5373

Toms River - Lakehurst Road
Outpatient Center
368 Lakehurst Road
Toms River, NJ 08755
(888) 244-5373

(CONTINUED ON NEXT PAGE)

CHILDREN'S SPECIALIZED HOSPITAL (CONTINUED)

Toms River - Stevens Road
Long-Term Care & Outpatient Ctr
94 Stevens Road
Toms River, NJ 08755
(888) 244-5373

Warren - Outpatient Center
266 King George Road
Warren, NJ 07059
(888) 244-5373

Hours:
Inpatient: 24 hours daily
Outpatient: Monday – Saturday
By appointment including evenings

Referral Process: Children's Specialized Hospital has 13 locations throughout New Jersey and offers a diverse range of medical care and therapy services for children of all abilities from birth through 21 years of age. Referrals from clients, physicians, school districts, hospitals, Division of Child Protection and Permanency, and families are welcome. For information about the Inpatient or Long Term Care hospitals at Children's Specialized Hospital, please contact the Pre-Admissions Department at (908) 301-5461. For information about Outpatient Programs and Services, please contact the Referral Development Department at (732) 258-7248.

Services Provided: Brain Injury, Burn and Wound Care, Chronic Illness Management, Chronic Pain Management, Infant and Toddler Rehabilitation, Multi Complicated Trauma, Neonatal Abstinence Syndrome, Neuromuscular and Genetic Disorders, Post-Surgical Orthopedics, and Spinal Cord Injury. Outpatient Programs: Audiology, Autism, Cerebral Palsy Program, Comprehensive Feeding, Early Intervention Program, Fetal Alcohol Syndrome, Lymphedema Therapy, Nutrition, Neuropsychology, Neurorehabilitation, Occupational Therapy, Pain Management, Physical Therapy, Psychology, Rehabilitation Technology, Speech and Language Therapy. Physician Specialties: Special Needs Primary Care, Developmental Behavioral Pediatrics, Neurology, Orthopedic, Physiatry, Psychiatry. Specialty Programs: Classes and Workshops Activity Connection (Community Recreation Programs), Early Developmental Screenings, Peer Mentor Program, Recreational Therapy and Child Life, and Pediatric Long-Term Care.

Transportation: None.

Fee: Fee varies with service. Medicaid and other insurance are accepted.

CHOICES FOR CHANGE, LLC

171 Ridgedale Avenue, Suite K
Florham Park, NJ 07932

Telephone: (973) 443-0222

Fax: (973) 443-0760

Hours: 9:00 am - 9:00 pm (Monday - Friday)

Referral Process: Call (973) 443-0222

Services Provided: Intensive Outpatient Program, adolescents and adults, (separate programs). Individual mental health and substance abuse counseling also provided.

Languages Spoken: English only.

Transportation: One way van transport to adolescent IOP program.

Fee: Insurance accepted.



CLEARBROOK LODGE

890 Bethel Hill Road
Shickshinny, PA 18655

Telephone: (800) 582-6241 (admissions)

Fax: (570) 288-2574

Website: www.clearbrookinc.com

Hours: 24 hours a day

Referral Process: Telephone Admissions Office and provide screening intake, insurance and funding information. Insurance benefits will be verified and communicated back to referral or funding will be finalized.

Services Provided: Inpatient treatment for adolescent alcoholism and chemical dependency, which includes family program. Extended care treatment program is available after successful completion of 28 day inpatient treatment. Clear Brook is licensed by the Pennsylvania Department of Health, and is JCAHO accredited.

Fee: Most major insurances accepted and private pay arrangements are available. Consult with Admissions Office.

COMMUNITY CHILD CARE SOLUTIONS

86 East Main Street
Somerville, NJ 08876

Telephone: (908) 927-0869

Fax: (908) 927-9653

Other Location:

103 Center Street
Perth Amboy, NJ 08861

Telephone: (732) 324-4357

Fax: (732) 826-4136

Website: www.communitychildcaresolutions.org

Hours: 9:00 am and 4:30 pm

Referral Process: Community Child Care Solutions, the Child Care Resource & Referral Agency for Somerset and Middlesex counties, offers parents and the community free resources and referrals to all types of licensed and registered child care programs. Referrals are provided on the phone, online, or in person by the child care specialists who help parents identify individual child care needs and provide detailed information and referrals.

Services Provided: Work First New Jersey is the current welfare-to-work program. As the client prepares to enter the workforce, Community Child Care Solutions will help him or her to find child care. Applicants must be employed or in an approved activity. Clients must be pre-approved by Boards of Social Service in Middlesex or Somerset counties.

New Jersey Cares for Kids is a program that helps low-income, fulltime working parents and students pay for child care. Eligibility is based on family size and income. Parents can be working, in college or a training program. Application must be submitted

Fee: None.

Additional Professional Services: Community Child Care Solutions also provides a wide array of professional development opportunities for community based child care centers, school age and registered Family Child Care providers. Please check our website for current offerings.

Fee: Varies

COMMUNITY VISITING NURSE ASSOCIATION COMMUNITYCAREHOSPICE–COMMUNITYHOMECARE

COMMUNITY CARE HOSPICE – COMMUNITY HOME CARE

A Home Health Agency
110 West End Avenue
Somerville, NJ 08876

- Contact:** Linda Frey
Telephone: (908) 725-9355
Fax: (908) 253-9672
Email: lfrey@communityvna.org
Website: www.communityvna.org
Hours: 24 hours a day

Referral Process: Referrals accepted during business hours, Monday through Friday 8:30 am – 4:30 pm. Anyone residing in Somerset, Middlesex or Warren Counties who is under the care of a physician and requires home health or hospice care may be referred for services by themselves, a family member, friend or physician, hospital, sub-acute facility or a community agency.

Counties Served: Somerset, Middlesex and Warren Counties.

Services Provided: A non-profit home health and hospice agency licensed by the State of New Jersey, Certified by Medicare and Medicaid and accredited by Community Health Accreditation Program (CHAP). Skilled nursing care, physical therapy, occupational therapy, speech therapy, medical social worker, nutritional counseling, home health aides, Child Health Conferences*, Maternal Child Health Services, Certified Hospice (Somerset, Middlesex and Union counties only), and Health Education and Wellness Programs.

** under the auspices of township health departments*

Languages Spoken: Use of ATT Language line available.

Transportation: Services are provided in the client's home. See website for Child Health Conference locations.

Fee: Fee varies according to service and is usually covered by health insurance, managed care provider, Medicare, and Medicaid. Sliding scale fee available.

COMPREHENSIVE FAMILY TREATMENT OF ADDICTIONS AT CATHOLIC CHARITIES

540 Route 22 East
Bridgewater, NJ 08807

Contact: Client Service Specialist

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)
9:00 am - 5:00 pm (Friday)

Referral Process: Referral sources include IDRC, schools, courts, the Family Crisis Intervention Unit, DCP&P, social service agencies, and self-referral. The client or referring agency should call Catholic Charities Bridgewater office. Individuals and/or families will be accepted into treatment when alcohol and/or drug abuse by the adult or by an adolescent has resulted or is likely to result in significant impairment in the individuals and/or their family's functioning.

Services Provided: Provides outpatient substance abuse counseling which includes assessment, education family, individual, and group therapy, referral to appropriate 12-step program and coordination of services with other community services.

Transportation: N/A

Fee: Fees are based on a sliding scale. Medicaid and other third party reimbursement accepted.

CONTEXTUAL FAMILY SERVICES

9 Cardinal Way
Flemington, NJ 08822

Contact: Melissa von der Heide

Telephone: (908) 420-5301

Fax: (908) 237-5195

Website: www.contextualfamilyservices.org

Hours: By appointment - days and evenings

Referral Process: Since Contextual Family Services is an intensive in-home family therapy based program, only those families with a demonstrated need for in-home services are referred for services. Referrals are made by the Tri-County CMO or the Division of Child Protection & Permanency.

Services Provided: Contextual Family Services provides therapeutic services in the family's home, school, and community. Services include formal family therapy, individual counseling, school consultation, and a multi-systemic treatment team philosophy.

Transportation: Services are provided in home.

Fee: None.

CORNER HOUSE

Monument Hall
One Monument Drive
Princeton, NJ 08542

Contact: David Errickson, Clinical Director or
Jean Woodman, Office Coordinator

Telephone: (609) 924-8018

Fax: (609) 688-2045

Hours: 9:00 am - 9:00 pm (Monday – Thursday)
9:00 am - 5:00 pm (Friday)

Email: derrickson@cornerhousenj.org or
jwoodman@cornerhousenj.org

Website: www.cornerhousenj.org

Referral Process: This agency serves adolescents age 13-17 and adults age 18-64, primarily from Mercer County and the adjacent Somerset and Middlesex Counties. The agency accepts referrals from individuals, families, schools, probation, Drug Court, and social service agencies. Service to young people and their families with substance use disorders is a primary focus of the agency.

Services Provided: The program provides outpatient level one services which include: substance use assessments and evaluations; individual, group and family therapy; co-occurring treatment and medication management, psychiatric assessment and evaluation. Level 2.1 intensive out-patient (IOP) for adults 18-64. EMDR offered.

Language Spoken: English and Spanish.

Transportation: None.

Fee: Fee for service. Medicaid/NJ Family Care, Horizon BC/BS of NJ, and self-pay accepted. Funding for uninsured and undocumented individuals is available.



COVENANT HOUSE

330 Washington Street
Newark, NJ 07102

Telephone: (973) 621-8705

Fax: (973) 286-0190

Hours: 24 hours a day / 7 days a week

Referral Process: Voluntary self-referral.

Services Provided: Housing for 25 males and 20 females ages 18 to 21, medical care both in house and outside of the agency, substance abuse counseling in house, World of Work, which is a job development program that helps our youth find job placement, and provision of legal services.

Transportation: Bus Tickets and transportation may be available.

Fee: None.

CRAWFORD HOUSE (AT DAYTOP NJ)

362 Sunset Road
P.O. Box 255 Skillman, NJ 08558

Contact: Ellen Purtell

Telephone: (908) 874-5153 ext. 6

Fax: (908) 874-4733

Email: epurtell@daytopnj.org

Website: www.daytopnj.org/crawford

Hours: 24-hour residential program

Referral Process: Referrals are accepted from long term treatment. Initial screening is done by telephone; in person interview may be required in some cases. Women 18 years of age and older are eligible. Must be residents of New Jersey. Applicants must be medically stable and have received prior treatment for their substance use disorder. We are not medically monitored; also, we cannot accommodate individuals with severe psychiatric disorders. Internal motivation for recovery is a key success factor.

Services Provided: Daytop at Crawford House is a residential halfway house program for homeless and indigent women in early recovery from alcohol and drug use located in Skillman NJ; we provide trauma informed, individualized treatment. We support and nurture women as they develop the necessary goals and life skills to return to the community to begin happy, hopeful and productive lives.

They receive room, board, substance abuse treatment services, life skills training and education, job seeking skills and assistance with job search, and transportation to and from work, court appearances, etc. There are professional, credentialed staff providing trauma informed care via individual, group, and family sessions. Women are introduced to Alcoholics Anonymous and Narcotics Anonymous through regular attendance at meetings. During orientation women learn to network and obtain a sponsor

The goal is to provide excellent treatment and a safe environment. While women are here, Daytop at Crawford House is their home. During their stay, we work together to help women develop skills which will increase their ability to maintain recovery and develop an emotionally healthy outlook. The program is designed to support women in making a healthy transition back to the community, and reconnect with family when possible. We will help them develop the life skills to function independently and lead a responsible, productive life.

Transportation: Some transportation provided for residents (to work, AA/NA meetings).

Fee: No fees upon admission; upon employment, residents pay \$90 weekly in fees; they are required to maintain a savings account to prepare for financial independence upon completion.. Program receives funds from Somerset, Ocean, Mercer, and Middlesex counties, as well as from state and private funds.

DAYTOP VILLAGE

Screening and Outpatient Center
320 West Hanover Avenue
Parsippany, NJ 07054

Mailing Address:

P. O. Box 310
Mendham, NJ 07945

Telephone: (888) 4DAYTOP (hotline)
(973) 539-5764

Fax: (973) 984-5786

Website: www.daytopnj.org

Hours: Referrals 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Referrals come from family, schools, courts, medical, and health outpatient services by calling for a screening appointment. The telephone screening is FREE. After screening is completed, a recommendation for treatment is made. Depending on client's need, he/she will be referred to a specific level of care.

Services Provided: The program provides residential substance abuse treatment for New Jersey adolescents between the ages of 13 to 18. Outpatient programs, in Ocean, Morris, and Hunterdon Counties, consist of after school, evening, and aftercare treatment. Program services include behavior-based group therapy, individual counseling and psychotherapy, family treatment, gender groups, psychiatric/psychological assessment, specialized adolescent medical assessment, nutritional evaluation and management, as well as AA and NA meetings. The treatment program is individualized and family-based and can last as long as necessary up to 12 months. The residential facility in Mendham, Morris County can serve up to 70 clients, male or female, who must enter the program voluntarily. The residential facility in Pittsgrove, Salem County, can serve up to 25 clients, male only, who must enter the program voluntarily. Youth who have a history of violence, arson, are in danger of suicide, or who need psychotropic medication are individually evaluated. Outpatient treatment uses the same model of treatment and treats individuals who only need outpatient treatment.

Transportation: Round trip transportation for outpatient clients in Morris County.

Fee: The residential program operates with a grant from the State of New Jersey and a sliding scale based on the ability to pay. The initial telephone screening is free. There is a minimal fee for urine testing. Twenty beds are insurance or partially funded. The outpatient programs accept insurance and also operate on a sliding scale. If you don't have the means to pay, you may access the Children's System of care.

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS

Division of Veterans Services
Somerset Armory
1060 Hamilton Street
Somerset, NJ 08873

Telephone: (732) 937-6347 or
(732) 937-6348

Fax: (732) 937-6417

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Veterans and their dependents can call the agency. Serves residents from Somerset and Middlesex counties.

Services Provided: Services provided include assisting veterans and their dependents with obtaining benefits from the federal and state government for their service in the Armed Forces.

Transportation: Can be provided to all veterans on first come/first serve basis.

Fee: None.

DISCOVERY INSTITUTE FOR ADDICTIVE DISORDERS, INC.

80 Conover Road
Marlboro, NJ 07746

Contact: Steve Hornik

Mail: P.O. Box 177
Marlboro, NJ 07746

Telephone: (800) 714-2175

Fax: (732) 817-0627

Email: drughelpline1@yahoo.com

Website: www.discoverynj.org

Hours: 8:30 am - 10:00 pm (Monday - Friday)
Voicemail for after-hours
9:00 am - 5:00 pm (Saturday - Sunday)

Referral Process: Standard referral sources are State and Federal Probation, Parole, Drug Court or self-referral. All interviews are by appointment only. An interview date can be scheduled by calling the Admissions Department. Discovery Institute will refer adolescents, 18 and under, to other treatment venues for appropriate level of care. Discovery Institute admits male and female adults, 18 years and older. Clients with any medical or psychiatric history will be required to meet with the staff psychiatrist. All referrals must go through the Admissions Department.

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DISCOVERY INSTITUTE FOR ADDICTIVE DISORDERS, INC.
(CONTINUED)

Services Provided:

- 1) **Drug Free Outpatient:** Outpatient and Intensive Outpatient Treatment (IOP) – a minimum of 3 hours per day, 1-3 days per week. **Contact person:** Nicholas Ciaccia, Supervisor of Outpatient Admissions. **Phone:** (732) 946-9444 ext. 131 – voicemail for after business hours. **Facsimile:** (732) 946-0758. **Business Hours for Operation/Information/Appointments:** Monday – Friday, 9-5pm. **Fees:** Call for information about fees/Sliding Scale fee/IDRC Affiliate. **Executive Director:** Robert Desch. **Languages:** English. **Intake Procedure/Eligibility Requirements:** Contact for Appointment/ Eligibility.
- 2) **Residential Treatment:** **Contact Person:** Kathleen Grieshaber, MSW, LSW, Director of Admissions. **Phone:** (732) 946-9444 ext. 147 – voicemail for after business hours. **Facsimile:** (732) 946-0758. **Business Hours for Operation/Information/Appointments:** Monday – Friday, 9-5pm. **Fees:** Call for information about fees/Sliding Scale fee. **Chief Executive Officer:** Robert Desch. **Languages:** English, Spanish (For Assessment and Family Therapy only) **Intake Procedure/Eligibility Requirements:** Contact for Appointment/Eligibility.
- 3) **Specialized Services Offered:** Residential adult substance abuse treatment center (both alcohol and drug), short-term and long-term care, 1 – 6 months, Therapeutic Community, indigent clients accepted, State licensed for residential and outpatient services, intake, assessment, or referral, comprehensive mental health assessment or diagnosis (psychological and psychiatric evaluations), vocational and educational training, family therapy and education, sex offender assessment/outpatient treatment, and sexual addictions.

Languages Spoken: English.

Transportation: Transportation provided for outpatient services and medical appointments while in residential treatment.

DOROTHY B. HERSH REGIONAL CHILD PROTECTION CENTER

At St. Peter's University Hospital
123 How Lane
New Brunswick, NJ 08901

Contact: Michelle S. Zuckerman, PsyD
Director of Mental Health Services
Kanika Fuller, RN-BC
Manager

Telephone: (732) 448-1000

Fax: (732) 745-2344

Email: mzuckerman@saintpetersuh.com
sylviesnyder@saintpetersuh.com

Website: www.saintpetershcs.com

Hours: 8:30 am - 5:30 pm (Monday - Friday)

Referral Process: Anyone may call, but the Center receives most of its referrals from DCP&P and Prosecutor's Office.

Services Provided: Sexual abuse, physical abuse, and neglect evaluations. Psychological assessments and medical chart reviews.

Specialized Services Offered: Specialized trauma therapy for children, adolescents and their families.

Languages Spoken: English and Spanish.

Transportation: Taxi service from downtown New Brunswick.

Fee: Call for more information.

EAST MOUNTAIN SCHOOL

252 Route 601
P.O. Box 147
Belle Mead, NJ 08502

Contact: Dr. Stacey Paulis, Ed. D (Director/Principal)

Telephone: (908) 281-1415
(908) 281-1445

Fax: (908) 281-1663


Hours: 8:00 am - 3:30 pm (Monday - Friday)

Email: spaulis@carrierclinic.com

Website: www.carrierclinic.org/east-mountain-school

Referral Process: Public School sends complete child study team evaluations, IEPs, and transcripts for students in grades 7-12 who are classified as emotionally disturbed/behaviorally disordered. Following a record review, intake interviews are scheduled. During the interview, parent, student, and child study team are provided with a description of the programs and services as well as a tour of the facility.

Services Provided: The East Mountain School provides an academic, counseling, and behavior management program as per each student's IEP. Class sizes range from 8 – 12 students with a teacher and a teacher aide. School therapists carry a caseload of approximately 12 students per therapist. Students receive instruction in all of the major content areas each day in 40-minute periods. The curriculum is aligned with the Department of Education's core curriculum content standards. Instruction in music, art, physical education, and computers/technology is also provided. Students receive individual and/or group counseling once or twice per week (or more depending on what is in the student's IEP). The counseling program can address a variety of personal social issues such as anger control, substance abuse, social skills, relationship issues, transition issues, etc.



The behavior management program is designed to reward and recognize students for making progress towards their social/emotional/behavioral goals. Additionally, there are a variety of extra-curricular programs including a sports program, community service activities, yearbook publishing, talent shows, socials, special event days, guest speakers, cultural events and performances, and a graduation ceremony for seniors.

Transportation: Sending districts provide door-to-door transportation.

Fee: Public schools pay a fixed tuition. Private pay is available at the same tuition rate as the public schools.

EASTER SEALS OF NJ

CAMP MERRY HEART

21 O'Brien Road
Hackettstown, NJ 07840

Contact: Bob Zirkle, Director of Business Operations

Telephone: (908) 852-3896

Fax: (908) 852-9263

Email: camp@nj.easterseals.com

Hours: 9:00 am - 4:00 pm (Monday - Friday)

Referral Process: Agencies, word of mouth, former campers, and service clubs are the usual sources of referrals. Serves physically and multiple challenged individuals ages 5 to 95. At any one time, 80 campers can be served, and the agency maintains a waiting list.

Services Provided: Program provides 6 and 12-day camping experiences in a residential setting. Individuals with cerebral palsy, spina bifida, muscular dystrophy, multiple sclerosis, multiple challenged, autism, and accident victims seem to benefit most. Also provides the travel program.

Transportation: None.

Fee: Fees vary; please call the Camp for more information.

**EASTER SEALS
SOMERSET BEHAVIORAL HEALTH SERVICES**

25 Kennedy Boulevard, Suite 600
East Brunswick, NJ 08816

Telephone: (732) 257-6662

Fax: (732) 257-7373

Website: www.easterseals.com/nj

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Contact agency and referral form will be faxed, emailed, or mailed to the individual making the referral. Usual sources of referrals are DCP&P, Richard Hall CMHC, Somerset Medical Center, Carrier Foundation, Lyons VA Hospital, State Psychiatric Hospital, or self-referral.

Residential Referrals: (973) 313-0976 (phone)
(973) 313-2479 (fax)

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EASTER SEALS - SOMERSET BEHAVIORAL HEALTH SERVICES (CONTINUED)

Case Management: This is a voluntary service that employs case managers to work with adults (18 and over) diagnosed with mental illness. Our staff communicates with all those important to an individual's care; including family, mental and physical health care providers, and a variety of community-based programs. Case managers work to develop a plan of care that supports an individual's goals and preferences. Through case management, we teach participants the skills required to achieve their goals and stay consistent with their treatment. We do not provide 24-hour crisis support and typical length of stay is 12 months.

Through **Integrated Case Management Services** we:

- **Assess** – We work through with the individual to identify the condition/needs, abilities, goals, and preferences of the individual.
- **Plan** – After the assessment, we develop a care plan that defines the strategies and next steps toward achieving the desired outcomes with the ultimate goal of helping individuals take control of their care.
- **Support** – A case manager aligns all the moving parts of the care plan and puts them into action along with the individual served. This could include connecting them to mental and physical health programs, vocational services, financial assistance, housing programs, etc.
- **Evaluate** – We work with the individual to identify what's working, what's not working, and what needs to be changed.
- **Promote** – By encouraging the individual served to take control of their care, we boost their confidence and ultimately their independence.

ICMS Referrals: (908) 689-6660 (phone)
(908) 689-8241 (fax)

Supportive Housing: To provide mental health rehabilitation services and supports necessary to assist the consumer in achieving rehabilitative and recovery goals over a long period of time in a safe environment, as identified in an Individualized Rehabilitation Plan (IRP), including:

- Achieving and maintaining valued life roles in the social, employment, educational, and housing domains;
- Restoring or developing his/her level of functioning to a level allowing the consumer to achieve community integration and to remain in an independent living setting of his/her choice
- Learning skills to facilitate sustaining wellness and recovery beyond enrollment in the program; and
- Developing desired skills identified in the Preliminary or Individualized Rehabilitation Plan.

Supportive Housing Referrals: (973) 313-0976 (phone)
(973) 313-2479 (fax)

Population served: Residential - Persons age 18 or older diagnosed with a severe and persistent mental illness. ICMS - Persons age 18 or older diagnosed with a severe and persistent mental illness.

*Applicants for all three programs must be Somerset County residents.

Transportation: Provides some transportation or will assist with linkage to transportation resources.

Fee: Residential - Program fee is ½ of total monthly income. ICMS - No fee.

EATING DISORDERS PROGRAM

**ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL SOMERSET/
RWJ BARNABAS HEALTH**

110 Rehill Avenue
Somerville, NJ 08876-3578

Telephone: (800) 914-9444

Hours: Inpatient - 24 hours a day
8:30 am - 4:00 pm - Partial Hospitalization Program
8:30 am - 1:30 pm - Intensive Outpatient Program
(Monday - Friday)

Referral Process: Evaluation for admission to the program is available 24 hours a day, 7 days a week by calling the Assessment Center at (800) 914-9444. When a call is made, staff will inquire about the nature of the individual's symptoms and behavior, and request information such as name, address, and insurance information. An evaluation will then be scheduled by a psychiatrist to determine the individual course of treatment. Inquiries and admissions are strictly confidential. Private physicians, schools, and therapists may also make referrals.

Services Provided: The Eating Disorders Program offers individualized treatment planning which may include inpatient or outpatient services. Individual, group, and family therapy are provided by a multi-disciplinary treatment team from a bio psychosocial perspective. The team includes board-certified therapist specializing in eating disorders, psychiatrists, a psychologist, social workers, nurses, registered dietitians, art and occupational therapists, and a teacher. Most patients start with inpatient treatment to provide prompt medical, nutritional, and psychological stabilization. The cornerstone of the program is daily individual psychotherapy, group therapy, and psychiatric evaluation, in addition to individualized nutritional counseling. Most patients then transition to the Partial Hospitalization Program (PHP), which runs from 8:30 am (9:30 am for non-students) to 4:00 pm, five days a week. Patients then step down into the Intensive Outpatient Program (IOP), which is 8:30 am (9:30 am for non-students), to 1:30 pm, three days a week. This allows the patient to return to school or work. After IOP, patients are then referred back to the initial referring therapist, nutritionist, and psychiatrist, or given referrals. Also offered is a Support Group for patients, and one for family and friends (Tuesdays 7:30 am – 9:00 pm) free of charge, open to the community.

Transportation: None.

Fee: Fee varies with service. Insurance, Medicare, and Medicaid accepted.

EDUCATION LAW CENTER

60 Park Place, Suite 300
Newark, NJ 07102

Contact: Diane Gayoso, receptionist

Telephone: (973) 624-1815 ext. 10

Fax: (973) 624-7339

Email: elc@edlawcenter.org

Website: www.edlawcenter.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Parents, guardians, or caretakers of public school students may call ELC directly for assistance. ELC serves low income residents of New Jersey who seek legal assistance related to public education at the preschool, primary, and secondary school levels.

Services Provided: ELS is a non-profit law firm that specializes in issues related to public education, assisting parents in asserting their children's to an appropriate education. ELC provides resources, advice, referrals, and, in a limited number of cases, direct representation. Under our current intake guidelines, ELC considers Somerset County cases for representation only when parents reside in one of the following school districts: Bound Brook; Franklin; Manville; North Plainfield; Somerville; and South Bound Brook.

Transportation: Transportation is not provided. Center is easily accessible by public transportation.

Fee: None.

EMPOWER SOMERSET

50 Division Street, Suite 302
Somerville, NJ 08876

Contact: Brenda Esler

Telephone: (908) 722-4900

Fax: (908) 526-7564

Email: info@empowersomerset.com

Website: www.empowersomerset.com

Hours: 9:00 am - 4:00 pm (Monday - Friday)

Referral Process: No referral is required.

Services Provided: EmPoWER Somerset's mission is to empower individuals and families to make positive lifestyle choices by promoting healthy, drug-free communities through education, collaboration and connections to resources.

The organization delivers evidence-based prevention education programs through the life-span from preschool to retirement and coordinates collaborative partnership efforts with community coalitions to implement environmental strategies through public health education, awareness and policy change to prevent substance abuse and related problems.

EmPoWER Somerset is the parent organization of the Pioneer Family Success Center, a community gathering place that connects families to helpful resources in and brings families together through free events & local activities.

EmPoWER Somerset is the managing agency for the Coordinated School Health program in central New Jersey and facilitates providing small grants to schools to work on health and wellness actions.

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EMPOWER SOMERSET (CONTINUED)

EmPoWER Somerset coordinates a team of Mental Health First Aid certified instructors, providing trainings to help individuals effectively respond to mental health crises among youth, adults and veterans.

Transportation: None.

Fee: No charge for grant-funded programs and services.

FAIRVIEW BEHAVIORAL SERVICES

UNIVERSITY OF MINNESOTA MEDICAL CENTER
ADOLESCENT DUAL DIAGNOSIS INPATIENT PROGRAM

2450 Riverside Avenue
Minneapolis, MN 55454

Telephone: (800) 233-7503

Hours: 24 hours / 7 days a week

Referral Process: Intake worker will arrange assessment in Behavioral Emergency Department. This process will begin with medical triage in the Adult Emergency Department. The program is a secured unit providing stabilization, assessment and referral for adolescents from 12 – 18 years old who have a diagnosis of both a mental illness and substance use disorder.

Services Provided: *Adolescent Mental Health Inpatient Services:* Fairview Behavioral Services offers a structured, secure inpatient environment for adolescents 13 – 18 needing crisis intervention or mental health treatment. *Children's Mental Health Inpatient Services:* Fairview Behavioral Services offers mental health services to children age 5 – 12 with programming available to meet a child's psychological and emotional needs. For more information on either services, please contact their intake department.

Transportation: None.

Fee: Services are covered by most Minnesota health plans and their national affiliates; Medicaid and private pay. Please contact us for program costs.

FAMILY AND COMMUNITY SERVICES OF SOMERSET COUNTY

INDIVIDUAL AND FAMILY MENTAL HEALTH AND ADDICTION SERVICES

339 West Second Street
Bound Brook, NJ 08805

Contact: Richard Schumann

Telephone: (732) 356-1082

Website: www.fcssomerset.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)
9:00 am - 5:00 pm (Friday)

Referral Process: Call Family and Community Services of Somerset County at (732) 356-1082 and ask to speak to an intake person or counselor. Basic information is taken and the next step in the procedure will be provided. Referral sources include: clients/friends/family, Somerset County Probation, county court, various school systems, DCP&P, Board of Social Services, and various other social service agencies.

Services Provided: Individual, couples, family and group counseling addressing various mental health issues, substance abuse, behavioral and relationship issues. Spanish speaking therapists are available. Psychiatrist and/or APN are available for clients receiving counseling services.

Transportation: None.

Fee: Services may be provided on a sliding scale fee based on income and size of family. Medicaid, Medicare, and other insurances accepted.

FAMILY CRISIS INTERVENTION UNIT (FCIU)

27 Warren Street
Somerville, NJ 08876

Contact: Marla Mathews, Director

Mailing Address:

P.O. Box 3000
Somerville, NJ 08876

Telephone: (908) 704-6330

Fax: (908) 253-0180

Hours: 8:30 am - 8:00 pm (Monday - Thursday)
8:30 am - 4:30 pm (Friday)

**Available after-hours through Psychiatric Emergency Screening Services (PESS) at: (908) 526-4100. Please ask to speak to the FCIU worker on-call.*

Referral Process: The FCIU can receive referrals from any source. Intakes can be taken by telephone, fax, mail, or in person.

Services Provided: The FCIU serves children and their families who are in crisis as a result of juvenile/family conflicts, runaway behavior, school truancy or human trafficking of youth. The unit provides immediate intervention, assessment, and counseling in order to stabilize the crisis and prevent the need for court involvement. Staff is available 24 hours a day, 7 days a week. Also provide risk assessments for the Superior Court in cases of domestic violence.

Specialized Services Offered: Ability to access Family Court to seek short-term placements and other court intervention as specified by New Jersey Statute, when all options to resolve a crisis have been exhausted and such services are deemed necessary to stabilize a crisis and/or ensure the child's safety in the home.

Transportation: Ability to provide off-site services as indicated.

Fee: No fee is charged for crisis stabilization and court intervention. Ongoing family counseling is offered at a sliding scale rate.

FAMILY FINANCIAL STABILIZATION PROGRAM/ INTENSIVE CASE MANAGEMENT

Catholic Charities
540 Route 22 East
Bridgewater, NJ 08807

Contact: Lori Soto

Other Locations:

Services are also provided at the County's Board of Social Service Offices in North Plainfield, Somerville, and Franklin Township.

Telephone: (908) 722-1881

Fax: (908) 704-0215

Hours: 9:00 am - 5:00 pm (Monday - Friday)
Evening and Saturday by appointment only

Referral Process: Referrals are made by the Board of Social Services, local welfare, homeless shelters, DCP&P, and other social service agencies, as well as the business community. Clients must reside in Somerset County. Clients may call to schedule an intake interview.

Services Provided: The program provides limited emergency assistance with rent/mortgage or utilities when funds are available. Another component of the program provides case management services to individuals and families referred from the Board of Social Services to assist with locating affordable housing.

Transportation: Home visits are made but transportation is not provided.

Fee: None.

THE FAMILY RESOURCE NETWORK EPILEPSY FOUNDATION OF NEW JERSEY

50 Millstone Road
Building 300, Suite 201
East Windsor, NJ 08520

Contact: Veronica Diaforli, VP Programs & Services

Other Locations: Services Statewide.

Telephone: (800) 372-6510

Fax: (609) 392-5621

Website: <https://www.familyresourcenetwork.org>

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Self-referral, community agency referrals, Department of Children & Families, Division of Developmental Disabilities, Division of Vocational Rehabilitation Services, Commission for the Blind and Visually Impaired, physicians, and school referrals are the usual sources. The agency serves people with disabilities and chronic conditions and their families. It also serves schools, civic and community organizations, and companies willing to learn more about people with disabilities.

Services Provided: A comprehensive array of individual and family supports are available in the areas of advocacy, education and training, behavioral, employment, health, and support services. Programs include: information and referral, support groups, emergency medication program, day and overnight respite care, day and overnight camp, behavioral services, recreation, resource database, supported employment, social security benefits counseling, public and professional Epilepsy education programs, and a variety of newsletters, directories, and guardianship assistance.

Transportation: None.

Fee: Varies by service and funding sources.

FAMILY SUPPORT ORGANIZATION

315 West Washington Avenue
P.O. Box 11 Suite 3
Washington, NJ 07882

Contact: Community Outreach

Telephone: (908) 223-1191

Fax: (908) 223-1639

Website: www.fso-hsw.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Referrals come from Care Management Organization (CMO), PerformCare, and warm line calls.

Services Provided: Support, education and advocacy to families who have children struggling with emotional, behavioral and/or mental health challenges. Youth partnership (ages 13 to 20), support groups, warm line and educational workshops on topics in mental health, developmental disabilities and substance abuse.

Languages Spoken: English/Spanish

Transportation: Limited Transportation from local pick up spots available for Youth Partnership meetings.

Fee: None.

SOMERSET COUNTY FIREWATCH PROGRAM

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street
Somerville, NJ 08876

Contact: Raquel Aiello

Mailing Address:

P. O. Box 3000
Somerville, NJ 08876

Telephone: (908) 704-6353

Fax: (908) 253-0180

Email: firewatch@co.somerset.nj.us

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Parents, guardians, teachers, police, child protection workers or anyone who is concerned about a child's firesetting may complete a detailed referral form and submit it to the program. Somerset, Hunterdon, and Warren County youth of all ages are eligible.

Services Provided: An in-depth Firesetter Risk Assessment is completed with a Youth Firesetting Intervention Specialist who has been trained and certified by the New Jersey Division of Fire Safety. Youth and families are then linked to fire safety education and any other support services identified as needs in the Risk Assessment. Firesetter-specific mental health evaluation is also provided for youth who score in the "definite risk" or "extreme risk" categories.

Transportation: Transportation is not provided. However, the Youth Firesetting Intervention Specialist may meet with the youth and family in their home or at other local sites so that the program may be put into place. The Youth Firesetting Intervention Specialist works with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.

Fee: None.

FIRST STEP COUNSELING OF RARITAN VALLEY

191 Church Road
Bridgewater, NJ 08807

Telephone: (908) 219-6242

Website: www.firststepcounselingnj.com

Referral Process: Referred by Administrator following intake interview.

Services Provided: Mental health counseling.

Transportation: None.

Fee: \$20.00

FOOD BANK NETWORK

P.O. Box 149
Bound Brook, NJ 08805

Contact: Marie Scannell

Telephone: (732) 560-1813

Fax: (732) 748-0622

Email: mariescan@verizon.net

Hours: 9:00 am - 2:30 pm (Monday - Friday)
Building 9E, Easy Street, Bridgewater, NJ

Referral Process: Somerset County Residents Only

Phone calls from any social service agencies, individuals needing assistance, families and walk-ins. Recipients must fill out an application, provide ID and a piece of mail sent to their home address.

Services Provided: Food package distribution to low income families. Working wardrobe – clothing for women re-entering the workforce. Prescription program for families with no medical insurance. Must be referred by a health care professional or social service agency. No co-pays. Eye Glass Program for elementary school students only. Must be referred by school nurse.

Transportation: None.

Fee: None.

FOOD BANK ASSISTANCE

Feeding Hands, Inc.

Emmanuel Church Food Bank
100 Grant Avenue
Somerville, NJ 08876

Telephone: (732) 397-6452

Hours: Tuesdays 1:00 pm - 3:00 pm
7:00 pm - 8:30 pm

Franklin Township Food Bank (Serving only Franklin Township residents) – for additional information, please see page 94.

Food Bank Network of Somerset County – for additional information, please see page 90.

Hope Church Food Bank

519 East Main Street
Bound Brook, NJ 08805

Hours: Saturdays 10:00 am - 11:30 am

Feeding Hands, Inc.

Manville Reformed Church Food Pantry
(For Manville residents only)
238 South Fifth Avenue
Manville, NJ 08835

Telephone: (908) 575-0173 ext. 2

Hours: 4th Saturday of each month 10:00 am - 12:00 pm

Reformed Church of Bound Brook Food Pantry

113 Clinton Street
South Bound Brook, NJ 08880

Telephone: (732) 356-9345

Hours: Thursdays 3:00 pm - 6:00 pm

The United Reformed Church Food Bank

100 West Main Street
Somerville, NJ 08876

Hours: Saturdays 10:00 am - 11:30 am

Vermuele Community Center Food Bank

Corner of Greenbrook Road & Clinton Avenue
North Plainfield, NJ 07060

Hours: Last 2 Saturdays of each month
10:00 am - 12:00 pm

Zarephath Christian Church Food Bank

My Neighbors Pantry
595 Weston Canal Road
Somerset, NJ 08873

Telephone: (732) 560-4001

Hours: 10:00 am - 1:00 pm (Mondays and Thursdays)
10:00 am - 12:00 pm (Saturdays)

4-H YOUTH DEVELOPMENT PROGRAM

RUTGERS COOPERATIVE EXTENSION OF SOMERSET COUNTY

310 Milltown Road
Bridgewater, NJ 08807

Contact: Annette Smutko

Telephone: (908) 526-6644
(908) 231-7000 ext. 7521
(908) 526-8242 (4-H Center)

Fax: (908) 704-1821

Email: somersetcounty4h@co.somerset.nj.us

Website: www.4HisTOPS.org

Hours: 4-H Office: 8:00 am - 4:30 pm (Monday - Friday)
4-H Center: 7:00 pm - 10:00 pm (Monday - Friday)

Referral Process: Youth in grades 1-3 may join a 4-H Prep Club, a non-competitive exploratory program. Boys and girls in grades 4-13 (one year out of high school) may join a standard 4-H club that emphasizes one or more project areas. The 4-H Youth Development Program is part of Rutgers Cooperative Extension of Somerset County and offers membership and education programs without regard to race, color, national origin, sex, disability, or handicap.

Services Provided: The Rutgers Cooperative Extension 4-H Youth Development Program uses a learn-by-doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world. The mission of the program is accomplished by using knowledge and resources of the land grant university system, along with the involvement of caring adults. Learning-by-doing programs are offered through 4-H clubs, short-term special interest programs, and 4-H school enrichment programs. The educational programs offer boys and girls the opportunity to learn about a variety of subjects such as photography, model rockets, model airplanes, food preparation, go-karts, small animals, and many more.

These programs also allow youth to develop life skills such as communication skills, a positive self-concept, and responding to the needs of others and the community. The 4-H Youth Development Program is a preventative program that provides adult supervision while youth develop leadership skills.

Transportation: None.

Fee: None.

FRANKLIN TOWNSHIP FOOD BANK

224 Churchill Avenue
(near Hamilton Street and Veronica Avenue)
Somerset, NJ 08873

Contact: Frank Hasner

Mailing Address:

P.O. Box 333
Somerset, NJ 08875-0333

Telephone: (732) 246-0009

Fax: (732) 246-4694

Email: fhasner@ftfb.us

Website: www.franklinfoodbank.org

Hours:

Summer Hours

10:00 am - 2:00 pm (Monday-Wednesday)

10:00 am - 7:00 pm (Thursday)

9:00 am - 12:00 pm (Saturday)

Regular Hours

10:00 am - 3:00 pm (Monday-Wednesday)

10:00 am - 7:00 pm (Thursday)

9:00 am - 1:00 pm (Saturday)

Referral Process: Self-referred or referral by any agency or organization.

Services Provided: Emergency food is provided to residents of Franklin Twp. (Somerset County). Clients receive points to shop in the Food Bank Market every week and can redeem these points in whatever intervals they choose. There is no limit to how many times a client can visit the Food Bank Market. Clients must show proof of Franklin Twp. residency upon each visit.

USDA Commodities are available to qualified clients. See the "Get Help" page on the web site for details about the Franklin Food Bank and the Client Choice Program.

Transportation: None.

Fee: None.

FRANKLIN TOWNSHIP TEEN RECREATION

505 DeMott Lane
Somerset, NJ 08873

Contact: Bruce Medley

Telephone: (732) 873-1991

Website: www.franklintwp.org

Office Hours: 8:30 am - 4:30 pm

Site Address: Franklin Middle School
415 Francis Street
Somerset, NJ 08873

Hours: 7:00 pm - 9:00 pm (Tuesday-Thursday)

Referral Process: Call Franklin Township Recreation for referral. The usual sources of referrals are the Franklin Township Schools, Probation Department, police, Franklin Township Social Services, and the Youth Shelter. Clients served are adolescents whose families live in Franklin Township.

Services Provided: Program is for youth in grades 7-12. The program runs from mid-October to the end of May, and the last week of June to the last week of July. Various recreational activities, informal counseling, counseling groups, life skills training, and field trips. See website for details.

Transportation: None.

Fee: None.

FREE LEGAL CLINIC

Mailing Address

P.O. Box 374
Somerville, NJ 08876

Contact: Alysa Mariani, Free Legal Clinic Coordinator

Email: somersetchapter@aclu-nj.org

Website: www.aclu-nj.org

Hours: 6:45p - 8:45 pm on the second Wednesday of the month, except August and on holidays. Meetings are held at the Somerset Public Library, 35 West End Avenue, Somerville.

Referral Process: No formal process. The usual sources of referrals are the court, community agencies, friends, family, and newspapers. However, anyone in need of legal advice and who cannot afford a lawyer can access the service by calling for information.

Services Provided: Confidential consultation with experienced attorney, provides brief legal advice to sort out the issues and to make referrals to appropriate agencies. Legal advice not provided over the phone. No appointment is necessary. Serves all ages of legal standing who reside in Somerset County. Can serve 12 (one at a time) per evening. Clients attending should bring Xeroxed copies of relevant documents. **Please Note:** Clinic attorney is not a substitute for retained counsel (cannot appear for client in court, sign legal papers, etc.)

Transportation: None.

Fee: None.

FREEDOM HOUSE –THE FAMILY AFTERWARD PROGRAM

Administrative Office:

2004 Rt. 31 North, Suite 1
Clinton, NJ 08809

Contact: Kristina Raymond, CADC – Program Coordinator

Telephone: (908) 617-5492 (Main Office)
(908) 892-0750 (Program Coordinator’s Cell)

Fax: (908) 617-5548

Email: kraymond@freedomhousenj.org

Website: www.freedomhousenj.org

Hours (for referral): 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: By appointment only – call for screening.

Services Provided: The Family Afterward program provides transitional housing and case management services to women in recovery from alcoholism and/or drug addiction who are seeking reunification with their children. The Family Afterward serves women with co-occurring substance use and mental health disorders. Applicants must be willing to commit to the recovery and reunification process, be ready to obtain gainful employment (or attend school to improve skillset), and willing to submit to the goals of the program:

- Long-term recovery
- Family reunification
- Independent living

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FREEDOM HOUSE – THE FAMILY AFTERWARD PROGRAM (CONTINUED)

The Family Afterward program teaches women to pursue economic independence through career guidance, assistance in securing employment, and financial budgeting. Government assistance programs are considered a short-term means of support on the path to self-sufficiency. Guidance in negotiating the child custody system is provided, and The Family Afterward staff advocate on behalf of families in court and in the community. The Family Afterward does not provide substance abuse treatment services, however referrals are made to community programs as appropriate; all clients transferring from residential treatment are referred to outpatient/aftercare services.

The Family Afterward Program operates a six bed residence name *Diane's House* located in Trenton, Mercer County, New Jersey. This program serves primarily Mercer County residents. The amount of women served will vary depending on how many children are in the house. Lengths of stay will vary. It is projected that 8-12 women per year will be served at each residence.

Agencies providing substance use disorder treatment to women with children are this program's primary referral source. Referrals must have been through primary care treatment, preferably in a halfway house or long-term residential program, as women must be stabilized and able to function independently and care for their children.

Transportation: Staff may be available to pick up new admissions; Once admitted, residents have access to public transportation (bus stop in front on the residence).

Fee: None.

FRIENDSHIP CENTER OF NEW BEGINNINGS

162 Main Street
Flemington, NJ 08822

Telephone: (908) 806-4444
(877) 884-MOMS (Toll Free)

Email: info@friendship-center.org

Website: www.friendship-center.org

Hours: 10:00 am - 3:00 pm (Monday - Friday)

Referral Process: Anyone can refer.

Services Provided: The Program provides resources and caring confidential peer counseling for those facing unplanned pregnancies, strengthening marriage, and parenting skills.

Transportation: None.

Fee: All services are free.

GENPSYCH

981 Route 22 West
Bridgewater, NJ 08807

Contact: Kemi Olukoya

Telephone: (855) 436-7792

Fax: (855) 251-7222

Email: info@genpsych.com

Website: www.GenPsych.com

Hours: 8:00 am - 8:00 pm (Monday - Thursday)
8:00 am - 5:00 pm (Friday)

Referral Process: Call 1-855-436-7792.

Services Provided: GenPsych is an outpatient facility that provides Partial Care and Intensive Outpatient Programs for children, adolescents, and adults offering progressive behavioral health services. GenPsych's mission is to provide individuals in the community with effective and efficient Mental Health, Co-Occurring, and Substance Abuse treatment in a comfortable, safe, and supportive environment. Specialized programs include Eating Disorder, Anxiety/Trauma, and Dialectical Behavioral Therapy. We are dedicated to helping our clients and their families restore and maintain emotional and mental health outside of a hospital setting. Clients can be evaluated within 24 hours.

Transportation: Transportation is provided on an as needed basis.

Fee: GenPsych accepts all private insurances.

GIRL SCOUTS - HEART OF NEW JERSEY

1171 Route 28
North Branch, NJ 08876

Telephone: (908) 518-4400

Fax: (908) 725-4933

Website: www.gshnj.org

Hours: 9:00 am - 5:00 pm (Monday - Thursday)
9:00 am - 3:00 pm (Friday) (except July-August)
9:00 am - 1:00 pm (Friday) (July-August)

Email: info@gshnj.org

Referral Process: Girls or adults interested in becoming members should contact the Council office or go to the website above. The local council representative passes on this information to the appropriate Girl Scout volunteer in the community. Membership is open to all girls ages 5 to 17, in Kindergarten-12th grade, and all adults wishing to volunteer for various positions throughout Essex, Hudson, Hunterdon, Somerset, Union, southern Warren, and parts of Middlesex counties.

Services Provided: The Girl Scout program is an informal educational program where girls have fun as they gain leadership skills, confidence, and a feeling of accomplishment. The leadership program is designed to help a girl discover who she is, what she can do, and connects her with a powerful community of girls and mentors to make it happen. With unique opportunities, Girl Scouts explore, learn, succeed and take action to make a difference in their community. Activities include community service, day and overnight trips, career exploration, participation in national and international programs, arts and crafts, science exploration, cookie selling, getting outdoors and other fun girl-planned activities. All adult volunteers must be registered members and complete a background check through GSHNJ. Training for adult volunteer positions is offered.

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GIRL SCOUTS - HEART OF NEW JERSEY (CONTINUED)

GSHNJ also owns and operates three camps: two day camps (The OVAL, in Maplewood, NJ and Camp DeWitt, in Hillsborough, NJ) and one overnight camp (Camp Hoover in Middleville, NJ).

Language Spoken: English. Spanish speaking staff are available.

Transportation: Car pools are arranged by individual troops for transportation to and from Girl Scout events. Bus transportation to and from summer day camp is included in the fee.

Fee: \$40 membership fee for girls and \$25 membership fee for adult volunteers plus nominal troop dues. Girl Scouts Heart of New Jersey maintains a scholarship fund to aid girl and adult volunteers with membership and uniform fees as well as camperships for summer camp.

GREAT EXPECTATIONS, THE CENTER FOR

19B Dellwood Lane
Somerset, NJ 08873

Contact: Peg Wright

Telephone: (732) 247-7003

Fax: (732) 247-7043

Email: info@cge-nj.org

Website: www.cge-nj.org

Hours: 24 hours a day / 7 days a week

Referral Process: Referrals come from a variety of sources, including DCP&P, Work First New Jersey Substance Abuse Initiative, County Boards of Social Services, Probation, PerformCare, CMOs, hospitals, methadone clinics, churches, pregnancy centers, as well as family, friends, and self-referrals.

Services Provided: The Center for Great Expectations (CGE) provides a Continuum of Care that includes: Residential Treatment services for homeless pregnant/parenting adolescents (12 beds) and homeless pregnant/parenting adult women in substance abuse recovery (8 beds); On-site Child Development Center, Katy's Place, for children of residential clients (licensed for up to 36 children); Supportive Housing Program (27 units) for at-risk women & children; and Roots to Recovery Outpatient Services (New Brunswick location serving 340 women & men annually – with and without insurance accepted). S.T.A.R.T. Program offers in-home substance use disorder and parent-infant mental health counseling and treatment as well as case management services to pregnant and newly parenting women with opioid use disorder in three counties (Somerset, Hunterdon and Middlesex). CGE is a member of the National Child Traumatic Stress Network (NCTSN).

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GREAT EXPECTATIONS, THE CENTER FOR (CONTINUED)

Prevention Programming: The Training Institute now offers Trauma-attuned resiliency training to schools, organizations and businesses to create collaborative, relationship culture where children, youth, and staff can thrive and grow their own greatness. Please email Pam DeLuca at pdeluca@cge-nj.org to learn more about how CGE can assist. This program is fee based.

Residential services for adolescents are provided as a RTC (Residential Treatment Center) IOS (Intensity of Service). While at the Center adolescents have the opportunity to build critical self-esteem and the critical life, coping, parenting and educational skills needed to support a future of health and opportunities for themselves and their children.

Transportation: Provided for clients.

Fee: None.

GREEN BROOK ACADEMY**MAILING ADDRESS:**

P.O. Box 947
Bound Brook, NJ 08805

GB1 – GYM

324 Talmadge Avenue
Bound Brook, NJ 08805

GB3

126 Vosseller Avenue
Bound Brook, NJ 08805

GB2

151 Vosseller Avenue
Bound Brook, NJ 08805

GB4 – ADMIN OFFICE

152 Vosseller Avenue
Bound Brook, NJ 08805

Contact: Colleen Motzel, Principal

Telephone: (732) 469-8677

Fax: (732) 469-0035

Email: cmotzel@greenbrookacademy.com

Hours: **Office:** 7:30 am - 4:00 pm (Monday - Friday)
School: 8:30 am - 2:30 pm Monday - Friday)

Referral Process: The sending district child study team refers classified students ages 10 to 21 with behavioral disabilities to the program. Serves the greater central New Jersey area, including Somerset, Middlesex, Monmouth, Hudson, Hunterdon, Union, Morris, and Essex Counties.

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GREEN BROOK ACADEMY (CONTINUED)

Services Provided: The mission is to provide a safe and therapeutic learning community for students eligible for special education and related services as the result of emotional/behavioral disturbances in daily life functioning. The therapeutic educational program is designed to assist each student achieve their academic and emotional potential. All students can achieve success through the specially designed comprehensive and individualized therapeutic educational program. All students receive counseling as required by their IEP, as well as crisis services as needed. The professional staff is certified and well trained to work with the special population. Extended school year is an option.

Transportation: Provided by the sending school district.

Fee: Tuition is paid by sending school district.

GUIDED LIFE STRUCTURES

286 East Main Street
Somerville, NJ 08876

Contact: Eileen Oertel

Telephone: (908) 704-0011

Fax: (908) 704-0911

Website: www.guidedlifestructures.org

Email: eoertel@guidedlifestructures.org

Hours: 12:00 pm - 8:00 pm (Monday, Wednesday & Thursday)
9:00 am - 11:00 am (Saturday)

Referral Process: Referrals may be from self, courts, probation, doctors, lawyers, rehabilitation centers, DCP&P, hospitals, welfare, youth shelters, or any other social service agencies. Clients or professionals should call the program for an appointment. There are no prerequisites for admissions.

Services Provided: The program provides individual, group, and family counseling. We offer an early intervention and education program, Level I outpatient and intensive outpatient Level II (from 9 to 12 hours). We offer Mental Health services to GLS participants. The program serves adolescents adults and families, treatment is supported with urine monitoring and psychological profiles.

Specialized Services Offered: The program deals primarily with substance abuse, mental health issues and provide services to families who suffer from addiction. Vivitrol is offered for IOP-OP participants.

Transportation: No transportation is provided by Guided Life Structures, however arrangements can made with LogistiCare or New Jersey Transit which is accessible by bus or train.

Fee: Call for fee information.

HACKENSACK MERIDIAN HEALTH CARRIER CLINIC

FORMERLY KNOW AS CARRIER CLINIC

252 Route 601
P.O. Box 147
Belle Mead, NJ 08502

Contact: Community Relations

Telephone: Access Center: (800) 933-3579
Community Relations: (908) 281-1513

Email: communityrelations@carrierclinic.com


Website: www.carrierclinic.org

Hours: 24 hours a day / 7 days a week

Referral Process: All referrals, including self-referrals, should be made through HMH Carrier Clinic's Access Center. All prospective patients must receive an initial evaluation, scheduled by the Access Center.

Services Provided: HMH Carrier Clinic provides psychiatric and co-occurring inpatient treatment for Adolescents (12 – 18), Adults, and Older Adults. Adult Addiction services and Electroconvulsive Therapy (ECT) are offered on both an inpatient and outpatient basis.

The East Mountain School provides special education services to students in grade 7-12 who are classified with emotional or behavioral challenges. The school is situated on the Belle Mead campus. Sending school districts provide transportation to the school.



The East Mountain Youth Lodge is a co-educational, residential treatment program providing comprehensive 24-hour clinical, therapeutic and educational treatment for adolescents ages 13 to 18 with psychiatric, behavioral, emotional and/or substance abuse difficulties. All programs are contracted with NJ's Department of Children and Families (DCF) and represent varying levels of intensity of services as defined by the New Jersey system of care.

Transportation: N/A.

Fee: HMM Carrier Clinic participates with most insurance plans, Medicare and Medicaid. Medicaid is not accepted for addiction services. Tuition for the school is paid for by the sending district.

HAMPTON BEHAVIORAL HEALTH CENTER

650 Rancocas Road
Westampton Twp., NJ 08060

Telephone: (800) 603-6767

Fax: (609) 518-2210

Website: www.hamptonhospital.com

Hours: 24 hours a day / 7 days a week

Referral Process: Access Center is available 24/7 at (800) 603-6767. Immediate appointments are available.

Services Provided: Hampton Behavioral Health Center offers a full continuum of care, including intensive outpatient and partial hospitalization in our outpatient department and inpatient services for adolescents (ages 12 and up), adults and older adults with mental health and substance use issues. Hampton's main campus, located in Westampton Township, Burlington County, includes a 120-bed hospital and outpatient counseling center. In addition, Hampton Counseling Centers are also located in Cherry Hill, Camden County, NJ, and Hamilton Township, Mercer County, NJ.

Specialized Services Specialized services include Electro-Convulsive Therapy, Military Treatment Programs, HEROES (Helping Early Responders Overcome Extreme Stressors) and the MOSAIC (Motivating Our Seniors and Inspiring Change) program. In addition, just a few miles away from the main campus is Hampton Academy, a private day school approved by the New Jersey Department of Education for grades 1 – 12 where youth with emotional challenges are guided to maximize their potential.

Transportation: Transportation is provided within local communities.

Fee: Private Insurance, Tricare, Medicare, and Medicaid.

HEALTH DEPARTMENTS

Health Departments provide information and referral, health education, child health conferences, well baby clinics for immunizations, well check-ups, and family planning/counseling. They also provide comprehensive women's health clinics, adult health screening, and cholesterol screening for adults 18 years of age and older. Below is a list of health departments in Somerset County. Call your local department for further information on the specific services provided.

Bernards Township Health Department is the contractual health agency serving: Basking Ridge/Bernards Township/Lyons/Liberty Corner/Peapack and Gladstone Borough and Bernardsville Borough in Somerset County

In Morris County serving: Chester Borough, Mendham Borough and Long Hill Township

Lucy Forgione, Health Officer

262 South Finley Avenue

(908) 204-3070

Basking Ridge, NJ 07920-1418

Fax (908) 204-3075

lforigione@bernards.org

Bedminster/Far Hills/Franklin/North Plainfield/Manville/Raritan/Somerville Health Department

Namitha Reddy, Health Officer

27 Warren Street, PO Box 3000

(908) 231-7155

Somerville, NJ 08876

Fax (908) 704-8042

healthdept@co.somerset.nj.us

Middle-Brook Regional Health Commission serving as South Bound Brook/Warren/Green Brook/Watchung Health Department

Kevin Sumner, Health Officer

111 Greenbrook Road

(732) 968-5151

Green Brook, NJ 08812

Fax (732) 968-5331

mbrhc@middlebrookhealth.org

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HEALTH DEPARTMENTS
(CONTINUED)

Branchburg Township Health Department

Cynthia Weaver, *Health Officer* ext. 181
1077 Route 202 North (908) 526-1300
Branchburg, NJ 08876 Fax (908) 526-7027
cynthia.weaver@branchburg.nj.us

Bridgewater Township Health Department

Kristen Schiro, *Director of Human Services*
Vanessa Freire, *Health Officer*
100 Commons Way (908) 725-5750
Bridgewater, NJ 08807 Fax (908) 595-0825
vfreire@bridgewater.nj.gov

Hillsborough Township Health Department

Glen Belnay, *Health Officer*
379 South Branch Road (908) 369-5652
Hillsborough, NJ 08844 Fax (908) 369-8565
gbelnay@hillsborough-nj.org

Montgomery Township Health Department (also serving Rocky Hill Borough)

Stephanie Carey, *Health Officer*
2261 Route 206 North (908) 359-8211
Belle Mead, NJ 08502 Fax (908) 359-4308
scarey@twp.montgomery.nj.us



HOME DETENTION PROGRAM (HDP) AND ADVANCED HOUSE ARREST (AHA)

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street
Somerville, NJ 08876

Contact: Monica Mulligan

Mailing Address:

P. O. Box 3000
Somerville, NJ 08876

Telephone: (908) 704-6326

Fax: (908) 253-0180

Email: juvenile@co.somerset.nj.us

Hours: 8:30 am - 4:30 pm
On-call coverage 24 hours a day / 7 days a week

Referral Process: The Superior Court - Family Part may refer court-involved youth in need of supervision to either the Home Detention or Advanced House Arrest programs. Somerset County youth between the ages of 12 to 18 who are in detention or who are in jeopardy of being placed in detention are eligible for the programs. Juveniles charged with 1st and 2nd degree offenses may be excluded from program participation.

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HOME DETENTION PROGRAM (HDP) AND ADVANCED HOUSE ARREST (AHA) (CONTINUED)

Services Provided:

- The Home Detention Program provides intensive case management, electronic monitoring, and regular face-to-face contact for juveniles who would otherwise be placed in secure confinement. Youth and their parent(s)/guardian(s) are required to sign a Program Agreement in addition to a Case Plan created by the Juvenile Case Manager. By signing these documents, these youth agree to attend all required school programs, counseling, employment, and probation meetings. Failure to abide by the Contract and Case Plan may result in a juvenile's placement in the juvenile detention center. Youth may be placed on the Home Detention program on a pre-or post-dispositional basis.
- The Advanced House Arrest program provides Biometric Voice Recognition monitoring (24/7 random phone verifications, during periods when youth are expected to be in the home) for youth with pending matters in Superior Court. Youth and their parent(s)/guardian(s) are required to sign a Program Agreement in order to ensure commitment to the program rules and conditions. Failure to abide by the Program Agreement may result in a juvenile being stepped up to Home Detention, or placement in the juvenile detention center.

Transportation: Transportation is not provided. However, the Juvenile Case Manager will meet with the youth and family in their home and at other local sites so that the program may be put into place. The Juvenile Case Manager works with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.

Fee: None.



HOMESHARING, INC.

120 Finderne Avenue
Bridgewater, NJ 08807

Contact: Claudia Yurecko (Somerset & Hunterdon Counties)
Jill Stein (Middlesex and Morris Counties)

Telephone: (908) 526-4663

Fax: (908) 526-6342

Email: homesharing2@verizon.net (Claudia)
homesharing@verizon.net (Jill)

Website: www.homesharing.org

Hours: 9:00 am - 5:00 pm (Monday - Thursday)
9:00 am - 4:00 pm (Friday)
Evening hours by appointment

Referral Process: New clients may call to get the application process started. Background and reference checks are conducted on all clients, and everyone must have a personal interview.

Services Provided: Assist people in finding affordable shared living arrangements. Assist people who have a spare bedroom in finding either someone to rent a room (and share common areas of home) or have reduced or free rent in exchange for services (cooking, cleaning, errands, etc.). Thanksgiving and Christmas baskets are provided to the program's needy participants.

Transportation: Transportation is not provided.

Fee: None – suggested donation only, not mandatory. Clients are responsible for paying their own rent.

HONOR RIDGE ACADEMY

Campus Address:

342 Madison Hill Road
Clark, NJ 07066

On-site Telephone: (732) 827-5885

On-site Fax: (732) 827-5456

Mailing Address and Business Office:

170 Changebridge Road
Montville, NJ 07045

Contact School:

Mr. Ryan Kimmins, Director
Susan Kemp, MA, LDT-C, Reading Specialist -
Intake Coordinator
Maria Torres, Principal, MA, LDT-C,
Dyslexia Specialist, OG-Th

Contact Business Office:

Mr. Joe Saflarske, Business Manager

Office Telephone: (973) 784-4787


Office Fax: (973) 784-4788

Email: info@honorridge.org

Website: www.honorridge.org

Hours: 8:30 am - 3:00 pm (school hours)

Referral Process: Students are referred to our school by their case managers from their School Districts. Our population includes students between the ages of 5 and 21. We accept children with a variety of behavioral and learning disabilities. These may include but are not limited to ADD/ADHD, Multiple disabilities, Autism Spectrum Disorder, Behavior/Emotionally Disturbed, Intellectual/Cognitive Disabilities, LD/Dyslexia, and Psychiatric/Mood Disorders.



Intake packets must include a social history, psychological and learning evaluation, an Individual Educational Plan, and psychiatric evaluation (if applicable).

Program Description: Honor Ridge Academy, established in 1971 is a Department of Education approved therapeutic, private day school for multiply disabled students ages 5 – 21. Our treatment program utilizes an integrated approach in which, students receive the necessary support to gain new skills, increase self-esteem, and learn acceptable ways of behaving emotionally and socially. The academic program adheres to the IEP and provides an intensive plan geared toward the student's functional level, behavior, and learning style. All students are seen weekly for individual psychological counseling sessions by licensed Clinical Social Workers and Professional Licensed Counselors. For those with language-based learning disabilities, the Orton-Gillingham approach is available. Additionally, we have Art, Drama, and Music classes, as well as, an inter-scholastic sports program and an approved Extended School Year Program.

Services Provided: Speech and Language Therapy, Occupational and Physical Therapy Individual Psychotherapy, School-based counseling and Group counseling, Nursing and Psychiatric/Medication Services including medication review and management (as needed).

Additional Services include: Learning Disabilities Teacher Consultant (LDT-C), Board Certified Behavioral Analyst (BCBA), Therapeutic Behavioral Management and ABA Planning, Crisis Intervention, Team Treatment Planning, and Family Therapy, if applicable.

Transportation: The sending school district provides the transportation.

Fee: The sending school districts pay for education tuition.

HOPES CAP, INC.
EARLY CHILDHOOD PROGRAMS

Two Locations in Somerset County:

900 Hamilton Street
Somerset, NJ 08873

113 Belmont Drive
Somerset, NJ 08873

Contact: Kecia Page – Parent, Family & Community
Engagement (PFCE) Supervisor

Telephone: (732) 568-5063 ext.1037


Toll Free: 1-855-OK-HOPES

Email: info@hopes.org

Website: www.hopes.org

Hours: 8:30 am - 2:30 pm
(Monday - Friday for Pre-K/Head Start Children)
8:30 am - 3:00 pm
(Monday - Friday for Infant/Toddler/Early Head
Start Children)

Referral Process: Contact the program to schedule an appointment to complete an intake. Families must meet Federal Income Guidelines. Bring proof of income, proof of residency in Somerset County, and child's birth certificate to determine eligibility. Other documents such as immunization record and physical exam, will be required prior to child's enrollment.



Services Provided: HOPES CAP, Inc. Early Childhood Programs offer Early Head Start and Head Start services to children ages 8 weeks to 5 years of age, residing in Somerset County. HOPES' Early Head Start and Head Start Program is a comprehensive child development program providing individualized instruction to help children develop socially, intellectually, physically, and emotionally, in a manner appropriate to their age and state of development. HOPES' Early Childhood Programs also support parents' efforts to fulfill their parental roles, and help families move towards self-sufficiency.

In addition to the Early Childhood Programs, HOPES also provides services to Expectant Women. The Expectant Women program is primarily home-based, in which one-on-one visits will take place between the mother (and others as desired) and the Home Visitor. Some of the services offered include, but are not limited to, education in prenatal care, labor and delivery, and postpartum needs and concerns.

Transportation: Transportation is provided on a limited basis to children ages 3 – 5 years.

Meals: Children are served breakfast, lunch, and an afternoon snack. Infants are provided with formula and diapers, at no cost to the families.

Fee: None.

HOSPITALS

Capital Health Systems

446 Bellevue Avenue
Trenton, NJ 08618
(609) 394-4000

Hunterdon Medical Center

2100 Wescott Drive
Flemington, NJ 08822
(908) 788-6100

The Matheny School & Hospital

65 Highland Avenue
P.O. Box 339
Peapack, NJ 07977
(908) 234-0011

RWJ University Hospital

One Robert Wood Johnson Place
New Brunswick, NJ 08901
(732) 828-3000

St. Peter's University Hospital

254 Easton Avenue
New Brunswick, NJ 08901
(732) 745-8600

Carrier Clinic

252 County Road 601
Belle Mead, NJ 08502
(800) 933-3579

John F. Kennedy Medical Center

65 James Street
Edison, NJ 08818
(732) 321-7000

Morristown Memorial Hospital

100 Madison Avenue
PO Box 195
Morristown, NJ 07962
(973) 971-5000

RJW University Hospital Somerset

110 Rehill Avenue
Somerville, NJ 08876
(908) 685-2200

VA New Jersey Health Care System

151 Knollcroft Road
Lyons, NJ 07939
(908) 647-0180

HUNTERDON DRUG AWARENESS PROGRAM, INC.

8 Main Street, Suite #7
Flemington, NJ 08822

Contact: Glenn Duncan, Executive Director

Telephone: (908) 788-1900

Fax: (908) 788-3836
(I.D.R.C. - Intoxicated Driver Resource Center)

Email: info@hdap.org

Website: www.hdap.org

Hours: 9:00 am - 9:00 pm (Monday - Friday)
10:00 am - 1:00 pm (Saturday)

Referral Process: Self-referrals as well as referrals by family, schools, law enforcement, IDRC, and other agencies are accepted. No one is refused service on the basis of sex, race, creed, or geographic location. Hunterdon County residents may receive priority for admission, but waiting lists, when they exist, seldom exceed one month. Persons who have had a drug problem or alcohol abuse problem, those at risk of substance abuse involvement, or co-dependents are also eligible for admission.

Services Provided:

Adolescent Outpatient Treatment Services – These services consist of 4 groups per week for clients who are between the ages of 13 and 18. Clients are required to participate in a minimum of 15 weeks. Requirement for completion include:

- **15+ weeks of abstinence** from alcohol and all drugs (verified by urine screens at least once a week)
- **15+ weeks attendance** in the Monday night Educational Group, which runs from 6:00 to 7:00 pm


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HUNTERDON DRUG AWARENESS PROGRAM, INC. (CONTINUED)

- **8+ Individual Sessions** (at least every other week)
- **1+ AA/NA Meetings per month** (documented). The number of meetings to be determined by the individual's counselor.
- **Family Therapy Groups** attended by a parent or guardian which is scheduled with the individual client and runs as needed.

If you have any questions or would like to make a referral, please call us at 908-788-1900 or contact our Clinical Director Jass Pelland, LCSW, LCADC at jpelland@hdap.org.

Adult Outpatient Treatment Services – Hunterdon Drug Awareness Program provides confidential individual, family and group counseling services. Clients are screened by the Clinical Director and assigned an individual counselor to meet with and discuss their concerns. Each client is individually assessed and the treatment team develops an initial treatment plan in conjunction with the client. Treatment may include individual, family and/or group counseling. When indicated, a client's treatment plan may also include referral for education, job placement, or a myriad of other supportive services that are available throughout the county. Treatment plans are reviewed regularly with clients and revised as needed during the course of treatment.



Current groups offered at Hunterdon Drug Awareness Program include:

- **Early Recovery Group** – a weekly group for those clients who are in the early stages of their recovery process.
- **Early Discovery Group** – a weekly group for those clients who would benefit from Drug/Alcohol Education and are in need of discovering whether or not a drug/alcohol problem exists within themselves, utilizing a Motivational Enhancement Approach.
- **Relapse Prevention Group** – a weekly group for those clients who need help in identifying relapse triggers and high risk environmental situations that put them at risk of using again. This group is part of the IOP (see below), but is also open to other clients of HDAP.
- **Gender Group** – a weekly group for men and women to have a gender “safe” group environment to be able to address those issues that would be too difficult or inappropriate to bring up in a mixed group as it impacts on their recovery. This group is part of the IOP (see below), but is also open to other clients of HDAP.
 - **Intoxicated Drivers Resource Program 16-week group** – this is a weekly drug/alcohol education and early recovery/discovery program specifically for those clients who received a DWI and were referred to more treatment by their county IDRC.
- **COSA and Jail Groups** – we also run a therapeutic prevention group for Children of Substance Abusers (COSA) and we run various treatment groups in the Hunterdon County Jail.


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HUNTERDON DRUG AWARENESS PROGRAM, INC. (CONTINUED)

Adult Intensive Outpatient Program (IOP) – IOP offers a more intensive level of treatment services, providing 9 hours per week of Intensive Outpatient Substance Abuse Treatment Programming. IOP programming utilizes group, individual and family (individual family sessions and multi-family groups) counseling to those who need a more intensive level of care than standard outpatient counseling provides. IOP is a level of service appropriate for those clients who are unable to maintain recovery efforts in a standard outpatient setting (but whose problems are not so acute as to need inpatient treatment). IOP is also the appropriate level of care for those clients coming out of short-term or long-term residential programs. Our **Evening IOP** occurs 3 nights per week (Monday, Thursday and Friday) from 6 p.m. – 9 p.m. for group counseling. Our **Daytime IOP** which started on February 13, 2006 has groups that occur 3 days per week (Monday, Wednesday and Friday) from 10 a.m. – 1 p.m. The group structure will be as follows:

- **Monday (Day and Evening IOP)** – Drug/Alcohol Education Group and Relapse Prevention Group.
- **Wednesday (Day IOP), Thursday (Evening IOP)** – Gender Group (recovery issues specific to each gender) and Motivational Enhancement Group.

Individual sessions and individual family therapy sessions will be scheduled as deemed clinically necessary, with individual treatment sessions occurring at least once a month and often times weekly. If you have any questions or would like to make a referral, please call us at 908-788-1900 or contact our Clinical Director Jass Pelland, LCSW, LCADC at jpelland@hdap.org. – Family Group Night (clients will receive group treatment and family members will have a separate group discussing family related issues) and Multi-family Group (clients and family together in a multi-family group therapy modality).



Individual sessions and individual family therapy sessions will be scheduled as deemed clinically necessary, with individual treatment sessions occurring at least once a month and often times weekly. If you have any questions or would like to make a referral, please call us at 908-788-1900 or contact our Clinical Director Jass Pelland, LCSW, LCADC at jpelland@hdap.org.

Substance Abuse Evaluations (Adult and Adolescent) – Individuals may also be referred to Hunterdon Drug Awareness Program in order to receive a substance abuse evaluation. Evaluations consist of two sessions where drug/alcohol use is assessed using a standardized assessment tool, clinical interview of the client and significant others, and 2 drug screens. Then, with the client’s written permission, Hunterdon Drug Awareness Program will submit a thorough report to the referral source at the conclusion of the evaluation. All evaluations will result in a diagnosis and recommendation for appropriate level of care (if needed).

Transportation: Can be arranged through the county transportation system.

Fee: Hunterdon Drug Awareness Program is **in Network** with the following insurance companies: **Aetna, Amerihealth, Cigna, Concern Plus, Horizon Blue Cross/Blue Shield, Magellan, Medicaid, Oxford, Quantum Health Solutions, United Behavioral Healthcare, and Value Options.** We are diligently working to get in network with other insurance companies, and we do accept all other insurances (we will check to see if your policy allows for out-of-network benefits). HDAP will not turn away anybody who has a documented inability to pay for care, as we have a generous sliding scale based on a person’s income. We also receive State, County and Private funding to help those clients who otherwise could not have afforded treatment.

HUNTERDON PREPARATORY SCHOOL

11 Spencer Lane
Annandale, NJ 08801

Contact: Toby R. Loyd, Executive Director

Telephone: (908) 832-7200

Fax: (908) 832-9772


Email: hatkinson@hunterdonprep.org

Website: www.hunterdonprep.org

Hours: 8:00 am - 3:00 pm (Monday – Friday)

Admissions Process: At Hunterdon Prep, our admissions process begins after a student's records have been reviewed by the admissions team and it has been deemed that HPS is a good match for the student. There are four criteria that must be met before a child can be considered for admission:

- The child must be deemed eligible for an out-of-district placement by your child's Child Study Team.
- The child's district must make a formal referral to Hunterdon Preparatory School.
- The child's records must be sent to Hunterdon Prep by the Child Study Team.
- The child's records are reviewed by Hunterdon Prep to determine if HPS is a good match.



Services Provided: At Hunterdon Prep we work together (students, parents, teachers, and local school districts) to provide a place where students feel valued and respected, where they are not judged and where differences are understood and embraced.

We set the bar high for academic and personal success and we provide each student with the time, support and tools to discover their potential and unleash the best in themselves and others. When everyone does their part to create a tolerant, supportive community, the whole is always bigger than the sum of its parts.

At HPS we support our students with skilled teachers, staff and counselors who provide a relational approach to individualizing education for each student. We combine this relational approach with a robust academic curriculum, group counseling,, creative electives and enrichment classes that allow students to challenge themselves and to grow to their fullest potential.

Our academics and enrichment classes are supplemented with personal development opportunities that help our students prepare for life after graduation. Each step of the way we are guiding our students in skills that are necessary for academic success and personal confidence. Our transition programs give students the tools they need to complete college application, create resumes, interview with potential employers and perform to their highest abilities in a workplace setting.

Transportation: Provided by sending school district.

Fee: Tuition rate is established by the NJ Department of Education.

JEWISH FAMILY SERVICE OF SOMERSET, HUNTERDON AND WARREN COUNTIES

150-A West High Street
Somerville, NJ 08876

Contact: Jerry Starr

Telephone: (908) 725-7799

Fax: (908) 725-0284

Email: admin@jewishfamilysvc.org

Website: www.jewishfamilysvc.org

Hours: By appointment:
9:00 am - 5:00 pm (Monday – Thursday
and evenings by appointment only)
9:00 am - 4:00 pm (Friday)

Referral Process: Organizations, clergy, schools, hospitals, self-referrals, and professional agencies may refer. This is a not-for-profit, non-discriminatory agency open to any person living in Somerset, Hunterdon, and Warren counties.

Services Provided: The agency provides individual, couples, family, and group counseling that includes a child specialist who is available to meet the special needs of children and adolescents. Services to the elderly and their families include home assessments and home visits through the Senior Services Program. Other services include Career Counseling, Family and Senior Mentoring, Holocaust Survivor Assistance Program, Sibling Support Group, Bereavement Support, and Emergency Assistance, as well as information and referral. We also offer Senior Programs such as, Senior Shopper, Cooking Companion, and Yearn2Learn programs.

Languages Spoken: English.

Transportation: Trains and buses stop in Somerville just one block from the agency.

Fee: Sliding scale fees range from \$25.00 to \$125.00. Medicare, Medicaid and private health plans are accepted.

JEWISH FEDERATION OF SOMERSET, HUNTERDON & WARREN COUNTIES

775 Talamini Road
Bridgewater, NJ 08807

Telephone: (908) 758-2006

Fax: (908) 725-9753

Email: info@jfedshaw.org

Website: www.jfedshaw.org

Hours: 9:00 am - 5:00 pm (Monday – Thursday)
9:00 am - 4:00 pm (Friday)
Evenings and Sundays by appointment.

Referral Process: Anyone may contact the organization for assistance. This is a non-denominational, not-for-profit, non-discriminatory agency open to any person living in Somerset, Hunterdon, or Warren counties or to individuals wishing to relocate to this area.

Services Provided: The agency provides assistance to individuals and families, local Jewish agencies, Israel and more than 60 countries around the world where Jews live in need. Disaster and catastrophic relief is provided, scholarship assistance is offered. Community Relations Council works on anti-Semitism, intolerance and discrimination issues. Holocaust and Genocide educational programs are provided, b'nai mitzvah projects and student internships are offered. Special events throughout the course of the year, including missions to Israel, Business Networking Group, Women's Philanthropy, and Young Leadership events. Jewish LIFE (Learning is for Everyone) adult educational programs, etc.

Languages Spoken: English.

Transportation: The program is jointly housed with the Shimon and Sara Birnbaum Jewish Community Center. County transportation buses bring senior citizens to the facility for programs on a routine basis.

Fee: None.

JFK CENTER FOR BEHAVIORAL HEALTH

65 James Street
Edison, NJ 08818

Telephone: (732) 321-7189

Fax: (732) 906-4929

Website: www.jfkmc.org

Hours: 9:00 am - 9:00 pm (Monday – Thursday)
9:00 am - 4:00 pm (Friday)

Referral Process: Usual sources of referrals are through schools, courts, family, physicians, and friends. Mental Health and Substance Abuse Services are offered to school age children and adults, who live in Middlesex and surrounding counties. Appointments can be made by calling (732) 321-7189.

Services Provided: The Center provides patients with an integrated treatment team approach to substance abuse and mental health treatment, which includes individual, group and family therapy with diverse patient and family education. An intensive outpatient substance abuse program is also offered.

Transportation: None.

Fee: Payment is expected when services are rendered. It is the patient's responsibility to know their benefits. Medicare and Medicaid are accepted. Uncompensated Care is available to eligible applicants.

JOINTURE FOR COMMUNITY ADULT EDUCATION, INC.

The Jointure Inc.
The Centre of Raritan
1124 Rte. 202 South, Suite B-11
Raritan, NJ 08869

Telephone: (908) 722-0233

Fax: (908) 722-0388

Email: info@jointure.org

Website: www.jointure.org

Locations: Branchburg, Bridgewater-Raritan, Bound Brook,
North Plainfield, Franklin, and Somerville.

Referral Process: Schools and community organizations are the usual sources of referrals. This agency serves those individuals who are age 2 ½ to adults who reside in New Jersey. This agency offers open enrollment as available.

Services Provided: Pre-school, Kinderwrap and Before & After School Programs, Enrichment Programs, Community Programs, Summer Enrichment and Creative Sensations Summer Camps and ESL, ABE & HSE Programs.

Transportation: None.

Fee: All programs except for ESL, ABE & GED are tuition based programs.

JUVENILE DETENTION

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street
Somerville, NJ 08876

Contact: Monica Mulligan

Mailing Address:

P. O. Box 3000
Somerville, NJ 08876

Phone: (908) 704-6326

Fax: (908) 253-0180

Email: juvenile@co.somerset.nj.us

Hours: 8:30 am - 4:30 pm (Monday - Friday)
The juvenile detention center operates 24 hours a day, 7 days a week. On call coverage provided.

Referral Process: Juveniles who are charged with a delinquent offense or have been adjudicated delinquent may be confined to a secure facility through the Superior Court – Family Part.

Services Provided: While in juvenile detention, youth are provided with educational, medical, recreational and social services. For those who wish to participate, spiritual services and life skills groups are available. When ordered by the court, juveniles may be provided with psychological, psychiatric and substance abuse evaluations.

Transportation: Youth are brought back and forth to court by secure transport. Parents and/or guardians who wish to visit a juvenile must have their own transportation to the facility.

Fee: None.

JUVENILE JUSTICE COMMISSION INSTITUTIONS / PROGRAMS

1001 Spruce Street, Suite 202
Trenton, NJ 08638

Institutions / Programs names are available online: www.njjc.gov

Contact: Elgie Neloms

Mailing Address: (For more information contact)

JJC Court Liaison
Middlesex County Family Court
120 New Street, 2nd Floor
New Brunswick, NJ 08903-2691

Telephone: (609) 571-8214
(Middlesex, Somerset & Union Court Liaison)

Website: www.njjc.gov

Hours: 24 hours a day / 7 days a week

Referral Process: This information is on the website for each institution. Visit www.njjc.gov

Services Provided: This information is on the website for each institution. Visit www.njjc.gov

Primary Services: This information is on the website for each institution. Visit www.njjc.gov

Transportation: No transportation provided.

Fee: None.

JUVENILE JUSTICE INTENSIVE CASE MANAGEMENT PROGRAM

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street
Somerville, NJ 08876

Contact: Monica Mulligan

Mailing Address:

Juvenile Institutional Services
PO Box 3000
Somerville, NJ 08876-1262

Telephone: (908) 704-6323

Fax: (908) 231-0180

Email: juvenile@co.somerset.nj.us

Hours: 8:30 am - 4:30 pm
On-call coverage 24 hours a day, 7 days a week.

Referral Process: Somerset County youth between the ages of 10 to 18, who are at risk of violation of probation, youth who are currently in detention, and youth who are returning to the community from secure confinement are eligible for this program. Referrals can be made by Probation, Detention, Superior Court Family Division, the Juvenile Justice Multi-Disciplinary Team, or Juvenile Justice Commission.

Services Provided: The Juvenile Case Manager (JCM) provides intensive case management services for the youth and his or her family. Services can include assistance with school-related problems, counseling, substance abuse treatment and employment. The JCM creates an individualized Case Plan that identifies goals and possible barriers, and develops a concrete plan for overcoming these barriers so that the youth may remain successful in the community. Once the Case Plan is created, the JCM works intensively with the youth and the family to achieve all of the identified goals. Length of program participation is determined on a case by case basis, as each youth and family has its own level of service need.

Transportation: Transportation is not provided. However, the JCM will meet with the youth and family in their home and at other local sites so that this service can be provided. The JCM also works closely with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.

Fee: None.

LEARNING GATE, THE

816 Old York Road
Raritan, NJ 08869

Telephone: (908) 722-6789

Fax: (908) 722-5813

Website: www.thelearninggate.com

Hours: 7:15 am - 6:00 pm

Referral Process: Application.

Services Provided: All day, year round childcare for children ages 6 weeks through kindergarten.

Transportation: None provided but on major public transportation routes.

Fee: Sliding scale based on family size and income.

LEGAL SERVICES OF NORTHWEST JERSEY

90 East Main Street
Somerville, NJ 08876

Telephone: (908) 231-0840

Fax: (908) 231-6780

Email: lsnwj-somerset@lsnj.org

Website: www.lsnj.org/lsnwj

Hours: 8:30 am - 5:00 pm (Monday - Friday)

Referral Process: Service agencies, courts, and individuals should call for eligibility determination and appointment.

Services Provided: Provides free civil legal services to low-income and vulnerable senior residents of northwest New Jersey (Hunterdon, Morris, Somerset, Sussex, and Warren Counties) in cases involving essential basic needs (family relationships, housing, economic stability, consumer, public entitlements, health care access, employment, education).

Languages: English, Spanish, Hindi, spoken at LSNWJ. Services provided in other languages through interpreters.

Transportation: None.

Fee: None.

LEUKEMIA AND LYMPHOMA SOCIETY, THE

3 International Drive
Ste. 200
Rye Brook, NY 0573

Telephone: (888) 557-7177

Website: www.leukemia-lymphoma.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Usual sources of referrals are telephone calls from physicians, hospitals, social services departments, and the general population.

Services Provided: Literature on leukemia and related cancers is disseminated. Financial assistance is given by the Society to outpatients being treated for leukemia, the lymphomas, Hodgkin's disease, multiple myeloma, and specific myelodysplastic syndromes. The program covers reimbursement of specific drugs, blood transfusions, transportation, and x-ray therapy as determined by the National Patient Aid Committee.

**LIFETIES, INC. –
MARY’S PLACE TRANSITIONAL LIVING PROGRAM (I)**

1901 North Olden Avenue
Suite 44, 2nd Floor
Ewing, NJ 08618

Contact: Robin Wilkins, Program Director

Telephone: (609) 671- 0040

Fax: (609) 671-1500

Email: rwilkins@lifeties.org

Website: www.lifeties.org

Hours: 9:00 am - 5:00 pm

Referral Process: Referrals come from the Division of Child Protection & Permanency (DCP&P) and CMO (Care Management Organization). Referral forms and housing applications can be requested of the Program Director, which can be emailed, faxed or mailed. A pre-admission interview is required.

Services Provided: Mary’s Place is a transitional living program for homeless or youth (male and female) transitioning out of the child welfare system between the ages 18 to 21. A variety of support services are currently provided including financial education and money management skills, assistance in securing permanent housing and instruction in landlord tenant rights. Mary’s Place is designed to empower youth to become self-sufficient and responsible for their own well-being as they make the transition to young adulthood. We perform a series of assessments and develop unique, holistic program plans for each individual depending on their needs. Services available include advanced independent living skills training, community involvement and service, youth advocacy skills and opportunity, substance use assessment and referral, educational planning, and job readiness training. (Mary’s Place is located in Trenton, New Jersey).

Transportation: Limited transportation is provided.

Fee: Call for information.

LIFETIES, INC. - RAINBOW HOUSE

Contact: Vivian D. Harmon, D.Ed., MSW, LSW –
Program Director

Mailing Address:

1301 West State Street
Trenton, NJ 08618

Telephone: (609) 394-6747 (Rainbow House)

Fax: (609) 396-5848 or (609) 530-1648

Email: vharmon@lifetiesinc.org

Website: www.lifetiesinc.org

Hours: 24 hours a day / 7 days a week (Facility)

Referral Process and Services Provided:

Rainbow House is a 24-hour residential group home that specializes in working with youth with chronic health conditions (such as HIV/AIDS, Diabetes & Lupus); those who are pregnant and parenting (infants and toddlers up to 18 months old); and youth with histories of trauma, behavioral-health and emotional challenges.

Rainbow House provides treatment for the youth and their families to achieve their goals. The clinical department can work closely with family, or care providers to grow and develop positive connections so that clients will have lifetime relationships. Services include life skills training, support with secondary and post-secondary educational programming; community outreach, peer support; as well as individual, group, and family therapy for the clients and their families. LifeTies, Inc. promotes a safe and inclusive environment for all youth and emphasizes the importance of youth understanding and celebrating diversity regarding their sexual orientation, religion, and ethnicity.

Our youth face numerous challenges. LifeTies, Inc. works with adolescents to manage and overcome the effects of past traumas. LifeTies, Inc. provides a nurturing, supportive and structured environment where our youth can develop trust, grow and become positive and productive members of society.

All referrals are facilitated through PerformCare – Youthlink which is accessible to families by contacting 1-877-652-7624.

We would gladly accept questions regarding referrals, additional information and presentation of services provided by LifeTies, Inc. by contacting the following:

Vivian Harmon: vharmon@lifeties.org
(609) 771-4221 (Rainbow) or
(609) 394-6747 (Triad)

Emily Mattek: emattek@lifeties.org
609-882-4485 (Clinical Services)

Language Spoken: English.

Transportation: Provided by program.

Fee: CSOC/PerformCare/Medicaid.

LIFETIES, INC. – T.I.L.T.

(TEENAGE INDEPENDENT LIVING TRAINING) MENTORING PROGRAM

1901 North Olden Avenue

Suite 44, 2nd Floor

Ewing, NJ 08618

Contact: Robin Wilkins, Program Director

Contact: Teri Triano-Davis or
Deanna Eaves, Mentor Coordinators

Telephone: (609) 671- 0040

Fax: (609) 671-1500

Email: rwilkins@lifeties.org

Website: www.lifeties.org

Hours: 9:00 am - 5:00 pm

Referral Process: Referrals come from the Division of Child Protection & Permanency (DCP&P) and CMO (Care Management Organization). Inquiries for referral forms can be made to the Program Director.

Services Provided: Mentoring program currently serves Mercer County, Burlington and surrounding areas, adolescents between the ages of 10 to 21. They have little support or are unable to live with their families or relatives. T.I.L.T.'s main objectives are to connect youth with a caring, nurturing adult who is consistent, reliable and able to positively influence the lives of the youth and establish a life-long connection for youth served. Youth will have the opportunity to develop meaningful relationships, participate in recreational/social activities with mentors. They will also have the opportunity to explore academic and career options, job shadowing, and cultural events. (T.I.L.T. office is located in Trenton).

Transportation: Limited transportation is provided.

Fee: Call for information.

LIFETIES, INC. - TRIAD HOUSE

2205 Pennington Road
Trenton, NJ 08638

Contact: Vivian D. Harmon, M.Ed., MSW, LSW –
Program Director

Telephone: (609) 771-4221

Email: vharmon@lifeties.org

Website: www.lifetiesinc.org

Hours: 24 hours a day / 7 days a week

Referral Process and Services Provided: Triad House is a 24-hour residential group home for male and female youths age 16 – 21. Triad specializes in services to youth who identify with Lesbian, Gay, Bisexual, Transgender and questioning; in addition to youth with chronic health conditions (such as HIV/AIDS, Diabetes and Lupus); and youth with histories of trauma, behavioral health and emotional challenges.

Triad House provides treatment for the youth and their families to achieve their goals. The clinical department can work closely with family, or care providers to grow and develop positive connections so that clients will have lifetime relationships. In addition, Triad House will provide linkages to clinical specialists with expertise in LGBTQIA services, if needed. Services include life skills training, support with secondary and post-secondary educational programming; community outreach, peer support; as well as individual, group, and family therapy for clients and their families. LifeTies, Inc. promotes a safe and inclusive environment for all youth and emphasizes the importance of youth understanding and celebrating diversity regarding their sexual orientation, religion, and ethnicity. Our youth face numerous challenges. LifeTies, Inc. works with adolescents to manage and overcome the effects of past traumas. LifeTies, Inc. provides a nurturing, supportive and structured environment where our youth can develop trust, grow and become positive and productive members of society.

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**LIFETIES, INC. - TRIAD HOUSE
(CONTINUED)**

All referrals are facilitated through PerformCare – Youthlink which is accessible to families by contacting 1-877-652-7624.

We would gladly accept questions regarding referrals, additional information and presentation of services provided by LifeTies, Inc. by contacting the following:

Vivian Harmon: vharmon@lifeties.org
609-771-4221 (Triad) or
609-394-6747 (Rainbow)

Emily Mattek: emattek@lifeties.org
609-882-4485 (Clinical Services)

Language Spoken: English

Transportation: Provided by program.

Fee: CSOC/PerformCare/Medicaid

LINKAGES - SCHOOL BASED YOUTH SERVICES PROGRAM

Somerset County Vocational and Technical High School
North Bridge Street and Vogt Drive
Bridgewater, NJ 08807

Contact: Elaine Howe, MA, NCC - Director

Mailing Address:

PO Box 6350
Bridgewater, NJ 08807

Telephone: (908) 526-8900 ext. 7284 or 7286

Fax: (908) 252-3461

Email: ehowe@scvts.net

Website: www.scvts.net

Hours: 7:30 am – 2:30 pm (Monday - Friday)

Referral Process: Eligible adolescents who attend Somerset County Vocational and Technical High School can access services directly or can be referred for services by their parent, school and/or community personnel. Anyone interested in referring an adolescent can send a written referral or call the Linkages office. Youth who are between the ages of 14 and 18, who fit into one of the following categories can apply: All Somerset County Vocational or Technical High School students whether shared or full-time, and Summer Twilight Program participants during the Summer program.

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LINKAGES - SCHOOL BASED YOUTH SERVICES PROGRAM (CONTINUED)

Services Provided: Two community agencies (Family and Community Services of Somerset County and Middle Earth) provide the following services to Somerset Vo-Tech's students in need: supportive counseling (mental health and substance abuse including individual, group, and family counseling), community support, employment and job readiness services, life skills education, and recreation. Provision of services requires a signed parental consent.

Transportation: Services are only provided during school hours.

Fee: None. (This program is funded under a grant from the Department of Children and Families – State of New Jersey.)

LORD STIRLING SCHOOL

99 Lord Stirling Road
Basking Ridge, NJ 07920

Contact: Jeanette Owens, Principal

Mailing Address:

P.O. Box 369
Basking Ridge, NJ 07920

Telephone: (908) 766-1786

Fax: (908) 766-9443

Email: info@lordstirling.org

Website: www.lordstirling.org

Hours: 9:00 am - 2:00 pm (Monday - Friday)

Referral Process: Public school child study teams and the Division of Child Protection & Permanency are the usual sources of referrals. The school serves students with an emotionally disturbed classification ages 12 to 21 residing in Essex, Hudson, Morris, Hunterdon, Mercer, Middlesex, Monmouth, Passaic, Somerset, Union, and Warren Counties. School personnel usually refer families for counseling to outside agencies or private therapists, if necessary.

Services Provided: The school provides an academic program, vocational program, and counseling for students and occasionally for their families. Transition Programs are provided that prepare the student for work by starting with on-campus work assignment and progressing to moving the youngster out into the community and to try out different job opportunities. Attempts are also made to help the student find work in his/her home area.

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LORD STERLING SCHOOL (CONTINUED)

Specialized Services Offered: All the students are classified with an emotional or behavioral disorder. Intensive one on one tutoring is provided for students with severe learning problems. Innovative learning techniques.

Transportation: Sending school district provides transportation.

Fee: Tuition is paid by sending school district.

MANE STREAM, INC.

83 Old Turnpike Road
Oldwick, NJ 08858

Mailing Address:

P.O. Box 305
Oldwick, NJ 08858

Telephone: (908) 439-9636

Fax: (908) 439-2338

Email: info@manestreamNJ.org

Website: www.ManeStreamNJ.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Interested Individuals should contact Mane Stream directly. Free screenings provided with completed application. Referrals also from social agencies, medical professionals, veterans groups and community-based programs welcome.

Services Provided: Pediatric outpatient therapy (occupational, physical, speech-language and counseling services), adaptive horseback riding lessons, inclusive summer camp, field trips, school-based programs, work-transition training, FREE programs for veterans and active service members and people impacted by cancer.

Transportation: None.

Fee: Self pay for medical services. Approved PerformCare Camp Provider. Approved for DDD Goods and Services program. Individual fees vary by program or service. All programs for veterans and those impacted by cancer are provided free of charge to the individual or group.

MARIE H. KATZENBACH SCHOOL FOR THE DEAF

230 Sullivan Way
Trenton, NJ 08628

Contact: Joan Krasnisky, Acting Superintendent

Mailing Address:

PO Box 535
West Trenton, NJ 08625-0535

Telephone: (609) 530-3112

Video Phone: (609) 498-7942

Fax: (609) 530-5791

Website: www.mkasd.org

Hours: 10:00 am - 3:50 pm (Monday)
8:30 am - 3:00 pm (Tuesday – Friday)

Referral Process: Local education agency, parents, and social services agencies are the usual sources of referrals. Local education agency submits IEP and educational reports with parental approval. Serves residents of New Jersey, ages 3 years to 21 years who are auditory impaired.

Services Provided: Services provided include play group parent-infant program, as well as a day school for Deaf children in pre-school through Grade 12 and day/residential for High School. Specialized programs are available for multiply disabled Deaf and Hard of Hearing students. Consultations and audiological assistance are provided to school districts and agencies regarding how to effectively educate or work with audiological Deaf and Hard of Hearing individuals.

Transportation: Local education agencies are responsible to transport students.

Fee: Tuition fees for the day, residential, or specialized programs are paid by the local school districts.

MARTIN LUTHER KING YOUTH CENTER, INC.

1298 Prince Rodgers Avenue
Bridgewater, NJ 08807

Director: Rajni Chopra

Telephone: (908) 526-3688

Fax: (908) 707-1329

Email: mlkychopra@aol.com

Website: www.mlkycenter.org

Hours: **After School:** 2:15 pm - 6:00 pm (M - F)

Summer day Camp: 8:00 am - 5:00 pm (M - F)

Extended hours: 8:00 am - 5:30 pm

Referral Process: Anyone interested in either service can call directly to make an appointment to see the Center and fill out a registration packet. The prerequisites for admission include proof of income, immunization records, registration fee, and a first payment.

Services Provided: The Center serves school-aged children 5 to 13, whose parents either live or work in Somerset County and desire a safe, structured, and stimulating environment for their children. It provides academic tutoring, structured activities, computer activities, arts and crafts, cultural activities, field trips, guest speakers, music, languages, meals, and transportation. Summer camp is available.

Transportation: Limited transportation is available; please contact the center for information.

Fee: Sliding scale fee.

**MIDDLE EARTH
21ST CENTURY COMMUNITY LEARNING CENTER (CCLC)**

Lafayette School
50 West High Avenue
Bound Brook, NJ 08805

Community School
120 East Second
Bound Brook, NJ 08805

Smalley School 163
Cherry Avenue
Bound Brook, NJ 08805

Roosevelt School
410 Brooks Blvd
Manville, NJ 08835

Mailing Address:

P. O. Box 8045
Bridgewater, NJ 08807

Telephone: (908) 725-7223

Fax: (908) 722-5411

Email: office@middleearthnj.org

Website: www.middleearthnj.org

Hours: dismissal from school - 5:45pm (Monday – Friday)
8:30 am - 12:30 pm
Summer Hours (Monday – Friday for July)

Referral Process: Grades 3 through 8, from Bound Brook, South Bound Brook and Manville.

Services Provided: CCLC is a comprehensive after-school program, which supports students' academic, behavioral, emotional, and social growth. The 21st Century serves middle school aged students from Bound Brook, South Bound Brook, and Manville. The program is open during the school year and also has a summer program in July. The program provides students with opportunities in the following areas: academic remediation and enrichment, cultural and artistic opportunities, community service, recreation, counseling, and positive youth development through programs that assist in character education, physical activity, and parental involvement.

Transportation: None.

Fee: \$30 per month. Offer a sliding scale fee. No one will be turned away for inability to pay.

MIDDLE EARTH JOURNEYS/CENTERS

520 North Bridge Street
Bridgewater, NJ 08807

Contact: Ike Onyejiaka

Mailing Address:

P.O. Box 8045
Bridgewater, NJ 08807

Telephone: (908) 725-7223

Fax: (908) 722-5411

Email: office@middleearthnj.org

Website: www.middleearthnj.org

Hours: 3:00 pm - 6:00 pm (Monday - Friday)

Locations: Bound Brook Community Youth Center

Ben Maggio Recreation Center
200 Thompson Ave
Bound Brook, NJ 08805

3:00 pm - 6:00 pm (Monday - Wednesday)

3:00 pm - 7:00 pm (Friday)

Extended Hours during the Summer

**Franklin Township Dept. of
Community Resources & Services**

935 Hamilton Street
Somerset, NJ 08873

2:30 - 6:00 pm (Tuesday through Friday)

Youth are brought to the Bound Brook Center
during summer.

Manville High School

1100 Brooks Boulevard
Manville, NJ 08835

2:40 - 5:45 pm (Monday, Thursday and Friday)

Referral Process: Journeys accepts referrals from but not limited to schools, community agencies, DCF, Tri-County CMO, etc. and has rolling admissions. Journeys also allow youth to self-refer to the program.

Services Provided: The Journeys Program provides a variety of prevention based programming for Somerset County youth (ages 12-18) including academic support, mentoring, recreation, intensive life and social skills development, alternatives to school consequences, and referrals to additional services.

Community Youth Centers offer a safe and supervised place for youth to gather and to interact positively with their peers. The program provides a support system to youth who would otherwise not have one, in the hopes of intervening prior to troubled or delinquent behavior. These comprehensive service centers provide recreation, tutoring, special interest groups, leadership training, mentoring, crisis intervention and referral, community service, informal counseling, and a life skills center (e.g. job skills, cooking, obtaining a driver's license, independent living, and independent living). The Centers also host the Journeys program, Art House Initiative, and Big Dan's Bike Shop Initiative.

Transportation: None.

Fee: None.

MIDDLE EARTH'S OUTREACH PROGRAM

520 North Bridge Street
Bridgewater, NJ 08807

Contact: Becky Lyons

Mailing Address:

P.O. Box 8045
Bridgewater, NJ 08807

Telephone: (908) 725-7223

Fax: (908) 722-5411

Email: office@middleearthnj.org

Website: www.middleearthnj.org

Hours: **Office Hours:** 9:00 am - 5:00 pm (Monday - Friday)

Mentoring Service Hours: Flexible schedule
to meet participant needs.

Referral Process: The referrals for the Outreach Program can come from a variety of sources including, but not limited to school districts, local mental health agencies, private therapists, probation, families, Somerset County Multi-Disciplinary Team, Department of Children and Families, or Tri-County CMO.

Services Provided: The program provides traditional mentoring services: including advocacy, case management, counseling, crisis intervention, education support, group activities, trips, referral services, life skills education (employment skills, financial, literacy, etc.), recreational activities, respite, and supervision.

Transportation: Provided.

Fee: None.

MIDDLE EARTH STATION HOUSE ADJUSTMENT PROGRAM

520 North Bridge Street
Bridgewater, NJ 08807

Contact: Maria Strada

Mailing Address:

P. O. Box 8045
Bridgewater, NJ 08807

Telephone: (908) 642-5139

Fax: (908) 722-5411

Email: office@middleearthnj.org

Website: www.middleearthnj.org

Hours: Community Service is scheduled in the after school and weekend hours during the school year.

Community Service summer hours are flexible.

Referral Process: Referrals for the Station House Adjustment Program must come from Somerset County Police Departments, Somerset County Family Courts, or the Somerset County Prosecutor's Office. Referrals can also be accepted from Municipal Court Judges.

Services Provided: The Station House Adjustment Program provides an immediate consequence of community service to first-time offending youth who commit a petty offense. The program offers community service scheduling and supervision, referral services, case management and support services.

Transportation: None.

Fee: \$100 (Sliding scale fee offered).

MIDDLESEX COUNTY CENTER FOR EMPOWERMENT

29 Oakwood Avenue
Edison, NJ 08837

Telephone: (877) 665-7273 (RAPE) Hotline
(732) 321-1189 Office and Hotline

Fax: (732) 549-4060

Email: rapecrisis@co.middlesex.nj.us

Hours: **24-hour Hotline** (support, information, medical legal accompaniment)

Office: 8:30 am - 4:15 pm (Monday - Friday)

Referral Process: Self, family, police departments, hospitals, social service agencies, schools, and the Division of Child Protection & Permanency refer clients. Serves individuals ages 13 and up residing in Middlesex County. Clients must be victims of sexual violence. Parental or DCP&P (Formally DYFS) consent is required as well as the consent of the survivor (for in-person services).

Services Provided: Include 24-hour hotline, 24-hour medical/legal accompaniment, access to private room for forensic evidence collection (within 5 days of sexual assault), individual and group counseling for victims and significant others, Arts and Wellness groups, information and referrals, community education, advocacy.

Transportation: Can be provided by police, family, or public transportation system.

Fee: None.

MIDLAND

94 Readington Road
North Branch, NJ 08876

Contact: Bill Liberatore -
MAS-Employment
Stacey Gravina or Tye Byers-Smith -
MAS-Residential
Penelope Ream –
Midland Explores

Mailing Address:

P.O. Box 5026
North Branch, NJ 08876

Telephone: (908) 722-7727 (Employment Division)
(908) 704-2365 (Residential Division)
(908) 800-9080 (Day Habilitation Division)

Fax: (908) 722-4542 (Employment)
(908) 927-9895 (Residential)

Hours: 9:00 a.m - 5:00 p.m.

Website: www.midlandschool.org

School Hours:

8:00 am - 4:00 pm (Monday - Friday)

Referral Process:

Employment Services: Individuals typically come to Midland employment services as graduates of the Midland School or by referral through the Division of Developmental Disabilities (DDD) and Division of Vocational Disabilities Services (DVR). Individuals receiving services in the work center must meet specific skills and behavioral criteria. All individuals attending Midland must be registered with DDD and DVR.

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MIDLAND (CONTINUED)

Residential Services: Individuals eligible for residential services are made known by the Division of Developmental Disabilities (DDD) or individual Support Coordinators. Individuals and their guardians who wish to be considered should contact the Director of Residential Services.

Day Habilitation Service (Explores): Individuals are referred to Explores from a variety of places including the Midland school, Midland Residential and Employment as well as referrals outside of Midland. Individuals must meet specific criteria and complete a trial day. If a family is interested in day habilitation services with Explores, they should contact the program manager, Penelope Ream at the number listed above.

Services Provided: Adults are employed as Extended Employees through DVRS and perform assembly work for wages. Adults also participate in Pre-vocational activities in the community as well as classroom based Pre-vocational, which gives them exposure to types of employment and work environments. Adults also receive Supported Employment and are employed in the community at a minimum wage or higher. Both Pre-vocational and Supported Employment are through DDD. Residential Services include community housing with support in the areas of training toward independence, recreation, medical needs, activities of daily living and transportation. Midland Explores provides hands-on learning in independent living skills, self-advocacy, social skills, problem solving, and leisure activities. Midland Explores also participants in Meals on Wheels daily and goes on community outings multiple times a week.

Mission: Midland’s goal is to provide services and supports across the lifespan that help the people we serve reach their highest level of achievement and become contributing members of their communities. To meet this goal, Midland focuses on the transition from school to adult life by providing high quality residential living, community and life skills training, job training and placement, and a day habilitation program that offers social and recreational experiences to support and enrich the lives of adults with intellectual and developmental disabilities.

Midland Adult Programs provides transitional, supported, extended employment and training, job placement services for former Midland school students and other adults with disabilities 21 years of age or over who have satisfied Workforce Innovation and Opportunity Act (WIOA). Whenever possible and appropriate, individuals will be placed in competitive job placement Midland Adult Program providing the necessary supports. In most cases, one month of a successful permanent job placement results in a fading of direct support from Midland Adult Programs. Follow along services are funded by DDD and DVRS

Midland Residential Services provides seven group homes and four supervised apartments to meet the growing demand for these types of services. “The supervised apartment model furthers each person’s independence and truly is a catalyst for individuals to have control of their lives,” says Midland’s President and CEO, Shawn M. McInerney. “Through this continuum of services and supports, Midland’s goal is to provide authentic opportunities for each person to be an independent member of the community and exercise the tenets of self-direction. To learn more about Midland’s Community Residential program, visit <https://midlandschool.org/midland-residential-services/>.

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MIDLAND (CONTINUED)

Midland Explores is an activity and community exploration program to offer choice, enrichment, and personal development to adults with intellectual disabilities.

Transportation: Transportation to the Patricia Murphy Work Center is available through Somerset County Transportation. Midland provides transportation for individuals living in the community group homes and supervised apartments.

Fee: The Employment Services Program is funded through the Department of Human Services Division of Developmental Disabilities (DDD) and the Division of Vocational Rehabilitation Services (DVRS). The Residential Services Program is funded through the Department of Human Services Division of Developmental Disabilities (DDD). Day Habilitation services with Explores are funded through the Division of Developmental Disabilities (DDD). Private fees can be discussed with Midland's President and CEO.

MIDLAND SCHOOL, THE

94 Readington Road
North Branch, NJ 08876

Contact: Kristen Massimo, Principal

Mailing Address:

P.O. Box 5026
North Branch, NJ 08876

Telephone: (908) 722-8222

Fax: (908) 722-6203 (Main Office)

Email: info@midlandschool.org

Website: www.midlandschool.org

Hours: 8:00 am - 4:00 pm (Monday - Friday)

Referral Process: The public school child study team refers children, who are eligible for full time special education services, ages 3 to 21, who are disabled with cognitive impairments, communication impairments and other disabilities. The school serves students from across New Jersey and certain Pennsylvania areas.

Services Provided: A day school providing comprehensive special education services in reading, mathematics, language arts, science, social studies, general shop, music, art, health, independent living, speech, occupational and physical therapies, counseling, career education, job placement, and school-to-work transition services upon graduation. Current enrollment is approximately 100 students. A post-school program is available for Midland graduates including job training, placement, employment, day habilitation and social/recreational activities and events.

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MIDLAND SCHOOL, THE (CONTINUED)

Mission: Midland promotes personal achievement and fosters independence for children and adults with intellectual and developmental disabilities by providing a range of innovative programs.

The Midland School is a New Jersey Department of Education approved private special education school dedicated to the individual, academic, social, emotional and career education needs of children, adolescents and young adults, ages 3 through 21, with intellectual and developmental disabilities. Partnering with an array of businesses and corporations, Midland's extensive career education, and school-to-work transition program places a high percentage of Midland students in competitive jobs and day programs prior to graduation.

Transportation: Provided by the local Board of Education.

Fee: All tuition is paid by the local Board of Education.

MOBILE RESPONSE & STABILIZATION, (MRSS)

Catholic Charities
540 Route 22 East
Bridgewater, NJ 08807

Contact: Danielle Cromartie-Williams, LPC,
Program Director

Telephone: (908) 333-2275

Fax: (908) 704-0215

Email: dcromartiewilliams@ccdom.org

Website: www.ccdom.org

Hours: 24 hours a day / 7 days a week / 365 days a year

Referral Process: For a referral process to be approved it must be done through Perform Care at the PC hotline 877-652-7624; this is the first point of contact for authorization of dispatch with Mobile.

Must be a resident of Warren, Hunterdon or Somerset County and a parent agreeable to intervention. All referrals must be received by the Contracted Systems Administrator. Children who are experiencing suicidal/homicidal ideation and/ or significant psychotic symptoms are referred to the county screening authority, with the support and presence of MRSS staff.

Services Provided: Immediate 24/7/365 mobilization of crisis staff to homes, schools or other safe locations where youth between the ages of 3 to 21 are experiencing behaviors putting them at risk of out-of-home placement or hospitalization. Stabilization services include referrals for services designed to moderate crisis and keep child at home and in the community.

Languages Spoken: Access to translation as needed.

Transportation: None.

Fee: No fee to any child or family.

MY PLACE TRANSITIONAL LIVING PROGRAM

5 Third Avenue
Bridgewater, NJ 08807

Contact: Steve Neblett, Program Director

Mailing Address:

My Place
P.O. Box 6871
Bridgewater, NJ 08807-0871

Telephone: (908) 526-6605 ext. 301 (Steve Neblett)

Fax: (908) 526-6999 or (908) 526-4433

Email: mail@visionsandpathways.org

Website: www.visionsandpathways.org

Hours: 24 hours a day / 7 days a week

Referral Process: Any youth-serving agency in New Jersey can make a referral and may contact the program director to discuss the admission process. Self-referrals are also considered. My Place serves five (5) young men ages 16 to 21.

Services Provided: My Place is a residential transitional living program for five males, ages 16 to 21, providing the skills needed to live independently. While in residence, they are required to attend school, work part-time, manage their finances and participate in the Pathways independent living program to learn the skills necessary to make the transition to adulthood. After a stay of 18 months, graduates continue to receive services to enable them to lead productive lives.

Languages Spoken: English and Spanish.

Transportation: Limited transportation provided.

Fee: Paid by the Division of Child Protection & Permanency and Chafee funding.

NARCOTICS ANONYMOUS

New Jersey Regional Service Conference
P.O. Box 4298
Trenton, NJ 08610-0298

Telephone: (800) 992-0401 (in state calls only) or
(732) 933-0462

Email: recovery@nanj.org

Website: www.nanj.org

Hours: 24 hours a day

Referral Process: The usual sources of referrals are self-referents, rehabilitation centers, EAP programs, counselors, or other social service agencies. An individual calls and is given the locations and times of nearby meetings and/or phone numbers of three recovering addicts who live nearby and are willing to talk with the caller. The only pre-requisite is the desire to stop using drugs. Any addict or person who thinks he/she has a problem with drugs or alcohol is welcome.

Services Provided: NA meetings are for those who wish to stop using drugs. There are over 750 meetings available each week in New Jersey. Refreshments are often served. Thousands of clients are being served at present.

Transportation: No requirement for members to give people rides.

Fee: None.

NEW BRUNSWICK COUNSELING CENTER

320 Suydam Street
New Brunswick, NJ 08902

Telephone: (732) 246-4025

Fax: (732) 246-1214

Email: sandral@newbrunswickcounselingcenter.org

Website: www.newbrunswickcounselingcenter.org

Hours: Standard Outpatient Program

6:00 am - 7:00 pm (Monday - Friday)

**Medication Assisted Treatment (Methadone,
Buprenorphine, Vivitrol)**

6:00 am - 12:30 pm (Monday - Friday)

4:30 pm - 6:30 pm Evening Program (Mon - Fri)

6:00 am - 8:30 am (Saturday)

Referral Process: Courts, probation, parole boards, hospitals, other social service agencies. Applicants should call the agency and arrange for an appointment.

Services Provided: The agency provides MAT treatment (Methadone, Buprenorphine, Vivitrol) and Outpatient Co-Occurring Level I and II.1. The outpatient Co-occurring program provides clients with an initial evaluation, psychological assessment, individualized treatment plan, medication management and drug screening. Special women's sessions are also available, along with intensive outpatient group counseling for both males and females.

Transportation: Public transportation is available, LogistiCare for clients who have Medicaid.

Fee: Please call 732-246-4025 ext. 241 for information on the fees. Medicaid, State Funding, Work First NJ SAI and DCP&P Reimbursement accepted.

NEW HOPE FOUNDATION, INC.

Marlboro Facility (Male Adolescents)
80 Conover Road
Marlboro, NJ 07746

Mailing Address:

PO Box 66
Marlboro, NJ 07746-0066

Telephone: (732) 946-3030 ext. 2456
Adult Withdrawal Management/ Rehab
(732) 946-3030 ext. 2413
Adolescent Withdrawal Management/ Rehab

Fax: Adult: (732) 502-0065
Adolescent: (732)-837-2277

Email: kbloodgood@newhopeibhc.org

Website: www.newhopefoundation.org

Hours: 24 hours a day

Referral Process: Self-referents, family/friends, school, hospitals, court/probation, and DCP&P are the usual sources of referral. Youth between the ages of 13 and 17, are admitted. Legal issues should be postponed or taken care of so that treatment will not be interrupted. There is a 24-hour admission for detoxification but a call must be made first with information regarding the client and estimated time of arrival. The client must be medically cleared and have parental consent and agree to participate in treatment. For pre-screening and appointment ask for "Adolescent Admissions."

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**NEW HOPE FOUNDATION, INC.
(CONTINUED)**

Services Provided: Services include treatment for alcoholism and the related dependencies of drug addiction and compulsive gambling. New Hope's adolescent (ages 13 to 17) programming (variable length of stay up to 8 months) is specifically designed to provide a setting and structure in which adolescents can be successful in meeting the challenges that have been avoided in the addiction process. Key amongst these challenges is scholastic achievement. Academics are addressed in the on-campus educational components that are re-targeted at helping clients demonstrate to themselves their ability to be successful in an educational setting. Individual and group counseling, recreation, socialization and values-clarification programming; family and appropriate community and school involvement, discharge planning referral, appropriate community and school involvement; discharge planning, referral, aftercare, and follow-up ensure for follow through on the support needed for the continuation of the success experienced in the treatment setting. The program does not serve those in need of acute medical assistance or who are hearing-impaired. Thirty-two adolescent males are served at the Marlboro facility and the program operates a 28-bed adolescent facility in Secaucus, NJ for 18 females and 20 males ages 13 to 17.

Transportation: Provided while in treatment.

Fee: Per-diem. Services provided through County and State grants, DCP&P, and private insurance.

NEW JERSEY COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED

Freehold Service Center
100 Daniels Way
Freehold, NJ 07728

Telephone: (732) 308-4001

Fax: (732) 255-0949

Email: askcbvi@dhs.state.nj.us

Website: www.cbvi.nj.gov

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: A person is eligible for services if he or she is BLIND, VISION IMPAIRED, or DEAF-BLIND and is experiencing challenges in his or her life as a result of the vision loss. VISION IMPAIRED means that an individual's vision is 20/70 or less in the better eye with best correction. (The person sees at 20 feet what a normally sighted person sees at 70 feet.) LEGALLY BLIND means that an individual's vision is 20/200 or less in the better eye. (The person sees at 20 feet what a normally sighted person sees at 200 feet.) Also, an individual is considered LEGALLY BLIND if he or she has a restricted visual field limited to 20 degrees or less. (The person sees within a span of 20 degrees while a normally sighted person would see within 180 degrees.) To apply, or refer someone for services, contact CBVI. Please be prepared to provide the following information: applicant's name, telephone number, social security number, address (including county of residence), and zip code, description of applicant's vision problem, and description of services needed.

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**NEW JERSEY COMMISSION FOR THE BLIND
AND VISUALLY IMPAIRED
(CONTINUED)**

Services Provided: CBVI provides blindness education services to children and their families. These services are designed to allow blind or vision impaired students to participate equally with sighted students in regular classroom activities. Preschool, (ages birth to four) educational services are also available. A team of certified teachers of blind or vision impaired students (TVIs) is ready to help blind and vision impaired children receive services for accessing classroom instruction that may include specialized technology services, assistance with adaptive materials and equipment, and instruction in communication skills, which may include typing or learning to read and write Braille. In addition, CBVI teachers will arrange for the provision of special books, materials and technical equipment from the Meyer Instructional Resource Center to help children function on an equally with their sighted classmates. CBVI will also provide resources to families for assisting their blind or vision impaired children at home or in the community. The CBVI teachers may also provide enriching materials from the Meyer Instructional Resource Center for use in the home. Special instruction can also be obtained for independent travel and daily living skills. In addition, summer programs are sponsored for the blind and vision impaired children and teenagers, including the SHARP Program, Life-101, pre-college experience program, and a career exploration program.

Transportation: None.

Fee: Most services are free of charge.

**NEW JERSEY DIVISION OF
CHILD PROTECTION & PERMANENCY (DCP&P)**

(FORMERLY KNOWN AS NEW JERSEY DIVISION OF YOUTH AND FAMILY SERVICES)

Somerset Local Office
92 East Main Street, First Floor
Somerville, NJ 08876

Local Office: (908) 526-5030
(800) 392-2734

Hours: Office hours: 9:00 am - 5:00 pm (Monday - Friday)
Special Response Unit Workers are available
5:00 pm to 9:00 am, Monday - Friday,
weekends and holidays.

All Referrals: **1(877) NJABUSE** Child Abuse Hotline
1(877) 652-2873 Statewide Toll-Free 24/7

Referral Process: State law requires any person who suspects that a child is being abused or neglected contact DCP&P. Reports are accepted from any source, (schools, police, hospitals, parents, neighbor, anonymous, etc.) and in any form (telephone, letter, or office visit). Any person who reports abuse or neglect or testifies in a child abuse hearing resulting from such report is immune from any civil or criminal liability as a result of such action providing that the report was made in good faith.

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**NEW JERSEY DIVISION OF CHILD PROTECTION &
PERMANENCY (DCP&P)
(CONTINUED)**

Services Provided: As the state-mandated child protective service agency, DCP&P's first priority is the investigation of allegations of abuse, neglect and abandonment to ensure the safety, permanency and wellbeing of children. DCP&P also conducts child welfare assessments to assess for service need of children and families. Within the limitations of staff and fiscal resources, DCP&P also may be able to provide supportive services to protect children and strengthen family functioning. Community based referrals are made to local agencies for family services.

Out-of-home placement in resource care, relative care, or shelter care may be provided on a temporary basis for the protection of the child after all family resources and community based services have been exhausted. The Division works cooperatively with other state Divisions and Departments for the placement of children out of home and for the maintenance of children in home.

DCP&P provides services to children and families. DCP&P investigates all allegations of abuse or neglect by a parent or caregiver towards children from birth to 18 years of age. DCP&P may also provide services to aging out youth between the ages of 18-21 years old, if they have had an open case with the Division as children.

Transportation: Limited transportation may be provided for active clients.

Fee: None for most services. The law requires parents to reimburse DCP&P according to a sliding scale when maintenance (placement services) of a child is provided.

NEW JERSEY DIVISION OF DEVELOPMENTAL DISABILITIES

222 So. Warren St.
Trenton, NJ 08608

Mailing Address:

P.O. BOX 726
Trenton, NJ 08625-0726

Telephone: (800) 832-9173

Website: www.nj.gov/humanservices/ddd

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: *How to Apply:* In order to receive services funded by DDD, an individual must apply and be determined eligible. This process can begin at age 18, although DDD-funded services are not available until an individual is 21 years of age or older. The application process begins by contacting the Community Services office that serves the county in which the individual resides or downloading the intake application from the DDD website. Upon request, a DDD intake worker can provide assistance in completing the application. For the Somerset County area, please call (908) 226-7800.

Eligibility: To be determined eligible for DDD-funded services, an individual must be a New Jersey resident; be Medicaid eligible and maintain Medicaid eligibility; and meet the functional criteria of having a developmental disability. An applicant must document that she/he has a chronic physical and/or mental impairment that:

- Manifests during the developmental years, before age 22;
- Is lifelong in duration; and
- Substantially limits the individual in at least three of these areas: self-care, learning, mobility, communication, self direction, economic self-sufficiency and the ability to live independently.

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NEW JERSEY DIVISION OF DEVELOPMENTAL DISABILITIES (CONTINUED)

Services Provided: There is a broad range of services available to assist individuals with intellectual and developmental disabilities to live, work, and participate fully in their community, including employment and day services, individual and family supports, and housing assistance and residential services. Individuals select a community-based Support Coordination Agency and work with their assigned Support Coordinator to identify goals and access services based on their assessed needs. Services are available in the community from provider agencies, professionals, and self-directed employees.

Transportation: Transportation is provided for individuals participating in day habilitation services. For other services, DDD funding may be available for transportation.

Fee: Individuals who receive housing assistance or residential services must contribute toward the cost of housing and living expenses.

NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION SERVICES

75 Veterans Memorial Drive East, Suite 101
Somerville, NJ 08876

Contact: Elizabeth Conte, Manager

Telephone: (908) 704-3030

Fax: (908) 704-3476

Email: Elizabeth.conte@dol.nj.gov

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Persons at or near working age with disabilities who need vocational rehabilitation assistance to obtain and maintain employment can refer themselves or be referred by individuals, hospitals, schools, community agencies, social security, workers compensation, employers, or medical professionals. Residents of Somerset and Hunterdon Counties are served in the Somerville office.

Services Provided: The agency provides a variety of services needed to assist eligible clients to achieve an employment goal.

Transportation: Public transportation is available.

Fee: Some services are based on income.

**NEW JERSEY EARLY INTERVENTION SYSTEM
CENTRAL JERSEY FAMILY HEALTH CONSORTIUM (CJFHC)**
(FORMERLY KNOWN AS SPECIAL CHILD HEALTH SERVICES)

30 Silverline Drive, 2nd Floor, Suite 1
North Brunswick, NJ 08902

Contact: Sharika Linzey

Telephone: (732) 937-5437 Main Office
(888) 653-4463 Early Intervention

Fax: (732) 937-5540

Referral Process: Doctors, hospitals, health agencies, schools, parents, and State Birth Defects Registry are the usual sources of referrals.

Services Provided: Strengthens and improves early intervention services for children with special needs, ages birth to three years, and their families Early Intervention System ensures that young children with special needs are offered early intervention services. Ensures that services provided to children are high quality and are given in natural environments, where children and family members live, work and play. Ensures that each family plays a major role in how early intervention services are planned, put into action and evaluated. Makes sure that each family understands their child's needs and rights and that the system protects these rights. Performs a regional needs assessment of the early intervention system, seeing if and where services are missing, and recommending where services are needed most. Serves as an early intervention resource and referral center for families, early intervention providers and other community agencies. Educates and provides information about early intervention to families, health care providers and other community members.

Fees: Please contact agency.

NEW JERSEY INSTITUTE FOR DISABILITIES

The Lakeview School
10 Oak Drive – Roosevelt Park
Edison, NJ 08837

Contact: Penny Goldstein, Principal

Telephone: (732) 549-5580

Fax: (732) 494-6038

Hours: 8:00 am - 4:00 pm (Monday - Friday)

Email: info@NJID.org

Website: www.NJID.org

Referral Process: The Lakeview School partners with school districts to provide the highest quality programming to meet the needs of each enrolled child.

Services Provided: The Lakeview School has earned a national reputation of excellence and distinction regarding the comprehensive array of services provided to enrolled children with multiple disabilities. Using a trans-disciplinary approach, all students have their own team of professionals and paraprofessionals working together to enable students to achieve their highest level of self-sufficiency and personal success. Lakeview has the largest clinical department of any school of its kind in New Jersey; included are Physical and Occupational therapists and Speech Language pathologists. The Lakeview School program is dynamic with leading-edge innovations in special education and enhancements, including our Aquatic Therapy Program. On-site medical clinics include the services of a developmental pediatrician, a pediatric neurologist, a nutritionist, a pediatric physiatrist and two orthopedic doctors. Lakeview employs a full time Board Certified Behavior Analysts, and provides clinics in the areas of Seating/Positioning, as well as Enabling Technologies.

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NEW JERSEY INSTITUTE FOR DISABILITIES (CONTINUED)

Transportation: NJID operates two specially modified vehicles for student transportation for class excursions and special events. Transportation to and from school is arranged and paid by the student's local Board of Education.

Fee: Once a child is approved for placement at Lakeview School by the sending district, there are no fees or out-of-pocket expenses to the student's family for services provided during the regular school day as specified in the student's Individual Education Plan. All costs for the services offered by Lakeview School, including transportation, are paid by the student's local Board of Education.

NEW JERSEY ORATORS, INC.

Headquarters
120 Finderne Avenue
Bridgewater, New Jersey 08807

Program Site:

Sampson G. Smith School
1649 Amwell Road
Somerset, NJ 08873

Contact: Eloise Samuels, Founder & President

Telephone: (732) 846-5011

Email: njorators@gmail.com

Website: www.oratorsinc.org

Hours: 6:30 pm - 7:30 pm (Wednesday)
Somerset Chapter Hours

Referral Process: Parents can contact the program director through the website to register their child. Program serves youth from ages 7 to 18.

Services Provided: Weekly oratorical training workshops, which consist of one-hour practice meetings teaching the art of public speaking, literature appreciation, oral presentations, reading and media arts literacy, civic engagement, college readiness and life skills workshops.

Transportation: Transportation is not provided by the program.

Fee: Membership is \$200 per year. However, financial assistance may be provided to those in need.

NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE

A PROGRAM SPONSORED BY THE MENTAL HEALTH ASSOCIATION IN NEW JERSEY

4 E Jimmie Leeds Rd.
Galloway, NJ 08205

Contact: Carolyn Davis, Coordinator

Telephone: (800) 367-6274 (New Jersey Only)
(609) 652-3800 (Carolyn Davis)

Fax: (609) 652-3801

Email: cdavis@mhanj.org

Website: www.njgroups.org

Hours: 8:00 am - 5:00 pm (Monday - Friday)
Trainings are provided on weekends and evenings as needed.

Services Provided:

- **INFORMATION ON GROUPS** – The organization maintains a website containing over 8,700 self-help group meetings statewide and 1,000 national self-help group headquarters, online and telephone groups.
- **ADVICE ON DEVELOPING GROUPS** – Staff will assist you with consultation and ideas in person, over the phone or through email.
- **TRAINING** - Workshops are offered throughout the state all year long on topics of interest as well as trainings for those starting, facilitating, running and maintaining support groups.

- **PRESENTATION ON SUPPORT GROUPS** – Presentations are provided on the availability and benefits of self-help support groups and how they can assist your clients, customers, congregants, families, and friends.
- **WEBSITE (www.njgroups.org)** - Information is provided on support groups in New Jersey as well as a quarterly newsletter and available trainings.

Transportation: N/A

Fee: N/A

NEW ROAD SCHOOL OF SOMERSET

2200 Cottontail Lane
Somerset, NJ 08873

Telephone: (732) 271-5775

Fax: (732) 271-7713

Email: mrieman@nrsnj.com

Website: www.newroadschool.com

Hours: 8:50 am - 2:30 pm

Referral Process: School districts refer for educational programs for students classified, ages 12 to 21 who need individual small group instruction, counseling and career transitional services.

Services Provided: Intake process – Visit to school with parent or guardian and child study team member. Services provided for students eligible for special education services, ages 13 to 21.

Transportation: Individual districts provide transportation.

Fee: Local school districts provide funding for tuition and additional services.

NEWARK RENAISSANCE HOUSE, INC.

50-56 Norfolk Street
Newark, NJ 07103

Mailing Address:

PO Box 7057
Newark, NJ 07107

Telephone: (973) 623-3386 or (800) 474-3121

Website: www.nrh.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)
Weekend screening can be arranged.
Residential – 24 hours a day / 7 days a week

Other Location:

Women and Children's Services
62-80 Norfolk Street
Newark, NJ 07103

Referral Process: Referrals may come from schools, families, probation, courts, youth houses, and DCP&P. The area served includes Somerset County as well as Hudson, Essex, Bergen, Middlesex, Mercer, and Camden Counties. Medical clearance is a prerequisite to admission to the residential program. Immunization records are a must.

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**NEWARK RENAISSANCE HOUSE, INC.
(CONTINUED)**

Services Provided: This program provides intensive outpatient and residential services to women with substance abuse problems and their children. Therapeutic nursery onsite for children from birth to age 5. The program also provides residential treatment for males ages 13 to 20, as well as Day Treatment and After School Program for adolescent boys and girls ages 13 to 18. Each program is comprised of individual, group, and family counseling, daily educational services and 12-step groups. The length of each program is based on individualized treatment plans, but is approximately six-months in duration.

Transportation: Public transportation is accessible.

Fee: There is a fee schedule that is based on the client's ability to pay and no one is refused services based on an inability to pay.

NORWESCAP W.I.C. PROGRAM

120 Finderne Avenue - Room 4
Bridgewater, NJ 08807

Other Locations:

North Plainfield and Flemington

Telephone: (908) 685-8282 or (908) 454-1210

Website: www.norwescap.org

Hours: 8:30 am - 4:30 pm (Monday - Friday)
Evening hours available in the main office.

Referral Process: Clients simply need to call with inquiries and eligibility requirements. Word of mouth, outreach activities, social service agencies, hospitals, pediatricians, and OB/GYN's are the usual sources of referral. Clients may be working individuals but must meet income eligibility requirements.

Services Provided: Services provided are for pregnant women, breast-feeding and postpartum women, infants, and children up to age 5. The WIC Program is the Special Supplemental Nutrition Program for Women, Infants, and Children. The purpose of the program is to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care. The WIC peer counseling program provides breastfeeding support and education.

Transportation: None.

Fee: None.

OCEAN'S HARBOR HOUSE EMERGENCY YOUTH SHELTER

2445 Windsor Avenue
Toms River, NJ 08753

Telephone: (732) 929-0660

Fax: (732) 929-3094

Website: www.oceansharborhouse.org

Target Population:

Homeless, runaway, abused, youth in crisis
ages 10 – 19.

Hours: 24 hours a day / 7 days a week

Referral Process: DCP&P, police, self, school, family, or other agencies.

Services Provided: Short-term crisis intervention counseling and services.

Process: Call for phone contact, possible interview may be needed; turnaround time from call to placement (if appropriate) should be less than 8 hours.

Transportation: Limited.

Fee: None.



**OCEAN'S HARBOR HOUSE
SUPERVISED TRANSITIONAL LIVING PROGRAM (STLP)**

2445 Windsor Avenue
Toms River, NJ 08753

Telephone: (732) 281-0822

Fax: (732) 281-0722

Website: www.oceansharborhouse.org

Target Population:

Youth in crisis, aging into adulthood; ages 16 – 21.

Hours: 24 hours a day / 7 days a week

Referral Process: DCP&P, police, self, school, family, or other agencies.

Services Provided: Supervised transitional living, 12 bed facility, and assistance with education, employment, and life-skills training.

Process: Call for an initial contact, may request any available evaluations, IEPs etc. If appropriate, schedule an interview.

Transportation: Limited.

Fee: None; however, residents are required to save 30% of income in a savings account through the agency, to be returned at time of program graduation or discharge.

OFFICE OF THE PUBLIC DEFENDER SOMERSET REGION

Court House Square South
75 Veterans Memorial Drive East, Suite 201
Somerville, NJ 08876

Telephone: (908) 704-3020

Fax: (908) 704-3028

Hours: 8:30 am - 5:00 pm (Monday - Friday)

Referral Process: Parents of juveniles charged with an offense who cannot afford to retain counsel may apply for representation through the Superior Court Family Case Management Office (908) 231-7600.

Services Provided: Through its staff attorneys, the agency provides legal representation to qualified defendants from initial plea through trial and disposition. Where a conflict of interest exists, the case is referred to private attorneys who appear on the Public Defender's list. Serves Somerset County juveniles charged with any offense where counsel is required under the Statute.

Transportation: None.

Fee: There is a standard Public Defender fee schedule that is explained to individuals when application is made. In addition to the standard fee is a \$50.00 administration fee payable at the first interview. All fees for legal representations are determined after disposition of the case and the parent or legal guardian of the juvenile will be billed at that time.



THE OPEN DOOR, INC.

2 - 4 Kirkpatrick and New Streets
New Brunswick, NJ 08901

An Affiliation of New Hope Foundation

Contact: Lauren Tripodi, LCSW, LCADC

Telephone: (732) 246-4800

Fax: (732) 246-4860

Email: twittkop@newhopefoundation.org

Hours: 8:30 am - 9:00 pm (Monday - Thursday)
8:30 am - 5:00 pm (Friday)
9:00 am - 1:00 pm (Saturday)

Referral Process: To schedule an appointment, please contact the Access Center at (732) 837-2151.

Services Provided: All New Hope IBHC services are customized to best assist clients in meeting their identified treatment goals. The Open Door provides SUD Evaluations, Standard Outpatient Treatment, and Intensive Outpatient Treatment for adults and adolescents. We administer drug screens as clinically indicated.

Transportation: Transportation is not provided; however The Open Door is easily accessible by public transportation.

Fee: Medicaid and most private (commercial) insurances are accepted. The goal is to eliminate any barriers towards accessing treatment. Public funding is offered through various fee-for-service initiatives. Adult and adolescent Middlesex County residents, who meet income criteria and can provide proof address, are eligible for free services.

PASSAGES

16 Fourth Avenue
Bridgewater, NJ 08807-6871

Mailing Address:

Visions & Pathways
P.O. Box 6871
Bridgewater, NJ 08807-6871

Contact: Steve Neblett, Program Director

Telephone: (908) 526-6605 ext. 301

Fax: 908-526-6999 or (908) 526-4433

Email: mail@visionsandpathways.org

Website: www.visionsandpathways.org

Hours: 24 hours a day / 7 days a week

Referral Process: Passages serves 6 young men and 6 young women ages 16 to 21. Ten (10) of the residents are selected from Perform Care Youth Link and there are two (2) shelter beds for walk-ins. Any youth-serving agency throughout New Jersey can make a referral and may contact the program director to discuss the admission process.

Services Provided: Passages is a residential transitional living program that provides intensive independent living skills education. Residents are required to attend school, work part-time, and learn financial literacy and other skills to prepare them for independence. After a stay of up to 18 months, graduates continue to receive services to enable them to make a smooth transition into adulthood.

Transportation: Limited transportation provided.

Languages Spoken: English and Spanish.

Fee: Paid for by Medicaid and the Division of Child Protection & Permanency and Chafee funding.

NEW JERSEY CHILDREN'S SYSTEM OF CARE/ PERFORMCARE

Horizon Center
300 Horizon Drive, Suite 306
Robbinsville, NJ 08691

Telephone: Toll Free (877) 652-7624

Website: www.performcarenj.org

Hours: Staff available 24 hours a day / 7 days a week

Referral Process: PerformCare is the contracted system administrator for the New Jersey Children's System of Care (CSOC), a division of the New Jersey Department of Children and Families.

Any parent, legal guardian, or service provider (with the parent's consent) can call PerformCare and request services through CSOC for children and youth who demonstrate emotional/behavioral challenges, intellectual/developmental disability or adolescents who are in need of substance use treatment.

Services Provided: Help is available for children, adolescents and young adults (up to age 21) seeking behavioral health, intellectual/developmental disability, or substance use treatment services.

Depending on the child's needs, services can include: Referral to counseling services, Mobile Response to stabilize crisis situations, care management for intense and complex needs, assessments to determine your child's needs, behavioral supports for activities of daily living, family support for education and advocacy, respite services, and substance use treatment.

PerformCare is available 24 hours a day, 7 days a week, 365 days a year. There is no charge for calling PerformCare and the New Jersey Children's System of Care. Please note that PerformCare is not a service provider, but rather a link to services through CSOC.

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**NEW JERSEY CHILDREN SYSTEM OF
CARE/PERMORMCARE
(CONTINUED)**

Transportation: None.

Fee: We help families by making service recommendations and linkages that will best meet the needs of your child and family. Medicaid/NJ FamilyCare is accepted for most services, and PerformCare will work with you based on your current insurance coverage, if any.

PIONEER FAMILY SUCCESS CENTER

50 Division Street, Suite 303
Somerville, NJ 08876

Contact: Tim Wolf

Telephone: (908)722-4400

Fax: (908)526-7564

Email: fsc@empowersomerset.com

Website: www.pioneerfsc.com

Hours: 9:00 am - 4:00pm (Monday - Friday)
Evening activities as scheduled

Referral Process: No referral needed

Services Provided: Information and Referrals to Somerset County resources; free family activities; workshops and seminars. A calendar of events and activities is posted monthly at pioneerfsc.com. Pioneer Family Success Center is coordinated by Empower Somerset.

Transportation: None.

Fee: None.

**PLANNED PARENTHOOD OF
NORTHERN, CENTRAL & SOUTHERN NEW JERSEY**

Shrewsbury Center and Administrative Offices
69 East Newman Springs Road
Shrewsbury, NJ 07702

Telephone: (732) 842-9300

Fax: (732) 842-9338

Website: www.plannedparenthood.org

Hours: Administrative Office: 9:00am - 5:00pm
(Monday - Friday)
Clinics open days, nights, and weekends –
various hours

Other Locations: *See Website For More Locations*

Flemington Health Center

349 Route 31 South,
Building B, Suite 503
Flemington, NJ 08822
(908) 782-7727

New Brunswick Center

10B Industrial Drive
New Brunswick, NJ 08901
(908) 246-2411

Plainfield Health Center

123 Park Ave
Plainfield, NJ 07060
(908) 756-3736

Morristown Health Center

196 Speedwell Ave
Morristown, NJ 07960
(973) 539-1364

Perth Amboy Center

450 Market Street
Perth Amboy, NJ 08861
(908) 442-4499

Referral Process: Individuals may call directly for an appointment. Referrals may also come from hospitals, human service agencies, schools, private physicians, ministers, friends, and relatives.

Services Provided: Services Provided: Planned Parenthood provides comprehensive reproductive health care, including medical examinations, laboratory tests, counseling and referral for medical problems, pregnancy testing and referrals for pre-natal, adoption, or termination services. Education services include programs for teens, adults, parents, professional staff, local groups, organizations, and schools. A resource library is available including films and videos for rent. The Extended Service provides short term counseling for both the patient and non-patient on issues germane to reproductive health care and sexuality.

Transportation: None.

Fee: For medical services, sliding scale fees vary depending on income, insurance and type of services. Medicaid accepted. There are minimum fees for education and counseling services. Free pregnancy testing and counseling services for teens.

POLICE DEPARTMENTS

*THE TELEPHONE NUMBERS LISTED BELOW ARE FOR **NON-EMERGENCIES**;
IN CASE OF A TRUE EMERGENCY **DIAL 911.***

Bedminster PD

55 Miller Lane
Bedminster, NJ 07921
(908) 234-0585

Bernardsville PD

166 Mine Brook Road
Bernardsville, NJ 07924
(908) 766-0037

Branchburg Township PD

590 Old York Road
Branchburg, NJ 08876-3924
(908) 526-3830

Far Hills PD

Peapack Road & Prospect Street
Box 722
Far Hills, NJ 07931
(908) 234-1192

Green Brook PD

109 Greenbrook Road
Green Brook, NJ 08812
(732) 968-1188

Manville PD

2 North Main Street
Manville, NJ 08835
(908) 725-1900

North Plainfield PD

263 Somerset Street
North Plainfield, NJ 07060
(908) 769-2937

Bernards Township PD

One Collyer Lane
Basking Ridge, NJ 07920
(908) 766-1122

Bound Brook PD

226 Hamilton Street
Bound Brook, NJ 08805-2017
(732) 356-0800

Bridgewater Township PD

100 Commons Way
Bridgewater, NJ 08807-1701
(908) 722-4111

Franklin Township PD

495 DeMott Lane
Somerset, NJ 08873
(732) 873-2300

Hillsborough Township PD

379 S. Branch Road
Hillsborough, NJ 08844
(908) 369-4323

Montgomery Township PD

2261 Van Horne Road
Route 206 North
Belle Mead, NJ 08502
(908) 359-3222

Peapack/Gladstone PD

1 School Street
Peapack, NJ 07977
(908) 234-0626

Raritan PD

20 First Street
Raritan, NJ 08869
(908) 725-6700

Somerville PD

24 South Bridge Street
Somerville, NJ 08876
(908) 725-0331

South Bound Brook PD

12 Main Street
South Bound Brook, NJ 08880
(732) 356-0087

Warren Township PD

44 Mountain Boulevard
Warren, NJ 07059
(908) 753-1000

Watchung PD

840 Somerset Street
Watchung, NJ 07069
(908) 756-3663

PREGNANCY AID AND INFORMATION CENTER

59 Thompson Street
Raritan, NJ 08869

Telephone: (908) 526-8121
(888) 480-5737 Toll Free

Emergency: (908) 526-8121 (24-hour hotline)

Hours: 11:30 am - 2:30 pm (Monday)
10:00 am - 1:00 pm (Tuesday)
10:00 am-12:00 pm & 4:00pm-5:30pm (Thursday)
Special appointments can be arranged.

Referral Process: Social service agencies and self-referents are the usual sources of referrals. Women of all ages residing in Somerset, Hunterdon, Middlesex, and Union Counties are eligible.

Services Provided: Services provided include free pregnancy testing, education/guidance, access to medical care, legal advice, shelter home placement, community resource and adoption information, referrals for professional counseling, maternity clothing, layettes, and baby equipment as available. Parenting Support Groups are also available.

Transportation: Program does try to provide private transportation or refers to another agency that can.

Fee: None.

PRINCETON HOUSE BEHAVIORAL HEALTH

A UNIT OF PRINCETON HEALTHCARE SYSTEM

Main Campus- Inpatient:

905 Herrontown Road
Princeton, NJ 08540

Outpatient sites:

North Brunswick, Princeton, Hamilton,
Moorestown and Eatontown (Women's only)

Contact: (609) 902-3006

Telephone: (609) 497-3300 - **Information**
(800) 242-2550 - **Inpatient Admissions**
(888) 437-1610 - **Outpatient Centralized
Admissions-PHP/IOP Programs**

Fax: (609)688.3779 - Inpatient admissions
(609) 683-6840 - Outpatient Centralized
Admissions

Website: www.princetonhouse.org

Hours: 24-hour **Inpatient**
Monday - Friday - **Outpatient**
Monday - Friday - **Partial Hospital**

Referral Process: Referrals are accepted from individuals, agencies, organizations, physicians, and/or insurance organizations. The adolescent programs serve adolescents, ages 13 to 18. The adolescent and children's programs are located at North Brunswick, Hamilton and Moorestown.

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PRINCETON HOUSE BEHAVIORAL HEALTH (CONTINUED)

Services Provided:

Inpatient programs are for patients 18 and older. Princeton House offers: substance abuse treatment, medical detoxification as well as adult psychiatric and adult dual diagnosis programs. Specialized services for Young adults, ages 18 to approx. 25, and is available in the inpatient setting.

Partial hospital and intensive outpatient programs for adolescents are available at the North Brunswick, Hamilton and Moorestown sites. At each location, there are programs offering psychiatric, substance abuse, and co-occurring treatment for adolescents. Teen Girls program is only offered at the Princeton Outpatient site. A psychiatric children's partial hospital program is available at Moorestown, Hamilton and North Brunswick. There are also a wide range of psychiatric, addictions, trauma and co-occurring treatment programs for Men, Women and older adults across the PHBH continuum.

Women's Programing is offered at all sites.

Transportation: Available for all Partial Hospital Programs and some After School Adolescent IOP Programs. Check with centralized admissions regarding pick up and coverage areas.

Fee: Most insurance plans accepted including Medicaid and Medicare.

PROJECT RACHEL - CATHOLIC CHARITIES

540 Route 22 East
Bridgewater, NJ 08807

Contact: Allison Truchan

Telephone: (877) 877-4300 (toll free)

Fax: (908) 704-0215

Email: atruchan@ccdom.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)
Day and evening appointments are available.

Referral Process: Call office directly. Usual sources of referrals are self, family, churches, schools, and other social service agencies. Clients from Middlesex, Warren, Hunterdon, and Somerset Counties are served.

Services Provided: Confidential post-abortion counseling and reconciliation for those who have been touched or affected by abortions.

Transportation: None.

Fee: None.

PROSPERITY INDEPENDENT LIVING PROGRAM

Visions and Pathways
16 Fourth Avenue
Bridgewater, NJ 08807

Contact: Jennifer Amaya

Mailing Address:

Prosperity
P.O. Box 6871
Bridgewater, NJ 08807-0871

Telephone: (973) 644-4666

(908) 307-7829

Fax: (973) 644-4885

Email: jamaya@visionsandpathways.org

Referral Process: Any individual or organization may refer a young person in Somerset County, ages 14 to 21, or a young person may also seek services himself/herself.

Services Provided: Prosperity provides independent living education, including information on careers, employment preparation, housing, financial literacy, nutrition, and sexual health. Workshops, individual outreach and a retreat are included. Prosperity also provides referrals and advocacy. This is a yearlong program.

Transportation: Transportation can be arranged.

Fee: None.

PSYCHIATRIC EMERGENCY SCREENING SERVICE (PESS)

PROVIDED BY BRIDGEWAY REHABILITATION SERVICES

282 East Main Street
Somerville, NJ 08876

Contact: Allison MacFadyen

Telephone: (908) 526-4100

Hours: PESS is a 24-hour service, 7 days a week, including holidays and weekends.

Our Walk in Crisis Living Room is open
7 days per week 9:30am-8:00pm.

Mobile Outreach and the Crisis line are available
24 hours a day 7 days per week.

Referral Process: Phone call. Local police departments, emergency room, social services agencies, therapists, and family doctors are the usual sources of referrals.

Services Provided: The Psychiatric Emergency Screening Service (PESS) is one of twenty-five Psychiatric Emergency Screening Centers in New Jersey. These services are mandated and governed by the June 1989 Screening Law (N.J.S.A. 30:4-27.1) provided through Bridgeway Rehabilitation Services.

PESS provides professional emergency crisis intervention assistance to individuals experiencing an emotional crisis because of depression, suicide, or to those who may be overwhelmed by everyday problems and stress.

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PSYCHIATRIC EMERGENCY SCREENING SERVICE (PESS) (CONTINUED)

The following services are provided on an as-needed basis: psychiatric evaluation/screening, hospitalization, psychiatric crisis line, mobile outreach, brief therapy, medication evaluations, linkage and referral to community mental health services. Peer Support Specialists are available to support and assist families and individuals during evaluation and referral process. A multidisciplinary team comprised of MD's, LSW's, LAC's LPC's, LCSW's, and MA's are available for consultation and assessment. All clinical staff are also certified psychiatric screeners. PESS clinicians provide community education to police departments as well as mental health and social service agencies. Spanish speaking staff is available.

Transportation: PESS has a walk in Crisis Living Room which is open 7 days per week from 9:30am-8:00pm. Crisis intervention will also be provided in the community via mobile outreach and via crisis line 24 hours per day 7 days per week. Interventions will be: with individuals and families in their homes, local hospitals or schools or any other settings in the community.

Fee: Call for information.

PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL OF APPLIED AND PROFESSIONAL PSYCHOLOGY

Rutgers, The State University of New Jersey
The Psychological Clinic
152 Frelinghuysen Road
Piscataway, NJ 08854-8085

Contact: Andrea Quinn, Psy.D, Clinic Director

Telephone: (848) 445-6111

Fax: (732) 445-6628

Website: <http://psychologicalservices.rutgers.edu/>

Hours: 9:00 am - 9:00 pm (Monday - Thursday)
9:00 am - 8:00 pm (Friday)

Referral Process: Referrals are made directly to the clinic and handled by three clinic services coordinators. To inquire about services, call 848-445-6111 and press option 2 to speak with a coordinator. Upon initial contact, identifying information and a brief description of the presenting problem are collected by a coordinator, who then assigns the case to an intake clinician. After the completion of the intake interview, a coordinator assigns the case to a therapy clinician. Clients in acute crisis, with active homicidal and/or suicidal intent or recent suicide attempts are not eligible for treatment.

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PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL
OF APPLIED AND PROFESSIONAL PSYCHOLOGY
(CONTINUED)

Foster Care Counseling Project (FCCP)

Primary Supervisor: TBD

Age Range Served: 4 – 17

Services Provided: The Foster Care Counseling Project (FCCP) provides clinic-based mental health counseling and preventive trauma-focused treatment to children and adolescents who are in foster and kinship care, as well as those who have been returned to their biological families' care. Evidence-based individual and family therapy is provided to address each child's adjustment to foster care and mental health symptoms resulting from trauma and child maltreatment. The FCCP also offers evidence-based groups depending on the needs of its clientele.

Students receive specific training in the Attachment, Regulation, and Competency (ARC) Framework, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Game-Based Cognitive Behavior Therapy (GB-CBT).

Inclusion/Exclusion Criteria: Most referrals for individual and family therapy come through Division of Child Protection and Permanency (DCP&P) offices, although FCCP also accommodates referrals from the community. The group therapy program is open to children and adolescents who have experienced sexual abuse or who have experienced an out-of-home placement, either with foster parents, relative caregivers, or adoptive parents.

Fee Structure: Children who are involved with the DCP&P and currently placed in foster or kinship care are grant-funded. DCP&P also pays for those children who are not in foster care but who have open DCP&P cases and require trauma-based services.

A sliding fee scale is available for non-DCP&P clients who would like to participate in individual therapy sessions or the group therapy program.

ADHD Clinic/Cultivating Compassion Project

Primary Supervisor: Stephanie Lyon, PhD

Age Range Served: Children age 5 – 12
and their parents/caregivers

Services Provided: The ADHD Cultivating Compassion Project treats children who struggle with ADHD and related emotional/behavioral challenges as well as their parents/caregivers. Treatment is provided on an individual basis by doctoral students who receive specialized training and supervision with Dr. Stephanie Lyon. Patients are provided with psychodynamic psychotherapy informed by Metallization Based Therapy for Children (MBT-C).

Our time-limited treatment is designed to support the whole child, by addressing the thoughts, feelings, and relationships that underlie problematic behavior as well as increasing resilience and self-regulation abilities. Through metallization-based treatment we seek to improve children's ability to understand and regulate their emotions/behavior, and help them to think more deeply about themselves and others. We encourage parents to support their children's self-regulation and believe that when the children live and learn in compassionate environments, their experience of themselves and their behaviors are transformed.

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PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL OF APPLIED AND PROFESSIONAL PSYCHOLOGY (CONTINUED)

We provide slide-scale therapy for children diagnosed with ADHD or experiencing several of the following symptoms of ADHD:

- Trouble paying attention or sustaining attention
- Difficulty with organization, listening and following directions
- Easily distracted
- Frequent fidgeting, excessive running/climbing, always “on the go”
- Interrupting frequently, talking excessively

Inclusion/Exclusion Criteria: Inclusion: Children ages 5 – 12 with symptoms of ADHD and their parents/caregivers (parent/caregiver involvement is required). Exclusion: Children exhibiting severely dangerous behaviors or with co-occurring disorders that significantly limit their ability to engage in imaginative play/symbolic thinking.

Fee Structure: Fees for services are determined by household income and range from \$20 to \$100 per session.

Center for Psychological Services – Assessment

Primary Supervisor: Ken Schneider, Ph.D.

Age Range Served: 6 +

Services Provided: The Center for Psychological Services offers a range of low-fee assessment services for children, adolescents, and adults, provided by doctoral students and a postdoctoral fellow under supervision of a licensed psychologist. We offer comprehensive testing to assess a variety of presenting problems and concerns. Areas of functioning that may be assessed are intellectual abilities, executive functioning, learning and memory, academic achievement, social-emotional functioning, and personality. Our testing can also diagnose ADHD and a variety of learning disabilities.

Assessments are tailored to specific needs of the clients and include a comprehensive clinical interview, carefully selected assessment measures, integrative assessment report, and a feedback session with clients and family members.

Inclusion/Exclusion Criteria: The Center for Psychological Services can accommodate a wide variety of assessment needs across the lifespan. We work to tailor each assessment to the individual needs of the client and the reason for referral. Any case that cannot be assessed here would be determined on a case by case basis.

We do not offer neuropsychological assessments, auditory processing evaluations, speech and language assessments, or assessments to diagnose Autism.

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PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL OF
APPLIED AND PROFESSIONAL PSYCHOLOGY
(CONTINUED)

Fee Structure:

Non-Rutgers Students:

- Unfortunately, we do not accept private insurance and our evaluations are not reimbursable by insurance. Assessments are a flat fee, depending on type: Learning Disability/ADHD/Personality Assessment: \$750.00.

Rutgers Students:

- If the student does not have Rutgers Student Resource Insurance – Learning Disability/ADHD/Personality Assessment: \$450.00
- If the student has Rutgers Student Resource Insurance – Learning Disability/ADHD/Personality Assessment: \$0.00

Youth Anxiety and Depression Clinic (YAD-C)

Primary Supervisor: Brian Chu, Ph.D.

Age Range Served: 9 – 17

Services Provided: The Youth Anxiety and Depression Clinic (YAD-C) treats children and adolescents who suffer from anxiety and depression. Treatment is provided on an individual basis by doctoral students who receive specialized training by Dr. Brian Chu. Patients are provided with cognitive behavioral therapy. We are actively looking for youth who are anxious or depressed to participate in a randomized clinical trial (RCT) evaluating the effectiveness of Individual Behavioral Activation Therapy, a new cognitive-behavioral therapy that emphasizes active problem solving and behavioral practice.

We provide psychological therapy for children and adolescents who feel impacted by anxiety, stress, and mood problems. If your child is experiencing any of the following symptoms, you may be a good candidate for the YAD-C:

- Sad, down, blue, or irritable mood
- Withdrawal from friends, school/work, and social activities; disinterested in things you used to like
- Pervasive, persistent worries about multiple topics (i.e. school/work performance, family, health, future)
- Difficulty separating from home, parents, or loved ones
- Excessive fear or embarrassment in social situations
- Problems at home, school/work, or with peers as a result of mood or anxiety

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PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL OF
APPLIED AND PROFESSIONAL PSYCHOLOGY
(CONTINUED)

Inclusion/Exclusion Criteria: Children and adolescents ages 9 – 17 whose distress is related primarily to the symptoms of anxiety or depression. Children whose distress is primarily related to external stressors are typically directed to alternative services.

Fee Structure: There is no charge for your initial assessment. Sessions are charged on a sliding scale based on annual family income and are payable at the time of service. Fees for services are determined by household income and range from \$5 to \$60 per session.

Families who participate in research receive financial compensation for completing scheduled assessments and gift cards/prizes may be available to youth at various time-points throughout treatment.

Dialectical Behavior Therapy Clinic at Rutgers (DBT-RU)

Primary Supervisor: Shireen Rizvi, Ph.D., ABPP

Age Range Served: 13 +

Services Provided: The Dialectical Behavior Therapy (DBT) clinic is a research and training clinic that provides comprehensive DBT, an evidence-based and empirically-supported treatment for borderline personality disorder and associated problems. Adult clients undergoing treatment attend individual therapy once per week, as well as weekly meetings of a skills training group. Adolescent clients in the DBT for Adolescents (DBT-A)

Inclusion/Exclusion Criteria: The DBT-RU clinic treats adults clients (18 and older) who meet DSM-5 criteria for borderline personality disorder. The DBT-A clinic treats adolescent and young adult clients (ages 13 – 20) who experience problems with emotion regulation, impulsivity, and suicidality or substance use. Across both programs, all clients must: 1) live within 45 minutes

of the clinic, 2) have access to transportation, 3) be willing to consent to video recording of their sessions, 4) be available to attend treatment for the full 6 months and be able to attend the time of the weekly skills group, and 5) be willing to stop all other psychotherapy once DBT treatment begins. Additional exclusion criteria include the presence of psychotic symptoms, significant cognitive impairment (e.g. IQ below 70), the presence of active, problematic substance use, and the presence of an eating disorder that warrants immediate treatment (e.g. hospitalization).

Finally, because DBT-RU is a research and training clinic, all clients must participate in an intake, mid-treatment, post-treatment, and follow-up assessment to help test the effectiveness of DBT and DBT-A.

Fee Structure: DBT-RU aims to provide comprehensive DBT at affordable rates for everyone so that no one will get turned away due to lack of finances. Treatment costs are determined on a sliding scale based on household income.

PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL OF
APPLIED AND PROFESSIONAL PSYCHOLOGY
(CONTINUED)

The Tourette Syndrome Clinic

Primary Supervisor: Graham Hartke, Psy.D.

Age Range Served: Children, Adolescents, and Adults

Services Provided: The Rutgers-NJCTS Tourette Syndrome Program offers individual and family therapy for individuals affected by Tourette Syndrome (TS), emphasizing evidence-based treatments for TS and related conditions. All of our therapists (doctoral students) are trained in Comprehensive Behavioral Intervention for Tics (CBIT), which includes Habit Reversal Training (HRT), as well as cognitive behavioral approaches for common comorbid conditions such as attention-deficit disorder (ADHD), obsessive compulsive disorder (OCD), oppositional defiant disorder (ODD), as well as other anxiety or mood disorders. Individual and family therapy may also include supportive, psychoeducational, and skill-building interventions (e.g., social skills training).

In addition to individual and family therapy, we offer socio-emotional skills groups for school-aged children and teens. These groups typically begin in January each year. Finally, the Rutgers-NJCTS Tourette Syndrome Program also offers a variety of additional supportive services including diagnostic evaluation; consultation on TS and associated disorders for practitioners, physicians, educators and students; assistance with referrals for physicians; and access to additional resources and services for the TS community.

Inclusion/Exclusion Criteria: The Tourette Syndrome Clinic can accommodate a wide variety of clients. All clients will be assessed during the first session and treatment planning will be determined based on that evaluation.

Fee Structure: The cost of each session is \$100.00 and the initial intake session is \$200.00. However, for families or individuals with financial hardships, a sliding scale may be used on a case by case basis.

Center for Psychological Services – Therapy

Clinical Director: Andrea Quinn, Psy.D

Age Range Served: All

Services Provided: The Center for Psychological Services offers individual and family therapy for children, adolescents, and adults from Rutgers University and the surrounding communities. Therapy orientations vary depending on the need and current goals for therapy. likewise, the course and length of treatment is determined by each clinician based on the individual needs of the client. Services are provided by advanced doctoral students under the supervision of faculty and licensed psychologists, and can address a wide range of disorders and difficulties.

Inclusion/Exclusion Criteria: The Center for Psychological Services is committed to being helpful to all clients who are referred, but, as a training program, we reserve the right to decide which clients will best fit our services and levels of expertise. As such, we may not accept some clients for treatment here, but will provide referrals to the appropriate services and levels of care.

Fee Structure: Therapeutic services are offered at a low cost, based on clients' household income and ability to pay.

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PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL OF
APPLIED AND PROFESSIONAL PSYCHOLOGY
(CONTINUED)

Anxiety Disorders Clinic (ADC)

Primary Supervisor: Andrea Quinn, Psy.D.

Age Range Served: All

Services Provided: The ADC is a specialty clinic offering evidence-based practices for the treatment of anxiety disorders. Specifically, the clinic offers diagnostic evaluation and consultation, and treatment for the entire range of anxiety disorders, including for example, Generalized Anxiety Disorder, Panic Disorder, Separation Anxiety Disorder, and Phobias; as well as compulsive disorders including Obsessive-Compulsive Disorder and Body-Focused Repetitive Disorders (e.g. Trichotillomania). In addition, the ADC offers a PTSD program for Veterans and trauma-focused therapy for community members who are not Veterans. Group treatment opportunities are intermittently available for other specific anxiety disorders as well.

Inclusion/Exclusion Criteria: Clients whose distress is related primarily to the symptoms of anxiety and the related disorders noted above are eligible for treatment, with the exception of those who are currently struggling with substance use disorders and/or those who are deemed to be in need of crisis services or a more intensive level of care that cannot be fully met by the ADC staff. Clients whose primary distress is related to other stressors or whose needs cannot be fully met are provided assistances with identifying and cannot be fully met are provided assistances with identifying and connecting to alternative services.

Fee Structure: Fees for services is \$50 per session for individual therapy by student therapists. The clinic accepts the resource insurance available to Rutgers Students, who pay \$0 out-of-pocket for treatment. The PTSD program for Veterans also has additional funding sources that can reduce or cover the cost of treatment for clients. Additional information is available for clients who are interested in potentially pursuing this funding.

Couples Clinic

Primary Supervisor: Elizabeth Brown, Psy.D., Karen Riggs Skean, Psy.D., and Shalonda Kelly, PhD

Age Range Served: 18+ (Individuals do not have to be legally married to participate)

Services Provided: The Couples Clinic specializes in providing evidence-based couples therapy. The two major modalities emphasized are Emotionally-Focused Couples Therapy (EFT) and Behavioral Couples Therapy (BCT). The length of treatment is determined by the needs of the couple. A “Couple Checkup,” a brief assessment and feedback intervention, is also available for couples who would like feedback regarding their relationship.

Inclusion/Exclusion Criteria: The Couples Clinic treats couples of all ethnic backgrounds, cultural identities, sexual orientations, and gender identities. The following are exclusion criteria:

- 1) The presence of severe mental illness in one or both partners
- 2) Current domestic physical, emotional, or sexual abuse
- 3) Severe substance abuse in one or both partners

Fee Structure: The fee for treatment is determined based upon household income. Fees per session range from \$10 to \$50.

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PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL OF
APPLIED AND PROFESSIONAL PSYCHOLOGY
(CONTINUED)

Group Psychotherapy Services

Primary Supervisor: David Panzer, Psy.D.

Age Range Served: 18+

Services Provided: Group Psychotherapy Services (GPS) operates within the Center for Psychological Services at Rutgers. GPS offers ongoing interpersonal process groups in the evenings for adults.

Inclusion/Exclusion Criteria: Services provided by GPS are particularly helpful for clients for whom interpersonal difficulties are a primary concern. However, most clients eligible for individual treatment within the Center for Psychological Services at Rutgers are also eligible to participate in group psychotherapy. Exclusion criteria include the following:

- 1) Current active psychosis
- 2) Current active suicidal ideation or intent
- 3) Current high-risk substance use

Fee Structure: The cost for treatment within GPS amounts to half of the cost of individual sessions at the Center Psychological Services at Rutgers.

PUBLIC MENTAL HEALTH EMERGENCY RESPONSE

P.O. Box 3000
Somerville, NJ 08876

Contact: Meg Isbitski, LSW, DRCC

Telephone: (908) 704-6302

Referral Process: Contact the Somerset County Mental Health Administrator by calling (908) 704-6302.

Services Provided: Somerset County Department of Human Services in partnership with the NJ Division of Mental Health and Addiction Services provides assistance to residents in the event of any public health emergency, whether a natural disaster, terrorism, infectious disease or individual accidents. These services include immediate crisis counseling, referral to services, and ongoing mental health support. Through the Disaster Response Crisis Counselor Program, trained volunteers are mobilized to respond and provide support to those following a the aftermath of an emergency event. All mental health responders are licensed professionals, who are FEMA trained and credentialed by the NJ Division of Mental Health and Addiction Services. The office can assist in connecting residents to mental health and addictions treatment, case management, support groups, medication, psychoeducation, and agencies that have sliding fee scales, provide other ancillary services, such as transportation and bilingual treatment.

Transportation: None.

Fee: None.

QUESTION AND ANSWER LINE (QAL)

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street
Somerville, NJ 08876

Contact: Monica Mulligan

Mailing Address:

P. O. Box 3000
Somerville, NJ 08876

Telephone: (908) 704-6355

Fax: (908) 253-0180

Email: QAL@co.somerset.nj.us

Hours: 24 hours a day/7 days a week

Referral Process: N/A

Services Provided: Families of children who had police and/or court contact can call in order to receive information and referrals to local services such as substance abuse treatment, mental health treatment, individual counseling, and family counseling, and assistance navigating the various youth systems (school, courts and children's behavioral health). Youth and parents can access this line 24 hours a day, 7 days a week. All calls and e-mails will be returned within 24 hours. All calls are confidential and there is no cost or fee to the youth or family for this service.

Transportation: N/A

Fee: None.

RECREATION DEPARTMENTS

Recreation Departments provide leisure recreation activities for community residents of all ages such as instructional clubs, leagues, tournaments and open recreation in the areas of sports, crafts and cultural events, swimming instruction, playgrounds, tennis, open swim, outdoor education, gymnastics, after school recreation, play and learn workshops, wrestling, basketball, teen volunteer programs, outdoor adventure clubs, runner clubs, trips and classes, exercise and aerobics, volleyball, and discount theme park tickets. There are nominal fees for registration for most programs. Below is a listing of recreation departments in Somerset County. Call your local department for a current activities brochure and/or for further information.

Bedminster Township Rec

One Miller Lane
Bedminster, NJ 07931
(908) 212-7000
www.bedminster.us

Bernards Township Rec

P.O. Box 437
One Collyer Lane
Basking Ridge, NJ 07920
(908) 204-3003
www.bernards.org

Bernardsville Rec

166 Mine Road - P.O. Box 158
Bernardsville, NJ 07924
(908) 766-2546 ext. 112
www.bernardsvilleboro.org

Branchburg Township Rec

Municipal Annex
34 Kenbury Road
Branchburg, NJ 08876
(908) 526-1300 ext. 187
www.branchburg.nj.us

Bridgewater Township Rec

700 Garretson Road
PO Box 6300
Bridgewater, NJ 08807
(908) 725-6300 ext. 5305
www.bridgewater.nj.gov

Franklin Township Rec

505 DeMott Lane
Somerset, NJ 08873
(732) 873-2500 ext. 6266
www.franklintwpnj.org

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RECREATION DEPARTMENTS
(CONTINUED)

Green Brook Rec

111 Greenbrook Road
Green Brook, NJ 08812
(732) 968- 1023 ext. 6507
www.greenbrookrec.org

Hillsborough Township Rec

379 South Branch Road
Hillsborough, NJ 08844
(908) 369-4832
www.Hillsborough-nj.org

Manville Rec

325 North Main Street
Manville, NJ 08835
(908) 725-9478 ext. 121
www.manvillenj.org

Montgomery Township Rec

Otto Kaufman Community Ctr
356 Skillman Road
Skillman, NJ 08558
(609) 466-3023
www.twp.montgomery.nj.us

North Plainfield Rec

263 Somerset Street
North Plainfield, NJ 07060-
4846
(908) 756-0247
www.np-recreation.com

Somerville Rec

25 West End Avenue
Somerville, NJ 08876
(908) 704-6985 ext. 271
www.somervillenj.org

South Bound Brook Rec

12 Main Street
South Bound Brook, NJ 08880
(732) 356-0258 ext. 37
www.sbbnj.com

Warren Township Rec

46 Mountain Boulevard
Warren, NJ 07059
(908) 753-8000
www.warrennj.org

Watchung Rec

15 Mountain Boulevard
Watchung, NJ 07069
(908) 756-0080 ext. 210
www.watchungnj.com

RICHARD HALL COMMUNITY MENTAL HEALTH CENTER
MENTAL HEALTH SERVICES

500 North Bridge Street
 Bridgewater, NJ 08807

Satellite Offices:

610 Franklin Boulevard
 Somerset, NJ 08873

391-D Somerset Street
 North Plainfield, NJ 07060

Contact: Nicci Spinazzola

Telephone: (908) 725-2800
 (888) 744-4417
 (908) 253-3165 (Assessment Center)

Fax: (908) 704-1790

Email: mentalhealth@co.somerset.nj.us

Hours: 8:30 am - 9:00 pm (Monday - Thursday)
 8:30 am - 5:00 pm (Friday)

Referral Process: Referral sources are diverse, including concerned parents, schools, courts, Children's System of Care (DCP&P, Tri-County CMO, and Mobile Response) and other child-serving institutions and agencies. All requests for services are managed by the Access Center which serves as a single point of entry for the Center. Clients are encouraged to contact the Access Center by phone (908-253-3165) to begin the intake process prior to arrival at Richard Hall CMHC. After this initial phone contact clients can walk in Monday-Friday between 8:30am and 9:00am. Spanish speaking clinicians are available for intakes on Fridays. A triage system is utilized to determine intake availability. Parent and guardian availability and involvement are required for youth under age 18.

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RICHARD HALL COMMUNITY MENTAL HEALTH CENTER (CONTINUED)

Fee: Fees are set from \$5.00 to \$125.00 for counseling. Sliding fee scale is available to Somerset County residents. Intakes are billed at \$170.00 and psychiatric evaluations are billed at a \$325.00. Medicaid and Medicare are accepted and we accept most insurance.

Services Provided:

Child Outpatient Department

Serving Somerset County children age 3 ½ to 18 and their families struggling with behavioral and mental health issues. Utilizing evidence based treatments from experienced and compassionate staff; children and adolescents are offered individual, family, and group therapy in a safe environment. Psychiatric evaluations and medication monitoring are also available, as well as expressive and adjunctive treatment modalities such as art therapy and yoga. Those with learning disabilities and some developmental disabilities are seen and may be assessed and referred for specialized services as needed. Psychiatric evaluations are available. Parenting education is also offered and parents can be referred for a range of clinical services as well.

Transportation: None. Some clients are transported by DCP&P. Some services are provided at satellite offices in North Plainfield and Franklin Township.

Group Offerings:

Social Butterflies: This group is a play-based social skills group for 8 – 12 year-olds who are experiencing difficulty with peers relations and emotional regulation. Topics addressed include how to make and keep friends, problem solving, conflict resolution and expressing emotions effectively. This group is geared towards youth who have mild symptoms of ASD, anxiety, ADHD, impulsivity or sensory integration disorder. Youth who are suicidal are not appropriate for this group.

Tuesdays 6:30 pm – 8:00 pm

Teen Coping Skills: This group is a peer-support and educational group that teaches ways to manage the stress and challenges of teen life through discussion and creative means. Each group member sets a personal goal to work on with the group and each person contributes to the growth of other members. This group is appropriate for teens who are anxious, depressed or who have stress from school or family issues. Teens who are actively suicidal or homicidal, have medical issues arising from eating disorders or who are experiencing problems from substance abuse would require a higher level of care and would not be appropriate.

Thursdays 7:15 pm – 8:45 pm

Children’s Hope After School Program (CHAP)

CHAP is highly individualized and structured after school program that will assist middle and high school youth who are: struggling behaviorally and emotionally; have a disturbance in academic and developmental progress; are experiencing conflict within family and interpersonal relationships.

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RICHARD HALL COMMUNITY MENTAL HEALTH CENTER (CONTINUED)

Adult Outpatient Department

Somerset County adults, ages 18+ and their families can receive individual, group, couples and family therapy. Richard Hall CMHC has a long history of working with individuals with mental health and co-occurring disorders. We use evidence-based and wellness focuses treatments in collaboration with our clients to achieve the best outcomes possible.

Group Offerings:

Coffee and Conversation: This is a group program for adult clients whose anxiety and depressive symptoms make socialization with other adults difficult. Members will read a designated book during the course of the group and share their own unique thoughts and feelings, helping to break down the barriers that contribute to feeling isolated in their lives.

Tuesdays 9:30 am – 11:00 am

Coping with Illness: This group is designed for adults with any chronic medical condition that is impacting the quality of their life. Managing a chronic illness can be stressful for both the individual and the family around them. The prolonged stress from a chronic illness can lead to feelings of depression, anxiety, frustration, hopelessness and at times anger. In addition, individuals often experience “invisible” symptoms such as other physical ailments, fatigue, etc.

Thursdays 2:00 pm – 3:30 pm

Managing Grief Group: Grief is experienced differently by individuals and in so many ways – physical, emotional, and spiritual. Grief is all of the feelings we wrestle with when someone dies and our support group will provide a safe environment to process those feelings with others who can support one another through this difficult time.

2nd Monday of the month at 7:00 pm or
Every Tuesday 11:00 am – 12:30 pm

Healthy Relationships: Most people want healthy relationships in their lives, but defining a healthy relationship can be difficult and often we have little to compare our relationships too. This group provides a safe place to discuss relationships; what makes them healthy and unhealthy, balancing power in a relationship and learning that healthy relationships are based on equality and mutual respect, not fear, threats or violence.

Wednesdays 1:00 pm – 2:30 pm

Peace and Progress: This group is designed to integrate a mindfulness approach with a variety of stress management tools that can be pulled out of your “toolbox” and applied immediately whenever confronted with a stressful situation. Learn to recognize and challenge negative self-talk and how to manage stress and anxiety.

Thursdays 12:30 pm – 2:00 pm

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RICHARD HALL COMMUNITY MENTAL HEALTH CENTER (CONTINUED)

Relapse Prevention: The purpose of the group is to offer members a sense of self-efficacy and stability in their ongoing level of functioning in the community. Studies have shown that people can learn to recognize and manage their symptoms and reduce the chances that they will relapse. If they do relapse, the symptoms may be less severe. Actions you can take before symptoms become severe can help lessen the effect of symptoms on your day-to-day life. Self-management can help you identify these early warning signs and create a plan to help with difficult situations.

(1) Wednesdays 10:30 – 12:00 pm or

(2) 11:00 am – 12:30 pm

Solutions: This group is a structured format on recovering from depression, utilizing behavioral goal techniques, along with education on Psychological underpinnings that help or hinder recover. The group takes into account barriers in the environment that contribute to clients struggles and encourages seeking practical solutions. This group also operates on using group process through leader guidance, peer support and feedback to positively influence goal achievement. Clients are encouraged to learn what the Therapists have learned through education and experience.

Wednesdays or Thursdays 7:30 pm – 9:00 pm

SOMERSET COUNTY TRAUMATIC LOSS COALITION

Various members of the community are committed to the prevention, intervention and post-vention planning of traumatic loss events involving youth in the community.

TOUCHSTONE INTENSIVE SUPPORT SERVICES

Individuals age 18 and older may participate in this program. This serves clients with a wide range of psychiatric disorders who have difficulty functioning in the community. Groups focus on promoting increased functioning, community involvement, and vocational productivity, including a Supported Employment program.

MEDICATION CLINIC

Child psychiatric evaluation and treatment is provided by board eligible or certified psychiatrists, for children and adolescents. The clinic provides services Monday through Friday by appointment, and evening hours are available.

CO-OCCURRING AND RELATIONSHIP EMPOWERMENT (CARE)

CARE is a client-driven wellness and recovery program dedicated to empowering individuals who struggle with co-occurring mental health, substance use disorders, and relationship challenges to make choices in support of self-determination and personal growth.

OPTIONS for Men and Women

Provide individual domestic violence assessments and a 6 month psycho-educational group for those seeking to end intimate partner violence.

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**RICHARD HALL COMMUNITY MENTAL HEALTH CENTER
(CONTINUED)**

REACH 4 RECOVERY

Works by providing support that promotes wellness and recovery from co-occurring substance use and mental health disorders by bridging the gap between treatment and recovery supports. R4R assists participants to increase skills to improve whole health, build community and address ambivalence through the use of individual, group and community based recovery supports including: Equine Assisted Therapy, Motivational Incentives, and Community Outreach.

**ZUFALL HEALTH INTEGRATION INITIATIVE
(ZHII) 908-253-3164**

A whole health care program supporting personal wellness and recovery from both physical and mental health conditions. Behavioral Health Care, Primary Health Care and Dental Care are provided on site for those in need. In addition the program offers: Nutrition, Wellness Education and Activities, Smoking Cessation, Personal Wellness Planning, Healthy Goal Setting.

SAFE+SOUND SOMERSET**(ADMINISTRATION AND OUTREACH OFFICES)**

427 Homestead Road
Hillsborough, NJ 08844

Telephone: (866) 685-1122 (24-Hour Toll Free
Talk/Text Hotline)
(908) 359-0003 ext. 202 (Outreach Office)

Fax: (908) 359-8881

Website: www.safe-sound.org

Hours: Outreach Office (Clinical Services, Legal Advocacy,
Financial Literacy)
9:00 am - 7:00 pm (Monday - Thursday)
9:00 am - 5:00 pm (Friday 2pm June - August)
9:00 am - 4:00 pm (Saturday)

Outreach Services by appointment only. Walk-ins not accepted for security purposes.

Referral Process: Individuals interested in services should contact the 24-hour hotline directly to request assistance. Primary criteria for services is the experience of domestic or dating abuse/intimate partner violence personally, with a family member or a friend. Non-emancipated minors, under 18, must have permission of a parent or guardian to access counseling and advocacy services. Individuals, service providers and community members may contact the 24-hour call/text line for information, referrals or training and presentation information.

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SAFE+SOUND SOMERSET (CONTINUED)

Services Provided: Safe+Sound Somerset provides trauma informed services that include 24-hour call/phone hotline services and confidential emergency safe house, transitional housing, individual and therapeutic group counseling for adults and children (including clinicians certified in Trauma Focused Cognitive Behavioral Therapy, Prolonged Exposure and Play Therapy) psychoeducational and mentoring groups, legal advocacy and SPEAK teen and community education. Services are available in Spanish. TTY is available on the 24-hour hotline.

Transportation: Emergency transportation is available to confidential emergency safe house. Limited public transportation to outreach office. Somerville satellite office is accessible via public transportation.

Fee: No fee to clients.

SAFE HARBOR CHILD ACCESS CENTERS

171 Main Street, 2nd Floor
Flemington, NJ 08822

Contact: Carol Dvoor

Telephone: (908)268-4284

Fax: (866) 723-8290

Email: safeharbor17info@gmail.com

Website: www.gosafeharbor.org

Hours: Call for appointment

Referral Process: Referrals are made through the court, agencies, and self referrals.

Services Provided: Therapeutic visitation services, supervised parenting time, monitored custody exchange for visitation, and various programs for children and teens.

Transportation: None.

Fee: Supervised Visitation - \$35.00 per hour

Therapeutic Visitation - call for fee schedule

Monitored Exchange - \$10.00 (per monitored exchange)

ST. PETER'S UNIVERSITY HOSPITAL: FOR KEEPS BEHAVIORAL HEALTH

(KIDS EMBRACED AND EMPOWERED THROUGH PSYCHOLOGICAL SERVICES)

St. Peter's Family Health Center
123 How Lane
New Brunswick, NJ 08901

Contact: Alicia Adams, LCSW
Telephone: (732) 565-5494
Fax: (732) 846-5478
Email: abronski@saintpetersuh.com
Website: www.saintpetersuh.com

Hours: 9:00 am - 3:00 pm (Monday - Friday)
Full Medicaid compliance with
NJ State recognition
Joint Commission Accredited

Referral Process: Anyone may refer a child including parents and teachers, regardless of school's preference or child's psychiatric history. A screening is completed to determine eligibility to the program.

Services Provided: For KEEPS provides daily Monday to Friday 8 – 12 week program for children between the ages of 5 thru 17, state-of-the-art individual therapy, groups, family sessions, medication management, meals, and academic instruction. For KEEPS also offers a full multi-disciplinary mental health team of doctors, nurses, therapists, counselors, and academic teachers.

Languages Spoken: Bilingual (English & Spanish)

Transportation: Medicaid service for those eligible, schools and parents in Middlesex County only.

Fee: Medicaid only.

SAMARITAN HOMELESS INTERIM PROGRAM

Safe Harbor & Port of Refuge
87 East High Street
Somerville, NJ 08876

Contact: Tom O'Leary

Telephone: (908) 393-9545

Fax: (908) 393-9542

Email: ship908@optonline.net

Website: www.ship908.com

Hours: 9:00 am - 4:00 pm (Monday - Friday)

Referral Process: Anyone can refer.

Services Provided: Emergency shelter/housing, Anti-Hunger Program, HIV/Aids Education and Testing Program, Alcohol/Substance Abuse Program.

Transportation: None.

Fee: None.

SEABROOK HOUSE, INC.

133 Polk Lane
Seabrook, NJ 08302-5905

Mailing Address:

P.O. Box 5055
Seabrook, NJ 08302-0655

Telephone: (856) 455-7575
(800) 761-7575

Fax: (856) 453-1022

Website: www.seabrookhouse.org

Hours: 24 hours per day

Referral Process: Seabrook House treats adult men and women (18+) suffering from the disease of addiction. The facility primarily serves residents of the Northeastern United States. To refer a patient, one must call the admission telephone number for a ten minute intake and benefits check (if necessary). Following that, an appointment is made for an assessment and potentially an admission to one of our programs based on level of care determined.

Services Provided: The program provides inpatient detox, residential rehabilitation, extended care for men and women, partial hospitalization, and intensive outpatient at our main campus in Bridgeton, NJ. We also have partial hospitalization and intensive outpatient levels of care at our other sites in Cherry Hill, Northfield, Morristown, and Shrewsbury New Jersey as well. Our newest outpatient location is located in Paoli, PA. Family services are provided at all locations.

Transportation: Seabrook House provides transportation for patients in need within the NJ, PA, NY, and DE region.

Fee: Private insurance accepted both in and out of network. Self-pay, payment plans, and credit cards are also accepted. Some scholarship programs are available.

SOCIAL SECURITY ADMINISTRATION

245 Highway 22, Suite 207
Bridgewater, NJ 08807

Telephone: (800) 772-1213
Number available daily from 7:00 am - 7:00 pm
General Inquiry Line: (866) 446-6198
TTY: (800) 325-0778

Fax: (908) 595-0286 or (905) 595-0189

Website: www.socialsecurity.gov

Hours: 9:00 am - 4:00 pm (Monday, Tuesday,
Thursday & Friday)
9:00 am - 12:00 pm (Wednesday)

Referral Process: Employers, funeral directors, welfare agencies, support agencies, and self-referents are the usual sources of referrals. Applications are taken for monthly benefits for survivors or dependents of deceased. In addition, applications are processed for retirement and disability benefits. Clients come to the office and make an appointment to apply.

Services Provided: The agency provides financial aid to all that qualify. No social services are provided. Appointments can be made to take claims in the office or over the phone. No direct payments are made to those under 18 except in very extreme circumstances. Processing time for survivor benefits is 30 days; for retirement benefits, 30 days; for disability benefits, 90 days. No benefits are payable under Social Security for the first five full months after onset of disability. There is no such non-payment period for Supplemental Security Income.

Transportation: None.

Fee: None.

**SOMERSET ACADEMY,
ELEMENTARY and SECONDARY PROGRAMS (K - 12) and
CAREER CENTER**

SOMERSET COUNTY EDUCATIONAL SERVICES COMMISSION

7 Finderne Avenue
Bridgewater, NJ 08807

Mailing Address:

991 Route 22 West, Suite 301
Bridgewater, NJ 08807

Telephone: (908) 707-0070

Fax: (908) 231-7973

Hours: 8:30 am - 2:07 pm (Monday - Friday / school year)

Referral Process: Child Study Teams from local school districts refer students to the Academy. Students ages 5 to 21, who are eligible for alternative academic and special education and related services are served.

Services Provided: Each student receives a full academic program based on the NJ Core Curriculum Standards and the individual student's IEP. The school-wide Behavior Evaluation Program is an integral part of the student's plan. A full-time psychologist, social worker/SAC, consulting psychiatrist, and work with fully certified teachers to round out the programs. Referrals to outside agencies and administration of state-mandated tests are also provided.

Transportation: Sending school district provides transportation.

Fee: Tuition paid by local school district.

SOMERSET CHILDREN'S CENTER

377 Union Avenue
Bridgewater, NJ 08807

Mailing Address:

377 Union Avenue
Bridgewater, NJ 08807

Telephone: (908) 725-2366

Fax: (908) 725-3945

Email: sccinfo@somersetchildrenscenter.org

Website: www.somersetchildrenscenter.org

Hours: 8:30 am - 4:30 pm -(Monday - Friday)

Referral Process: Doctors, health agencies, schools, parents, and Elk's Lodges are the usual sources of referrals. The Treatment Center provides services for some school districts. Contact the facility directly about the specific therapy needed.

Services Provided: Services provided are physical, occupational, and speech therapy to children from birth to age 21. Therapy is typically provided in half-hour sessions.

Transportation: None.

Fee: Contact agency for fees. Insurance accepted. Family may receive sponsorship from Elk's Lodge where the child resides after Lodge approval.

SOMERSET COMMUNITY ACTION PROGRAM, INC.

155 Pierce St, Suite F
Somerset, NJ 08873-4168

Contact: Steven Nagel, Executive Director

Mailing Address:

P. O. Box 189
900 Hamilton Street
Somerset, NJ 08875

Telephone: (732) 846-8888

Referral Process: Any Somerset County low income resident with a pre-school age child may apply for the childcare program by coming to the office or requesting an application via telephone. Referrals are not necessary to access any services offered by SCAP.

SCAP does serve as a point of contact for residents in need of assistance. If the assistance sought is not a direct service that is provided, SCAP will work to link those in need with available services/assistance within the County/State.

Services Provided: Childcare: Comprehensive, high quality pre-school education/school readiness program. The program is available to any Somerset County child including children with disabilities, ages 6 weeks to 5, whose family's total gross household income is at or below the federal poverty index. It is a free full-day program that includes nutritionally sound meals and snacks.

- Summer camp for children ages 6-12
- Other community services to assist low-income families achieve and maintain family self-sufficiency.

**SOMERSET COUNTY ALTERNATIVE
ACADEMIC HIGH SCHOOL (SCAAHS)****SOMERSET COUNTY EDUCATIONAL SERVICES COMMISSION**

7 Finderne Avenue
Bridgewater, NJ 08807

Contact: Ms. Karen Myrick**Telephone:** (908) 707-0070**Fax:** (908) 231-7973**Hours:** 7:45 am - 12:15 pm (AM session)
12:15 pm - 2:00 pm (PM session)

Referral Process: Students may be accepted into SCAAHS any time during the school year. The prospective student must be recommended either by his/her Guidance Counselor or Child Study Team. Copies of the following are sent to the SCAAHS for review: Transcripts, Test Scores, Medical Form, Report Cards, and IEP's. Other outside agencies may refer candidates for admission, but this must be coordinated through the Guidance Office or Child Study Team of the candidate's home district school.

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SOMERSET COUNTY ALTERNATIVE ACADEMIC HIGH SCHOOL (CONTINUED)

Services Provided: Counseling – Psychologist, Social Worker, and Consulting Psychiatrist; Academic Counseling – School Counselor; Test Coordinator – State Mandated Testing; LDTC. The main goal of SCAAHS is to provide each student with structure, guidance and the academic foundation to complete his/her graduation requirements while still focusing on the behavioral, social, and/or emotional issues that previously hindered his/her success. These issues are addressed through onsite individual and group counseling, drug awareness programs, innovative attendance incentives, home district support, as well as cooperation from various outside resources. SCAAHS also offers career exploration/education, a mentorship program, community service, employment opportunities and training, as well as post-graduation preparation and assistance for both personal development and/or graduation credit.

Transportation: Home school district provides transportation and students are permitted to drive cars.

Fee: School districts pay fee.

SOMERSET COUNTY BOARD OF SOCIAL SERVICES

73 East High Street
P.O. Box 936
Somerville, NJ 08876-0936

Contact: Dominic Crisall

Telephone: (908) 526-8800

Fax: (908) 707-1941

Other Locations:

630 Franklin Boulevard, Suite 110
Somerset, NJ 08873-1144
(732) 846-6499

391-D Somerset Street
North Plainfield, NJ 07060
(908) 561-9400

Hours: Somerville Office
8:15 am - 6:00 pm (Monday - Friday)

North Plainfield and Somerset Offices
8:30 am - 4:30 pm (Monday - Friday)

Referral Process: No referral or appointment is necessary to apply for any of the services offered. Applicants must be residents of Somerset County. Eligibility for various programs is dependent upon the income and resource level of the applicant.

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SOMERSET COUNTY BOARD OF SOCIAL SERVICES (CONTINUED)

Services Provided: Cash assistance is available to families with minor children under Temporary Assistance to Needy Families Program. NJ SNAP benefits are available to families and single adults who meet the program's eligibility requirements. In addition, the Board administers the Work First General Assistance Program for indigent single adults and couples to 19 of the 21 municipalities in the county. Medical assistance is available under various Medicaid programs. (This includes medical coverage for families with minor children, pregnant women and the elderly and disabled.) The Board of Social Services provides counseling, emergency housing and utility shut-offs for temporary assistance to needy families, as well as limited housing and utility assistance for working poor county residents, information and referral to other service organizations, protective services for vulnerable adults, family day care, and homemaker services as well as outreach services provided to residents of rooming and boarding homes.

Transportation: Not provided to the offices. Clients may be visited at home if required. Medical transportation for Medicaid eligible residents is arranged through Logisticare.

Fee: None.

SOMERSET COUNTY FAMILY DIVISION

County Court House
20 North Bridge Street, 2nd Floor
Somerville, NJ 08876

Mailing Address:

Court House
P.O. Box 3000
Somerville, NJ 08876

Telephone: (908) 332-7700 ext. 13005

Website: www.njcourts.gov

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Referrals are made by the Somerset County Prosecutor's Office after complaints filed by local police are screened. The Family Crisis Intervention Unit refers Juvenile/Family Crisis Petitions and Out-of-Home Placement Petitions to Family Division for screening and referral to Family Court. The Family Court and Family Division have jurisdiction over all juvenile residents of Somerset County.

Services Provided: Somerset County Family Division screens all matters regarding Juvenile Delinquency, Crisis Petitions, Detention, Out-of-Home Placement, Child Placement Review, Abuse/Neglect, Termination of Parental Rights, Custody, Support, Paternity, Dissolution, and Domestic Violence to be considered and referred to the Family Court for further legal action if necessary. The Family Court will, under certain circumstances, remand juveniles to out-of-home placements (correctional and residential placements).

Transportation: None.

Fee: None.

SOMERSET COUNTY INTER-AGENCY COORDINATING COUNCIL (CIACC)

27 Warren Street
Somerville, NJ 08876

Mailing Address:

P.O. Box 3000
Somerville, NJ 08876

Contact: Antonietta Phelan

Telephone: (908) 704-6356

Fax: (908) 253-0180

Hours: 8:00 am - 4:00 pm (Monday - Friday)

Population Served: The CIACC serves Somerset County youth from birth to age 21, who receive behavioral health related services for significant emotional and or behavioral disturbances or who have intellectual or developmental disabilities (I/DD).

Services Provided: The Somerset County Children's Inter-Agency Coordinating Council (CIACC) is an advisory body that develops and maintains a responsive, accessible and integrated system of care for children with behavioral health issues, developmental or intellectual disabilities and adolescents with substance abuse issues through the involvement of parents, consumers, youth and child serving agencies as partners. The CIACC is an advisory body to the Children's System of Care (CSOC) and County government, thus making recommendations on youth and families who are being served by the CSOC system. The CIACC provides a forum where the system of services for children with behavioral health issues or who have I/DD, can be developed, reviewed, revised and/or redirected through a collaborative decision making process with the Children's System of Care (CSOC).

Membership of the CIACC represents all of child-serving systems, to include behavioral health, child welfare, education, juvenile justice, substance abuse providers, and developmental disabilities and advocates. Membership also reflects natural family supports of community based organizations, and family members. The activities of the CIACC are: coordinate and integrate planning efforts for youth with State and County planning bodies; review programs developed for children and youth using the protocol developed for this purpose and make appropriate recommendations to the Children's System of Care (CSOC) during contract renewals; provide local systems review to raise appropriate issues to the Children's System of Care (CSOC); establish a priority setting process to guide resource and service development through data secured from CSOC partners and provided by other State and County planning groups; review data received by the CSOC system partners to identify resources, service gaps or barriers to report to the State; provide CSOC with an annual county assessment of identified needs for Somerset County for State planning purposes and monitor funding

Transportation: None.

Fee: None.

SOMERSET COUNTY JUVENILE JUSTICE MULTI-DISCIPLINARY TEAM (JJMDT)

Somerset County Youth Services Commission
27 Warren Street
Somerville, NJ 08876

Mailing Address:

JJMDT - Somerset County Youth Services
Commission
P.O. Box 3000
Somerville, NJ 08876

Telephone: (908) 704-6352

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Referrals can be made by the Somerset County Family Case Management Office, Somerset County Probation Department, Somerset County Juvenile Institutional Services, and the Juvenile Justice Commission, to the JJMDT Coordinator. The target population for the JJMDT is Somerset County (1) juveniles referred through the juvenile justice system who have been charged with an offense and are at risk of placement in secure detention at the time of disposition on pending charges which could include violation of probation, and (2) Juvenile Justice Commission youth who need aftercare planning, using existing community resources and additional resources as they become available and (3) juveniles that are currently in secure detention.

Services Provided: The JJMDT consists of representatives from the Somerset County Family Case Management Office, Somerset County Family Crisis Intervention Unit, Somerset County Juvenile Institutional Services, Somerset County Probation Department, Division of Child Protection & Permanency, Home Detention Program, Care Management Organization, Middle Earth, Catholic Charities and the New Jersey Juvenile Justice Commission. The JJMDT may be expanded to include the youth, family representative(s), and representatives of agencies, including schools, involved with providing services to the youth/family being reviewed. The JJMDT will develop and ensure individualized case plans for adjudicated youth through a coordinated team effort. Plans developed for youth and their families will build on family strengths and community resources.

Transportation: None.

Fee: None.

SOMERSET COUNTY PARK COMMISSION ENVIRONMENTAL EDUCATION CENTER

190 Lord Stirling Road
Basking Ridge, NJ 07920

Contact: Carrie Springer, Manager

Telephone: (908) 722-1200 ext. 5002

Email: cspringer@scparcs.org

Website: www.somersetcountyparks.org

Hours: 9:00 am - 5:00 pm - 7 days a week (Building)
Trails open Dawn - Dusk 7 days a week.

Services Provided: Open to people all ages from infants to senior citizens. Visit our website for a complete list of programs offered. Naturalist programs include nature walks, children's programs, story hour, crafts, gardening, bird watching, and camps. There are day and overnight excursions for family and friends as well as many special events and exhibits at the Environmental Education Center. Canoeing, kayaking, and cross-country skiing are also available. An interactive exhibit highlighting geographic, historic, and ecological information of the area is open 9am-4:30pm daily.

Transportation: None.

Fee: Based upon program offered or special event established.

SOMERSET COUNTY PARK COMMISSION JUNIOR GOLF PROGRAM

Green Knoll Golf Course
Quail Brook Golf Course
Spooky Brook Golf Course
Warrenbrook Golf Course
Neshanic Valley Golf Course

Mailing Address:

PO Box 5327
North Branch, NJ 08876

Contact: Bob Ransone

Telephone: (908) 722-1200 (Main Number)
(908) 722-1200 ext. 5426 – Bob Ransone
(908) 722-1200 ext. 5428 – for information

Email: rransone@scparks.org

Services Provided: Open to boys and girls of Somerset County, ages 8 to 17. Included in the program:

- Golf school (instruction)
- Supervised Golf Leagues
- Golf Tournaments for Girls and Boys
- Pitch and Putt Leagues and Tournaments
- Annual Family Golf Outing.

For a program booklet, call Golf Operations, (908) 369-1458, Ext. 428.

Transportation: None.

Fee: See Program Booklet.

SOMERSET COUNTY PARK COMMISSION LORD STIRLING STABLE

256 South Maple Avenue
Basking Ridge, NJ 07920-1234

Telephone: (908) 766-5955
After-hours: *31 for directions
*32 for up to date information

Email: mmargentino@scparks.org

Hours: 9:00 am - 5:00 pm Office (Monday - Sunday)
Hacking, lead line and riding lesson times vary
each season.

Referral Process: Children ages 9 to 18, are considered junior riders and must be registered by their parents or legal guardian. Children must be able to understand and follow instructions and directions in order to adjust the saddle, girth, and stirrups alone. Also, they must be able to learn by watching, be able to sit up unassisted, and pay attention the whole hour.

Services Provided: The following eight services are offered:

1. English Riding Lessons - Hour lessons for beginner up through advanced jumping with other fun classes available for 9 year olds and above. There are 4 ten-week sessions per year in the spring, summer, fall, and winter. There is also the option of juniors riding twice a week for 5 weeks during the summer months. If the rider has prior riding experience and can at least post the trot, a testing appointment should be made to determine their level according to the various classification goals. Junior classes are offered at 4:00 pm or 5:00 pm Monday through Friday and 1:00, 2:00, 3:00 and 4:00 pm on Saturday except in the summer. Summer times are 10:00 and 11:00 am Monday through Friday and 9:00, 10:00, and 11:00 am on Saturday. There is a limit of 8 children per class.

At the conclusion of the fall and spring riding, a Horse Show is held to permit parents to see how their children's riding skills are improving and let them experience riding in a Horse Show. All junior riders are required to wear an ASTM/SEI approved riding hard hat, proper footwear, and jodhpurs or breeches.

- 2. Junior Summer Workshops** - Are available for D-3 level or above riders. A special 2-week Monday through Friday program of riding and horse care. The workshop starts at 8:30 am and consists of an hour of formal riding instruction, a talk followed by "hands-on" experience, and an hour of a fun activity with the children ready to return home at 1:15 pm. There is a limit of 20 children per workshop. Four workshops are available per summer.
- 3. Hacking** - Hours vary per season. A junior rider (C-1 level or above), who can post the trot and feels comfortable and secure at the canter, can rent a horse for an hour. Riders must be 12 years old to ride on the trails (unless in the riding program) but may ride in the indoor or outdoor rings if 9 years or older and meet the riding requirements. Parents must sign the necessary paperwork. From May 1 – September 30, D-3 riders may rent a horse to ride on the trails only.
- 4. Lead Line** - Children need to be able to sit up and hold on unassisted and are led at a walk by the parent for these special one-on-one pony rides. Horses or ponies are rented by the half-hour. A hard hat is required, available, and included with the fee.

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**SOMERSET COUNTY PARK COMMISSION
LORD STIRLING STABLE
(CONTINUED)**

5. Pony Parties – The two-hour party starts with parents leading two ponies or small horses around a fenced area for the first 45 minutes. The remaining time is spent in the climate-controlled party room. An empty piñata is included; to be filled with your own goodies. Reservations must be made at least two weeks prior to the party date. Pony Parties are available seven days a week, rain or shine. Please call for more information on fees.

6. Mini Workshop - This hands-on course offers people a chance to gain experience and confidence around horses. Many subjects are also covered in this five consecutive Saturdays from 1 pm - 3 pm course. This course is open to juniors in the spring and fall. Please call for exact dates and fees.

7. Private Horses - For an annual fee, riders with their own horses may use the 14 miles of well-maintained trails or the outdoor rings. An outdoor stadium and a jumping course are also available for training and schooling. Pony Clubs, Horse Clubs, Riding Clubs, etc. are welcome. Reservations are necessary. During inclement weather the indoor ring may be available by the hour at certain times. Please call for times and fees.

8. Friends of Lord Stirling Stable - Offer a wide variety of events all year long that riders are encouraged to enter. Call for upcoming event information or check their website at FLSSnj.org.

Transportation: None. Stable is approximately one and a half miles from either the Lyons or Basking Ridge train stations.

Fee: Fees involved. Please call for information.

SOMERSET COUNTY PARK COMMISSION PUTTING COURSE and PADDLE BOATS

Colonial Park
156 Mettlers Road
Somerset, NJ 08873

Mailing Address:

P.O. Box 5327
North Branch, NJ 08876

Telephone: (908) 722-1200 ext. 5023

Email: dhealey@sparks.org

Website: www.somersetcountyparks.org

Putting Course Hours:

12:00 pm - 8:00 pm (When weekends only)
10:00am - 9:00pm (When open daily)

Referral Source: Any resident of New Jersey can use the Park's services by coming to the park and paying service fees.

Services Provided: The Putting Course and Paddleboats opens for weekends only in May then daily in late June through Labor Day. The facility is then open weekends only through Columbus Day weekend.

Transportation: None.

Fee: 1. Putting Course Round:

Under Age 5 - \$2.00
Junior/Senior - \$5.00
Adult - \$8.00
Group Rate (10 person minimum) - \$5.00 per person

2. Paddle Boat Rides:

Standard Boat - \$9.36+ tax per half hour
Premium Boat - \$12.16 + tax per half hour.

3. Golf/Boat Combinations and 10-visit passes are also available.

SOMERSET COUNTY PARK COMMISSION TENNIS INSTRUCTION (SUMMER PROGRAM)

587 Garretson Road
Bridgewater, NJ 08807

Telephone: (908) 722-1200 ext. 5021 (Green Knoll)

TDD: (908) 722-6562

Email: dhealey@scparks.org

Website: www.somersetcountyparks.org

Hours: 9:00 am - 10:30 am (Monday - Friday)

Referral Process: Source of referral is usually self-referent. The program serves residents of Somerset County who are ages 7-17, who have little or no instruction to those who have reasonable **ground strokes**.

Services Provided: Beginners, advanced beginners, intermediate, and advanced lessons include drill work, play action drills, challenge court time, and tournaments. Program is held weekly beginning in June and running for 6-8 weeks.

Transportation: None.

Fee: Call for rates.

**SOMERSET COUNTY PARK COMMISSION
THERAPEUTIC RECREATION**

355 Milltown Road
North Branch, NJ 08876

Mailing Address:

P.O. Box 5327
North Branch, NJ 08876

Contact: Dina Trunzo, CTRS

Telephone: (908) 526-5650

Fax: (908) 429-5508

TDD: NJ Relay Service @ 711

Email: dtrunzo@scparks.org

Website: www.somersetcountyparks.org

Hours: 8:00 am - 4:30 pm (Monday - Friday) office hours
Programs are conducted in the evening and occasional weekends.

Referral Process: Schools, parents, social service agencies, and recreation departments are usual sources of referrals. Participants must reside in one of the 16 participating municipalities in Somerset County. Parents/guardians may call the TR office to request being added to the mailing list. An assessment/intake interview by a recreation therapist will be a required part of this process. All participants must complete additional paperwork. Programs are open to individuals with a developmental disability.

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**SOMERSET COUNTY PARK COMMISSION
THERAPEUTIC RECREATION
(CONTINUED)**

Services Provided: Programs are offered seasonally and may include a variety of social, cultural, artistic, culinary, sports, fitness, community outings, horticulture, and special events. Program offerings also include an adapted horseback riding program (T.R.A.I.L.S.) and overnight trips. Age requirements vary by program. The goal of the TR department is to promote an active leisure lifestyle that improves social, physical, cognitive and emotional functioning, enhances participants' ability, and fosters the acquisition of skills. Inclusion services- The TR staff assists other Park Commission departments and municipal recreation departments with the inclusion of people with disabilities in recreation programs with peers who do not have a disability.

Transportation: Some. Varies with each program.

Fee: Varies by program. Financial assistance available.

SOMERSET COUNTY VICINAGE 13 PROBATION

Superior Courthouse
20 North Bridge Street
Somerville, NJ 08876

Mailing Address:

P.O. Box 3000
Somerville, NJ 08876

Telephone: (908) 332-7000 ext. 13760

Fax: (908) 332-7703

Hours: 8:30 am - 4:30 pm (Monday - Friday)
Evening hours by appointment.

Referral Process: Juveniles are placed under the supervision of probation by Superior Court - Family Part. Serves ages 8 - 18.

Services Provided: Enforcement of court orders by case monitoring and supervision of juvenile probationers in the community. This includes community service placement, urine monitoring, field visits, school contacts, written sanctions, and collection of fines and restitution. Makes referrals to the appropriate agencies in order to reintegrate the juvenile into society and to deter further delinquent activity, promoting public safety. Acts as a liaison between court, social service agencies, law enforcement, Juvenile Justice Commission, and the educational system.

Languages Spoken: Bilingual (Spanish) Officers available.

Transportation: Not provided, but public transportation is available.

Fee: None.

SOMERSET COUNTY PROSECUTOR'S OFFICE

Office of Victim-Witness Advocacy
40 North Bridge Street
PO Box 3000
Somerville, NJ 08876

Telephone: (908) 575-3359

Fax: (908) 575-3962

Website: www.scpo.net

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Referrals are primarily a result of a criminal investigation, but may also be made directly to the Office of Victim-Witness Advocacy.

Services Provided: Criminal justice orientation, case status notification, court room orientation, court accompaniment, crisis counseling and support services, information on financial entitlements, information regarding victim impact statement and parole input, assistance with property return, case advocacy, referrals to county agencies. Advocacy services available in municipal court to victims of domestic violence.

Languages Spoken: Bilingual Spanish speaking secretary.

Transportation: May be provided to victims when needed for a court appearance.

Fee: None

SOMERSET COUNTY SCHOOL DISTRICTS AFTER SCHOOL PROGRAM

Bedminster Township School District	(908) 234-0768
Bernards Township School District	(908) 204-2600 Ext. 103
Bound Brook Borough School District	(732) 356-7405
Branchburg Township School District	(908) 725-9497
Bridgewater-Raritan Reg. School District	(908) 231-8661
Franklin Township School District	(908) 873-2400 Ext. 402/403
Green Brook Township School District	(732) 968-1051
Hillsborough Township School District	(908) 369-0030
Manville Borough School District	(908) 231-8545
Montgomery Township School District	(609) 466-7608
North Plainfield Borough School District	(908) 769-6060
Somerset Hills School District	(908) 204-1930 Ext. 109
Somerville Borough School District	(908) 218-4101
So. Bound Brook Borough School District	(908) 356-0018
Warren Township School District	(732) 753-5300
Watchung Borough School District	(908) 755-8121

Or contact any of the following:

The United Way of Somerset County at (908) 725-4428
Jointure at (908) 722-0233.

SOMERSET COUNTY SPECIAL CHILD HEALTH SERVICES

Case Management Unit
377 Union Avenue
Bridgewater, NJ 08807

Contact: Kristen C. Lakatos, MS, RN

Telephone: (908) 725-2366

Fax: (908) 725-3945

Email: klakatos@cmschs.com
casemanagement@cmsch.com

Website: www.somersetchildrenscenter.org

Hours: 9:00 am - 4:00 pm (Monday – Friday)

Referral Process: Referrals can be made by families, doctors, schools or other agencies.

Services Provided: Special Child Health Services Case Management Unit works with families to help meet the needs of children from birth through 21 years of age who are medically involved or developmentally disabled regardless of financial status.

The Case Manager is either a nurse or a social worker who will work with the family to identify the child's needs and develop an Individual Service Plan based on those needs. The Case Manger will also help to identify sources of assistance, financial and other, and help the family in obtaining the services that are needed. There is no cost to families for Case Management.

Transportation: N/A.

Fee: Free of charge.

SOMERSET COUNTY VOCATIONAL AND TECHNICAL HIGH SCHOOL

14 Vogt Drive
Bridgewater, NJ 08807

Mailing Address:

P.O. Box 6350
Bridgewater, NJ 08807

Contact: Diane Ziegler, Principal

Telephone: (908) 526-8900

Fax: (908) 704-0784

Website: www.scvths.org

Hours: 7:45 am - 2:15 pm

Office: 7:30 am - 4:00 pm (Monday - Friday)
(school calendar)

Referral Process: Students are referred by their sending high school district. The school serves regular and classified students ages 14 to 20, who reside in Somerset County. Students must meet certain eligibility requirements to be accepted into the school.

Services Provided: The program provides academic and vocational courses leading to high school diploma and a skill certificate, supportive services including social and adjustment counseling, career counseling and information, and Cooperative Education (CE). Secondary age students who are interested in learning vocational and technical skills benefit most. Students may attend full-time or share time. Share time means they only attend Vo-tech for approximately two hours per day for vocational training while they spend the remainder of their day at their district high school in academic instruction.

Transportation: Provided by sending school district.

Fee: Tuition paid by sending district.

SOMERSET COUNTY YMCA

Website: www.somersetcountyyymca.org

Branches:

SOMERSET HILLS BRANCH - MT. AIRY

140 Mount Airy Road
Basking Ridge, NJ 07920

Telephone: (908) 766-7898

Hours: 5:00 am - 10:00 pm (Monday - Friday)
6:00 am - 8:00 pm (Saturday)
7:00 am - 6:00 pm (Sunday)

SOMERSET HILLS YMCA - RIVERWALK

665 Martinsville Road
Basking Ridge, NJ 07920

Telephone: (908) 766-7898

Hours: 5:00 am - 10:30 pm (Monday - Thursday)
5:00 am - 8:00 pm (Friday)
6:00 am - 6:00 pm (Saturday)
7:00 am - 6:00 pm (Sunday)

BRIDGEWATER YMCA

601 Garretson Road
Bridgewater, NJ 08807

Telephone: (908) 526-0688

Hours: 5:00 am - 10:00 pm (Monday - Friday)
6:00 am - 7:00 pm (Saturday)
6:00 am - 6:00 pm (Sunday)

SOMERVILLE YMCA

2 Green Street
Somerville, NJ 08876

Telephone: (908) 722-4567

Hours: 5:00 am - 10:00 pm (Monday - Thursday)
6:00 am - 8:00 pm (Saturday)
6:00 am - 6:00 pm (Sunday)

HILLSBOROUGH YMCA

19 East Mountain Road
Hillsborough, NJ 08844

Telephone: (908) 369-0490

Hours: 5:00 am - 10:00 pm (Monday - Thursday)
6:30 am - 8:00 pm (Saturday)
7:00 am - 6:00 pm (Sunday)

PLAINFIELD YMCA

504 Madison Avenue
Plainfield, NJ 07060

Telephone: (908) 766-5770

Hours: 9:00am-5:00pm (Monday-Friday)

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SOMERSET COUNTY YMCA (CONTINUED)

Referral Process: The YMCA serves infants through senior citizens primarily residing in the surrounding area who find the facilities convenient. Other sources of referrals are schools, recreation departments, church groups, and other town and county groups. Financial assistance is available.

Services Provided: The YMCA provides activities for health enhancement, skill development, and family enrichment including day care, summer day camp, after school program, pool, gymnasium, classroom, and outdoor activities for infants through senior citizens. Programs such as Saturdays in Motion provides monthly activities for autistic children and their families. A wide range of programs are designed to address the mind, body and spirit.

Transportation: None.

Fee: Individual programs have a separate fee that varies. Financial assistance is available.

Membership Fee: Per year membership fees apply, please call for each branch's rates.

SOMERSET COUNTY YOUTH SERVICES COMMISSION

27 Warren Street
Somerville, NJ 08876

Mailing Address:

P. O. Box 3000
Somerville, NJ 08876

Phone: (908) 704-6333

Fax: (908) 253-0180

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Anyone may call the Commission office to gain information about sanctions and services that serve Somerset County youth and their families. The population served are Somerset County youth ages 5 to 19, who are at risk of or already involved in the Juvenile Justice System.

Services Provided: The Commission is a legislatively-mandated body that plans, implements, monitors, and evaluates the juvenile justice service system. It develops and submits biennially, to the Board of County Commissioners and the State Juvenile Justice Commission, a comprehensive plan of sanctions and services for juveniles adjudicated or charged as delinquent and delinquency prevention programs. Its members are appointed by the Board of County Commissioners and are representative of all the systems that impact youth.

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SOMERSET COUNTY YOUTH SERVICES COMMISSION (CONTINUED)

The mandated duties and responsibilities are carried out through a committee process. These duties include assessing and prioritizing the needs of delinquent and at-risk youth, coordinating and integrating services for these youth, determining the distribution of funding for services and monitoring same, coordinating efforts of municipal youth services commissions, the Juvenile Justice Multi-Disciplinary Team, and planning education and training opportunities for Somerset County professionals from all the systems that work with youth. For additional information on the Somerset County Youth Services Commission, or other statewide Youth Services Commissions and events, please visit <http://www.njacysca.org/>.

Transportation: None.

Fee: None.

SOMERSET OPERATION SHELTER (S.O.S.)

C/O SOMERSET COUNTY BOARD OF SOCIAL SERVICES

73 E. High Street
Somerville, NJ 08876

Mailing Address:

PO Box 936
Somerville, NJ 08876

Contact: Joanne Kemp, Admin. Supervisor of Social Work

Telephone: (908) 526-8800 or (800) 287-3607

Hours: 24 hours a day / 7 days a week / 365 days a year

Referral Process: Usually self-referral. Serves homeless single adults and families in Somerset County.

Services Provided: Homeless individuals/families are placed in area shelters/motels with follow-up services by social work staff of the Board of Social Services to resolve homelessness. If needed, transportation to shelter site can also be provided.

Transportation: If needed, transportation is provided for follow-up services.

Fee: None.

SOMERSET PSYCHOLOGICAL GROUP, PA

(SOMERVILLE)

Mailing Address:

134 West End Avenue, First Floor
Somerville, NJ 08876

Contact: Peter DeNigris, PsyD

Telephone: Main number (908) 333-4646
New Patient Line (908) 333-4646 ext 120

Fax: (908) 722-5060

Email: info@somersetpsych.com

Website: www.somersetpsych.com

Hours: Each doctor schedules his or her own appointments, so please contact the doctor directly. If you are a new patient and are unsure of which doctor to see, please leave a voicemail message at extension 120. While each doctor's schedule varies, morning, afternoon, and evening appointments are generally available Monday-Saturday.

Referral Process: We accept referrals from individuals, families, schools, physicians, attorneys, clergy, and social service agencies. Please contact us directly via telephone to schedule an appointment.

Services Provided: Somerset Psychological Group provides a variety of services for the full spectrum of the population, including children, adolescents, and adults. Staff have been specially trained in the assessment and treatment of a vast array of challenges, including: anxiety, mood problems, low self-esteem, stress management, work and school difficulties, grief and loss, trauma, sexual difficulties, parenting concerns, and behavioral problems. In addition to individual therapy, our staff has been trained in family therapy, couples therapy, and group therapy. We also offer a variety of specialized forensic services, including: court testimony, civil and criminal evaluations, evaluations in child abuse cases, and fitness for duty evaluations and IMEs. Some members of our staff are fluent in Spanish.

Transportation: None.

Languages Spoken: English, Spanish

Fee: Fees for our services fall within the usual, reasonable, and customary charges for mental health providers in central New Jersey. Our fees vary depending upon the type of service that is being provided. We do not participate in any of the insurance networks, however, with the exception of our forensic work, our services would be covered by out of network benefits. We encourage you to speak directly to our doctors regarding fees.

SOMERSET TREATMENT SERVICES

118 West End Avenue
Somerville, NJ 08876

Contact: Barbara Schlichting

Telephone: (908) 722-1232

Fax: (908)429-7523

Email: info@stscares.org

Website: www.stscares.org

Hours: Counseling Center
9:00 am - 8:00 pm (Tuesday - Thursday)
9:00 am - 4:30 pm (Monday and Friday)

Opiate Treatment Program Clinic
6:30 am - 9:30 am (Monday - Friday)
7:00 am - 9:00 am (Saturday)

Referral Process: Voluntary, social services agencies, schools, clergy, the Division of Child Protection and Permanency and the criminal justice system are a few of the common sources of referrals. Clients eligible for services would be those presenting with a drug and/or alcohol problem or HIV related problem. Clients should call the main office number to complete a phone screening and arrange an intake appointment.

Services Provided: The program provides outpatient substance abuse counseling for adolescents and adults, which includes individual, group, and family therapy, as well as Intensive Outpatient Program services. Also available at the agency are drug and alcohol evaluations and laboratory drug screening. Separate, hospital-based medical services are provided to opiate-addicted individuals, utilizing methadone and Buprenorphine/Suboxone. The agency also has HIV-specific substance abuse counseling which provides various services to Persons Living with AIDS. Case management services and HIV Support Groups are provided to any Somerset or Hunterdon County resident as well. Psychiatric services are available to all clients. Anger Management Services- a 16 week Anger Management Group is available, as needed.

The Agency also has free, Specialized Prevention Services for at-risk families and youth. First is the S-BIRT Program (Screening, Brief Intervention and Referral to Treatment) offering screening and follow-up intervention to high-risk youth. Strengthening Families offers a 10-week course for parents and children aged 5-12, with dinners, separate age-specific groups and family groups. Narcan training is offered to anyone in Somerset or Hunterdon counties and includes provision of a Narcan kit to help prevent opioid overdose deaths.

Transportation: Local train and bus lines run close to the clinic near Somerville.

Fee: Medicaid accepted for all services. State Fee for Service and county funding also assists clients over the Medicaid threshold. Sliding scale fee available for self-pay clients. Call for current rates.

STREET SMART OUTREACH PROGRAM

Visions and Pathways
16 Fourth Avenue
Bridgewater, NJ 08807

Contact: Jennifer Amaya

Mail: Street Smart
P.O. Box 6871
Bridgewater, NJ 08807-0871

Telephone: (973) 644-4666
(908) 307-7829

Fax: (973) 644-4885

Email: jamaya@visionsandpathways.org

Referral Process: Any individual or organization may refer a young person in Somerset County, ages 13 to 24, or a young person may also seek services himself/herself.

Services Provided: Street Smart is a street outreach program to help keep youth, ages 13 to 24, off of the street, prevent exploitation of high-risk youth, and combat human trafficking. Services include food and clothing, job and educational counseling, HIV/AIDS information, and access to a crisis-intervention or transitional living program. Street Smart also provides referrals and advocacy..

Transportation: Transportation can be arranged.

Fee: None.

SUMMIT OAKS HOSPITAL

19 Prospect Street
Summit, NJ 07091

Telephone: (800) 753-5223
(908) 522-7071 (Admissions)

Hours: 24 hours a day / 7 days a week

Fax: (908) 522-7077

Website: www.summitoakshospital.com

Hours 24 Hours a day / 7 days a week

Referral Process: Summit Oaks Hospital accepts referrals from Hospitals, Outpatient Providers, Physicians, Psychiatrists, Psychologists, Social Service Agencies, Courts, Police, Military, School Personnel, Parents, Family, Guardians, as well as Self-referrals. Patients are also able to walk-in to our facility for an assessment.

Services Provided:

Inpatient: Summit Oaks Hospital provides Acute Psychiatric and Substance Use treatment for Adults, Adolescents and Children. The **Child and Adolescent Program** serves ages 5 to 17, who are in crisis and need 24-hour clinical supervision. The **Adult Psychiatric Program** serves individuals 18+ who are experiencing acute mental health problems and are in crisis. The **Drug and Alcohol Detoxification Program** serves individuals 18+ who need medically managed detox, followed by evidence based therapies. The **Rehabilitation Program** services individuals 18+ who've gone through the Detoxification program and acquire additional skills to manage recovery. The **Dual Diagnosis Program** serves individuals 18+ who struggle with acute behavioral health issues and substance use.

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SUMMIT OAKS HOSPITAL (CONTINUED)

Outpatient: Summit Oaks Hospital provides Adult (18+) **Partial Hospitalization Programs (PHP)** and **Intensive Outpatient Programs (IOP)** for Mental Health, Substance Use and Co-Occurring Disorders.

Languages Spoken: English, Spanish and language line is used for a variety of other languages.

Transportation: Transportation is provided for the Outpatient Programs within a 25 mile radius of the Hospital.

Fee: Most Major Insurances accepted including, Horizon Blue Cross Blue Shield, Aetna, Cigna, Oxford UBH, Qualcare, TRICARE®, Medicare and Medicaid. Private Pay is also accepted.

TECHNICAL OCCUPATIONAL PREPARATION FOR SUCCESS (TOPS)

Somerset County Vocational and Technical High School
14 Vogt Drive
Bridgewater, NJ 08807

Mailing Address:

P.O. Box 6350
Bridgewater, NJ 08807

Contact: Christopher Lemongelli, Supervisor

Telephone: (908) 526-8900 ext. 7269 or 7123

Fax: (908) 203-0391

Hours: 7:45 am - 2:15 pm (Monday - Friday)
during the school year.

Referral Process: Somerset County residents of high school age are referred to the TOPS Program by counselors or Child Study Team members in their local school districts. Candidates for admission must have an interest in vocational training and a desire to succeed academically. Students eligible for the TOPS Program are at risk of failing their regular high school program. A parent or guardian must give written consent.

Services Provided: TOPS serves as a surrogate high school program for students with ability who are not successful in their regular schools. It is an enrichment program with an individual emphasis supported by individualized plans for each student with the ability to receive full high school credit for all schoolwork completed. Students select vocational training from a variety of CTE programs available. Intensive academic classes include special projects, community service activities, demonstrations, outside speakers, and field trips all of which are designed to enrich the traditional education process, allowing students the opportunity to learn and succeed in an innovative and unconventional program.

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**TECHNICAL OCCUPATIONAL PREPARATION FOR SUCCESS
(TOPS)
(CONTINUED)**

Academic and personal counseling are also provided. The goal is to steer capable students back on the right track to graduation, a career, and success as an individual and a member of their community. At the end of the school year, each student is given the opportunity to remain in the TOPS program, or return to their sending district.

Students are also given assistance for continuing their education and/or finding employment.

Transportation: When needed, it is provided by the student's home district.

Fee: None for students. Subsidized by sending school district.

TRI-COUNTY CARE MANAGEMENT ORGANIZATION (CMO)
(SOMERSET, HUNTERDON, WARREN)

Locations: 3040 Route 22 West, Suite 210
Branchburg, NJ 08876
315 West Washington Avenue, Suite 1
Washington, NJ 07882

Contact: Community Resource Manager

Telephone: (908) 526-3900

Information: Info Line (908) 526-3900 Option 8

Fax: (908) 526-5278 (Branchburg)
(908) 223-1631 (Washington)

Email: info@tricitycmo.org

Website: www.tricitycmo.org

Tri County Resource Net:
www.tricityresourcenet.org

Hours: 9:00 am - 4:30 pm (Monday - Friday)
On-call care manager available 24/7
(for emergencies to enrolled children and families only)

Referral Process: All referrals are received from the Contracted System Administrator (PerformCare) for the NJ Children's System of Care. Parents, family members, school staff, mental health providers and other professionals helping children and families can contact PerformCare **(877-652-7624)** on behalf of a youth in need of a referral. Note: the parent or legal guardian of the child must give consent for services. PerformCare will then compile clinical information on the child to determine the level of care management required.

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TRI-COUNTY CARE MANAGEMENT ORGANIZATION (CMO) (CONTINUED)

Services Provided: Under contract with the NJ Children's System of Care, Tri County CMO provides intensive care coordination of wraparound services for children aged 5–21 who demonstrate complex behavioral, developmental or addiction challenges.

Each child is evaluated using the statewide Strengths and Needs Assessment and participates in a Child and Family Team Meeting to determine the Family Vision, Strengths, Needs, Strategies, and Services/Informal Supports necessary to achieve and maintain stability. Care Managers ensure that services are coordinated across system partners (e.g., DCP&P, Probation, etc.).

Transportation: Some transportation is provided directly to enrolled children and families, as well as linkage with sustainable public transportation or Medicaid transport as applicable.

Fee: None.

TWILIGHT PROGRAM, THE

Somerset County Vocational and Technical High School
14 Vogt Drive
Bridgewater, NJ 08807

Mailing Address:

P.O. Box 6350
Bridgewater, NJ 08807

Contact: Diane Ziegler, Principal
Maria Johnson, Director of Special Services

Telephone: (908) 526-8900 ext. 7254 or 7155

Hours: 8:30 am - 1:00 pm (Monday - Thursday)
(15 days summer session)

Referral Process: Those eligible to participate must be between the ages of 14 and 18 and are students in Somerset county public schools. Upon referral, applicants are screened by a member of the Twilight staff.

Services Provided: The Twilight Program is a vocational and academic skills training program for youth throughout Somerset County who are between the ages of 14 and 18, who require extra attention and direction. The mission of the program is to prepare youth for the future by providing them with the skills, attitudes, and support needed to participate effectively in the labor market and/or to continue their education. Vocational training and basic skills instruction, no cost to the student, is provided and transportation when available.

Transportation: Transportation is available from certain parts of the county depending on need, and should be discussed when applying.

Fee: None for Somerset County residents.

**UMDNJ - NEW JERSEY'S UNIVERSITY OF HEALTH
SCIENCES/UNIVERSITY BEHAVIORAL HEALTHCARE
AT PISCATAWAY**

667 Hoes Lane
Piscataway, NJ 08855

Telephone: (800) 969-5300

Hours: 24 hours a day / 7 days a week

Referral Process: Agencies, families, and professionals may call the UMDNJ/CMHC main number for assistance in contacting any programs listed below.

Services Provided: UBHC offers a wide range of services for youth under age 18. Specific programs include therapeutic day schools for children ages 3 to 18, inpatient and day hospital services for both children and adolescents, specialized services for youth with problems with addiction, outpatient services including individual, group and family therapy, crisis services, school based mental health services, and in home and community based intervention and prevention programs.

Transportation: Varies with program. School districts provide transportation to therapeutic day schools, and agency provides transportation to some partial hospital programs.

Fee: Sliding scale, based on ability to pay. Accepts a broad range of insurance coverage, including HMO, Medicaid, and Medicare. School districts support some programming. Call for specific information.

UNITED FAMILY AND CHILDREN'S SOCIETY

305 West Seventh Street
Plainfield, NJ 07060-1511

Contact: Intake Coordinator

Telephone: (908) 755-4848

Fax: (908) 755-3655

Email: info@unitedfamily.org

Website: www.unitedfamily.org

Hours: 9:00 am - 5:00 pm (Monday, Thursday & Friday)
9:00 am - 9:00 pm (Tue. & Wed.)

Referral Process: For a counseling appointment or information, please call the agency. Usual sources of referrals include schools, clergy, community agencies, local crisis services, hospitals, physicians, DCP&P, United Way, 2-1-1, Youth Services Commissions, municipal courts and former clients.

Services Provided: United Family and Children's Society provides high-quality, licensed, professional and affordable counseling and adoption services. United Family serves portions of Somerset, Middlesex, and Union Counties. Individual, family & couple therapy for children, adolescents and adults, play therapy, and anger management services are available. Problem areas include anxiety, stress depression, parenting concerns, ADHD, separation and divorce, bereavement and loss, child abuse/neglect, sexual abuse, foster care issues, family conflict, domestic violence and adjustment to illness. Counseling and anger management services are available in Spanish and English. Medication services are not offered.

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UNITED FAMILY AND CHILDREN'S SOCIETY (CONTINUED)

Adoption services include home studies and post-adoption supervision for prospective couples in Central New Jersey. Contact Jeanne Polasky, LCSW, the Director of Adoption.

United Family and Children's Society is a NJ licensed outpatient mental health facility and a NJ licensed adoption agency. UFCS is certified by Somerset County United Way and the United Way of Greater Union County. United Family is a non-profit 501(c)(3) organization.

Transportation: Public transportation is easily accessible.

Fee: NJ Medicaid is accepted and a limited sliding scale fee based on family income is available for counseling services. The Anger Management Program is a pre-paid fee service not under Medicaid.



**UNITED WAY OF NORTHERN NEW JERSEY
VOLUNTEER CENTER**

United Way of Northern New Jersey
55 North Gaston Avenue
Somerville, NJ 08876

Mailing Address:

P.O. Box 6835
Bridgewater, NJ 08807

Contact: Lisa Galonardo

Telephone: (908) 253-6503

Email: Lisa.Galonardo@unitedwaynj.org

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Usually self-referral. Information is available at <http://unitedwaynj.galaxydigital.com/>, posted in local newspapers or may be obtained by calling (908) 253-6503 for current youth volunteer opportunities.

Services Provided: In addition to maintaining a listing of current youth volunteer opportunities, United Way of Northern New Jersey sponsors special youth events and projects: Day of Action in June, Tools for School in August, Gift of Warmth, a winter coat drive designed for school and youth group participation, occurs in November and December, Gifts of the Season, a holiday gift drive and program in December and Martin Luther King Day of Service in January. United Way of Northern New Jersey also sponsors a Varsity Letter in Volunteer Service program, which is open to high school students whose high school is willing to participate in this program. Finally, the United Way's Volunteer Center can help direct a school or youth group to appropriate community volunteer opportunities – call or e-mail Lisa.Galonardo@unitedwaynj.org for more information.

Transportation: None.

Fee: None.

VOCATIONAL REHABILITATION & EMPLOYMENT SERVICES

VETERANS ADMINISTRATION REGIONAL OFFICE

20 Washington Place
Newark, NJ 07102-3174

Telephone: (800) 827-1000 General Information
(973) 297-3200

Fax: (973) 297-3210

Website: www.vba.va.gov

Referral Process: Must be 20% or more service connected disabled veteran. Benefit good for 12 years after service.

Services Provided: Vocational Rehabilitation and Employment Service provides vocational-educational counseling to veterans and certain dependents. Eligibility for this service is based on having eligibility for a VA Education program such as: Chapter 30 (Montgomery GI Bill); Chapter 32 (Veterans Education Assistance Program - VEAP); Chapter 35 (Dependents Education Assistance Program) for certain spouses and dependent children; Chapter 18 (Spina Bifida Program) for certain dependent children; Chapter 1606 (Reservists Education Program); Public Law 102-16 (for Transitioning Service members).



VR&E can provide a wide range of vocational and educational counseling services to service members still on active duty, as well as veterans and dependents who are eligible for one of VA's educational benefit programs. These services are designed to help an individual choose a vocational direction and determine the course needed to achieve the chosen goal.

Assistance may include interest and aptitude testing; occupational exploration; setting occupational goals; locating the right type of training program and exploring educational or training facilities which might be utilized to achieve an occupational goal.

Transportation: None.

Fee: Counseling services are provided to eligible persons at no charge.

WHITNEY HOUSE TRANSITIONAL LIVING PROGRAM

Visions and Pathways
2 Whitney Court
Bridgewater, NJ 08807

Contact: Ms. Carlotta Spence/Program Director

Mailing Address:

Whitney House
P.O. Box 6871
Bridgewater, NJ 09907-0871

Telephone: (908) 947-0002 (Whitney House)
(908) 526-6605 ext. 301 (Carlotta Spence)

Fax: (908) 526-6999 or (908) 526-4433

Website: www.visionsandpathways.org

Referral Process: Any youth-serving agency throughout New Jersey can make a referral and may contact the program director to discuss the admission process. Self-referrals are also considered. Whitney House serves five (5) young women ages 16 to 21.

Services Provided: Whitney House is a residential transitional living program for five females, ages 16 to 21, providing the skills needed to live independently. While in residence, they are required to attend school, work part-time, manage their finances and participate in the Pathways independent living program to learn the skills necessary to make the transition to adulthood. After a stay of 18 months, graduates continue to receive services to enable them to lead productive lives.

Language Spoken: English and Spanish.

Transportation: Limited transportation provided.

Fee: Paid by Department of Children and Families, and Chafee funding.

ZUFALL HEALTH CENTER

SEXUAL ASSAULT SUPPORT SERVICES

71 Fourth Street
Somerville, NJ 08876

Contact: Julie Krupinski

Telephone: (908) 526-2335 ext. 124 (office)
(908) 526-7444 (24-hour confidential hotline)

Fax: (908) 526-4750

Email: jkrupinski@zufallhealth.org

Hours: 8:30 am - 4:30 pm - Office (Monday - Friday)
Evening hours by appointment.
Hotline available 24 hours a day / 7 days a week.

Referral Process: Individual, trauma-informed counseling services provided by licensed mental health professionals with special training in trauma and sexual assault for all survivors (ages 13 and over) of sexual violence and their loved ones. Individuals seeking counseling should call 24-hour hotline for assistance. Confidential Sexual Violence Advocates (CSVAs) who are part of the Sexual Assault Response Team (SART) can be reached via the hotline for immediate support, information and referrals as well as accompaniment for medical exams and/or police interviews as part of response to a sexual assault which has occurred within five days. (for those who are age 13 or older).

Services Provided: Services provided include: a confidential 24-hour hotline; Individual, trauma-informed counseling services provided by licensed mental health professionals with special training in trauma and sexual assault for all survivors (ages 13 and over) of sexual violence and their loved ones; police and hospital accompaniment/advocacy; community education to professionals and schools; professional trainings; volunteer trainings for new CSVAs, and information and referrals.

Fee: None.

ZUFALL HEALTH CENTER

PREP (PARENT READINESS EDUCATION PROGRAM)

71 Fourth Street
Somerville, NJ 08876

Contact: Victoria Phillips/Julie Krupinski

Telephone: (908) 526-2335 ext. 136 (Victoria)
ext. 124 (Julie)

Fax: (908) 526-4750

Email: vphillips@zufallhealth.org or
jkrupinski@zufallhealth.org

Hours: Call for appointment

Referral Process: Referrals are accepted from all sources, either agencies or individuals. Any Somerset County resident age 19 or under, who is pregnant and looking to parent, and their support system (parent, boyfriend, husband, or friend) is eligible. Call agency for information or appointment.

Services Provided: PREP provides free, 1-1 confidential education and support for pregnant teens planning on parenting. This includes topics such as prenatal care childbirth education, child care instruction, nutrition, family planning information, assistance in locating and connecting with community resources, housing, child care items, and medical care. Any pregnant teen with limited knowledge of resources would benefit from this program.

Fee: None.

REQUEST FOR UPDATED INFORMATION

In an effort to keep the updating process ongoing, please contact our office with any changes or additions to your Agency's Information page.

Please direct information to:

Gretchen Craig
Administrative Assistant

Somerset County Office of Youth Services

P. O. Box 3000
Somerville, NJ 08876

Phone: (908) 704-6333

Fax: (908) 253-0180

Email: gcraig@co.somerset.nj.us

Thank you.

NOTES

For copies of the SERVICE DIRECTORY for the children of Somerset County, please complete the following and return to:

**Gretchen Craig
Somerset County Youth Services Commission**

P. O. Box 3000
Somerville, NJ 08876

Phone: (908) 704-6333

Fax: (908) 253-0180

Email: gccraig@co.somerset.nj.us

Name: _____

Affiliation: _____

Title: _____

Address: _____

Telephone: _____

Email: _____

Copies Requested: _____

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