

Eating Healthy on a Budget

Monday, July 13th

12:00pm-1:00pm

Iris Novas Cooney, RDH, MAOM

Member Advocacy and Community Outreach Transformation

Horizon Blue Cross and Blue Shield



Join us virtually to learn the following:

Adapt the MyPlate method for people on a budget

Budget-friendly tips

Mini Healthy Food Demo

[Click here](#) to register

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