

## **Chronic Disease Series** **for the Black and Brown Community**

Presented by health experts from Robert Wood Johnson University Hospital Somerset

**Wednesdays at 12:00pm-1:00pm**



### ***Cancer Prevention and Early Detection***

September 9th

Deborah Lue, MD

Attiyah Muhammad-Callaway BSN, RN

*Discussion on prevention and screening for breast cancer.*

### ***Nutrition***

September 16th

Karen Connelly, RD, CSO

Marilyn Omabegho, Director, IP Nursing-Oncology

*Learn how a healthy diet can help reduce the risk of cancer.*



### ***Diabetes***

September 23rd

Welda Joseph, APN

*Understand the importance of managing diabetes to improve one's overall health.*



### ***Building Trust with Your Healthcare Provider***

September 30th

Melissa Richardson, DNP, RN, FNP-BC

*An open dialogue with a healthcare provider about building a trusting relationship and how this can improve health.*

***Registration is required for this series offered at no charge.***

**Click here** to register.

Questions? Email us at [outreach@cancersupportcnj.org](mailto:outreach@cancersupportcnj.org) or call 908-658-5400 ext \*

***So that no one faces cancer alone®***