



COVID-19, Youth of Color, and Suicide Risk Indicators

Wednesday, Sept. 30 at 10 a.m.

The Mercer County Division of Mental Health, in partnership with the State Traumatic Loss Coalition and NJ Hope and Healing, is pleased to present “COVID-19, Youth of Color, and Suicide Risk Indicators.” This 90-minute presentation will address the impact of systemic injustices on risk factors for suicide in youth of color and will include topics such as trauma associated with structural racism, generational poverty, and disparities related to COVID-19 that youth of color have endured.

The program will be presented live via WebEx. To register, please use the link below:
<https://rutgers.webex.com/rutgers/onstage/g.php?MTID=eb7e9598472f898e1b79a9654d3cd58ea>.

Please note that registration is required.

GUEST SPEAKER: KIMME CARLOS



Kimme is the Founder the Urban Mental Health Alliance, CEO and Founder of Kimme Carlos Motivational Consulting, and Co-Founder and Lead Facilitator of Sister Wellness Retreats: Healing Spaces for Black Women. Kimme also is a certified health and wellness coach with the Institute for Integrative Nutrition, a certified instructor for Mental Health First Aid, and author of *The Window of Grace: Living in Recovery through Christian Faith*.

As an advocate with lived experience, Kimme keynotes and facilitates on mental health, addiction and recovery, and wellness and self-care. Kimme is also the proud daughter of Dr. John W. Carlos, 1968 Olympian and civil rights activist.

