



# Somerset County Department of Health

## Social Support Manual

May 2023

The County of Somerset is home to a population of promising individuals from around the world, making Somerset County a unique vibrant community because of its diversity. The County's diversity is among our greatest assets.

Diversity is fundamental to everything we do in Somerset County. It is inclusive of not only those who look different but those who may think differently.

When Somerset County recognizes, values, and embraces diversity, we are recognizing, valuing, and embracing the uniqueness of each individual.

#### SOMERSET COUNTY MISSION STATEMENT:

The County of Somerset is committed to excellence and innovation in public service, promoting the well-being of all residents and communities by providing effective, efficient, and responsive leadership.



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# Introduction

The following manual includes resources from the State of New Jersey, Somerset County, and local community partners. The links in the manual are associated with each resource's webpage, please check links frequently for updates.

COVID-19 specific resources are also noted within this manual and will be updated as changes are made.

This manual should be used as a guide to help residents of Somerset County, including vulnerable populations. Vulnerable populations are defined as those at greater risk for poor health status and health outcomes, experience significant disparities in life expectancy, often lack access to healthcare and social supports, and experience increased morbidity and mortality. The health needs of vulnerable populations are complex and intersect with the social and economic conditions they experience. These populations are also more likely to have one or more physical and/or mental health condition. (Source: <https://www.ajmc.com/view/nov06-2390ps348-s352>)

Additionally, the disparities in health and environmental risk factors that vulnerable populations experience put them at greater risk for COVID-19 related morbidity and mortality. In order to reduce the number of poor health outcomes due to COVID-19 in vulnerable populations, it is imperative that LHDs identify vulnerable populations in the community, and work closely with the social support agencies to connect them to COVID-19 prevention measures, testing, contact tracing, containment, isolation, quarantine, vaccination, primary care, and other social supports. (Source: <https://www.ajmc.com/view/nov06-2390ps348-s352>)

It is recommended that Somerset County residents that are elderly or have special needs sign-up for Register Ready (page 5). This resource will aid emergency service teams in locating and assisting vulnerable persons within Somerset County.

# Register Ready

PREPARING IS CARING .... ARE YOU REGISTER READY?



<https://www13.state.nj.us/SpecialNeeds/Signin?ReturnUrl=%2fSpecialNeeds%2f>

If you are elderly or have special needs, be sure to register with New Jersey Register Ready. The emergency services rescue teams will then know where you are and what they need to do to meet your needs in emergency situations.

The New Jersey registration website allows residents with special needs and their families, friends and associates an opportunity to provide information to emergency response agencies, so emergency responders can better plan to serve special needs individuals and their families in a disaster or other emergency.

The information collected is confidential and will not be available to the public; it will be held securely and only used for emergency response and planning.

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<sup>1</sup> This information has been provided courtesy of Somerset County Office of Human Services-Office on Aging and Disability Services. <https://www.co.somerset.nj.us/government/human-services/aging-disability-services>

# Local Health Departments

Please click the link below to access contact information for all local health departments in Somerset County:

<https://www.co.somerset.nj.us/home/showpublisheddocument?id=35658>

**Somerset County Department of Health (SCDOH):** Bedminster (Pluckemin, Pottersville) , Bound Brook, Far Hills, Franklin (East Millstone, Franklin Park, Griggstown, Kingston, Little Rocky Hill, Middlebush, Somerset, Zarephath), Manville, North Plainfield, Raritan, Somerville, South Bound Brook

**Bernards Township Department of Health:** Bernards (Basking Ridge, Liberty Corner), Bernardsville, Peapack-Gladstone

**Branchburg Health Department:** Branchburg (Neshanic Station, North Branch)

**Bridgewater Township Department of Health and Human Services:** Bridgewater (Bradley Gardens, Finderne, Martinsville, Thomae Park)

**Hillsborough Township Department of Health:** Hillsborough, Millstone Borough

**Middle-Brook Regional Health Commission:** Green Brook Warren, Watchung

**Montgomery Township Department of Health:** Montgomery (Belle Mead, Skillman), Rocky Hill

# Bernards Township

## [Bernards Township Affordable Housing](#)

### **Central Jersey Housing Resource Center**

92 East Main Street

Somerville, NJ 08876

(908) 446-0036

[www.cjhrc.org](http://www.cjhrc.org)

## [Senior Wellness Services](#)

### [Senior Centers](#)

#### **Senior Wellness Center at Basking Ridge**

202 Mt. Airy Road, Basking Ridge, NJ 07920

(908) 204-3435

Hours: Monday-Friday, 9 a.m. to 4 p.m.

#### **Senior Food Security and Wellness Program**

1 Collyer Lane

Basking Ridge 07920

(908) 204-3003

## [Bernards Township Transportation](#)

# Township of Branchburg

## [Somerset County Board of Social Services](#)

### **Somerville Central Office**

73 East High Street

Somerville, NJ 08876-0936

Phone: (908) 526-8800

Fax: (908) 707-1941

Monday-Friday

8:30 a.m.-4:30 p.m.

## [Township of Branchburg Affordable Housing](#)

### [Somerset County Office on Aging](#)

27 Warren Street

Somerville, NJ 08876

Phone: (908) 704-6346

Toll Free: 1 (888) 747-1122

[officeaging@co.somerset.nj.us](mailto:officeaging@co.somerset.nj.us)

### [Central Jersey Housing Resource Center](#)

(908) 704-8901

[Affordable Housing Application](#)



# Township of Bridgewater

## Township of Bridgewater Department of Health and Human Services

100 Commons Way

Bridgewater, NJ 08807

Phone: (908) 725-6300

Monday-Friday

9:00am – 5:00pm

### **Director of Human Services**

Christine Madrid

Phone: (908) 725-6300 ext. 5210

[cmadrid@bridgewaternj.gov](mailto:cmadrid@bridgewaternj.gov)

[Township of Bridgewater Affordable Housing](#)

[Township of Bridgewater Senior Citizen Services](#)

### **Senior Citizen Coordinator**

Jen Osterberg

Phone: (908) 575-8020

[seniors@bridgewaternj.gov](mailto:seniors@bridgewaternj.gov)

[Social Services](#)

### **Central Office**

73 East High Street

Somerville, NJ 08876

Phone: (908) 526-8800

# Hillsborough Township

## [Office of Social Services](#)

Cathy Faerber, Assistant Director of Social Services

(908) 369-3880

Department Hours

M-F 8:00 am - 4:30 pm

## [Hillsborough Township Affordable Housing](#)

Patricia Gallagher, CMEAssociates

(732) 462-7400 x1030

[pgallagher@cmeusa1.com](mailto:pgallagher@cmeusa1.com)

## [Community Assistance Network \(Food Drive\)](#)

### [Senior Wellness Program](#)

#### **Senior Citizen Clubs**

##### **Chapter A Senior Citizen Club**

Meets the first Thursday of each month

President - Gene Reinhardt

Membership - Lucy Nicastro 908-313-7730

##### **Chapter B Senior Citizen Club**

Meets the second Thursday of each month

President - Tony Fusco

Membership - Debbie Francolini 908-217-7698

# Montgomery Township

[Montgomery Township Special Needs Form](#)

[Emergency Services](#)

[Recreation Events](#)

Please refer to Somerset County Department of Human Services for resources and services

Somerset County Department of Human Services

27 Warren Street, Somerville, NJ 08876

(908) 704-6300

# Emergency Hotlines

## **AIDS/STD Information and Referrals**

1-800-624-2377

## **American Red Cross**

1-800-733-2767

## **Child Abuse**

1-877-652-2873

## **Compulsive Gambling**

1-800-426-2537

## **Domestic Violence (Call/Text)**

1-866-685-1122

## **Elder Abuse**

908-526-8800

## **Food**

908-526-8800

## **Homeless Information and Referrals**

211

## **NJ Addiction Services Hotline**

1-844-276-2777

## **Psychiatric Screening**

908-526-4100

## **Sexual Assault**

908-526-7444

## **Suicide Helpline**

988

855-654-6735

## **Utility Assistance Information and**

**Referrals 211**

**\*\* For All Emergencies Dial 911\*\***

# Somerset County Department of Human Services<sup>2</sup>

- **Office on Aging & Disability Services**

Operates county senior centers and provides information and referrals to seniors and persons with disabilities. Coordinates in-home care, senior shopping, housing counseling, and assistance with forms and applications.

908-704-6346

- **Office of Veteran Services**

Provides counseling, information, and referrals to county veterans and their families.

908-704-6329

- **Office of Youth Services**

Assesses needs and coordinates services for at-risk, delinquent, and/or emotionally disturbed youth. Provides 24-hour response to youth and families in crisis.

908-704-6333

**Family Crisis Intervention Unit:**

908-704-6330

- **One Stop Career Training Services Center**

Provides career and vocational services to eligible adults, youth, and Work First New Jersey participants.

908-541-5780

- **Community Development**

Provides rental assistance to low-income residents, and assists the county's homeless population, and Continuum of Care Committee.

908-541-5756

- **Richard Hall Community Health and Wellness Center**

Provides services for the prevention, early detection, and treatment of behavioral/physical health problems, including outpatient counseling for adults, adolescents, and children.

908-725-2800

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<sup>2</sup> The following information has been provided courtesy of the Somerset County Department of Human Services website: <https://www.co.somerset.nj.us/government/human-services>

# Somerset County Board of Social Services<sup>3</sup>

Somerset County Board of Social Services offers a variety of services to residents in need.

## Locations

- **Somerville Central Office**  
73 East High Street  
Somerville, NJ  
08876-0936  
Phone: (908) 526-8800  
Fax: (908) 707-1941  
Monday-Friday  
8:30 a.m.-4:30 p.m.
- **Franklin Field Office**  
630 Franklin Blvd  
#110  
Somerset, NJ 08873  
Phone: (732) 846-6499  
Fax: (732) 325-0224  
Monday-Friday  
8:30 a.m.-4:30 p.m.
- **North Plainfield Field Office**  
391-D Somerset Street  
North Plainfield, NJ  
07060  
Phone: (908) 561-9400  
Fax: (908) 561-6567  
Monday-Friday  
8:30 a.m.-4:30 p.m.

## Services

- **Adult Protective Services**  
Provide vulnerable adults with services the need to reside in the community free from risk or harm.
- **Emergency Assistance**  
Aids homeless persons that qualify for TANF and/or SSI under certain circumstances. Can also aid domestic violence victims who are TANF of SSI recipients.
- **SNAP**  
Monthly food benefits for qualifying individuals.  
[www.njhelps.org](http://www.njhelps.org)  
(908)526-8800
- **TANF**  
Temporary cash payments to qualifying families with minor children who have little or no income.
- **General Assistance**  
Cash assistance and limited Medicaid coverage to qualifying individuals and couples without dependent children who have little or no income.
- **Housing Assistance**  
Assist with the prevention of loss of permanent housing
- **Medicaid Programs**  
Medical assistance to eligible persons  
[www.njhelps.org](http://www.njhelps.org)  
(908)526-8800
- **Medical Transportation**  
Transportation for Medicaid eligible consumers.  
1-866-527-9933

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<sup>3</sup> The following information has been provided courtesy of the Somerset County Board of Social Services website:  
<https://www.co.somerset.nj.us/government/affiliated-agencies/social-services>

## Food Resources

Calvary Chapel	908-754-6211	384 Somerset Street, North Plainfield, NJ	Food
<a href="#">Catholic Charities- Diocese of Metuchen</a>	732-324-6211	319 Maple Street, Perth Amboy, NJ	Food, housing, utility services
<a href="#">Christ Episcopal Church</a>	732-545-6262	5 Paterson Street, New Brunswick, NJ	Food
<a href="#">Community Foodbank of New Jersey</a>	908-355-3663	31 Evans Terminal, Hillside	Food
<a href="#">Ebenezer Baptist Church</a>	732-247-2459	126 Lee Avenue, New Brunswick, NJ	Food
<a href="#">Elijah's Promise</a>	732-545-9002	18 Nielson Street, New Brunswick	Food
<a href="#">Food Bank Network of Somerset County</a>	732-560-1813	PO Box 149 Bound Brook, NJ, 08805	General food assistance
<a href="#">Food Bank Network: Bridgewater</a>	732-560-1813	9E Easy Street, Bridgewater, NJ	Food
<a href="#">Franklin Township Food Bank</a>	732-246-0009	224 Churchill Ave, Somerset, NJ 08873	Food
<a href="#">Grace's Soup Kitchen</a>	908-756-7897	600 Cleveland Avenue, Lower Level Plainfield, NJ 07060	Food
<a href="#">Greater Somerset YMCA</a>	866-269-4729	140 Mt. Airy Road Basking Ridge, NJ 07920	Food Services, childcare/ youth services
Hope Church Food Bank	732-563-4990	519 East Main Street, Bound Brook, NJ	Food pantry
Metropolitan Community Service	908-791-1369	319 Halsey Street, Plainfield, NJ	Food
<a href="#">Muslim Community Soup Kitchen</a>	908-561-6797	321 Grant Avenue, Plainfield, NJ	Food
<a href="#">Samaritan Homeless Interim Program</a>	908-393-9545	87 East High Street, Somerville, NJ, 08876	Housing, mental health, addiction services, food

<a href="#">Somerset County Food Access</a>	Varies		general food assistance
Somerset County Office on Aging & Disability Services	908-704-6346	876 E Main Street, Bridgewater, NJ	Seniors, Food
<a href="#">Somerset County Social Services- North Plainfield</a>	908-561-9400	391 D Somerset Street, North Plainfield, NJ	Housing, food
<a href="#">Somerset County Social Services- Somerset</a>	732-846-6499	630 Franklin Boulevard #110, Somerset, NJ	Housing, food
<a href="#">Somerset County Social Services- Somerville</a>	908-526-8800	73 E High Street, PO Box 936, Somerville, NJ	Housing, food
<a href="#">Somerset County United Way</a>	973-993-1160 ext.521	55 North Gaston Avenue Somerville, NJ	Food
Somerville Area Fish	908-725-5556	P.O. Box 6288, Somerville, NJ	Food
<a href="#">St. Bernard of Clairvaux Parish</a>	908-725-0552	500 US- 22, Bridgewater, NJ	Food Pantry
<a href="#">Zarephath Christian Church</a>	732-356-2502	2 Ministry Center Drive, Zarephath, NJ 08890	Food
<a href="#">Zufall Health</a>	973-328-9100	Varies	SNAP-Ed extension of Federal SNAP program- healthy recipes



## Energy Resources

<a href="#"><u>Affordable Housing Alliance</u></a>	732-389-2958		electric and gas assistance
<a href="#"><u>Catholic Charities- Diocese of Metuchen</u></a>	732-324-8200	319 Maple Street, Perth Amboy, NJ	Food, housing, utility services
<a href="#"><u>Low Income Home Energy Assistance Program (LIHEAP)</u></a>	800-510-3102	PO Box 800, Trenton, NJ, 08625	energy assistance to very low-income persons
<a href="#"><u>New Jersey Citizen Action</u></a>	973-643-8800	The Hahne's Building 625 Broad Street, Suite 270, Newark, NJ, 07102	Housing assistance, income assistance, insurance assistance, food assistance, utility assistance
<a href="#"><u>New Jersey Shares</u></a>			utility assistance programs
<a href="#"><u>Universal Service Fund (USF)</u></a>	866-240-1347	PO Box 800, Trenton, NJ, 08625	credit on natural gas or electricity

## Housing

<a href="#"><u>Alternatives, Inc</u></a>	908-685-1444	600 First Avenue, Raritan, NJ	Housing
<a href="#"><u>Catholic Charities- Diocese of Metuchen</u></a>	732-324-6211	319 Maple Street, Perth Amboy, NJ	Food, housing, utility services
<a href="#"><u>Central Jersey Housing Resource Center</u></a>	908-446-0036	92 East Main Street, Suite 407 Somerville, NJ 08876	Housing
<a href="#"><u>Family Self Sufficiency</u></a>	609-292-3846	101 South Broad St Trenton, NJ, 08625	Rental assistance to qualifying families
<a href="#"><u>Homeless Prevention Program</u></a>	908-454-7000 ext. 1118 or 1160	PO Box 800, Trenton, NJ, 08625	Limited financial assistance to low- moderate- income tenants
<a href="#"><u>Housing Choice Voucher Program (Section 8)</u></a>	908-707-9010	75 Veteran Memorial Drive, Suite 202, Somerville, NJ 08876	Rent subsidy
<a href="#"><u>Housing Help NJ</u></a>			
<a href="#"><u>New Jersey Citizen Action</u></a>	973-643-8800	The Hahne's Building 625 Broad Street, Suite 270, Newark, NJ, 07102	Housing assistance, income assistance, insurance assistance, food assistance, utility assistance

<a href="#"><u>Rapid Re-Housing/Homeless Prevention Program</u></a>	609-292-4080	PO Box 800, Trenton, NJ, 08625	rent and associated fees
<a href="#"><u>Raritan Valley Habitat for Humanity</u></a>	908-704-0016	100 West Main Street, Somerville, NJ	Housing assistance
<a href="#"><u>Samaritan Homeless Interim Program</u></a>	908-725-3260	87 East High Street, Somerville, NJ, 08876	Housing, mental health, addiction services, food
<a href="#"><u>Shelter Support and Emergency Housing Grant</u></a>	609-292-9025	PO Box 800, Trenton, NJ, 08625	provides funds to shelters and transitional housing
<a href="#"><u>Somerset County Social Services-Somerset</u></a>	732-846-6499	630 Franklin Boulevard #110, Somerset, NJ	Housing, food
<a href="#"><u>Somerset County Social Services-Somerville</u></a>	908-526-8800	73 E High Street, PO Box 936, Somerville, NJ	Housing, food
<a href="#"><u>The ARC of Somerset County-Residential Services</u></a>	<a href="mailto:karenk@thearcofsomerset.org"><u>karenk@thearcofsomerset.org</u></a> <a href="tel:908-725-8544"><u>908-725-8544 ext. 612</u></a>	151 S. Main Street, Manville, NJ, 0835	housing to qualified residents
<a href="#"><u>Visions and Pathways</u></a>	908-526-6605 ext. 319	49 Brahma Avenue, Bridgewater, NJ	Housing
<a href="#"><u>Volunteers of America- Agape House</u></a>	908-707-9753	122-128 East Main Street, Somerville, NJ	Housing

## Other Resources

<a href="#"><u>Catholic Charities: Bridgewater</u></a>	908-722-1881	540 Route 22 East, Bridgewater, NJ	Mental health, housing, case management
<a href="#"><u>COVID Connect</u></a>	833-223-0011		Behavioral health treatment and support. Telehealth services.
<a href="#"><u>Family &amp; Community Mental Health Services of Somerset County</u></a>	732-356-1082	339 West Second Street, Bound Brook, NJ	Addiction services, mental health
<a href="#"><u>Interfaith Hospitality Network</u></a>	908-704-1920	98 West End Avenue, Somerville, NJ	Mental health, emergency housing for families
<a href="#"><u>Jewish Family Services</u></a>	<a href="mailto:admin@jewishfamilyservices.org"><u>admin@jewishfamilyservices.org</u></a> <a href="tel:908-725-7799"><u>908-725-7799</u></a>	150-A West High Street, Somerville, NJ, 08876	
<a href="#"><u>National Aging and Disability Transportation Center</u></a>	<a href="mailto:contact@nadtc.org"><u>contact@nadtc.org</u></a> 866-983-3222		
<a href="#"><u>National Center for Mobility Management</u></a>	866-846-6400 <a href="mailto:info@nc4mm.org"><u>info@nc4mm.org</u></a>		
<a href="#"><u>Richard Hall Community Health and Wellness Center</u></a>	908-725-2800	500 North Bridge Street, Bridgewater	Mental health
<a href="#"><u>Somerset County Paratransit Services</u></a>		20 Grove Street, Somerville, NJ, 08876	Transportation for individuals with disabilities or no other means of transportation to specific appointments

<a href="#">United Way of Central Jersey</a>	732-247-3727	32 Ford Avenue, Milltown, NJ	Health Services, referrals
<a href="#">United Way of Northern NJ</a>	973-993-1160	55 North Gaston Avenue Somerville, NJ 08876	Health Services, referrals

# **COVID-19 Resources**

## **NJ COVID-19 Hub**

**Call (General COVID-19 Questions): 2-1-1 (24/7)**

**Call (Medical COVID-19 Questions): 1-800-962-1253 (24/7)**

**Call (Vaccine Appointment Support): 1-855-568-0545 (8a-8p)**

**Text NJCOVID to 898-211 to receive alerts**

## **COVID-19 Vaccine Finder**

<https://covid19.nj.gov/pages/finder>

## **Centers for Disease Control**

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## **Vaccine Adverse Event Reporting System**

<https://vaers.hhs.gov/>

## **Somerset County Department of Health**

<https://www.co.somerset.nj.us/government/public-health-safety/health-department/covid-19>

# COVID-19 Apps

## Docket App

