



Food Remedies to Fight Breast Cancer



Joy Bauer

Nutrition and healthy lifestyle expert for the “Today” show and host of NBC’s “Health + Happiness”

Tuesday, October 19, 2021
6-8 p.m. (Virtual Event)
To register, go to visit.bit.ly/3jGTddF

It is estimated that 35 percent of cancers are linked to nutritional factors. RWJUH Somerset invites you to a culinary cancer-preventing and fighting awareness evening! **Joy Bauer**, nutrition and healthy lifestyle expert for the “Today” show and host of NBC’s “Health + Happiness,” will share nutrition tips and cook up a mouthwatering meal to help decrease cancer risks, boost energy and increase longevity. **Deborah Lue, MD**, a breast surgeon with the RWJBarnabas Health Medical Group and medical director of Robert Wood Johnson University Hospital Somerset’s Breast Cancer program, will discuss the modifiable and unmodifiable risk factors for breast cancer, causes, signs and symptoms, diagnostic tools, advanced treatment options including RWJUH Somerset’s High Risk Breast Cancer Program and prevention strategies, such as eating a healthy diet.

Robert Wood Johnson University Hospital Somerset
Steeplechase Cancer Center

RWJBarnabas HEALTH

RUTGERS
Cancer Institute of New Jersey
RUTGERS HEALTH

Let’s beat breast cancer together.

