

NLP

(Neuro-Linguistic Programming)

Tools for Real Life

Wednesday,
September 7th, 2022
10:00 am – 12:00 pm

*Please note this workshop
will be virtual via Zoom.*

Speaker:
Jan Goodman,
Community Outreach
Specialist
Greater Raritan
One-Stop
Career Center
Training Services

Do you have a desire to:

- Increase your value in the job search
- Develop skills for better listening
- Assess the correct time to interject and lead a conversation
- Have multiple perspectives on a situation to gain choice and leverage
- Identify what you genuinely want and structure goals to achieve it
- Change unwanted habits and behaviors to productive patterns?

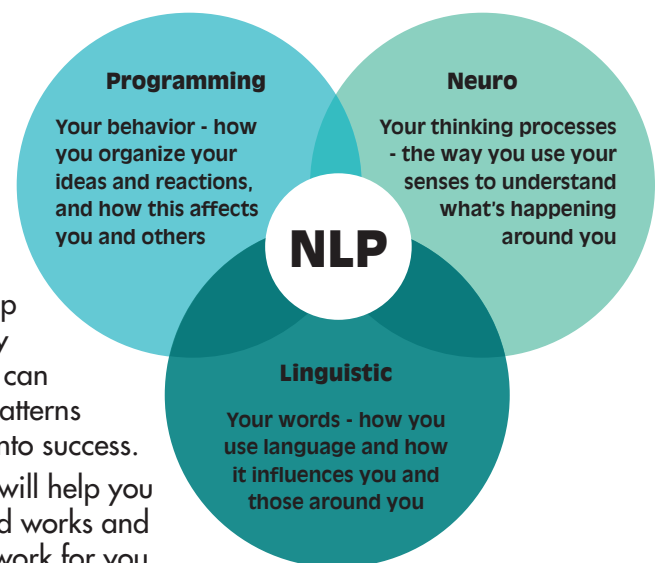
What is NLP?

Have you ever heard the saying "It's all in your head?"

Neuro-Linguistic Programming

was designed to take the way you view the world and flip it around so that, in a very short amount of time, you can rearrange your thinking patterns and transfer opportunity into success.

This introductory training will help you understand how your mind works and most importantly make it work for you.



Pre-registration is required.

To register go to <https://bit.ly/3kjhfff>

This program is in partnership with:

*The Greater Raritan One-Stop Career Center Training Services
and the Somerset County Library System.*



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