

“Ouch! That Stereotype Hurts” Workshop

*“Saying Nothing Serves to
Condone Bias.”*



Ouch!
Your Silence Hurts

DATE: Thursday, March 2nd, 2023
TIME: 10:00 am – 12:00 pm

By attending this workshop participants will experience the impact of stereotypical comments, jokes and emails. The program will help explore why people don't speak up against stereotypes and other biased behaviors. Six techniques will be explored for speaking up.

This workshop has the audience think about whether they are equally respectful and effective with a “diverse” range of people including those that are similar and different. While we may never be completely free of all bias, we can work toward communicating in a bias-free way. This curriculum helps participants:

- Improve written and verbal communication by eliminating communication “static”.
- Ensure that one’s message gets across – while conveying respect for others.
- Provides insight into the impact of language choices.
- Teaches ways to successfully recover when something inappropriate is expressed.
- Teaches participants how to speak up effectively if others stereotype or make biased or demeaning comments.
- Enhances one’s credibility and influence as a communicator.

Staying silent in the face of demeaning comments, stereotypes or bias allows these attitudes and behaviors to thrive. Yet, most people who want to speak up don't know how. So, we say nothing. Biased, stereotypical, or otherwise demeaning communication undermines morale, teamwork, and productivity. “This undermines our ability to create inclusivity where all people are welcomed, treated with respect and able to do their best. As this program points out, “One voice — your voice — can make a difference.” And that is the beginning of building a world where all people feel included, respected, and able to do their best...”

Please note this is a virtual workshop via Zoom. To attend this workshop and register please click on the link below:



[https://sclsnj.libnet.info/
event/7067426](https://sclsnj.libnet.info/event/7067426)

This program is in collaboration with the Greater Raritan One-Stop Training Center and the Somerset County Library System (SCLS).

