



**CATHOLIC
CHARITIES**
Diocese of Metuchen

Catholic Charities I.F.S.S (Intensive Family Support Services)

Special Guest Speaker

NATIONAL ALLIANCE OF MENTAL ILLNESS (NAMI): IN YOUR OWN VOICE

**Monday, March, 13, 2023
7:00pm-8:30pm via Zoom**

This presentation provides:

- An opportunity to hear open and honest perspectives on a highly misunderstood topic.
- A chance to ask leaders questions, allowing for a deeper understanding of mental health conditions and dispelling of stereotypes and misconceptions.
- Information on how to learn more about mental health and get involved with the mental health community.

Registration Required
EMAIL: IFSS@CCDOM.ORG FOR ZOOM LINK

