



**Intensive Family Support  
Services presents**

**Michael Bromberg, M.A., Speaker, Actor,  
Psychology Enthusiast presenting:**

# **The Science of Happiness:**

**POSITIVE PSYCHOLOGY IN THE AGE OF COVID-19**

- **How we can improve ourselves by examining those of us who are above average, so that we can help those that are going through the rough patches of life.**
- **Provides compelling, scientific proof on how we should change our mindset to promote self-improvement, overcoming disorder, and achieving our goals.**

**Thursday, April 20, 2023**

**7:00-8:00pm VIA ZOOM**

**Registration Required**

**Email [ifss@ccdom.org](mailto:ifss@ccdom.org) for Zoom Link**