



**Intensive Family
Support System
Presents**
guest speaker

Sarah Fay

**Recovery from
Mental Illness &
Reducing the
Stigma**



**Join us for a
presentation and
discussion on:**

- A person's capability for full recovery and wellness
- Coping with a mental illness
- Ways to eradicate the stigma
- The recovery process

**Monday, April 3
7:00pm-8:30pm**

More information :
<https://sarahfay.org>

REGISTRATION REQUIRED

Email ifss@ccdom.org for Zoom link