## **GROWING RESILIENCY IN YOUR CHILD**

This 3-part series is designed to help caregivers grow resiliency skills in their youth. The sessions will include, discussions, videos, and small group activities that center around The Nurtured Heart Approach© (NHA). NHA is a set of trauma-attuned principles and strategies designed to bring out the best in our youth and ourselves.



Presented by:
Frank Picone LCSW ,Chief
Training Officer for The
Institute of the Center for
Great Expectations.

May 3, 10, 17 6:00 - 8:00 PM

To register visit: www.tinyurl.com/GRYC23

(YOU WILL RECEIVE A ZOOM LINK VIA EMAIL)

**SPACE IS LIMITED** 

PARTICIPANTS
WILL RECIEVE A
\$100 GIFT CARD
FOR ATTENDING ALL
SESSIONS

For more information, contact Jennifer Gomez at jennifer@empowersomerset.com



