

EmPoWER Somerset presents:

# ELIMINATING THE STIGMA

Join us for a virtual discussion on teen suicide prevention and mental health awareness with Meg Isbitski, Somerset County Mental Health Administrator, and guest speaker, Sheryl Weber, who will be sharing her personal story.

**May 9, 2023**

**6:00 PM - 7:30 PM**

**Register Here**

*\*Youth must be accompanied by an adult.*

SCAN ME



**This virtual discussion on mental health and suicide prevention is recommended for youth in middle and high school and their parents/caregivers.**



**DOOR PRIZES  
AND  
GIVEAWAYS!**



There is no health without mental health.  
#breakthestigma #SCNJstigmafree

