

SOMERSET COUNTY



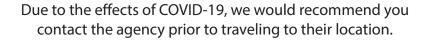
OFFICE OF YOUTH SERVICES



SERVICE DIRECTORY

of Youth Serving Agencies/ Programs of Somerset County 16TH EDITION **2023**

NOTE:



HOTLINES *EMERGENCY SERVICES-24 HOURS*

(973) 744-8686
(800) 245-1377
(877) NJABUSE (877) 652-2873
(877) 652-7624
(800) 663-7847
(888) NJE-INFO (888) 653-4463
(908) 704-6330
(908) 526-4100
(877) 652-7624
EMERGENCY (908) 526-4100

HOTLINES *EMERGENCY SERVICES - 24 HOURS (CONTINUED)*

HOTLINE	(800) 786-2929
MIDDLESEX COUNTY CENTER FOR EMPOWERMENT (Rape Hotline)	(877) 665-7273
NARCOTICS ANONYMOUS	(800) 992-0401
NATIONAL AIDS HOTLINE (Spanish) (Deaf)	(800) 342-2437 (800) 344-7432 (800) 243-7889
NATIONAL RUNAWAY	(800) RUNAWAY
NATIONAL STD HOTLINE	(800) 227-8922
PREGNANCY AID AND INFORMATION CENTER	(908) 526-8121
RESOURCE CENTER OF SOMERSET	(866) 685-1122
New Jersey (formerly known as Somerset Operation Shelter)	211

INTRODUCTION

This compendium of resources has been prepared by the Somerset County Youth Services Commission.

Its goal is to provide those individuals working with the County's youth a concise guide to the services being offered to Somerset County residents between birth and 19 years.

Programs and services are listed alphabetically in the Directory; however, a cross reference is provided beginning on Page 289. The Cross Reference separates agencies or institutions into 21 service categories based on the types of services offered. There is also a listing of Hotlines that can be called for information, referral or emergency situations.

In addition to supplying the name, address, phone number and hours, each listing gives information on the referral process, services provided, transportation availability and fee. It should be noted that the hours and fees for agencies and institutions change periodically. We suggest calling to verify this information.

This booklet is the sixteenth updated edition of the original, which was published in September of 1982. It is the intention of the Youth Services Commission to keep the compendium current through periodic updating.

For additional copies, please complete the form on the last page.

Sixteenth Edition published 2023



ADDICTION TREATMENT SERVICES

HUNTERDON BEHAVIORAL HEALTH ADOLESCENT INTENSIVE OUTPATIENT PROGRAM

Hunterdon Medical Center 2100 Wescott Drive Flemington, NJ 08822

Telephone: (908) 788-6401

(908) 788-6400 (emergency number)

Website: www.hunterdonhealth.org

Hours: 8:30 am - 9:00 pm (Monday - Thursday)

8:30 am - 5:00 pm (Friday & Saturday)

Referral Process: Schools, juvenile justice system, social service agencies, doctors, and families may call for an appointment. This agency serves Hunterdon County and adjacent areas with priority given to Hunterdon County residents who have an addiction or heavy substance use. Serves age 10 to mature adult.

Services Provided: Adolescent Intensive Outpatient Program provides comprehensive intensive therapeutic services to adolescents with moderate to severe mental disturbances. Services include individual, group and family counseling, psychiatric evaluation, and medication management. Other services include substance use evaluations, individual counseling, family counseling, and a weekly early intervention group for adolescents.

Transportation: County LINK system for eligible clients.

Fee: Sliding scale fee for those who qualify. Most third-party insurance, Medicaid, and Medicare are accepted.

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AGAPE HOUSE - VOLUNTEERS OF AMERICA

DELAWARE VALLEY

122-128 East Main Street Somerville, NJ 08876

Contact: Brooke Gibbs, Program Director

Telephone: (908) 707-9753

Fax: (908) 707-9430

Email: bgibbs@voadv.org

Website: www.VOADV.org

Hours: 24 hours a day / 7 days a week

Referral Process: Clients must be homeless and receive public assistance. Agape House receives client referrals through the local boards of Social Services (i.e. Somerset, Middlesex, Morris, Warren and Hunterdon Counties). Most clients receive emergency assistance or Social Security. Agape House also accepts referrals from other agencies such as Division of Child Protection & Permanency, Adult Protective Services, JJC, and parole boards.

Services Provided: Volunteers of America Agape House is a 54-bed shelter providing emergency shelter and services to homeless families, single men and women. Residents receive 24-hour staff support and supervision, case management, child enrichment, life skill workshops, supplemental food, clothing, and household items.

Languages Spoken: English.

Transportation: Referring counties are responsible for initial transportation to the shelter. VOADV Agape House will provide transportation locally within Somerset County.

Fee: Paid by the Somerset County Board of Social Services, or other county or municipal social service agency.



AL-ANON/ALATEEN NORTH JERSEY INFORMATION SERVICES, INC.

73 South Fullerton Avenue, 2nd Floor Montclair, NJ 07042

Telephone: (973) 744-8686 (24-hour answering machine)

Email: northjerseyais@yahoo.com

Website: www.northjerseyal-anon.org

Hours: 10:00 am - 5:00 pm (24-hour answering machine)

Referral Process: Individuals in need of help should call the agency to determine meeting times and locations in their local area. Serves anyone who is living with or affected by someone's drinking problem. Individuals residing in North Jersey are eligible.

Services Provided: Program provides a group forum in which shared experiences of coping with the disease of alcoholism can help in giving understanding and encouragement to the alcoholic's family. Teaches self-improvement to family members and demonstrates that progress is not achieved through criticizing or condemning the alcoholic and suggests constructive ways of dealing with someone's alcoholic behavior. Program provides Al-Anon and Alateen meetings, locations, and times.

Transportation: None.

ALCOHOLICS ANONYMOUS

2400 Morris Avenue, Suite 106 Union, NJ 07083

Telephone: (908) 687-8566

Fax: (90) 964-8146

Email: intergroup@nnjaa.org

Website: www.nnjaa.org

Hours: 24-hour phone is answered by

a recovering alcoholic.

Referral Process: This office serves those individuals who reside in the State of New Jersey who have a desire to stop drinking. Once this office is contacted, information is given for AA meetings.

Services Provided: Services provided are AA meetings for those individuals who wish to stop drinking.

Transportation: There is no transportation provided.

Fee: None.

ALCOHOLICS ANONYMOUS YOUTH GROUP MEETING

Telephone: Please contact (908) 687-8566 for youth group

meetings, or per Alcoholics Anonymous, a beginners meeting would also be appropriate.



ALTERNATIVES, INC. - PERMANENT HOUSING

600 First Avenue Raritan, NJ 08869

Contact: Heather Bielefeldt

Telephone: (908) 685-1444 ext. 279

Fax: (908) 685-2660

Email: bielefeldt@alternativesinc.org

Website: www.alternativesinc.org

Hours: 24 hours a day / 7 days a week

Referral Process: Contact Alternatives, Inc. at

(908) 685-1444 ext. 279

Services Provided: Permanent and supportive housing, case management, daily living skill training, supportive counseling, and employment linkage for adults with mental illness. Services are based on the needs of the individual.

Transportation: Transportation provided by program staff, Logisticare, Somerset County.

Fee: Subsidized Housing.

ALTERNATIVES, INC. - TRANSITIONAL HOUSING

FRANKLIN HOUSE

600 First Avenue Raritan, NJ 08869

Contact: Heather Bielefeldt

Telephone: (908) 685-1444 ext. 279

Fax: (908) 685-2660

Email: bielefeldt@alternativesinc.org

Website: www.alternativesinc.org

Hours: 24 hours a day / 7 days a week

Referral Process: Contact Alternatives, Inc. at (908) 685-1444 x279. Referrals are then screened by the Somerset County Board of Social Services and Alternatives, Inc. Franklin House Program coordinator. Applicants must be receiving TANF or SSI.

Services Provided: Temporary housing for up to 12 months, case management, daily living skill training, supportive counseling, employment linkage, and assistance with permanent housing location.

Transportation: Transportation provided by program staff, Logisticare, Somerset County.

Fee: Paid by County Board of Social Services.



ALTERNATIVES, INC. – COMMUNITY SUPPORT SERVICES (CSS)

600 First Avenue Raritan, NJ 08869

Contact: Heather Bielefeldt

Telephone: (908) 685-1444 ext. 279

Fax: (908) 685-2660

Email: bielefeldt@alternativesinc.org

Website: www.alternativesinc.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Contact Alternatives, Inc. at

(908) 685-1444 ext. 279

Services Provided: Case management, daily living skill training, supportive counseling and employment linkage for adults with mental illness. Services are based on the needs of the individual.

Transportation: None.

ALTERNATIVES, INC. - IDD SERVICES

600 First Avenue Raritan, NJ 08869

Contact: Glori Bine-Callagy

Telephone: (908) 685-1444 ext. 225

Fax: (908) 685-2660

Email: gbine@alternativesinc.org

Website: www.alternativesinc.org

Hours: 24 hours a day / 7 days a week

Referral Process: Contact Alternatives, Inc. at

(908) 685-1444 ext. 225

Services Provided: Residential, case management, employment and day services provided for adults with IDD.

Transportation: Transportation provided by program staff, Logisticare, Somerset County.



AMERICAN CANCER SOCIETY

Northwest New Jersey Region 7 Ridgedale Avenue, Suite 103 Cedar Knolls, NJ 07927

Telephone: (800) 227-2345

Fax: (973) 285-8140

Website: www.cancer.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Social workers, caregivers and individual patients can call organization for information and assistance.

Services Provided: The American Cancer Society promotes healthy lifestyles to help prevent cancer. They research cancer and its causes to find more answers and better treatments. They fight for lifesaving policy changes. They provide everything from emotional support to the latest cancer information for those who have been touched by cancer.

Transportation: Provided by volunteers.

AMERICAN HEART ASSOCIATION AND AMERICAN STROKE ASSOCIATION

250 Pehle Avenue, Suite 202 Saddle Brook, NJ 07663

Contact: Peter Cary, Executive Director

Telephone: (609) 223-3726

Fax: N/A

Email: peter.cary@heart.org

Website: www.heart.org

www.strokeassociation.org

Hours: 8:30 am - 5:00 pm (Monday - Friday)

Services Provided: The association provides public health information, professional resources, and school education programs. American Heart Association also provides information on cardiopulmonary resuscitation (CPR) courses, advanced cardiac and pediatric life support programs. Visit the websites for the latest information.

Transportation: None.



AMERICAN RED CROSS NEW JERSEY REGION

AMERICAN RED CROSS OF CENTRAL NEW JERSEY

707 Alexander Road Princeton, NJ 08540

Contact: Kimberly Goetz, Executive Director

Telephone: 1-800- RED CROSS (1-800-733-2767)

Email: kimberly.goetz@redcross.org

Website: redcross.org/NJ

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Disaster Services are available 24 hours a day,

7 days a week

Referral Process: Community service organizations and agencies are the usual sources of referrals; however, anyone can call the Chapter to request services.

Services Provided: Disaster Services – meeting the immediate disaster-caused needs of individuals, families, and communities; Blood Services; Training Services; Service to the Armed Forces, and International Services. Red Cross services are provided in all areas of Somerset County and throughout New Jersey.

Transportation: The Red Cross does not provide transportation services.

Fee: Red Cross Disaster Services are provided at no cost. Red Cross courses, such as CPR/AED use and First Aid, have a fee.

ANCHOR HOUSE, INC.

482 Centre Street Trenton, NJ 08611

Contact: Kim McNear

Telephone: (609) 396-8329

Fax: (609) 396-1239

Email: info@anchorhousenj.org

Website: www.anchorhousenj.org

Hours: 24 hours a day / 7 days a week

Referral Process: The programs serve youth ages 12 to 24 who are runaway, homeless, abused, neglected, or aging out of the foster care system. Youth can come from any location, primary consideration given to those coming from Mercer County, NJ. Referrals are accepted directly from youth and/or parents, guardians, or other social service agencies.

Services Provided: Anchor House offers individual, family, and group counseling, school outreach, street outreach, transitional living program, and a supportive housing program. Services provided include hotline and drop in crisis intervention, trained professional counseling for youth, client counseling, advocacy and referrals, aftercare, and youth groups.

Transportation: All programs are conveniently located on bus routes and in close proximity to the River Line.



ARC OF SOMERSET COUNTY

JERRY DAVIS CENTER FOR CHILDREN AND FAMILIES

141 South Main Street Manville, NJ 08835

Contact: Jill Glassman

Telephone: (908) 725-2266

Fax: (908) 704-0729

Website: www.thearcofsomerset.org

Hours: 7:30 am - 6:00 pm (Monday - Friday)

Referral Process: Parents, school districts, Special Child Health Services, Division of Developmental Disabilities, and Division of Child Protection & Permanency, physicians, families may call the office for enrollment applications and information.

Services Provided: Early intervention services are provided for infants and toddlers deemed eligible through the State El program inquiry. Developmental Day Care and Preschool classes are available for children with and without disabilities. Volunteer opportunities are available for individuals and groups. Individual and group therapy for children are possible for children enrolled in JDCCF.

Transportation: None.

Fee: There is a sliding scale fee for the Developmental Daycare Program and Early Intervention. We accept contracts with Community Child Care Solutions and other subsidies programs, in addition to our own STAP support for those who qualify.

ARC OF SOMERSET COUNTY

PARENTS AND CHILDREN TOGETHER PROGRAM (PACT)

141 South Main Street Manville, NJ 08835

Contact: Jeanette McClew, LSC

Email: jeanettem@thearcofsomerset.org

Telephone: (908) 725-8544, ext. 130 or (908) 285-5883 (Cell)

Fax: (908) 704-0850

Website: www.thearcofsomerset.org

Hours: 8:30 am - 5:00 pm (Monday - Friday)

Referral Process: PACT is a parenting education program for families headed by individuals with intellectual and developmental disabilities. Parents, school districts, social service agencies, NJ Division of Developmental Disabilities and/or medical providers may call the office for referral information.

Services Provided: PACT's goal is to help children and families participate in school and community agencies, seek, obtain, and use the services they need to keep their children socially and emotionally healthy, and educationally on track to finish their education. PACT will help youth obtain skills leading to employment or continuing education, so the youth are prepared for the world of work. PACT helps families locate, navigate, and participate in the service array so their children achieve more in school and have workplace readiness skills to sustain him/herself in the labor force.

PACT received an extension to serve individuals and/or families that are affected by a disability.

Transportation: Provided for all services noted.

Fee: Parenting Education Services are free of charge. Developmental Day Care has a sliding scale fee.

BACHARACH INSTITUTE FOR REHABILITATION

61 W. Jimmie Leeds Road Pomona, NJ 08240-0723

Telephone: (609) 652-7000

Email: email@bacharach.org

Website: www.bacharach.org

Hours: 8:00 am - 4:00 pm (Monday - Friday)

Referral Process: The patient must be medically stable and have a physician's prescription for therapy. The usual sources of referrals are physicians, child study teams, social workers, and other child health care professionals. Programs serve children from birth to age 18 who have speech and hearing disorders, developmental delays, and orthopedic and neurological conditions including cerebral palsy, MS, spina bifida, etc.

Services Provided: Physical, occupational and speech therapies, audiology, pelvic floor, gait training Pediatric sleep studies, prosthetics, and orthotics. Physical therapy is offered at the Bacharach Outpatient Physical and Occupational Therapy Centers in 17 locations.

Transportation: Bacharach Institute for Rehabilitation provides transportation for some outpatients who must be accompanied by a parent.

Fee: Fees vary according to the services provided. Medicaid is accepted as well as licensed/certified managed care insurance.

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BEACON HOUSE CATHOLIC CHARITIES DIOCESE OF TRENTON

1410 6th Avenue Neptune, NJ 07753

Contact: Robyn Joannou, Program Supervisor

Telephone: (732) 502-9245 (office) (732) 773-2721 (cell)

Fax: (732) 502-0452

Email: rjoannou@cctrenton.org

Website: Agency website

Hours: 24 hours a day / 7 days a week / 365 days a year

Referral Process: All referrals processed by calling PerformCare – NJ Children's System of Care @ 1-877-652-7624 (this number is available 24 hour a day, 7 days a week). Youth, DCP&P, CMOs, etc. may contact PerformCare and/or Beacon House for assistance with referral.

Services Provided: This is Monmouth County's first (residential) Transitional Living Program for young men ages 17 to the 21st birthday. The primary goal of the Program is to empower young men by assisting them with learning the necessary Life Skills needed to successfully transition towards independence. Beacon House staff offer life skills education as well as linkage to mental health services as requested and/or as self-identified. The nine residents also attend appropriate educational programs to learn a trade, finish high school and/or earn a college degree. Residents are given assistance with finding employment as well as identifying career options.

Transportation: Provided as per youth's Transitional Plan for YOUth Success. Public transportation training also provided.

Fee: No fee charged - youth must be at risk of homelessness and/or homeless.

BEHAVIORAL MEDICINE CONSULTANTS

65 Mountain Boulevard, Suite 210 Warren, NJ 07059

Telephone: (732) 356-5665

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: The usual sources of referrals are doctors, clients, and Employee Assistance Programs. Client should call the office to make an appointment. Serves all ages residing in Somerset, Union, and Middlesex counties.

Services Provided: Services provided include addiction education, family, group, and individual counseling, hypnosis, nutritional assessments, psychological testing, psychotherapy, crisis intervention, and referral to inpatient and outpatient treatment programs. Can serve 5 clients at any one time. Those that seem to benefit most are alcoholics, adult children of alcoholics, and people with family stress or anxiety problems.

Transportation: None.

Fee: \$140.00 to \$350.00 per session. Some insurance companies

will cover the fee. Does not accept insurance.

BIG BROTHERS BIG SISTERS OF COASTAL & NORTHERN NJ

21 Western Avenue Morristown, NJ 07960

Contact: Shannon Oreficé, Director of Programs

Telephone: (732) 544-2224 ext. 315

Fax: (732) 544-2260

Email: sorefice@mentornj.org

Website: www.mentornj.org

Hours: 9:00 am - 6:00 pm (Monday - Friday)

Referral Process: Parents or volunteers call the agency directly, or professionals submit referrals.

Services Provided: Youth mentoring services for children ages 6-18 years old in Somerset, Hunterdon, Warren, Sussex, Morris, Bergen, Passaic, Monmouth, Middlesex, and Ocean Counties.

Transportation: None.

BINNACLE HOUSE – GROUP HOME FOR ADOLESCENT MALES

(FORMERLY KNOWN AS: HUNTERDON YOUTH SERVICES - GROUP HOME FOR ADOLESCENT BOYS)

56 Sandhill Road Flemington, NJ 08822

Mailing Address:

P.O. Box 2397

Flemington, NJ 08822

Telephone: (908) 782-1046

Fax: (908) 788-8367

Email: info@binnaclehouse.org

Website: https://binnaclehouse.org/

Hours: 24 hours a day / 7 days a week

Referral Process: Referrals are accepted from the Division of Child Protection & Permanency and the Division of Child Behavioral Health Services. The Group Home accepts male youngsters, who have been abused, neglected, abandoned, or otherwise need supervision. Group Home placements range in age from 12 to 18.

Services Provided: Group Home is for one year or more. Group Home services include: individual and group counseling, life skills, education, and recreation. Substance use education and drug use groups are provided on an as needs basis. Education is a critical component of the program as are recreation, work experience and leisure activities.

Transportation: Provides transportation to services.

Fee: No cost to residents.

BOY SCOUTS OF AMERICA

PATRIOTS' PATH COUNCIL

1 Saddle Road Cedar Knolls, NJ 07927

Contact: Jason Dugan

Telephone: (973) 765-9322 ext 251

Fax: (973) 267-3406

Email: jason.dugan@scouting.org

Website: www.ppbsa.org

Hours: Office

9:00 am - 5:00 pm (Monday - Friday)

Scout Shop

9:00 am - 5:00 pm (Monday, Wednesday, Friday) 9:00 am - 7:00 pm (Tuesday and Thursday)

10:00 am - 3:00 pm (Saturday)

Referral Process: The BSA program serves boys and girls grades 1-12 from Morris, Sussex, Somerset, Union, and parts of Middlesex Counties. Some programs have age restrictions; serves handicapped youth.

Services Provided: The council exists to support a variety of programs for boys and girls. The goal of all programs is to develop character, provide citizenship training, and to promote physical and mental fitness. In addition to the traditional Cub Scouts, Scouts BSA and Venturing programs, the council offers child abuse prevention training to adults and youth from community organizations as well as Scouting families at no cost.

(CONTINUED ON NEXT PAGE)

BOY SCOUTS OF AMERICA (CONTINUED)

Exploring is a co-ed program for teens. Youth participants are organized into groups around interest areas leading to careers. Groups exist in medicine, law enforcement, aviation, and more.

Learning for Life is designed to outreach to youth in urban centers or with disabilities that prevent them from participation in traditional programs. This program is offered in school during the day. It works on the same goals as traditional scouting, but does not include the out-of-doors dimension. It is designed to be a supplement to the teacher's schedule with specifically prepared learning materials for the children, along with recognition pieces for achievement and a teacher's guide with lesson plans.

Transportation: Provided by parents. Summer Day Camp has bussing available.

Fee: Call for information or visit www.beAscout.org.

BRAHMA HOUSE

VISIONS AND PATHWAYS

49 Brahma Avenue Bridgewater, NJ 08807

Contact: David Walker

Mailing Address:

Visions and Pathways

P.O. Box 6871

Bridgewater, NJ 08807-0871

Telephone: (908) 526-6605 ext. 304

(David Walker/Executive Director)

(908) 526-6605 x301

(Steve Neblett/Director of Residential Services)

Fax: (908) 526-4433 or (908) 526-6999

Email: dwalker@visionsandpathways.org

Website: www.visionsandpathways.org

Hours: 24 hours a day / 7 days a week

Referral Process: Referrals are made through the Division of Child Protection & Permanency, Children's System of Care, Family Court, any youth serving agency throughout New Jersey, or self-referrals (walk-ins). Any agency or individual who wants to refer a youth to the program should call and ask for a case manager. Brahma House primarily serves Somerset County youth; however, youth from other counties are accepted on an emergency basis. Admission is based on the individual needs of the youth and availability of bed space. Youth who are considered severely emotionally disturbed, pregnant past first trimester, severely handicapped, physically aggressive, or have a history of fire setting will not be considered.

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BRAHMA HOUSE (CONTINUED)

Services Provided: Brahma House serves 16 youth, ages 13 to 17, and provides shelter, food, individual counseling, family therapy, referral to other services, and advocacy. The director and case management staff monitors treatment plans for residents, and a certified teacher provides basic skills education in the inhouse school program called the Transitional Learning Center (TLC). The youth counselor staff provides direct supervision and support to youth, implementing numerous programs and daily activities. Street Outreach staff is also available to work with adolescents in Somerset County who are living on the street or in other unsafe environments.

Transportation: Transportation can be arranged.

Languages Spoken: English and Spanish

Fee: Paid by the New Jersey Division of Child Protection & Permanency (DCP&P), Children's System of Care, Somerset County Board of Commissioners, and the U.S. Department of Health and Human Services.

BRIDGE, THE

860 Bloomfield Avenue West Caldwell, NJ 07006

Contact: Dan Renaldo, CEO

Telephone: (973) 228-3000

Fax: (973) 228-2742

Hours: 9:00 am - 9:00 pm (Monday - Friday)

Website: www.thebridgenj.org

Other Locations:

50 Union Avenue - Irvington Outpatient Counseling

Irvington, NJ 07111

Ph: (973) 372-2624 Fax: (973) 372-0103

50 Union Avenue - Family Preservation Services

Irvington, NJ 07111

Ph: (973) 371-3771 Fax: (973) 372-0016

860 Bloomfield Avenue - Outpatient Services

West Caldwell, NJ 07006

1253 Clinton Avenue - School Based Services

Irvington, NJ 07111

Ph: (973) 399-7797 Fax: (973) 372-6545

Referral Process: Crisis units, police, DCP&P, courts, probation, school counselors, parents, and self-referents contact the agency and arrange for an appointment and evaluation. Serves male and female individuals age 5 and older.

Services Provided: Individual, group, and family counseling for substance use, mental health, and adjustment issues. Family preservation services, school-based services, intensive outpatient for substance use, groups for teen mothers and young fathers, and parent skills education.

Transportation: None.

Fee: Sliding scale fee is used. The Bridge accepts most insurances and Medicaid.

CAMP JOTONI ARC OF SOMERSET COUNTY

51 Old Stirling Road Warren, NJ 07059

Contact: Josh Burke, Camp Director

Telephone: (908) 725-8544 or (908) 938-0479 (Josh Burke's Cell)

(908) 753-4244 when camp is in session

Website: www.CampJotoni.org

Fax: (908) 753-7868

Hours: 9:00 am - 3:00 pm during day camp

24/7 hours per day during residential camp AM and PM extended care offered for an

additional fee

Referral Process: Parents, schools, DCP&P, DCF (PerformCare), and DDD can refer. CAMP JOTONI serves individuals with developmental disabilities ages 5 to adult. Call office for information. All applications are now online at www.CampJotoni. org. New campers must be interviewed on site prior to acceptance in the program. Residential runs for 6 weeks in July and August. Sessions can be 5, 7, or 13 nights. Day camp runs 9 weeks from late June through late August with last 2 weeks ages 21 and under only.

Services Provided: Services provided at the day and residential camp include arts and crafts, games, nature, physical education, music, dance/movement, and swimming. Field trips and special events each session. All meals and snacks provided. Nurse on site.

Transportation: Provided within Somerset County only weeks 1, 8, and 9 with various bus stops located throughout the county for a fee. Out-of-county residents can meet the bus in these areas or provide own transportation.

Fee: Please visit website (www.campjotoni.org) for rates.

CAMP NEJEDA FOUNDATION, INC. FOR CHILDREN WITH TYPE 1 DIABETES

P.O. Box 156 910 Saddleback Road Stillwater, NJ 07875

Contact: Victoria Benyo

Telephone: (973) 383-2611

Fax: (973) 383-9891

Email: info@campnejeda.org

Website: www.campnejeda.org

Hours: Camp season: June-September

Office is open year-round (Monday - Friday)

Referral Process: Information, registration, and financial aid applications can be downloaded from www.campnejeda.org.

Services Provided: The camp provides the following activities: hiking, biking, swimming, canoeing, kayaking, gaga ball, archery, low ropes challenge course, zip line, arts and crafts, off-site trips, movies, dances, basketball, soccer, and more.

Overnight Camp Sessions, Day Camps, Family Camps, and Special Programs: Please refer to the website for session dates and camp fees. All programs take place on-site in Sussex County, New Jersey with the exception of the day camp programs. Please refer to the website for the day camp locations.

Transportation: Please contact the camp with transportation needs.

Fee: There is a \$50.00 registration fee required when application is submitted. Registration fee is non-refundable and is included in the total camp fee. Early registration (by March) is recommended.



CHILDREN AT RISK RESOURCES AND INTERVENTIONS (CARRI) – RUTGERS-UBHC HOME BASED PARENTING PROGRAM

151 Centennial Avenue Piscataway, NJ 08855-1392

Contact: Katya Quarless, MSW, LSW

Telephone: (732) 235-5582 or (732) 235-6033

Fax: (732) 235-4771

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Email: quarleke@ubhc.rutgers.edu

Referral Process: Referral is through Middlesex and Somerset County DCP&P (only). RDS have referral forms – Please send referral via above email.

Services Provided: Parenting education, individual counseling and family counseling in regards to parenting issues. Referrals to other social services agencies with DCP&P knowledge. Family has to have a child from Birth to age 5. Mental Health and Substance Use issues need to be addressed for at least three months prior to referral. Services are provided hybrid.

Transportation: None.

Languages Spoken: English and Spanish.

CASA OF SHaW

COURT APPOINTED SPECIAL ADVOCATES OF SOMERSET, HUNTERDON, AND WARREN COUNTIES

148 Main Street, Building D1 Lebanon, NJ 08833

Contact: Tracey Heisler

Telephone: (908) 689-5515

Fax: (908) 689-5519

Website: www.casashaw.org

Hours: 8:30 am - 4:30 pm

Referral Process: CASA volunteers are appointed by family court judges, to dependency cases where children have been removed from their homes due to abuse or neglect.

Services Provided: Volunteers are appointed to provide advocacy services for children who have been removed from their homes due to abuse or neglect. They investigate the circumstances surrounding the child's removal, assess any needs that may exist, look for previously unidentified relative placements, monitor the child's progress, and apprise the court of the child's needs, status, and recommendations as to permanency options (i.e. reunification with the parents, kinship guardianship, or adoption).

Specialized Services Offered: Advocacy services.

Languages Spoken: English.

Transportation: No transportation of children or their families

is available.

CATHOLIC CHARITIES FAMILY SERVICE OFFICE

540 Route 22 East Bridgewater, NJ 08807

Contact: Sue Tepper

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)

9:00 am - 5:00 pm (Friday)

Referral Process: Individuals, schools, former clients, area clergy, other social service agencies, courts, and probation are the usual sources of referrals. Clients should call directly to the Bridgewater Office to schedule an intake interview. Crisis situations are handled immediately.

Services Provided: The agency provides a continuum of family services. They range from preventive services such as enrichment workshops and community consultation/education, to more solution-focused therapeutic services. These include: individual, marital, and family therapy, as well as group counseling. The agency also provides information and referral services.

Transportation: Transportation is not available.

Fee: Fees are based on a cost per service. A sliding scale is available when a client cannot afford the full fee of service. Additional information is available by calling Catholic Charities. Medicaid and other third party reimbursement accepted.

CATHOLIC CHARITIES CHILD CARE SCHOOL AGE PROGRAMS

540 Route 22 East Bridgewater, NJ 08807

Contact: Dawn Rannie White

Telephone: (908) 722-1881

Website: www.ccdom/child-care.org

Hours: Office hours

9:00 am - 5:00 pm (Monday - Friday)

Program hours (Monday - Friday)

7:00 am - 9:00 am (before school programs) 2:30 pm - 6:30 pm (after school program)

Summer hours

7:00 am - 6:00 pm (Monday-Friday)

Referral Process: Individual and through Community Child Care Solutions (CCCS).

Services Provided: Childcare services: before and after school programs in local elementary schools in Hillsborough School District. Summer program in Hillsborough School District.

Transportation: None.

Transportation: None.

Fee: Full-time and part-time fees. Accept subsidy, military discounts, and other financial assistance. Call the office for more information or visit the website www.ccdom/child-care.org.

CATHOLIC CHARITIES STRENGTH BASED FAMILY TREATMENT

540 Route 22 East Bridgewater, NJ 08807

Contact: Lori Soto

Telephone: (908) 722-1881

Fax: (908) 704-0215

Hours: 9:00 am - 8:00 pm (Monday - Thursday)

9:00 am - 5:00 pm (Friday)

24-hour Hotline (For program participants only)

Referral Process: Referrals are made through the Division of Child Protection & Permanency. The treatment program is provided to families with children from birth to age 18 who are at risk of out-of-home placement or returning from an out-of-home placement to the community, and where traditional treatment methods have been unsuccessful.

Services Provided: Strength Based Family Treatment is a 6-month intensive community-based program which offers inhome counseling, intensive case management, concrete services (i.e., food, transportation), parenting education, structured recreation, outreach, advocacy, 24-hour crisis intervention, psychiatric assessments/medication monitoring, and drug/alcohol education/prevention.

Transportation: Transportation is available for youth in the program.

CATHOLIC CHARITIES SUBSTANCE ABUSE SERVICES

540 Route 22 East Bridgewater, NJ 08807

Contact: Dawn Cifelli, Client Service Specialist

Telephone: (908) 722-1881

Fax: (908) 704-0215

Referral Process: Individuals, area clergy, other social service agencies, courts, and probation are the usual sources of referrals. Clients should call directly to the Bridgewater Office to schedule an intake interview.

Services Provided: The program offers a full range of substance use disorder education, and treatment services for adults, families, and adolescents. Evaluation and treatment for IDRC referred adults is also offered.

Transportation: Not currently available.

Fee: Accepts Medicaid, third party insurance, and provides a sliding scale for low-income clients.

CATHOLIC CHARITIES THERAPEUTIC VISITATION PROGRAM

540 Route 22 East Bridgewater, NJ 08807

Contact: Stephanie Lambert

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)

9:00 am - 5:00 pm (Friday)

Referral Process: All referrals for Therapeutic Visitations will be channeled through the County DCP&P office liaison to the program supervisor.

Services Provided: The Therapeutic Visitation Program will provide clients with the following services; comprehensive assessments and individualized visitation plans, therapeutic supervised visits, transportation, 24/7 crisis response, parenting education/support groups and collaboration meetings with the foster parents and the DCP&P case managers.

Transportation: All children enrolled in the program will receive transportation services.

Fee: None.

CATHOLIC CHARITIES SUPERVISED VISITATION PROGRAM

540 Route 22 East Bridgewater, NJ 08807

Contact: Esther lannetta

Telephone: (908) 722-1881

Fax: (908) 704-0215

Hours: 9:00 am - 9:00 pm (Monday-Thursday)

9:00 am - 5:00 pm (Friday)

Referral Process: Referrals primarily come from the Somerset and Hunterdon DCP&P Offices. The Family Court may refer for court ordered visitation services to families not involved with DCP&P.

Services Provided: The program provides outreach and individualized services for families in need of parenting skills education and support through a series of six to eight individual or group parenting sessions. Home visits and transportation are available when necessary. Outreach is provided to engage and support those families experiencing greater stress and who require additional support. Individual and group sessions incorporate information on positive discipline and communication techniques while addressing each family's unique parenting issues. Assessment and referral to long-term treatment is made when appropriate.

Transportation: Transportation is provided to all DCP&P referrals only.

Fee: Only court ordered cases not involved with DCP&P are charged a fee.

CATHOLIC CHARITIES VISITATION – COURT AND STANDARD

540 Route 22 East Bridgewater, NJ 08807

Contact: Esther lannetta

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am 9:00 pm (Monday-Thursday)

9:00 am - 5:00 pm (Friday) By appointment (Saturday)

Referral Process: All referrals for Visitations will be channeled through the program supervisor. Call telephone listed above.

Services Provided: Observe and document parent/child interactions, communication, parental ability to set and enforce age-appropriate expectations, etc. Program provides an opportunity for non-custodial parents to visit with their children in a safe environment. Interactions are observed and documented.

Languages Spoken: English and Spanish.

Transportation: Not provided for Court referred visits. DCP&P referred clients are provided transportation to and from the office.

Fee: \$56.00 per hour (DCP&P referred clients do not pay for services).

CATHOLIC CHARITIES SPIRIT PROGRAM

540 Route 22 East Bridgewater, NJ 08807

Contact: Sue Tepper

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)

9:00 am - 5:00 pm (Friday)

Referral Process: Referrals are accepted from any inpatient acute facility, short-term care facilities, state hospitals or emergency screening center serving Somerset County residents. Self- referrals are also accepted.

Services Provided: The SPIRIT program is an intensive outpatient treatment and support program that provides individualized acute outpatient mental health care. It provides individual, family and group therapy as well as case management and medication monitoring. It includes the WRAP and Illness Management Recovery program.

Transportation: Transportation is available on a limited basis and staff will help clients with accessing public transportation.

Fee: Fees are based on a cost per service. Sliding scales and fee reductions are available and are assessed according to family size and income. Medicaid, Medicare and private insurances are accepted.

CENTER FOR EDUCATIONAL ADVANCEMENT (THE CENTER)

11 Minneakoning Road Flemington, NJ 08822

Telephone: (908) 782-1480

Website: cea-nj.org

Hours: Vary based on service type.

Overview: CEA is a not-for-profit 501c(3) organization founded in 1970 with the mission of facilitating career pathways and community employment for students and adults with disabilities. CEA's CARF accredited programs are currently offered throughout Somerset, Hunterdon, and Middlesex Counties.

Services Provided: CEA offers a continuum of services to support individuals with disabilities on their journey to employment. We provide community-based work assessment, work preparation training, supported employment, and extended employment services for adults with disabilities. We offer Pre-Employment Transitionservices for students with disabilities, aged 14–21, including workplace readiness skill training, work-based learning experiences, group and individual counseling, and instruction on self-advocacy. Academic and transition services are offered to middle and high school aged students at our New Jersey Department of Education approved private school hosted within a public-school setting. We strive to provide students with skills and experiences needed for successful futures, including life and social skills, community employment skills, counseling, career exploration, extra-curricular activities, and an extended summer program.

CENTER FOR EDUCATIONAL ADVANCEMENT (THE CENTER) (CONTINUED)

Referral Process: Most individuals are referred through the New Jersey Division of Vocational Rehabilitation Services, Division of Developmental Disabilities, or sending public school districts.

Transportation: Adult participants utilize public transportation, their county transportation system, or other means to attend the programs. Some transportation expenses are subsidized by the funding agency. Transportation for students enrolled in the school are provided by the student's sending school district.

Fee: Most participants are referred through state or county agencies or sending school districts; and the fees are paid by these entities.

CENTER FOR FAMILY SERVICES

1 Alpha Avenue Voorhees, NJ 08043

Telephone: (877) 922-2377

Fax: (856) 295-7024

Email: access@centerffs.org

Website: www.centerffs.org

Hours: 9:00 am - 5:00 pm (Monday - Thursday)

9:00 am - 4:00 pm (Friday)

Referral Process: Call for program information.

Services Provided: Addiction & Recovery, Victim & Trauma, Counseling, Safe & Supportive Housing, Workforce Development, Family Support & Prevention, Early Childhood Education, Counseling & Behavioral Health, Community Connections.

Transportation: Call for information.

Fee: Call for information.

CENTER SCHOOL

2 Riverview Drive Somerset, NJ 08873

Telephone: (908) 253-3870

Fax: (732) 764-8605

Email: rrinaldi@centerschool.com

Website: www.thecenterschool.com

Hours: 8:35 am - 2:35 pm (Monday - Friday)

Referral Process: Parents or child study teams send student records to Center School for review. If child is appropriate, child and parents are invited to visit. This program serves central NJ and/or areas in New Jersey within the radius of an hour's drive.

Services Provided: The Center School is a DOE approved, K – age 21 private non-profit school for students with learning differences and/or social, emotional challenges. The program provides a day school with a strong academic program that has resources for individual behavior goals, counseling, after school programs, individual language therapy, occupational therapy, and clinical services. At any one time, 150 students can be served. School year September – June. Summer program July.

Transportation: Provided by sending school districts.

Fee: Limits set by NJ Department of Education. Exact fee determined yearly by Center School Board of Trustees and paid by sending school district.

CENTRAL JERSEY HOUSING RESOURCE CENTER (CJHRC)

92 East Main Street, Suite 407 Somerville, NJ 08876

Contact: Susie Suter

Telephone: (908) 446-0036

Email: 2cjhrc@gmail.com

Website: www.cjhrc.org

Provided: CJHRC provides very low, Services low and moderate-income individuals and households with the information they need to make informed and reasonable decisions to achieve their housing goals. Our FREE counseling services include pre- and post-purchase, rental, financial literacy, foreclosure, fair housing, and resources/referrals for homeless individuals/households. Counseling is provided in a variety of ways which all include making arrangement/appointments. Counseling can be in-person, by phone, or by a virtual meeting. Programs are also provided online programs and/or by virtual webinars. Counselors provide information on special needs housing in Somerset County, including senior housing and housing for the disabled. CJHRC has a vast variety of resources contained on the website (https://cjhrc.org) for potential homebuyers, tenants, seniors, and homeowners, as well as information on fair housing and other housing programs. Additionally, CJHRC processes various applications and eligibility for rental and resale properties in the State of NJ Low/Moderate Income Program; fact sheets are contained on our website for these properties.

Transportation: None.

Fee: Free.

CHILDREN'S AID AND FAMILY SERVICES, INC.

Administration Offices 200 Robin Road Paramus, NJ 07652

Telephone: (201) 261-2800

Fax: (201) 634-3672

Email: info@cafsnj.org

Website: www.cafsnj.org

Other Locations:

Adoption Specialty Services

76 South Orange Avenue, Suite 209

South Orange, NJ 07079 Fax: (973) 378-9575

Children's Family & Community Services and The Center for Alcohol & Drug Resources

22-08 Route 208 South, Suite 7

Fair Lawn, NJ 07410 Fax: (201) 791-0147

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Referrals can come from the Division of Child Protection & Permanency, physicians, hospitals, agencies, and self. Serves children from age 6 to 18; residing in New Jersey who are emotionally and/or socially disturbed, or multiply handicapped.

Services Provided: Services include adoption, post-adoption counseling, day care, foster care, residential care, (6 group homes), aftercare, and independent living services. Approximately 300 individuals can be served at any one time. Serves Northern New Jersey.

Transportation: Each facility has a vehicle. Social Workers also have access to cars. If child is in Foster Care, the Foster parent will need to provide transportation.

Fee: Sliding scale fees are charged for adoption placement.

THE CHILDREN'S HOME SOCIETY OF NEW JERSEY

635 South Clinton Avenue Trenton, NJ 08611-1831

Telephone: (609) 695-6274

Fax: (609) 394-5769

Website: www.chsofnj.org

Hours: 9:00 am - 5:00pm (Monday - Friday)

24/7 Pregnancy Helpline 1-800-247-6365

Referral Process: Non-sectarian, statewide agency accepts self-referents as well as referrals from social service agencies, doctors, attorneys, schools, ministers, friends, etc.

Services Provided: Services include free and confidential Birth Parent Counseling for birth mothers and birth fathers, short term foster care for infants while permanent plans are being made for the child, and adoption counseling. Home study, child placement services, identified adoption services, and post placement supervision services are available for domestic adoptions. Post-adoption Background and Search services are also available.

Transportation: None. Special arrangements can be made if necessary in emergency situations. In-home services are provided in Somerset County.

Fee: Birth Parent Counseling is free to birth parents. Birth parent counseling with a Social Worker or Licensed Professional Counselor and infant foster care in the private foster homes is provided to birth parents at no cost to the birth parents working with the CHS full services adoption program. Adoption placement fees are on a sliding scale based on income. Please check website for fee scale for other adoption services or call for more information. Some free post adoption counseling is available through a DCP&P contract.

CHILDREN'S SPECIALIZED HOSPITAL

200 Somerset Street New Brunswick, NJ 08901

Telephone: (888) 244-5373

Website: rwjbh.org/childrensspecialized

Other Locations:

Bayonne - Outpatient Ctr 815 Broadway Bayonne, NJ 07002 (888) 244-5373

East Brunswick - Outpatient Ctr 629 Cranbury Road East Brunswick, NJ 08816 (888) 244-5373

Hamilton - Outpatient Ctr 3575 Quakerbridge Road Hamilton, NJ 08619 (888) 244-5373

Monmouth Outpatient Ctr Anne Vogel Family Care & Wellness Center 200 Wyckoff Road Eatontown, NJ 07724 (888) 244-5373

Newark - Outpatient Ctr 182 Lyons Avenue Newark, NJ 071121 (888) 244-5373

Somerset – Intensive Outpatient Ctr 888 Easton Avenue Somerset, NJ 08873 (888) 244-5373

Union – Outpatient Ctr Kenneth Esdale Pavilion 2840 Morris Avenue Union, NJ 07083 (888) 244-5373 Clifton - Outpatient Ctr 1135 Broadway Clifton, NJ 07013 (888) 244-5373

Egg Harbor Twp - Outpatient Ctr 6106 Black Horse Pike Egg Harbor Twp, NJ 08234 (888) 244-5373

Jersey City - Outpatient Ctr 1825 John F. Kennedy Blvd Jersey City, NJ 07305 (888) 244-5373

Mountainside – Long-Term Care 150 New Providence Road Mountainside, NJ 07092 (888) 244-5373

New Brunswick - Outpatient Ctr 10 Plum Street – 6th Floor New Brunswick, NJ 08901 (888) 244-5373

Toms River - Lakehurst Road Outpatient Center 94 Stevens Road Toms River, NJ 08755 (888) 244-5373

West Orange – Outpatient Ctr 375 Mount Pleasant Ave, Ste G100 West Orange, NJ 07052 (888) 244-5373

CHILDREN'S SPECIALIZED HOSPITAL (CONTINUED)

Hours: Inpatient: 24 hours daily

Outpatient: Monday – Saturday By appointment including evenings

Referral Process: Children's Specialized Hospital has 16 locations throughout New Jersey and offers a diverse range of medical care and therapy services for children of all abilities from birth through 21 years of age. Referrals from clients, physicians, school districts, hospitals, Division of Child Protection and Permanency, and families are welcome. For information about the Inpatient or Long-Term Care hospitals at Children's Specialized Hospital, please contact the Pre-Admissions Department at (908) 301-5461. For information about Outpatient Programs and Services, please contact the Referral Development Department at together@childrens-specialized.org.

Services Provided:

Inpatient Programs: Brain Injury, Burn and Wound Care, Chronic Illness Management, Chronic Pain Management, Infant and Toddler Rehabilitation, Multi Complicated Trauma, Neonatal Abstinence Syndrome, Neuromuscular and Genetic Disorders, Post-Surgical Orthopedics, and Spinal Cord Injury.

Outpatient Programs: Audiology, Autism, Cerebral Palsy Program, Comprehensive and Intensive Feeding, Early Intervention Program, Fetal Alcohol Syndrome, Nutrition, Neuropsychology, Neurorehabilitation, Occupational Therapy, Pain Management, Pelvic Floor Rehabilitation, Physical Therapy, Psychology, Rehabilitation Technology, Speech and Language Therapy, and Severe Behavior Program.

CHILDREN'S SPECIALIZED HOSPITAL (CONTINUED)

Physician Specialties: Special Needs Primary Care, Developmental Behavioral Pediatrics, Neurology, Orthopedics, Physiatry, Psychiatry.

Specialty Programs: Classes and Workshops Activity Connection (Community Recreation Programs), Early Developmental Screenings, Peer Mentor Program, Recreational Therapy and Child Life, and Pediatric Long-Term Care.

Transportation: None.

Fee: Fee varies with service. Medicaid and other insurance are accepted.

COMMUNITY CHILD CARE SOLUTIONS

86 East Main Street Somerville, NJ 08876

Telephone: (908) 927-0869

Fax: (908) 927-9653

Other Location:

103 Center Street

Perth Amboy, NJ 08861

Telephone: (732) 324-4357

Fax: (732) 826-4136

Website: www.communitychildcaresolutions.org

Hours: 9:00 am and 4:30 pm

Referral Process: Community Child Care Solutions, the Child Care Resource & Referral Agency for Somerset and Middlesex counties, offers parents and the community free resources and referrals to all types of licensed and registered child-care programs. Referrals are provided on the phone, online, or in person by the child-care specialists who help parents identify individual child-care needs and provide detailed information and referrals.

Services Provided: Work First New Jersey is the current welfare-to-work program. As the client prepares to enter the workforce, Community Child Care Solutions will help him or her to find child-care. Applicants must be employed or in an approved activity. Clients must be pre-approved by Boards of Social Service in Middlesex or Somerset counties.

New Jersey Cares for Kids is a program that helps low-income, fulltime working parents and students pay for child-care. Eligibility is based on family size and income. Parents can be working, in college or a training program. Application must be submitted.

COMMUNITY CHILD CARE SOLUTIONS (CONTINUED)

Fee: None.

Additional Professional Services: Community Child Care Solutions also provides a wide array of professional development opportunities for community-based child-care centers, school age and registered Family Child Care providers. Please check our website for current offerings.

Fee: Varies

COMMUNITY VISITING NURSE ASSOCIATION COMMUNITYCAREHOSPICE-COMMUNITYHOMECARE

COMMUNITY CARE HOSPICE – COMMUNITY HOME CARE

A Home Health Agency 110 West End Avenue Somerville, NJ 08876

Contact: Linda Frey

Telephone: (908) 725-9355

Fax: (908) 253-9672

Email: Ifrey@communityvna.org

Website: www.communityvna.org

Hours: 24 hours a day

Referral Process: Referrals accepted during business hours, Monday through Friday 8:30 am – 4:30 pm. Anyone residing in Somerset, Middlesex or Warren Counties who is under the care of a physician and requires home health or hospice care may be referred for services by themselves, a family member, friend or physician, hospital, sub-acute facility or a community agency.

Counties Served: Somerset, Middlesex and Warren Counties.

Services Provided: A non-profit home health and hospice agency licensed by the State of New Jersey, Certified by Medicare and Medicaid and accredited by Community Health Accreditation Program (CHAP). Skilled nursing care, physical therapy, occupational therapy, speech therapy, medical social worker, nutritional counseling, home health aides, Child Health Conferences*, Maternal Child Health Services, Certified Hospice (Somerset, Middlesex and Union counties only), and Health Education and Wellness Programs.

^{*} under the auspices of township health departments

COMMUNITYVISITING NURSE ASSOCIATION COMMUNITYCAREHOSPICE-COMMUNITYHOMECARE (CONTINUED)

Languages Spoken: Use of ATT Language line available.

Transportation: Services are provided in the client's home. See website for Child Health Conference locations.

Fee: Fee varies according to service and is usually covered by health insurance, managed care provider, Medicare, and Medicaid. Sliding scale fee available.

COMPREHENSIVE FAMILY TREATMENT OF ADDICTIONS AT CATHOLIC CHARITIES

540 Route 22 East Bridgewater, NJ 08807

Contact: Client Service Specialist

Telephone: (908) 722-1881

Fax: (908) 704-0215

Website: www.ccdom.org

Hours: 9:00 am - 9:00 pm (Monday - Thursday)

9:00 am - 5:00 pm (Friday)

Referral Process: Referral sources include IDRC, schools, courts, the Family Crisis Intervention Unit, DCP&P, social service agencies, and self-referral. The client or referring agency should call Catholic Charities Bridgewater office. Individuals and/or families will be accepted into treatment when alcohol and/or drug use by the adult or by an adolescent has resulted or is likely to result in significant impairment in the individuals and/or their family's functioning.

Services Provided: Provides outpatient substance use counseling which includes assessment, education family, individual and group therapy, referral to appropriate 12-step program and coordination of services with other community services.

Transportation: N/A

Fee: Fees are based on a sliding scale. Medicaid and other third-party reimbursement accepted.

CONTEXTUAL FAMILY SERVICES

9 Cardinal Way Flemington, NJ 08822

Contact: Melissa von der Heide

Telephone: (908) 323-2368

Fax: (908) 923-8625

Website: www.contextualfamilyservices.org

Hours: By appointment - days and evenings

Referral Process: Since Contextual Family Services is an intensive in-home family therapy-based program, only those families with a demonstrated need for in-home services are referred for services. Referrals are made by the Tri-County CMO or the Division of Child Protection & Permanency.

Services Provided: Contextual Family Services provides therapeutic services in the family's home, school, and community. Services include formal family therapy, individual counseling, school consultation, and a multi-systemic treatment team philosophy.

Transportation: Services are provided in home.

Fee: None.

CORNER HOUSE

Monument Hall One Monument Drive Princeton, NJ 08542

Contact: David Errickson, Executive Director or

Jean Woodman, Office Coordinator or

Terbett Fairman, Clinical Director

Telephone: (609) 924-8018

Fax: (609) 688-2045

Hours: 9:00 am - 9:00 pm (Monday – Thursday)

9:00 am - 5:00 pm (Friday)

Email: derrickson@cornerhousenj.org or

jwoodman@cornerhousenj.org or

tfairman@cornerhousenj.org

Website: www.cornerhousenj.org

Referral Process: This agency serves adolescents age 13-17 and adults age 18-64, primarily from Mercer County and the adjacent Somerset and Middlesex Counties. The agency accepts referrals from individuals, families, schools, probation, Drug Court, and social service agencies. Service to young people and their families with substance use disorders is a primary focus of the agency.

Services Provided: The program provides outpatient level one services which include: substance use assessments and evaluations; individual, group and family therapy; co-occurring treatment and medication management, psychiatric assessment and evaluation. Level 2.1 intensive out-patient (IOP) for adults 18-64. EMDR offered.

Language Spoken: English, Spanish, and Polish.

Transportation: None.

Fee: Fee for service. Medicaid/NJ Family Care and self-pay accepted. Funding for uninsured and undocumented individuals is available.

COVENANT HOUSE

330 Washington Street Newark, NJ 07102

Telephone: (973) 621-8705

Fax: (973) 621-6680

Text: (844) 912-1291

Hours: 24 hours a day / 7 days a week

Referral Process: Voluntary self-referral.

Services Provided:

Residential Programs:

Emergency Shelter: The shelter provides a safe, temporary place to stay. The shelters, located in Newark and Atlantic City are open 24/7, 365 days and all services are free of charge. The Case Management team will work to identify goals and offer support in achieving them. The DLC located in the Emergency Shelter provides programming offering content in 5 areas: Education, Employment, Financial Literacy, Social Navigation, and Physical, Emotional, and Spiritual Wellness. Tech labs and one to one coaching are available.

Rights of Passage (ROP): This apartment-style program is designed to provide a safe and supportive place to live if employed, employment ready, or a full-time student. ROP programs are located in Newark, Atlantic City, and Asbury Park.

Nancy's Place: If mental health is a priority while working on other life goals, Nancy's Place, located in Montclair, provides housing and supportive services for up to 18 months.

COVENANT HOUSE (CONTINUED)

Raphael's Life House (RLH): RHL offers pregnant women or mothers with children a private room for each family unit and beautifully designed communal spaces which are available throughout the house. Experienced staff supports each mom to prepare for the next steps for themselves and the family. RHL is located in Elizabeth, NJ.

Housing Department: A Housing Specialist will assist those who complete the programs apartment search and all aspects of housing readiness.

Specialized Services:

Medical: CHNJ with community medical specialists provide medical care, enroll in health insurance, and connect with a primary care provider for preventative care and ongoing maintenance of health concerns.

Legal: CHNJ'S Youth Advocacy Center provides legal support to address tickets, warrants, child support, human trafficking issues, immigration issues, and public benefits.

Behavioral Health: CHNJ clinicians provide individual therapy both in-person and through tele-health. The consulting Psychiatric APN offers clients immediate psychiatric care and medication management support.

NJ Enhanced Statewide Human Trafficking Victim Services: Those who believe they are victims of human trafficking CHNJ wants to help! Victims are under no obligation to engage with law enforcement in order to receive services. Services are available for all survivors regardless of housing status, age, gender, foreign and domestic victims, and all trafficking types. For help, please call (862) 240-2453.

Transportation: Bus Tickets and transportation may be available.

Fee: None.

DISCOVERY INSTITUTE FOR ADDICTIVE DISORDERS, INC.

80 Conover Road Marlboro, NJ 07746

Contact: Steve Hornik

Mail: P.O. Box 177

Marlboro, NJ 07746

Telephone: (844) 478-6563

Fax: (732) 817-0627

Email: discoverycontactcenter@discoverynj.org

Website: www.discoverynj.org

Hours: 8:30 am - 10:00 pm (Monday - Friday)

Voicemail for after-hours

9:00 am - 5:00 pm (Saturday - Sunday)

Referral Process: Standard referral sources are State and Federal Probation, Parole, Drug Court, or self-referral. All interviews are by appointment only. An interview date can be scheduled by calling the Admissions Department. Discovery Institute will refer adolescents, 18 and under, to other treatment venues for appropriate level of care. Discovery Institute admits male and female adults, 18 years and older. Clients with any medical or psychiatric history will be required to meet with the staff psychiatrist. All referrals must go through the Admissions Department.



DISCOVERY INSTITUTE FOR ADDICTIVE DISORDERS, INC. (CONTINUED)

Services Provided:

- 1) **Drug Free Outpatient:** Outpatient and Intensive Outpatient Treatment (IOP) a minimum of 3 hours per day, 1-3 days per week. **Contact person:** Nicholas Ciaccia, Supervisor of Outpatient Admissions. **Phone:** (732) 946-9444 ext. 131 voicemail for after business hours. **Facsimile:** (732) 946-0758. **Business Hours for Operation/Information/Appointments:** Monday Friday, 9-5pm. **Fees:** Call for information about fees/ Sliding Scale fee/IDRC Affiliate. **Executive Director:** Robert Desch. **Languages:** English. **Intake Procedure/Eligibility Requirements:** Contact for Appointment/Eligibility.
- 2) Residential Treatment: Contact Person: Kathleen Grieshaber, MSW, LSW, Director of Admissions. Phone: (732) 946-9444 ext. 147 voicemail for after business hours. Facsimile: (732) 946-0758. Business Hours for Operation/Information/Appointments: Monday Friday, 9-5pm. Fees: Call for information about fees/Sliding Scale fee. Chief Executive Officer: Robert Desch. Languages: English, Spanish (For Assessment and Family Therapy only) Intake Procedure/Eligibility Requirements: Contact for Appointment/Eligibility.
- 3) **Specialized Services Offered:** Residential adult substance use treatment center (both alcohol and drug), short-term and long-term care, 1 6 months, Therapeutic Community, indigent clients accepted, State licensed for residential and outpatient services, intake, assessment, or referral, comprehensive mental health assessment or diagnosis (psychological and psychiatric evaluations), vocational and educational training, family therapy and education, sex offender assessment/outpatient treatment, and sexual addictions.

Languages Spoken: English.

Transportation: Transportation provided for outpatient services and medical appointments while in residential treatment.

DOROTHY B. HERSH REGIONAL CHILD PROTECTION CENTER

The Children's Hospital Saint Peter's University Hospital 123 How Lane New Brunswick, NJ 08901

Contact: CPC Intake

Telephone: (732) 448-1000 ext. 2869

Telephone: (732) 448-1000 (General Inquiries)

Hours: 8:30 am - 5:30 pm (Monday - Friday)

After hour emergencies -

SPUH Pediatric Call Center (732-339-7775)

Referral Process: Referrals for DBHC-CPC services are received from DCP&P, emergency rooms, prosecutor's office/SANE, and local pediatricians.

Services Provided: Medical services are comprised of evaluation and treatment of physical abuse, sexual abuse, neglect concerns, and chart reviews. Mental health services are inclusive of psychological and psychosocial evaluations and therapy.

Specialized Services Offered: Child abuse, medicine, and mental health services.

Languages Spoken: English and Spanish.

Transportation: Taxi service from downtown New Brunswick.

Fee: DBH-CPC services are paid via contract agreement with DCP&P. For information for medical services offered to children who are not referred by DCP&P and are uninsured, please contact the center.



252 Route 601 P.O. Box 147 Belle Mead, NJ 08502

Contact: Dr. Stacey Paulis, Ed. D (Director/Principal)

Telephone: (908) 281-1415

(908) 281-1445

Fax: (908) 281-1663

Hours: 8:00 am - 3:30 pm (Monday - Friday)

Email: Stacey.Paulis@hmhn.org

Website: East Mountain School-Middle and High School

(hackensackmeridianhealth.org)

Referral Process: Sending district mails intake package, including child study team evaluations, IEPs, and transcripts for students grades 7–12. All students are classified with emotional or behavioral disabilities. Parents, students, and district representatives schedule an in-person intake interview. The East Mountain School team will explain the program and tour participant through the buildings and grounds. Of special note, students admitted into the East Mountain Lodge residential programs, located next to the school, are able to attend the East Mountain School with the approval of the student's sending school district.

Services Provided: Established in 1981, The East Mountain School (EMS) is a private, non-profit, special education school operated by HMH Carrier Clinic, and an approved school by the New Jersey State Department of Education. The program is designed to provide quality special education and intensive therapeutic services for adolescents challenged by behavioral or psychiatric disorders.

EAST MOUNTAIN SCHOOL (CONTINUED)

At East Mountain School, the mission is to provide a safe, challenging, and supporting community that is responsive to the individual needs of the students. The students benefit from a therapeutic, structured environment which incorporated the academic, behavioral, and counseling components all geared to increase the academic skills and coping strategies of the students. The curriculum is aligned to the Department of Education's learning standards and Core. Specials Instruction is provided in art, music, physical education, foreign language class (Spanish), and technology.

Students attending may be affected by a variety of psychiatric or learning problems and may have difficulty interacting with others in and out of school. Prior to coming East Mountain School, students would have problems not only impacting their education, but their families and friends. School social workers meet weekly with students and chart progress towards social/emotional goals. The clinical and educational team specialize in working students with genderfluidity/binary/non-binary, emotional regulation needs, substance use/misuse, autism spectrum, and harm/self-harming behaviors.

East Mountain School has its own Cosmetology program and Instrumental Music lessons for all levels. Students participate in graduation activities, including a ceremony for seniors. A professionally published yearbook is provided free to all students. In recent years, all youth recreational areas have been redesigned, including an outdoor, state of the art basketball court. There is also a six-week summer program offered, the Extended School Year where students can maintain gains in academic and emotional regulation. Participants will access the onsite pool and enjoy the animals in the Equine Therapy program.



EAST MOUNTAIN SCHOOL (CONTINUED)

Transportation: Sending districts provide door-to-door transportation.

Fee: Public schools pay a fixed tuition. Private pay is available at the same tuition rate as the public schools.

EASTER SEALS OF NJ

CAMP MERRY HEART

21 O'Brien Road Hackettstown, NJ 07840

Contact: Bob Zirkle, Director of Business Operations

Telephone: (908) 852-3896

Fax: (908) 852-9263

Email: camp@nj.easterseals.com

Hours: 9:00 am - 4:00 pm (Monday - Friday)

COVID-19: As a result of the ongoing health crisis related to COVID-19, we are unfortunately unable to offer in-person camp services this 2023 Season. We will continue to plan for a safe return of all campers in the seasons that follow. We are actively looking at camp facilities and activities to ensure we have the best and safest environment for socialization and recreation. Please call or email for updates.

Referral Process: Agencies, word of mouth, former campers, and service clubs are the usual sources of referrals. Serves physically and multiple challenged individuals ages 5 to 95. At any one time, 80 campers can be served, and the agency maintains a waiting list.

Services Provided: Program provides 6 and 12-day camping experiences in a residential setting. Individuals with cerebral palsy, spina bifida, muscular dystrophy, multiple sclerosis, multiple challenged, autism, and accident victims seem to benefit most. Also provides the travel program.

Transportation: None.

Fee: Fees vary; please call the Camp for more information.

EASTER SEALS SOMERSET BEHAVIORAL HEALTH SERVICES

25 Kennedy Boulevard, Suite 600 East Brunswick, NJ 08816

Telephone: (732) 257-6662

Fax: (732) 257-7373

Website: www.easterseals.com/nj

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Contact agency and referral form will be faxed, emailed, or mailed to the individual making the referral. Usual sources of referrals are DCP&P, Richard Hall CHWC, Somerset Medical Center, Carrier Foundation, Lyons VA Hospital, State Psychiatric Hospital, or self-referral.

Residential Referrals: (908) 406-2162 (phone)

(973) 852-2255 (fax)

EASTER SEALS - SOMERSET BEHAVIORAL HEALTH SERVICES (CONTINUED)

Case Management: This is a voluntary service that employs case managers to work with adults (18 and over) diagnosed with mental illness. Our staff communicates with all those important to an individual's care; including family, mental and physical health care providers, and a variety of community-based programs. Case managers work to develop a plan of care that supports an individual's goals and preferences. Through case management, we teach participants the skills required to achieve their goals and stay consistent with their treatment. We do not provide 24-hour crisis support and typical length of stay is 12 months.

Through Integrated Case Management Services we:

- Assess We work through with the individual to identify the condition/needs, abilities, goals, and preferences of the individual.
- Plan After the assessment, we develop a care plan that defines the strategies and next steps toward achieving the desired outcomes with the ultimate goal of helping individuals take control of their care.
- **Support** A case manager aligns all the moving parts of the care plan and puts them into action along with the individual served. This could include connecting them to mental and physical health programs, vocational services, financial assistance, housing programs, etc.
- **Evaluate** We work with the individual to identify what's working, what's not working, and what needs to be changed.
- Promote By encouraging the individual served to take control of their care, we boost their confidence and ultimately their independence.



EASTER SEALS - SOMERSET BEHAVIORAL HEALTH SERVICES (CONTINUED)

ICMS Referrals: (908) 406-2162 (phone) (908) 852-2255 (fax)

Supportive Housing: To provide mental health rehabilitation services and supports necessary to assist the consumer in achieving rehabilitative and recovery goals over a long period of time in a safe environment, as identified in an Individualized Rehabilitation Plan (IRP), including:

- Achieving and maintaining valued life roles in the social, employment, educational, and housing domains;
- Restoring or developing his/her level of functioning to a level allowing the consumer to achieve community integration and to remain in an independent living setting of his/her choice;
- Learning skills to facilitate sustaining wellness and recovery beyond enrollment in the program; and
- Developing desired skills identified in the Preliminary or Individualized Rehabilitation Plan.

Supportive Housing Referrals: (973) 406-2162 (phone) (973) 852-2255 (fax)

Population served: Residential - Persons age 18 or older diagnosed with a severe and persistent mental illness. ICMS - Persons age 18 or older diagnosed with a severe and persistent mental illness.

*Applicants for all three programs must be Somerset County residents.

Transportation: Provides some transportation or will assist with linkage to transportation resources.

Fee: Residential - Program fee is ½ of total monthly income. ICMS/SH - No fee.

EATING DISORDERS PROGRAM

ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL SOMERSET/ RWJ BARNABAS HEALTH

110 Rehill Avenue Somerville, NJ 08876-3578

Telephone: (800) 300-0628

Hours: Inpatient - 24 hours a day

8:30 am - 4:00 pm - Partial Hospitalization Program

8:30 am - 1:30 pm - Intensive Outpatient

Program (Monday - Friday)

Referral Process: Evaluation for admission to the program is available 24 hours a day, 7 days a week by calling the Assessment Center at (800) 914-9444. When a call is made, staff will inquire about the nature of the individual's symptoms and behavior, and request information such as name, address, and insurance information. An evaluation will then be scheduled by a psychiatrist to determine the individual course of treatment. Inquiries and admissions are strictly confidential. Private physicians, schools, and therapists may also make referrals.

Services Provided: The Eating Disorders Program offers individualized treatment planning which may include inpatient or outpatient services. Individual, group, and family therapy are provided by a multi-disciplinary treatment team from a bio psychosocial perspective. The team includes board-certified therapist specializing in eating disorders, psychiatrists, a psychologist, social workers, nurses, registered dietitians, art and occupational therapists, and a teacher. Most patients start with inpatient treatment to provide prompt medical, nutritional, and psychological stabilization. The cornerstone of the program is daily individual psychotherapy, group therapy, and psychiatric evaluation, in addition to individualized nutritional counseling.



EATING DISORDERS PROGRAM (CONTINUED)

Most patients then transition to the Partial Hospitalization Program (PHP), which runs from 8:30 am (9:30 am for non-students) to 4:00 pm, five days a week. Patients then step down into the Intensive Outpatient Program (IOP), which is 8:30 am (9:30 am for non-students), to 1:30 pm, three days a week. This allows the patient to return to school or work. After IOP, patients are then referred back to the initial referring therapist, nutritionist, and psychiatrist, or given referrals. Also offered is a Support Group for patients, and one for family and friends (Tuesdays 7:30 am – 9:00 pm) free of charge, open to the community.

Transportation: None.

Fee: Fee varies with service. Insurance, Medicare, and Medicaid accepted.

EDUCATION LAW CENTER

60 Park Place, Suite 300 Newark, NJ 07102

Contact: Diane Gayoso, Receptionist

Telephone: (973) 624-1815 ext. 100

Fax: (973) 624-7339

Email: elc@edlawcenter.org

Website: www.edlawcenter.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Parents, guardians, or caretakers of public-school students may call ELC directly for assistance. ELC serves low-income residents of New Jersey who seek legal assistance related to public education at the preschool, primary, and secondary school levels.

Services Provided: ELS is a non-profit law firm that specializes in issues related to public education, assisting parents in asserting their children's to an appropriate education. ELC provides resources, advice, referrals, and, in a limited number of cases, direct representation. Under the current intake guidelines, ELC considers Somerset County cases for representation only when parents reside in one of the following school districts: Bound Brook; Franklin; Manville; North Plainfield; Somerville; and South Bound Brook.

Transportation: Transportation is not provided. Center is easily accessible by public transportation.



50 Division Street, Suite 302 Somerville, NJ 08876

Contact: Kristen Schiro

Telephone: (908) 722-4900

Fax: (908) 526-7564

Email: kristen@empowersomerset.com

Website: www.empowersomerset.com

Hours: 9:00 am - 4:00 pm (Monday - Friday)

Referral Process: No referral is required.

Services Provided: EmPoWER Somerset's mission is to empower individuals and families to make positive lifestyle choices by promoting healthy, drug-free communities through education, collaboration, and connections to resources.

The organization delivers evidence-based prevention education programs through the lifespan from preschool to retirement and coordinates collaborative partnerships to implement environmental strategies through public health education, awareness, and policy change to prevent substance use and related problems.

Examples of prevention strategies and trainings offered by EmPoWER Somerset are Lifelines, a comprehensive suicide prevention and response program for school districts; Mental Health First Aid for youth, adults, and veterans; Screening Brief Intervention Referral to Treatment (SBIRT); WISE for veterans; Strengthening Families and Teen Speak for parents and caregivers.

EMPOWER SOMERSET (CONTINUED)

EmPoWER Somerset is the parent organization of the Pioneer Family Success Center, a community gathering place that connects families to helpful resources in and brings families together through free events & local activities.

Transportation: None.

Fee: No charge for grant-funded programs and services.



FAMILY AND COMMUNITY SERVICES OF SOMERSET COUNTY

INDIVIDUAL AND FAMILY MENTAL HEALTH AND ADDICTION SERVICES

339 West Second Street Bound Brook, NJ 08805

Contact: Richard Schumann

Telephone: (732) 356-1082

Website: www.fcssomerset.org

Hours: 9:00 am - 6:00 pm (Monday - Thursday)

9:00 am - 5:00 pm (Friday)

Telehealth appointments may be available for day and time not reflected here.

Referral Process: Call Family and Community Services of Somerset County at (732) 356-1082 and ask to speak to an intake person or counselor. Basic information is taken and the next step in the procedure will be provided. Referral sources include: clients/friends/family, Somerset County Probation, court, various school systems, DCP&P, Board of Social Services, and various other social service agencies.

Services Provided: Individual, couples, family and group counseling addressing various mental health issues, substance use, behavioral and relationship issues. Spanish speaking therapists are available. Psychiatrist and/or APN are available for clients receiving counseling services.

Transportation: None.

Fee: Services may be provided on a sliding scale fee based on income and size of family. Medicaid, Medicare, and other insurances accepted.

FAMILY CRISIS INTERVENTION UNIT (FCIU)

27 Warren Street Somerville, NJ 08876

Contact: Marla Mathews, Director

Mailing Address:

P.O. Box 3000

Somerville, NJ 08876

Telephone: (908) 704-6330

Fax: (908) 253-0180

Hours: 8:30 am - 8:00 pm (Monday - Thursday)

8:30 am - 4:30 pm (Friday)

*Available after-hours through Psychiatric Emergency Screening Services (PESS) at: (908) 526-4100. Please ask to speak to the FCIU worker on-call.

Referral Process: The FCIU can receive referrals from any source. Intakes can be taken by telephone, fax, mail, or in person.

Services Provided: The FCIU serves children and their families who are in crisis as a result of juvenile/family conflicts, runaway behavior, school truancy, or human trafficking of youth. The unit provides immediate intervention, assessment, and counseling in order to stabilize the crisis and prevent the need for court involvement. Staff is available 24 hours a day, 7 days a week. Also provide risk assessments for the Superior Court in cases of domestic violence.

Specialized Services Offered: Ability to access Family Court to seek short-term placements and other court intervention as specified by New Jersey Statute, when all options to resolve a crisis have been exhausted and such services are deemed necessary to stabilize a crisis and/or ensure the child's safety in the home.

Transportation: Ability to provide off-site services as indicated.

Fee: No fee is charged for crisis stabilization and court intervention. Ongoing family counseling is offered at a sliding scale rate.



FAMILY FINANCIAL STABILIZATION PROGRAM/ INTENSIVE CASE MANAGEMENT

Catholic Charities 540 Route 22 East Bridgewater, NJ 08807

Contact: Lori Soto

Other Locations:

Services are also provided at the County's Board of Social Service Offices in North Plainfield, Somerville, and Franklin Township.

Telephone: (908) 722-1881

Fax: (908) 704-0215

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Evening by appointment only

Referral Process: Referrals are made by the Board of Social Services, local welfare, homeless shelters, DCP&P, and other social service agencies, as well as the business community. Clients must reside in Somerset County. Clients may call to schedule an intake interview.

Services Provided: The program provides limited emergency assistance with rent/mortgage or utilities when funds are available. Another component of the program provides case management services to individuals and families referred from the Board of Social Services to assist with locating affordable housing.

Transportation: Home visits are made but transportation is not provided.

THE FAMILY RESOURCE NETWORK EPILEPSY FOUNDATION OF NEW JERSEY

50 Millstone Road Building 300, Suite 201 East Windsor, NJ 08520

Contact: Kerrie Webster, Director of

Programs & Services

Other Locations: Services Statewide.

Telephone: (800) 372-6510

Fax: (609) 392-5621

Website: https://www.familyresourcenetwork.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Evening by appointment only

Referral Process: Self-referral, community agency referrals, Department of Children & Families, Division of Developmental Disabilities, Division of Vocational Rehabilitation Services, Commission for the Blind and Visually Impaired, physicians, and school referrals are the usual sources. The agency serves people with disabilities and chronic conditions and their families. It also serves schools, civic and community organizations, and companies willing to learn more about people with disabilities.

Services Provided: A comprehensive array of individual and family supports are available in the areas of advocacy, education, training, behavioral, employment, health, and support services. Programs include: information and referral, support groups, emergency medication program, day and overnight respite care, recreational groups, behavioral services, recreation, resource database, supported employment, social security benefits counseling, public and professional Epilepsy education programs, and a variety of newsletters, directories, and guardianship assistance.

Transportation: None.

Fee: Varies by service and funding sources.



FAMILY SUPPORT ORGANIZATION

315 West Washington Avenue P.O. Box 11 Suite 3 Washington, NJ 07882

Contact: Community Outreach

Telephone: (908) 223-1191

Fax: (908) 223-1639

Website: www.fso-hsw.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Referrals are directly from PerformCare. Warm-line calls are from the community searching for direction.

Services Provided: Support, education and advocacy to families who have children struggling with emotional, behavioral and/or mental health challenges. Youth partnership (ages 13 to 20), support groups, warm line, and educational workshops on topics in mental health, developmental disabilities and substance use.

Languages Spoken: English/Spanish

Transportation: Self transport.

SOMERSET COUNTY FIREWATCH PROGRAM

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street Somerville, NJ 08876

Contact: Raquel Aiello

Mailing Address:

P.O. Box 3000

Somerville, NJ 08876

Telephone: (908) 704-6353

Fax: (908) 253-0180

Email: firewatch@co.somerset.nj.us

Hours: 8:30 am - 4:30 pm

Referral Process: Parents, guardians, teachers, police, child protection workers, or anyone who is concerned about a child's firesetting may complete a detailed referral form and submit it to the program. Somerset, Hunterdon, and Warren County youth of all ages are eligible.

Services Provided: An in-depth Firesetter Risk Assessment is completed with a Youth Firesetting Intervention Specialist who has been trained and certified by the New Jersey Division of Fire Safety. Youth and families are then linked to fire safety education and any other support services identified as needs in the Risk Assessment. Firesetter-specific mental health evaluation is also provided for youth who score in the "definite risk" categories.

Transportation: Transportation is not provided. However, the Youth Firesetting Intervention Specialist may meet with the youth and family in the office or at other local sites so that the program may be put into place. The Youth Firesetting Intervention Specialist works with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.



FIRST STEP COUNSELING OF RARITAN VALLEY

191 Church Road Bridgewater, NJ 08807

Telephone: (908) 219-6242

Website: www.firststepcounselingnj.com

Referral Process: Referred by Administrator following intake

interview.

Services Provided: Mental health counseling.

Transportation: None.

Fee: \$20.00

FOOD BANK NETWORK

P.O. Box 149 Bound Brook, NJ 08805

Contact: Steve Katz

Telephone: (732) 560-1813

Email: Steve@somersetfoodbank.org

Hours: 9:00 am - 2:30 pm (Monday - Friday)

Building 7E, Easy Street, Bridgewater, NJ

Referral Process: Somerset County Residents Welcome

Phone calls from any social service agencies, individuals needing assistance, families and walk-ins. Recipients must fill out an application, provide ID and a piece of mail sent to their home address.

Services Provided: The major programs of the Food Bank include the Food Assistance Program, the Backpack Program, Prescription Assistance Program, Vision Assistance Program, and Emergency Relief Program. The Food Bank Network of Somerset County serves unemployed and underemployed residents (families, children, individuals), seniors on fixed or inadequate incomes, disabled residents on fixed or inadequate incomes, veterans, and homeless.

Transportation: None.

FOOD BANK ASSISTANCE

Feeding Hands, Inc.

(Main Pantry) 1480 US Highway 22 East Bridgewater, NJ 08807

Telephone: (908) 397-6452

Hours: 9:00 am - 12:00 pm (Saturdays)

Website: www.feedinghandspantry.org

go to website to preregister – registration

available in English and Spanish.

Feeding Hands, Inc.

Emmanuel Baptist Church (For Manville residents only) 34 South Third Avenue Manville, NJ 08835

Telephone: (908) 725-4522

Hours: 4th Saturday of each month 9:00 am - 12:00 pm

Franklin Township Food Bank

(Serving only Franklin Township residents) – information for the Franklin Township Food Bank can be found in the Service Directory.

Food Bank Network of Somerset County

information for the Food Bank Network of Somerset County can be found in the Service Directory.

FOOD BANK ASSISTANCE (CONTINUED)

Hillsborough Community Assistance Network

(For Hillsborough residents only) 379 South Branch Road Hillsborough, NJ 08844

Telephone: (908) 369-3880

Website: www.hillsborough-nj.org/social-services-page-

list/291-community-assistance-network

Hours: 8:00 am – 4:30 pm (Monday – Friday)

Raritan Food Pantry

(For Raritan Borough residents only) 28 Thompson Street Raritan, NJ 08869

Telephone: (908) 824-5003

Reformed Church of Bound Brook Food Pantry

113 Clinton Street South Bound Brook, NJ 08880

Telephone: (732) 356-9345

Hours: 3:00 pm - 6:00 pm (Thursdays)

The United Reformed Church Food Bank

100 West Main Street Somerville, NJ 08876

Zarephath Christian Church Food Bank

My Neighbors Ministries 595 Weston Canal Road Somerset, NJ 08873

Telephone: (732) 560-4001

Hours: 10:00 am - 1:00 pm (Mondays and Thursdays)

10:00 am - 12:00 pm (Saturdays)



4-H YOUTH DEVELOPMENT PROGRAM

RUTGERS COOPERATIVE EXTENSION OF SOMERSET COUNTY

310 Milltown Road Bridgewater, NJ 08807

Contact: Annette Smutko

Telephone: (908) 526-6644

(908) 231-7000 ext. 7521 (908) 526-8242 (4-H Center)

Fax: (908) 704-1821

Email: somersetcounty4h@co.somerset.nj.us

Website: www.4HisTOPS.org

Hours: 4-H Office: 8:00 am - 4:30 pm (Monday - Friday)

4-H Center: 7:00 pm - 10:00 pm (Monday - Friday)

Referral Process: Youth in grades K-3 may join a 4-H Prep Club, a non-competitive exploratory program. Boys and girls in grades 4-13 (one year out of high school) may join a standard 4-H club that emphasizes one or more project areas. The 4-H Youth Development Program is part of Rutgers Cooperative Extension of Somerset County and offers membership and education programs without regard to race, color, national origin, sex, disability, or handicap.

4-H YOUTH DEVELOPMENT PROGRAM (CONTINUED)

Services Provided: The Rutgers Cooperative Extension 4-H Youth Development Program uses a learn-by-doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world. The mission of the program is accomplished by using knowledge and resources of the land grant university system, along with the involvement of caring adults. Learning-by-doing programs are offered through 4-H clubs, short-term special interest programs, and 4-H school enrichment programs. The educational programs offer boys and girls the opportunity to learn about a variety of subjects such as photography, model rockets, model airplanes, food preparation, go-karts, small animals, and many more.

These programs also allow youth to develop life skills such as communication skills, a positive self-concept, and responding to the needs of others and the community. The 4-H Youth Development Program is a preventative program that provides adult supervision while youth develop leadership skills.

Transportation: None.



FRANKLIN TOWNSHIP FOOD BANK

224 Churchill Avenue P.O. Box 333 Somerset, NJ 08873

Contact: Derek Smith, Executive Director

Telephone: (732) 246-0009 and press 110

Website: www.franklinfoodbank.org

Hours: By Appointment Only

Referral Process: Self-referred or referral by any agency or organization. By calling the above-mentioned telephone number and selecting 110 callers will be directed to the inbox. Please leave a message with your name and telephone number and a staff member will call you back to schedule an appointment. All phone calls are returned during office hours. Unless an appointment is confirmed over the phone, there is not an appointment scheduled.

Services Provided: Emergency food is provided to residents of Franklin Twp. (Somerset County). Clients receive points to shop in the Food Bank Market every week and can redeem these points in whatever intervals they choose. There is no limit to how many times a client can visit the Food Bank Market. Clients must show proof of Franklin Twp. residency upon each visit.

USDA Commodities are available to qualified clients. See the "Get Help" page on the web site for details about the Franklin Food Bank and the Client Choice Program.

Transportation: None.

FRANKLIN TOWNSHIP TEEN RECREATION

429 Lewis Street Somerset, NJ 08873

Contact: Joe Jankowski

Telephone: (732) 873-2500 ext. 7019

Website: www.franklintwp.org

Office Hours: 8:30 am - 4:30 pm

Site Address: Franklin Middle School

415 Francis Street Somerset, NJ 08873

Hours: 7:00 pm - 9:00 pm (Tuesday - Thursday)

Referral Process: Call Franklin Township Recreation for referral. The usual sources of referrals are the Franklin Township Schools, Probation Department, police, Franklin Township Social Services, and the Youth Shelter. Clients served are adolescents whose families live in Franklin Township.

Services Provided: Program is for youth in grades 7-12. The program runs from mid-October to the end of May, and the last week of June to the last week of July. Various recreational activities, informal counseling, counseling groups, life skills training, and field trips. See website for details.

Transportation: None.

FRANKLIN TOWNSHIP YOUTH CENTER

429 Lewis Street Somerset, NJ 08873

Contact: Stephanie Williams

Telephone: (732) 873-7292

Website: www.franklintwp.org

Office Hours: 8:30 am - 4:30 pm

Site Address: Franklin Youth Center

429 Lewis Street Somerset, NJ 08873

Hours: 2:30 pm - 9:00 pm (Monday - Friday)

12:30 am - 9:00 pm (Saturday)

Referral Process: Youth can apply for free membership at FranklinTwp.RecDesk.com or call the Franklin Township Youth Center for additional information.

Services Provided: Operating under the umbrella of the Recreation Department, the Franklin Township Youth Center addresses youth needs through programming and partnership with youth service organizations. Membership is free and available to Franklin Township youth grades 6 – 12.

The Center, which has a capacity of almost 900, contains a full-size gymnasium, maker spaces, video games, recording studio, fitness center and much more. A satellite branch of the Franklin Township Public Library is also located onsite along with additional educational resources.

Transportation: None.

FREEDOM HOUSE - THE FAMILY AFTERWARD PROGRAM

Administrative Office:

2004 Rt. 31 North, Suite 1

Clinton, NJ 08809

Contact: Kristina VanLaningham, CADC, DRCC

Program Coordinator

Telephone: (908) 617-5492 (Main Office)

(908) 892-0750 (Program Coordinator's Cell)

Fax: (908) 617-5548

Email: kvanlaningham@freedomhousenj.org

Website: www.freedomhousenj.org

Hours (for referral): 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: By appointment only – call for screening.

Services Provided: The Family Afterward program provides Recovery Housing and case management services to women in recovery from alcoholism and/or drug addiction who are seeking reunification with their children. The Family Afterward serves women with co-occurring substance use and mental health disorders. Applicants must be willing to commit to the recovery and reunification process, be ready to obtain gainful employment (or attend school to improve skillset), and willing to submit to the goals of the program:

- · Long-term recovery
- · Family reunification
- Independent living



FREEDOM HOUSE – THE FAMILY AFTERWARD PROGRAM (CONTINUED)

The Family Afterward program teaches women to pursue economic independence through career guidance, assistance in securing employment, and financial budgeting. Government assistance programs are considered a short-term means of support on the path to self-sufficiency. Guidance in negotiating the child custody system is provided, and The Family Afterward staff advocate on behalf of families in court and in the community. The Family Afterward does not provide substance use treatment services, however referrals are made to community programs as appropriate; all clients transferring from residential treatment are referred to outpatient/aftercare services.

The Family Afterward Program operates a six-bed residence named Diane's House located in Trenton, Mercer County, New Jersey. This program serves primarily Mercer County residents, however through a private grant from IICF (Insurance Industry Charitable Foundation) The Family Afterward is currently able to serve referrals from any New Jersey County. The amount of women served will vary depending on how many children are in the house. Lengths of stay will vary. It is projected that 8-12 women per year will be served at each residence.

Agencies providing substance use disorder treatment to women with children are this program's primary referral source. Referrals must have been through primary care treatment, preferably in a halfway house or long-term residential program, as women must be stabilized and able to function independently and care for their children.

Transportation: Staff may be available to pick up new admissions; Residents have access to public transportation (bus stop in front on the residence).

FRIENDSHIP CENTER OF NEW BEGINNINGS

162 Main Street Flemington, NJ 08822

Telephone: (908) 806-4444

Website: www.friendship-center.org

Hours: 10:00 am - 3:00 pm (Monday - Friday)

Referral Process: Anyone can refer.

Services Provided: The Program provides resources and caring confidential peer counseling for those facing unplanned pregnancies, strengthening marriage, and parenting skills.

Transportation: None.

Fee: All services are free.

GENPSYCH

981 Route 22 West Bridgewater, NJ 08807

Contact: Kemi Olukoya

Telephone: (855) 436-7792

Fax: (855) 251-7222

Email: info@genpsych.com

Website: www.GenPsych.com

Hours: 8:00 am - 8:00 pm (Monday - Thursday)

8:00 am - 5:00 pm (Friday)

Referral Process: Call 1-855-436-7792.

Services Provided: GenPsych is an outpatient facility that provides Partial Care and Intensive Outpatient Programs for children, adolescents, and adults offering progressive behavioral health services. GenPsych's mission is to provide individuals in the community with effective and efficient Mental Health, Co-Occurring, and Substance use treatment in a comfortable, safe, and supportive environment. Specialized programs include Eating Disorder, Anxiety/Trauma, and Dialectical Behavioral Therapy. We are dedicated to helping our clients and their families restore and maintain emotional and mental health outside of a hospital setting. Clients can be evaluated within 24 hours.

Transportation: Transportation is provided on an as needed basis.

Fee: GenPsych accepts all private insurances.

GIRL SCOUTS - HEART OF NEW JERSEY

1171 Route 28 North Branch, NJ 08876

Telephone: (908) 518-4400

Fax: (908) 725-4933

Website: www.gshnj.org

Hours: 9:00 am - 5:00 pm (Monday - Thursday)

9:00 am - 3:00 pm (Friday) (except July-August)

9:00 am - 1:00 pm (Friday) (July-August)

Email: info@gshnj.org

Referral Process: Girls or adults interested in becoming members should contact the Council office or go to the website above. The local council representative passes on this information to the appropriate Girl Scout volunteer in the community. Membership is open to all girls ages 5 to 17, in Kindergarten-12th grade, and all adults wishing to volunteer for various positions throughout Essex, Hudson, Hunterdon, Somerset, Union, southern Warren, and parts of Middlesex counties.

Services Provided: The Girl Scout program is an informal educational program where girls have fun as they gain leadership skills, confidence, and a feeling of accomplishment. The leadership program is designed to help a girl discover who she is, what she can do, and connects her with a powerful community of girls and mentors to make it happen. With unique opportunities, Girl Scouts explore, learn, succeed, and take action to make a difference in their community. Activities include community service, day and overnight trips, career exploration, participation in national and international programs, arts and crafts, science exploration, cookie selling, getting outdoors and other fun girl-planned activities. All adult volunteers must be registered members and complete a

GIRL SCOUTS - HEART OF NEW JERSEY (CONTINUED)

background check through GSHNJ. Training for adult volunteer positions is offered.

GSHNJ also owns and operates three camps: two-day camps (The OVAL, in Maplewood, NJ and Camp DeWitt, in Hillsborough, NJ) and one overnight camp (Camp Hoover in Middleville, NJ).

Language Spoken: English. Spanish speaking staff are available.

Transportation: Carpools are arranged by individual troops for transportation to and from Girl Scout events. Bus transportation to and from summer day camp is included in the fee.

Fee: \$40 membership fee for girls and \$25 membership fee for adult volunteers plus nominal troop dues. Girl Scouts Heart of New Jersey maintains a scholarship fund to aid girl and adult volunteers with membership and uniform fees as well as camperships for summer camp.

GREAT EXPECTATIONS, THE CENTER FOR

19B Dellwood Lane Somerset, NJ 08873

Contact: Peg Wright

Telephone: (732) 247-7003

Fax: (732) 247-7043

Email: info@cge-nj.org

Website: www.cge-nj.org

Hours: 24 hours a day / 7 days a week

Referral Process: Referrals come from a variety of sources, including DCP&P, Work First New Jersey Substance Abuse Initiative, County Boards of Social Services, Probation, PerformCare, CMOs, hospitals, methadone clinics, churches, pregnancy centers, as well as family, friends, and self-referrals.

Services Provided: The Center for Great Expectations (CGE) provides a Continuum of Care that includes: Residential Treatment services for homeless pregnant/parenting adolescents (12 beds) and homeless pregnant/parenting adult women in substance use recovery (8 beds); On-site Child Development Center, Katy's Place, for children of residential clients (licensed for up to 36 children); Supportive Housing Program (27 units) for at-risk women & children; and Roots to Recovery Outpatient Services (North Brunswick location serving 340 women & men annually - with and without insurance accepted). The S.T.A.R.T. Program offers in-home substance use disorder and parent-infant mental early-relational health counseling and treatment as well as case management and doula services to pregnant and newly parenting women with substance use disorder across seven counties (Somerset, Hunterdon, Morris, Essex, West Hudson, Union, and Middlesex). CGE is a CARF-accredited organization and a member of the National Child Traumatic Stress Network (NCTSN).

GREAT EXPECTATIONS, THE CENTER FOR (CONTINUED)

Prevention Programming: The Institute of CGE now offers Trauma-attuned resiliency training, professional development, and workforce optimization in clinical/community settings, school environments, and businesses. Please email Pam DeLuca at epurtell@cge-nj.org to learn more about how CGE can assist. This program is fee based.

Residential services for adolescents are provided as a RTC (Residential Treatment Center) IOS (Intensity of Service). While at the Center adolescents have the opportunity to build critical self-esteem and the critical life, coping, parenting and educational skills needed to support a future of health and opportunities for themselves and their children.

Transportation: Provided for clients.

GREATER RARITAN ONE STOP CAREER CENTER

27 Warren Street, 2nd Floor Somerville NJ 08876

6 Gauntt Place Lower Level Flemington, NJ 08822

Contact: Monica Mulligan/Chris Peake

Telephone: (732) 541-5780

Fax: (732) 237-0016

Email: onestop@co.somerset.nj.us

Website: www.thegrwbd.org

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Individuals and community agencies can call or e-mail to request services.

Services Provided: Individual career and vocational guidance; aptitude, interest and skill based assessments to guide career exploration; a resource area with free access to computers, phone, fax and copiers; free job-seeker workshops that provide tools and skills needed to land a job; literacy services for those in need of adult basic education, high school equivalency, English as a second language and fundamental computer skills; training grants that serve to upgrade skills and increase job seekers' marketability; on-the job-training grants; recruitment events that bring together job seekers and employers; specialized services for veterans, youth, 55+, ex-offenders, public assistance recipients and those living with a disability; free labor market resources and information.



GREATER RARITAN ONE STOP CAREER CENTER (CONTINUED)

Fee: None. All services are free and funded by the Workforce Innovation and Act (WIOA) provided through the New Jersey Department of Labor and the United States Department of Labor. Some services require eligibility criteria to be met in order to maintain compliance with the WIOA legislation.

GREATER RARITAN WORKFORCE DEVELOPMENT BOARD

27 Warren Street, 2nd Floor Somerville NJ 08876

Contact: Paul Grzella, Director

Telephone: (908) 541-5790

Fax: (908) 541-5753

Email: info@the grwdb

Website: www.thegrwdb.org

(also on Facebook and LinkedIn)

Hours: 8:30 am - 5:30 pm (Monday - Friday)

Referral Process: People can call and email us and state and local workforce system partners connect to us and vice-a-versa.

Services Provided: The Greater Raritan Workforce Development Board (GRWDB) works to ensure that workforce education and training investments help meet the talent needs of employers and the career goals of job seekers in Hunterdon and Somerset Counties. The GRWDB is directly responsible for oversight of Greater Raritan One-Stop Career Center and Greater Raritan Career Services, a provider of re-employment education and training resources to individuals.

The GRWDB is comprised of volunteer business, education, labor, economic development, and community leaders who analyze local workforce conditions, oversee the use of federal funds, and set workforce investment policy. The full board meetings quarterly, at a minimum, and is supported by four subcommittees open to the general public: Disabilities, Literacy, Operations and Youth.

GREATER RARITAN WORKFORCE DEVELOPMENT (CONTINUED)

The GRWDB also offers direct programming, including: SkillUp Greater Raritan individual and badge training; the Greater Raritan Resume Portal; a Summer Youth Employment Program for youth in the two counties between the ages of 16 and 24; Pathways to recovery. Offering career services and training for individuals impacted directly or indirectly by the opiod epidemic; and Onthe-Job Training and Incumbent Worker Training programs that can be used by employers in the two counties.

If you are an individual in need of job search assistance or employment related training, contact the Greater Raritan One-Stop Career Centers at onestop@co.somerset.nj.us.

Transportation: N/A

Fee: All services are grant-funded and free to access by residents and employers.

GREEN BROOK ACADEMY

MAILING ADDRESS:

P.O. Box 947 Bound Brook, NJ 08805

GB1 – GYM GB3

324 Talmadge Avenue 126 Vosseller Avenue Bound Brook, NJ 08805 Bound Brook, NJ 08805

GB2 GB4 – ADMIN OFFICE

151 Vosseller Avenue 152 Vosseller Avenue
Bound Brook, NJ 08805 Bound Brook, NJ 08805

Contact: Colleen Motzel, Director

Telephone: (732) 469-8677

Fax: (732) 469-0035

Email: cmotzel@greenbrookacademy.com

Hours: Office: 7:30 am - 4:00 pm (Monday - Friday)

School: 8:30 am - 2:00 pm (Monday - Friday)

Referral Process: The sending district child study team refers classified students ages 10 to 21 with behavioral disabilities to the program. Serves the greater central New Jersey area, including Somerset, Middlesex, Monmouth, Hudson, Hunterdon, Union, Morris, and Essex Counties.

GREEN BROOK ACADEMY (CONTINUED)

Services Provided: The mission is to provide a safe and therapeutic learning community for students eligible for special education and related services as the result of emotional/behavioral disorders impacting in daily life functioning. The therapeutic educational program is designed to assist each student achieve their academic and emotional potential. All students can achieve success through the specially designed comprehensive and individualized therapeutic educational program. All students receive counseling and other related services as required by their IEP, as well as crisis services as needed. The professional staff is certified and well trained to work with the special population. Extended school year is an option.

Transportation: Provided by the sending school district.

Fee:Tuition is paid by sending school district.

GUIDED LIFE STRUCTURES

286 East Main Street Somerville, NJ 08876

Contact: Eileen Oertel, Executive Director

Telephone: (908) 704-0011

Fax: (908) 704-0911

Website: www.guidedlifestructures.org

Email: eoertel@guidedlifestructures.org

Hours: 12:00 pm - 7:00 pm (Monday – Thursday)

9:00 am - 11:00 am (Saturday)

Referral Process: Referrals may be from self, courts, probation, doctors, lawyers, rehabilitation centers, DCP&P, hospitals, welfare, youth shelters, or any other social service agencies. Clients or professionals should call the program for an appointment. There are no prerequisites for admissions.

Services Provided: Guided Life Structures (GLS) provides individual, group, and family counseling. An early intervention and education program is offered, Level I outpatient and intensive outpatient Level II (from 9 to 12 hours). Mental Health services are offered to GLS participants. The program serves adolescents, adults, and families, treatment is supported with urine monitoring and psychological profiles.

Specialized Services Offered: The program deals primarily with substance use, mental health issues, and provide services to families who suffer from addiction. Vivitrol is offered for IOP-OP participants.

Transportation: No transportation is provided by Guided Life Structures; however, arrangements can made with LogistiCare or New Jersey Transit which is accessible by bus or train.

Fee: A sliding fee scale is offered and work with most medical insurance plans on an out-of-network benefit basis.



HACKENSACK MERIDIAN HEALTH CARRIER CLINIC

FORMERLY KNOW AS CARRIER CLINIC

252 Route 601 P.O. Box 147 Belle Mead, NJ 08502

Contact: Community Relations

Telephone: Access Center: (800) 933-3579

Website: www.carrierclinic.org

Hours: 24 hours a day / 7 days a week

Referral Process: All referrals, including self-referrals, should be made through HMH Carrier Clinic's Access Center. All prospective patients must receive an initial evaluation, scheduled by the Access Center.

Services Provided: HMH Carrier Clinic provides psychiatric and co-occurring inpatient treatment for Adolescents (12 – 18), Adults, and Older Adults. Adult Addiction services and Electroconvulsive Therapy (ECT) are offered on both an inpatient and outpatient basis.

The East Mountain School provides special education services to students in grade 7-12 who are classified with emotional or behavioral challenges. The school is situated on the Belle Mead campus. Sending school districts provide transportation to the school.

HACKENSACK MERIDIAN HEALTH CARRIER CLINIC (CONTINUED)

Services Provided: The East Mountain Youth Lodge is a co-educational, residential treatment program providing comprehensive 24-hour clinical, therapeutic, and educational treatment for adolescents ages 13 to 18 with psychiatric, behavioral, emotional and/or substance use difficulties. All programs are contracted with NJ's Department of Children and Families (DCF) and represent varying levels of intensity of services as defined by the New Jersey system of care.

Transportation: N/A.

Fee: HMH Carrier Clinic participates with most insurance plans, Medicare, and Medicaid. Medicaid is not accepted for addiction services. Tuition for the school is paid for by the sending district.



650 Rancocas Road Westampton Twp., NJ 08060

Telephone: (800) 603-6767

Fax: (609) 518-2210

Website: www.hamptonhospital.com

Hours: 24 hours a day / 7 days a week

Referral Process: Access Center is available 24/7 at (800) 603-6767. Immediate appointments are available.

Services Provided: Hampton Behavioral Health Center offers a full continuum of care, including intensive outpatient and partial hospitalization in our outpatient department and inpatient services for adolescents (ages 12 and up), adults and older adults with mental health and substance use issues. Hampton's main campus, located in Westampton Township, Burlington County, includes a 120-bed hospital and outpatient counseling center. In addition, Hampton Counseling Centers are also located in Cherry Hill, Camden County, NJ, and Hamilton Township, Mercer County, NJ.

Specialized Services Specialized services include Electro-Convulsive Therapy, Military Treatment Programs, HEROES (Helping Early Responders Overcome Extreme Stressors) and the MOSAIC (Motivating Our Seniors and Inspiring Changeprogram. In addition, just a few miles away from the main campus is Hampton Academy, a private day school approved by the New Jersey Department of Education for grades 1 – 12 where youth with emotional challenges are guided to maximize their potential.

Transportation: Transportation is provided within local communities.

Fee: Private Insurance, Tricare, Medicare, and Medicaid.

HEALTH DEPARTMENTS

Health Departments provide information and referral, health education, child health conferences, well baby clinics for immunizations, well check-ups, and family planning/counseling. They also provide comprehensive women's health clinics, adult health screening, and cholesterol screening for adults 18 years of age and older. Below is a list of health departments in Somerset County. Call your local department for further information on the specific services provided.

Bernards Township Health Department is the contractual health agency serving: Basking Ridge/Bernards Township/Lyons/Liberty Corner/Peapack and Gladstone Borough and Bernardsville Borough in Somerset County

In Morris County serving: Chester Borough, Mendham Borough, and Long Hill Township

Lucy Forgione, Health Officer

262 South Finley Avenue (908) 204-2520 Basking Ridge, NJ 07920-1418 Fax (908) 204-3075

Iforgione@bernards.org

Bedminster/Bound Brook/Far Hills/Franklin/Manville/North Plainfield/Raritan/Somerville/South Bound Brook Health Department

Terry Clancy, Director of Public Health & Safety

4 N. Bridge Street (908) 203-6029 Somerville, NJ 08876 Fax (908) 704-8042 tclancy@co.somerset.nj.us



HEALTH DEPARTMENTS (CONTINUED)

Middle-Brook Regional Health Commission serving as South Bound Brook/Warren/Green Brook/Watchung Health Department

Kevin Sumner, Health Officer

111 Greenbrook Road (732) 968-5151 Green Brook, NJ 08812 Fax (732) 968-331

mbrhc@middlebrookhealth.org

Branchburg Township Health Department

Cinthia Weaver, Health Officer ext. 181 1077 Route 202 North (908) 526-1300

Branchburg, NJ 08876 Fax (908) 526-7027

cinthia.weaver@branchburg.nj.us

Bridgewater Township Health Department

Kristen Schiro, Director of Human Services

Vanessa Freire, Health Officer

100 Commons Way (908) 725-5750 Bridgewater, NJ 08807 Fax (908) 595-0825

vfreire@bridgewaternj.gov

Hillsborough Township Health Department

Glen Belnay, Health Officer

379 South Branch Road (908) 369-5652 Hillsborough, NJ 08844 Fax (908) 369-8565

gbelnay@hillsborough-nj.org

Montgomery Township Health Department (also serving Rocky Hill Borough)

Stephanie Carey, Health Officer

2261 Route 206 North (908) 359-8211 Belle Mead, NJ 08502 Fax (908) 359-4308

scarey@twp.montgomery.nj.us

HOME DETENTION PROGRAM (HDP) AND ADVANCED HOUSE ARREST (AHA)

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street Somerville, NJ 08876

Contact: Monica Mulligan

Mailing Address:

P. O. Box 3000

Somerville, NJ 08876

Telephone: (908) 704-6326

Fax: (908) 253-0180

Email: juvenile@co.somerset.nj.us

Hours: 8:30 am - 4:30 pm

On-call coverage 24 hours a day / 7 days a week

Referral Process: The Superior Court - Family Part may refer court-involved youth in need of supervision to either the Home Detention or Advanced House Arrest programs. Somerset County youth between the ages of 12 to 18 who are in detention or who are in jeopardy of being placed in detention are eligible for the programs. Juveniles charged with 1st and 2nd degree offenses may be excluded from program participation.

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HOME DETENTION PROGRAM (HDP) AND ADVANCED HOUSE ARREST (AHA) (CONTINUED)

Services Provided:

- The Home Detention Program provides intensive case management, electronic monitoring, and regular face-to-face contact for juveniles who would otherwise be placed in secure confinement. Youth and their parent(s)/guardian(s) are required to sign a Program Agreement in addition to a Case Plan created by the Juvenile Case Manager. By signing these documents, these youth agree to attend all required school programs, counseling, employment, and probation meetings. Failure to abide by the Contract and Case Plan may result in a juvenile's placement in the juvenile detention center. Youth may be placed on the Home Detention program on a pre-or post-dispositional basis.
- The Advanced House Arrest program provides Biometric Voice Recognition monitoring (24/7 random phone verifications, during periods when youth are expected to be in the home) for youth with pending matters in Superior Court. Youth and their parent(s)/guardian(s) are required to sign a Program Agreement in order to ensure commitment to the program rules and conditions. Failure to abide by the Program Agreement may result in a juvenile being stepped up to Home Detention, or placement in the juvenile detention center.

Transportation: Transportation is not provided. However, the Juvenile Case Manager will meet with the youth and family in their home and at other local sites so that the program may be put into place. The Juvenile Case Manager works with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.

HOMESHARING, INC.

120 Finderne Avenue Bridgewater, NJ 08807

Contact: Jill Stein (Middlesex and Morris Counties)

Telephone: (908) 526-4663

Fax: (908) 526-6342

Email: homesharing@verizon.net (Jill)

Website: www.homesharing.org

Hours: 9:00 am - 5:00 pm (Monday - Thursday)

9:00 am - 4:00 pm (Friday) Evening hours by appointment

Referral Process: New clients may call to get the application process started. Background and reference checks are conducted on all clients, and everyone must have a personal interview.

Services Provided: Assist people in finding affordable shared living arrangements. Assist people who have a spare bedroom in finding either someone to rent a room (and share common areas of home) or have reduced or free rent in exchange for services (cooking, cleaning, errands, etc.). Thanksgiving and Christmas baskets are provided to the program's needy participants.

Transportation: Transportation is not provided.

Fee: None – suggested donation only, not mandatory. Clients are responsible for paying their own rent.

HONOR RIDGE ACADEMY

Campus Address:

342 Madison Hill Road

Clark, NJ 07066

On-site Telephone: (732) 827-5885

On-site Fax: (732) 827-5456

Mailing Address and Business Office:

170 Changebridge Road Montville, NJ 07045

Contact School:

Mr. Ryan Kimmins, Director

Susan Kemp, MA, LDT-C, Reading Specialist -

Intake Coordinator

Maria Torres, Principal, MA, LDT-C,

Dyslexia Specialist, OG-Th

Contact Business Office:

Mr. Joe Saflarske, Business Manager

Office Telephone: (973) 784-4787

Office Fax: (973) 784-4788

Email: info@honorridge.org

Website: www.honorridge.org

Hours: 8:30 am - 3:00 pm (school hours)

Referral Process: Students are referred to our school by their case managers from their School Districts. Our population includes students between the ages of 5 and 21. We accept children with a variety of behavioral and learning disabilities. These may include but are not limited to ADD/ADHD, Multiple disabilities, Autism Spectrum Disorder, Behavior/Emotionally Disturbed, Intellectual/Cognitive Disabilities, LD/Dyslexia, and Psychiatric/Mood Disorders.

HONOR RIDGE ACADEMY (CONTINUED)

Intake packets must include a social history, psychological and learning evaluation, an Individual Educational Plan, and psychiatric evaluation (if applicable).

Program Description: Honor Ridge Academy, established in 1971 is a Department of Education approved therapeutic, private day school for multiply disabled students ages 5 – 21. Our treatment program utilizes an integrated approach in which, students receive the necessary support to gain new skills, increase self-esteem, and learn acceptable ways of behaving emotionally and socially. The academic program adheres to the IEP and provides an intensive plan geared toward the student's functional level, behavior, and learning style. All students are seen weekly for individual psychological counseling sessions by licensed Clinical Social Workers and Professional Licensed Counselors. For those with language-based learning disabilities, the Orton-Gillingham approach is available. Additionally, we have Art, Drama, and Music classes, as well as, an inter-scholastic sports program and an approved Extended School Year Program.

Services Provided: Speech and Language Therapy, Occupational and Physical Therapy Individual Psychotherapy, School-based counseling and Group counseling, Nursing and Psychiatric/Medication Services including medication review and management (as needed).

Additional Services include: Learning Disabilities Teacher Consultant (LDT-C), Board Certified Behavioral Analyst (BCBA), Therapeutic Behavioral Management and ABA Planning, Crisis Intervention, Team Treatment Planning, and Family Therapy, if applicable.

Transportation: The sending school district provides the transportation.

Fee: The sending school districts pay for education tuition.

HOPES CAP, INC. EARLY CHILDHOOD PROGRAMS

Two Locations in Somerset County:

900 Hamilton Street 113 Belmont Drive Somerset, NJ 08873 Somerset, NJ 08873

Contact: Kecia Page – Parent, Family & Community

Engagement (PFCE) Supervisor

Telephone: (732) 568-5063 (1-855-654-6737)

Toll Free: 1-855-OK-HOPES

Email: info@hopes.org

Website: www.hopes.org

Hours: 8:30 am - 2:30 pm

(Monday - Friday for Pre-K/Head Start Children)

8:30 am - 3:00 pm

(Monday - Friday for Infant/Toddler/Early Head

Start Children)

Referral Process: Contact the program to schedule an appointment to complete an intake. Families must either meet Federal Income Guidelines, or receive TANF or SNAP benefits. Children in foster care or who are experiencing homelessness are eligible regardless of family income. To determine eligibility, please bring proof of income or proof of TANF or SNAP benefits, proof of residency in Somerset County, child's birth certificate, and foster care documentation, if applicable. Other documents such as immunization record and physical exam, will be required prior to child's enrollment.

HOPES CAP, INC. EARLY CHILDHOOD PROGRAMS (CONTINUED)

Services Provided: HOPES CAP, Inc. Early Childhood Programs offer Early Head Start and Head Start services to children ages 8 weeks to 5 years of age, residing in Somerset County. HOPES' Early Head Start and Head Start Program is a comprehensive child development program providing individualized instruction to help children develop socially, intellectually, physically, and emotionally, in a manner appropriate to their age and state of development. HOPES offers an inclusive program serving children with varying degrees of special needs. HOPES' Early Childhood Programs also support parents' efforts to fulfill their parental roles, and help families move towards self-sufficiency.

In addition to the Early Childhood Programs, HOPES also provides services to Expectant Women. The Expectant Women's program is primarily home-based, in which one-on-one visits will take place between the mother (and others as desired) and the Home Visitor. The home visits may be done virtually through video conferencing. Some of the services offered include, but are not limited to, education in prenatal care, labor and delivery, and postpartum needs and concerns.

Transportation: Transportation is provided on a limited basis to children ages 3 – 5 years.

Meals: Children are served breakfast, lunch, and an afternoon snack. Infants are provided with formula and diapers, at no cost to the families.



Capital Health Systems Medical Center

446 Bellevue Avenue Trenton, NJ 08618 (609) 394-4000

Carrier Clinic

252 County Road 601 Belle Mead, NJ 08502 (800) 933-3579

Hunterdon Medical Center

2100 Wescott Drive Flemington, NJ 08822 (908) 788-6100

John F. Kennedy Medical Center

65 James Street Edison, NJ 08818 (732) 321-7000

Morristown Memorial Hospital

100 Madison Avenue PO Box 195 (973) 971-5000

RWJ University Hospital

One Robert Wood Johnson Place New Brunswick, NJ 08901 (732) 828-3000

RWJ University Hospital Somerset

110 Rehill Avenue Somerville, NJ 08876 (908) 685-2200

St. Peter's University Hospital

254 Easton Avenue New Brunswick, NJ 08901 (732) 745-8600

The Matheny School & Hospital

65 Highland Avenue P.O. Box 339 Peapack, NJ 07977 (908) 234-0011

VA New Jersey Health Care System

151 Knollcroft Road Lyons, NJ 07939 (908) 647-0180

HUNTERDON PREPARATORY SCHOOL

11 Spencer Lane Annandale, NJ 08801

Contact: Alisa Cooper-Kopacz, Executive Director

Telephone: (908) 832-7200

Fax: (908) 832-9772

Email: csmith@hunterdonprep.org

Website: www.hunterdonprep.org

Hours: 8:00 am - 3:00 pm (Monday – Friday)

Admissions Process: At Hunterdon Prep, our admissions process begins after a student's records have been reviewed by the admissions team and it has been deemed that HPS is a good match for the student. There are four criteria that must be met before a child can be considered for admission:

- The child must be deemed eligible for an out-of-district placement by the child's Child Study Team.
- The child's district must make a formal referral to Hunterdon Preparatory School.
- The child's records must be sent to Hunterdon Prep by the Child Study Team.
- The child's records are reviewed by Hunterdon Prep to determine if HPS is a good match.



HUNTERDON PREPARATORY SCHOOL (CONTINUED)

Services Provided: At Hunterdon Prep we work together (students, parents, teachers, and local school districts) to provide a place where students feel valued and respected, where they are not judged and where differences are understood and embraced.

We set the bar high for academic and personal success and we provide each student with the time, support and tools to discover their potential and unleash the best in themselves and others. When everyone does their part to create a tolerant, supportive community, the whole is always bigger than the sum of its parts.

At HPS we support our students with skilled teachers, staff and counselors who provide a relational approach to individualizing education for each student. We combine this relational approach with a robust academic curriculum, group counseling, creative electives and enrichment classes that allow students to challenge themselves and to grow to their fullest potential.

Our academics and enrichment classes are supplemented with personal development opportunities that help our students prepare for life after graduation. Each step of the way we are guiding our students in skills that are necessary for academic success and personal confidence. Our transition programs give students the tools they need to complete college application, create resumes, interview with potential employers and perform to their highest abilities in a workplace setting.

Transportation: Provided by sending school district.

Fee: Tuition rate is established by the NJ Department of Education.

INTENSIVE FAMILY SUPPORT SERVICES

Catholic Charities Family Supports Office 540 Route 22 East Bridgewater, NJ 08807

Contact: Brian Rubinstein

Telephone: (908) 722-1881

Fax: (908) 704-0215

Hours: 9:00 am - 9:00 pm (Monday – Thursday)

9:00 am - 5:00 pm (Friday) Saturdays – by appointment only

Referral Process: Open to any Somerset County resident with family members or loved ones 18 years or older with a mental health diagnosis. Referrals for IFSS will be accepted but not limited to from PESS, outpatient, IOTSS and partial care programs, NAMI, short term care facilities, state or private hospitals, jails, physicians, residential settings, intensive case management, referrals from other IFSS family members, or self-referral.

Services Provided: Intensive Family Support Services (IFSS) is a free voluntary community-based program. The purpose of IFSS is to improve the overall functioning and quality of life of families with a relative or loved one who lives with a mental health diagnosis. IFSS offers weekly family support and psycho-education groups, individual face-to-face meetings with family members to assess needs and develop a family action plan, linkages and referrals to helpful resources, and advocacy.

Transportation: Transportation is available for active family members in the IFSS program.

JEWISH FAMILY SERVICE OF SOMERSET, HUNTERDON AND WARREN COUNTIES

150-A West High Street Somerville, NJ 08876

Contact: Shaina Sherman

Telephone: (908) 725-7799

Fax: (908) 725-0284

Email: admin@jewishfamilysvc.org

Website: www.jewishfamilysvc.org

Hours: By appointment:

9:00 am - 5:00 pm (Monday – Thursday

and evenings by appointment only)

9:00 am - 4:00 pm (Friday)

Referral Process: Organizations, clergy, schools, hospitals, self-referrals, and professional agencies may refer. This is a not-for-profit, non-discriminatory agency open to any person living in Somerset, Hunterdon, and Warren counties.

Services Provided: The agency provides individual, couples, family, and group counseling that includes a child specialist who is available to meet the special needs of children and adolescents. Services to the elderly and their families include home assessments and home visits through the Senior Services Program. Other services include Career Counseling, Family and Senior Mentoring, Holocaust Survivor Assistance Program, Sibling Support Group, Bereavement Support, and Emergency Assistance, as well as information and referral. We also offer Senior Programs such as, Senior Shopper, Cooking Companion, and Yearn2Learn programs.

JEWISH FAMILY SERVICE OF SOMERSET, HUNTERDON, AND WARREN COUNTIES (CONTINUED)

Languages Spoken: English.

Transportation: Trains and buses stop in Somerville just one block from the agency.

Fee: Sliding scale fees range from \$25.00 to \$125.00. Medicare,

Medicaid and private health plans are accepted.

JEWISH FEDERATION OF SOMERSET, HUNTERDON & WARREN COUNTIES

775 Talamini Road Bridgewater, NJ 08807

Telephone: (908) 758-2006

Fax: (908) 725-9753

Email: info@jfedshaw.org **Website:** www.jfedshaw.org

Hours: 9:00 am - 5:00 pm (Monday – Thursday)

9:00 am - 4:00 pm (Friday)

Evenings and Sundays by appointment.

Referral Process: Anyone may contact the organization for assistance. This is a non-denominational, not-for-profit, non-discriminatory agency open to any person living in Somerset, Hunterdon, or Warren counties or to individuals wishing to relocate to this area.

Services Provided: The agency provides assistance to individuals and families, local Jewish agencies, Israel and more than 60 countries around the world where Jews live in need. Disaster and catastrophic relief is provided, scholarship assistance is offered. Community Relations Council works on anti - Semitism, intolerance, and discrimination issues. Holocaust and Genocide educational programs are provided, b'nai mitzvah projects and student internships are offered. Special events throughout the course of the year, including missions to Israel, Business Networking Group, Women's Philanthropy, and Young Leadership events. Jewish LIFE (Learning is for Everyone) adult educational programs, etc.

Languages Spoken: English.

Transportation: The program is jointly housed with the Shimon and Sara Birnbaum Jewish Community Center. County transportation buses bring senior citizens to the facility for programs on a routine basis.

JFK CENTER FOR BEHAVIORAL HEALTH

Located in Hackensack Meridian JFK Rehabilitation Institute 65 James Street Edison, NJ 08818

Telephone: (732) 321-7189

Fax: (732) 906-4929

Website: www.jfkmc.org

Hours: 8:00 am - 9:00 pm (Monday – Thursday)

9:00 am - 4:00 pm (Friday)

Referral Process: Usual sources of referrals are through schools, courts, family, physicians, and friends. Mental Health and Substance Use Services are offered to school age children and adults, who live in Middlesex and surrounding counties. Appointments can be made by calling (732) 321-7189.

Services Provided: The Center provides patients with an integrated treatment team approach to substance and mental health treatment, which includes individual, group and family therapy with diverse patient and family education. An intensive outpatient substance use program is also offered.

Transportation: None.

Fee: Payment is expected when services are rendered. It is the patient's responsibility to know their benefits. Medicare and Medicaid are accepted. Uncompensated Care is available to eligible applicants.

JOINTURE FOR COMMUNITY ADULT EDUCATION, INC.

The Jointure Inc. 580 Old York Road Branchburg, NJ 08876

Telephone: (908) 722-0233

Email: info@jointure.org

Website: www.jointure.org

Locations: Branchburg, Bridgewater-Raritan, and Manville

Referral Process: Schools and community organizations are the usual sources of referrals. This agency serves those individuals who are age $2\frac{1}{2}$ to 6^{th} grade who reside in New Jersey. This agency offers open enrollment as available.

Services Provided: Pre-school, Kinderwrap, and Before & After School Programs, Enrichment Programs, and Creative Sunsations Summer Camps.

Transportation: None.

Fee: All programs are tuition-based programs.

JUVENILE DETENTION

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street Somerville, NJ 08876

Contact: Monica Mulligan

Mailing Address:

P. O. Box 3000

Somerville, NJ 08876

Phone: (908) 704-6326

Fax: (908) 253-0180

Email: juvenile@co.somerset.nj.us

Hours: 8:30 am - 4:30 pm (Monday - Friday)

The juvenile detention center operates 24 hours a day, 7 days a week. On call coverage provided.

Referral Process: Juveniles who are charged with a delinquent offense or have been adjudicated delinquent may be confined to a secure facility through the Superior Court – Family Part.

Services Provided: While in juvenile detention, youth are provided with educational, medical, recreational and social services. For those who wish to participate, spiritual services and life skills groups are available. When ordered by the court, juveniles may be provided with psychological, psychiatric and substance use evaluations.

Transportation: Youth are brought back and forth to court by secure transport. Parents and/or guardians who wish to visit a juvenile must have their own transportation to the facility.

JUVENILE JUSTICE COMMISSION INSTITUTIONS / PROGRAMS

1001 Spruce Street, Suite 202 Trenton, NJ 08638

Institutions / Programs names are available online: www.njjjc.gov

Contact: Kristen Williams

Mailing Address: (For more information contact)

JJC Court Liaison

1001 Spruce Street, Suite 202

Trenton, NJ 08638

Telephone: (609) 203-6284

(Northern Region Court Liaison Supervisor

Somerset, Warren, Hunterdon)

Email: kristen.williams@jjc.nj.gov

Website: www.njjjc.gov

Hours: 24 hours a day / 7 days a week

Referral Process: This information is on the website for each institution. Visit www.njjjc.gov

Services Provided: This information is on the website for each institution. Visit www.njjjc.gov

Primary Services: This information is on the website for each institution. Visit www.njjjc.gov

Transportation: No transportation provided.

JUVENILE JUSTICE INTENSIVE CASE MANAGEMENT PROGRAM

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street Somerville, NJ 08876

Contact: Monica Mulligan

Mailing Address:

Juvenile Institutional Services

PO Box 3000

Somerville, NJ 08876-1262

Telephone: (908) 704-6323

Fax: (908) 231-0180

Email: juvenile@co.somerset.nj.us

Hours: 8:30 am - 4:30 pm

On-call coverage 24 hours a day, 7 days a week.

Referral Process: Somerset County youth between the ages of 10 to 18, who are involved in a court diversion program or youth who have pending complaints in juvenile court, youth who are at risk of violation of probation, youth who are currently in detention, and youth who are returning to the community from secure confinement are eligible for this program. Referrals can be made by Probation, Detention, Superior Court Family Division, the Juvenile Justice Multi-Disciplinary Team, or Juvenile Justice Commission.

JUVENILE JUSTICE INTENSIVE CASE MANAGMENT PROGRAM

(CONTINUED)

Services Provided: The Juvenile Case Manager (JCM) provides intensive case management services for the youth and his or her family. Services can include assistance with school- related problems, counseling, substance use treatment and employment. The JCM creates an individualized Case Plan that identifies goals and possible barriers; and develops a concrete plan for overcoming these barriers so that the youth may remain successful in the community. Once the Case Plan is created, the JCM works intensively with the youth and the family to achieve all of the identified goals. Length of program participation is determined on a case-by-case basis, as each youth and family has its own level of service need.

Transportation: Transportation is not provided. However, the JCM will meet with the youth and family in their home and at other local sites so that this service can be provided. The JCM also works closely with families without transportation to assist them in finding ways to get to all scheduled appointments and meetings.

LEARNING GATE, THE

816 Old York Road Raritan, NJ 08869

Telephone: (908) 722-6789

Fax: (862) 348-2452

Website: www.thelearninggate.com

7:30 am - 5:30 pm **Hours:**

Referral Process: Application.

Services Provided: All day, year-round early childhood education

and care for children ages 6 weeks through 6 years.

Transportation: None provided

Fee: Subsidies from Community Child Care Solutions are accepted, and also, a Scholarship Program is offered through a grant from

Somerset County to assist families with the cost of tuition.

LEGAL SERVICES OF NORTHWEST JERSEY

Mailing Address:

90 East Main Street, 3rd Floor Somerville, NJ 08876

Contact: Nana Osafo, Managing Attorney

Email: LSNWJ-Somerset@lsnj.org

Website: www.lsnwj.org

Hours: Locations are currently closed to visitors during the COVID-19 pandemic, but we are still working for you. Please call and leave a message for a return call. Offices conduct business Monday through Friday, 8:30 am – 4:30 pm. (Subject to special hours or closings for holidays, weather emergencies, or special events.)

Referral Process: You may call at (908) 231-0840 or complete an online intake on the website (www.lsnwj.org) and select Apply Now for Legal Help.

Services Provided: Legal assistance is provided to eligible individuals in preparing life planning documents, expungements, consumer debt, collections, domestic violence, evictions, Medicaid, SSI, food stamps. General Assistance, Emergency Assistance, and more. Please refer to the website (www.lsnwj.org) for a complete list of services provided for eligible individuals.

Transportation: None.

LEUKEMIA AND LYMPHOMA SOCIETY, THE

3 International Drive

Ste. 200

Rye Brook, NY 0573

Telephone: (888) 557-7177

Website: www.leukemia-lymphoma.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Usual sources of referrals are telephone calls from physicians, hospitals, social services departments, and the general population.

Services Provided: Literature on leukemia and related cancers is disseminated. Financial assistance is given by the Society to outpatients being treated for leukemia, the lymphomas, Hodgkin's disease, multiple myeloma, and specific myelodysplastic syndromes. The program covers reimbursement of specific drugs, blood transfusions, transportation, and x-ray therapy as determined by the National Patient Aid Committee.

LIFETIES, INC. – MARY'S PLACE TRANSITIONAL LIVING PROGRAM (I)

1901 North Olden Avenue Suite 44, 2nd Floor Ewing, NJ 08618

Contact: Robin Wilkins, Program Director

Telephone: (609) 671-0040

Fax: (609) 671-1500

Email: rwilkins@lifeties.org

Website: www.lifeties.org

Hours: 9:00 am - 5:00 pm

Referral Process: Referrals come from the Division of Child Protection & Permanency (DCP&P) and CMO (Care Management Organization). Referral forms and housing applications can be requested of the Program Director, which can be emailed, faxed or mailed. A pre-admission interview is required.

Services Provided: Mary's Place is a transitional living program for homeless or youth (male and female) transitioning out of the child welfare system between the ages 18 to 21. A variety of support services are currently provided including financial education and money management skills, assistance in securing permanent housing and instruction in landlord tenant rights. Mary's Place is designed to empower youth to become self-sufficient and responsible for their own well-being as they make the transition to young adulthood. We perform a series of assessments and develop unique, holistic program plans for each individual depending on their needs. Services available include advanced independent living skills training, community involvement and service, youth advocacy skills and opportunity, substance use assessment and referral, educational planning, and job readiness training. (Mary's Place is located in Trenton, New Jersey).

Transportation: Limited transportation is provided.

Fee: Call for information.

LIFETIES, INC. - T.I.L.T.

(TEENAGE INDEPENDENT LIVING TRAINING) MENTORING PROGRAM

1901 North Olden Avenue Suite 44, 2nd Floor Ewing, NJ 08618

Contact: Teri Triano-Davis

Telephone: (609) 731-1249

Fax: (609) 671-1500

Email: ttriano-davis@lifeties.org

Website: www.lifeties.org

Hours: 9:00 am - 5:00 pm

Referral Process: Referrals come from the Division of Child Protection & Permanency (DCP&P), Juvenile Probation/New Jersey Family Courts, and CMO (Care Management Organization). Inquiries for referral forms can be made to the Program Director.

Services Provided: Mentoring program currently serves Mercer County, Burlington and surrounding areas. Adolescents between the ages of 10 to 21, who have little support or are unable to live with their families or relatives. T.I.L.T's main objectives are to connect youth with a caring, nurturing adult who is consistent, reliable, and able to positively influence the lives of the youth and establish a life-long connection for youth served. Youth will have the opportunity to develop meaningful relationships, participate in recreational/social activities with mentors. They will also have the opportunity to explore academic and career options, job shadowing, and cultural events. (T.I.L.T. office is located in Trenton).

Transportation: Limited transportation is provided.

Fee: N/A

LIFETIES, INC. – TRANSITIONAL HOUSING AND RAPID REHOUSING

Contact: Dosha Brown

Telephone: (609) 731-3623

Email: dbrown@lifeties.org

Website: www.lifeties.org

Hours: 9:00 am – 5:00 pm

Referral Process: Referrals are facilitated through the Mercer County Board of Social Services for pregnant and parenting young adults and the City of Trenton Department of Health and Human Services- CEAS Center for unaccompanied young adults.

Services Provided: Provides housing and support for homeless unaccompanied young adults as well as pregnant and parenting young adults.

Transportation: Bus passes are provided for participants monthly.

Fee: There are some rent contribution requirements for Rapid Rehousing.

LIFETIES, INC. - TRIAD HOUSE

2205 Pennington Road Trenton, NJ 08638

Contact: Vivian D. Harmon, M.Ed., MSW, LSW –

Program Director

Telephone: (609) 771-4221

Email: vharmon@lifeties.org

Website: www.lifetiesinc.org

Hours: 24 hours a day / 7 days a week

Referral Process and Services Provided: Triad House is a 24-hour residential group home for male and female youths ages 16 – 21. Triad specializes in services to youth who identify with Lesbian, Gay, Bisexual, Transgender, and questioning; in addition to youth with chronic health conditions (such as HIV/AIDS, Diabetes and Lupus); and youth with histories of trauma, behavioral health and emotional challenges.

Triad House provides treatment for the youth and their families to achieve their goals. The clinical department can work closely with family, or care providers to grow and develop positive connections so that clients will have lifetime relationships. In addition, Triad House will provide linkages to clinical specialists with expertise in LGBTQIA services, if needed. Services include life skills training, support with secondary and post-secondary educational programming; community outreach, peer support; as well as individual, group, and family therapy for clients and their families. LifeTies, Inc. promotes a safe and inclusive environment for all youth and emphasizes the importance of youth understanding and celebrating diversity regarding their sexual orientation, religion, and ethnicity. LifeTies, Inc. works with adolescents to

LIFETIES, INC. - TRIAD HOUSE (CONTINUED)

manage and overcome the effects of past traumas. LifeTies, Inc. provides a nurturing, supportive and structured environment where our youth can develop trust, grow and become positive and productive members of society.

All referrals are facilitated through PerformCare – Youthlink which is accessible to families by contacting 1-877-652-7624. We would gladly accept questions regarding referrals, additional information and presentation of services provided by LifeTies, Inc. by contacting the following:

Vivian Harmon: vharmon@lifeties.org

(609) 771-4221 (Triad)

Language Spoken: English

Transportation: Provided by program.

Fee: CSOC/PerformCare/Medicaid

LIFETIES, INC. YOUTH AND FAMILY PRIDE CENTER

1901 North Olden Ave Ewing, NJ 08638

Telephone: (609) 960-9790

Email: info@lifeties.org

Website: www.lifeties.org

Hours: 9:00 am – 5:00 pm

Referral Process: Referral form can be found at www.lifeties.org.

Services Provided: Provides short-term individual counseling for youth and families: support groups, LGBTQ+ friendly resources and mentoring services. The Training institute provides LGBTQ+ affirming trainings for schools, providers and other entities that serve the community.

Transportation: None available

Fee: Some fees may apply to the training institute. Inquire by sending an email to info@lifeties.org.

LINKAGES - SCHOOL BASED YOUTH SERVICES PROGRAM

Somerset County Vocational and Technical High School North Bridge Street and Vogt Drive Bridgewater, NJ 08807

Contact: Elaine Howe, MA, NCC - Director

Mailing Address:

PO Box 6350

Bridgewater, NJ 08807

Telephone: (908) 526-8900 ext. 7286

Fax: (908) 252-3461

Email: ehowe@scvts.net

Website: www.scvts.net

Hours: 7:30 am – 2:30 pm (Monday - Friday)

Referral Process: Eligible adolescents who attend Somerset County Vocational and Technical High School can access services directly or can be referred for services by their parent, school and/or community personnel. Anyone interested in referring an adolescent can send a written referral or call the Linkages office. Youth who are between the ages of 14 and 18, who fit into one of the following categories can apply: All Somerset County Vocational or Technical High School students whether shared or full-time, and Summer Twilight Program participants during the Summer-program.

LINKAGES -SCHOOL BASED YOUTH SERVICES PROGRAM (CONTINUED)

Services Provided: Two community agencies (Family and Community Services of Somerset County and Middle Earth) provide the following services to Somerset Vo-Tech's students in need: supportive counseling (mental health and substance abuse including individual, group, and family counseling), community support, employment and job readiness services, life skills education, and recreation. Provision of services requires a signed parental consent.

Transportation: Services are only provided during school hours.

Fee: None. (This program is funded under a grant from the Department of Children and Families – State of New Jersey.)



MANE STREAM, INC.

83 Old Turnpike Road Oldwick, NJ 08858

Mailing Address:

P.O. Box 305

Oldwick, NJ 08858

Telephone: (908) 439-9636

Fax: (908) 439-2338

Email: info@manestreamNJ.org

Website: www.ManeStreamNJ.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Interested Individuals should contact Mane Stream directly. Free screenings provided with completed application. Referrals also from social agencies, medical professionals, veterans groups and community-based programs welcome.

Services Provided: Pediatric outpatient therapy (occupational, physical, speech-language and counseling services), adaptive horseback riding lessons, inclusive summer camp, field trips, school-based programs, work-transition training, FREE programs for veterans and active service members and people impacted by cancer.

Transportation: None.

Fee: Self pay for medical services. Approved PerformCare Camp Provider. Approved for DDD Goods and Services program. Individual fees vary by program or service. All programs for veterans and those impacted by cancer are provided free of charge to the individual or group.

MARIE H. KATZENBACH SCHOOL FOR THE DEAF

230 Sullivan Way Trenton, NJ 08628

Contact: Joan Krasnisky, Acting Superintendent

Mailing Address:

PO Box 535

West Trenton, NJ 08625-0535

Telephone: (609) 530-3112

Video Phone: (609) 498-7942

Fax: (609) 530-5791

Website: www.mksd.org

Hours: 8:00 am - 3:20 pm (Monday – Friday)

Referral Process: Local education agency, parents, and social services agencies are the usual sources of referrals. Local education agency submits IEP and educational reports with parental approval. Serves residents of New Jersey, ages 3 years to 21 years who are auditory impaired.

Services Provided: Services provided include play group parent-infant program, as well as a day school for Deaf children in pre-school through Grade 12 and day/residential for High School. Specialized programs are available for multiple disabled Deaf and Hard of Hearing students. Consultations and audiological assistance are provided to school districts and agencies regarding how to effectively educate or work with audiological Deaf and Hard of Hearing individuals.

Transportation: Local education agencies are responsible to transport students.

Fee: Tuition fees for the day, residential, or specialized programs are paid by the local school districts.



MARTIN LUTHER KING YOUTH CENTER, INC.

1298 Prince Rodgers Avenue Bridgewater, NJ 08807

Director: Rajni Chopra

Telephone: (908) 526-3688

Fax: (908) 707-1329

Email: Director@MLKYCenter.org

Website: www.mlkycenter.org

Hours: After School: 3:00 pm - 6:00 pm

(Monday - Friday)

Referral Process: Anyone interested can call directly to make an appointment to see the Center and fill out a registration packet. The prerequisites for admission include proof of income, immunization records, registration fee, and a first payment.

Services Provided: The Center serves children ages 5 to 13, whose parents either live or work in South Bound Brook, Bound Brook, Manville, Hillsborough, Somerville, and Bridgewater and desire a safe, structured, and stimulating environment for their children. It provides academic tutoring, structured activities, computer activities, arts and crafts, cultural activities, field trips, guest speakers, music, languages, meals, and transportation. Summer camp is available.

Transportation: Limited transportation is available; please contact the center for information.

Fee: Sliding scale fee.

MIDDLE EARTH 21ST CENTURY COMMUNITY LEARNING CENTER (CCLC)

Lafayette School 50 West High Avenue Bound Brook, NJ 08805 Roosevelt School 410 Brooks Boulevard Manville, NJ 08835

ABIS School 410 Brooks Boulevard Manville, NJ 08835

Mailing Address:

P.O. Box 8045

Bridgewater, NJ 08807

Telephone: (908) 725-7223

Fax: (908) 722-5411

Email: office@middleearthnj.org

Website: www.middleearthnj.org

Hours: Dismissal from School: 3 hours after dismissal

from school – varies from district to district

(Monday – Friday)

Summer Hours: (Monday – Friday for July) This summer we are offering program: Bound Brook – 9:00 am – 5:00 pm

Manville – 9:00 am – 4:00 pm

(Varies from summer to summer depending

on funding.)

Referral Process: Grades 3 through 8, from Bound Brook, South Bound Brook, and Manville.



MIDDLE EARTH 21ST CENTURY COMMUNITY LEARNING CENTER (CCLC) (CONTINUED)

Services Provided: CCLC is a comprehensive after-school program, which supports students' academic, behavioral, emotional, and social growth. The 21st Century serves middle school aged students from Bound Brook, South Bound Brook, and Manville. The program is open during the school year and also has a summer program in July. The program provides students with opportunities in the following areas: academic remediation and enrichment, cultural and artistic opportunities, community service, recreation, counseling, and positive youth development through programs that assist in character education, physical activity, and parental involvement.

Transportation: None.

Fee: \$30 per month. Offer a sliding scale fee. No one will be turned away for inability to pay.

MIDDLE EARTH JOURNEYS/CENTERS

520 North Bridge Street Bridgewater, NJ 08807

Contact: Ike Onyejiaka

Mailing Address:

P.O. Box 8045

Bridgewater, NJ 08807

Telephone: (908) 725 - 7223

Fax: (908) 722 - 5411

Email: office@middleearthnj.org

Website: www.middleearthnj.org

Hours: 3:00 pm - 6:00 pm (as follows)

Bound Brook (Mon., Tues., Wed., and Fri.) Manville (Mon., Tues., Thurs., and Fri.)

Franklin (Tues. through Fri.)

(Summer hours vary)

Locations: Bound Brook Community Youth Center

Ben Maggio Recreation Center

200 Thompson Ave Bound Brook, NJ 08805

3:00 pm - 6:00 pm (Monday - Wednesday)

3:00 pm - 7:00 pm (Friday)

Extended Hours during the Summer



MIDDLE EARTH JOURNEYS/CENTERS (CONTINUED)

Franklin Township Community Youth Center

429 Lewis Street Somerset, NJ 08873

3:00 pm - 6:00 pm (Tuesday through Friday) Youth are brought to the Bound Brook Center during summer.

Manville High School

1100 Brooks Boulevard Manville, NJ 08835

2:40 pm - 5:45 pm (Monday, Thursday and Friday)

Referral Process: Journeys accepts referrals from but not limited to schools, community agencies, DCF, Tri-County CMO, etc. and has rolling admissions. Journeys also allow youth to self-refer to the program.

Services Provided: The Journeys Program provides a variety of prevention-based programming for Somerset County youth (ages 12-18) including academic support, mentoring, recreation, intensive life and social skills development, alternatives to school consequences, and referrals to additional services.

Community Youth Centers offer a safe and supervised place for youth to gather and to interact positively with their peers. The program provides a support system to youth who would otherwise not have one, in the hopes of intervening prior to troubled or delinquent behavior. These comprehensive service centers provide recreation, tutoring, special interest groups, leadership training, mentoring, crisis intervention and referral, community service, informal counseling, and a life skills center (e.g. job skills, cooking, obtaining a driver's license, independent living, and independent living). The Centers also host the Journeys program, Art House Initiative, and Big Dan's Bike Shop Initiative.

Transportation: None.

Fee: None.

MIDDLE EARTH'S MENTORING PROGRAM

520 North Bridge Street Bridgewater, NJ 08807

Contact: Becky Lyons

Mailing Address:

P.O. Box 8045

Bridgewater, NJ 08807

Telephone: (908) 725-7223

Fax: (908) 722 - 5411

Email: office@middleearthnj.org

Website: www.middleearthnj.org

Hours: Office Hours: 9:00 am - 5:00 pm

(Monday - Friday)

Mentoring Service Hours: Flexible schedule

to meet participant needs.

Referral Process: The referrals for the Outreach Program can come from a variety of sources including, but not limited to school districts, local mental health agencies, private therapists, probation, families, Somerset County Multi-Disciplinary Team, Department of Children and Families, or Tri-County CMO.

Services Provided: The program provides traditional mentoring services: including advocacy, case management, counseling, crisis intervention, education support, group activities, trips, referral services, life skills education (employment skills, financial, literacy, etc.), recreational activities, respite, and supervision.

Transportation: As needed.

Fee: None.



MIDDLE EARTH STATION HOUSE ADJUSTMENT PROGRAM

520 North Bridge Street Bridgewater, NJ 08807

Contact: Cory Matthew

Mailing Address:

P.O. Box 8045

Bridgewater, NJ 08807

Telephone: (908) 642-5139

Fax: (908) 722-5411

Email: office@middleearthnj.org

Website: www.middleearthnj.org

Hours: Community Service is scheduled in the after

school and weekend hours during the school year.

Community Service summer hours are flexible.

Referral Process: Referrals for the Station House Adjustment Program must come from Somerset County Police Departments, Somerset County Family Courts, or the Somerset County Prosecutor's Office. Referrals can also be accepted from Municipal Court Judges.

Services Provided: The Station House Adjustment Program provides an immediate consequence of community service to first-time offending youth who commit a petty offense. The program offers community service scheduling and supervision, referral services, case management and support services.

Transportation: None.

Fee: \$100; a sliding scale fee is offered, but no one will be turned away for inability to pay.

MIDDLESEX COUNTY CENTER FOR EMPOWERMENT

29 Oakwood Avenue Edison, NJ 08837

Telephone: (877) 665-7273 (RAPE) Hotline

(732) 321-1189 Office and Hotline

Fax: (732) 549-4060

Email: empowerment@co.middlesex.nj.us

Hours: 24-hour Hotline (support, information, medical

legal accompaniment)

Office: 8:30 am - 4:15 pm (Monday - Friday)

Referral Process: Self, family, police departments, hospitals, social service agencies, schools, and the Division of Child Protection & Permanency refer clients. Serves individuals ages 13 and up residing in Middlesex County. Clients must be victims of sexual violence. Parental or DCP&P (Formally DYFS) consent is required as well as the consent of the survivor (for in-person services).

Services Provided: Include 24-hour hotline, 24-hour medical/legal accompaniment, access to private room for forensic evidence collection (within 5 days of sexual assault), individual and group counseling for victims and significant others, Arts and Wellness groups, information and referrals, community education, advocacy.

Transportation: Can be provided by police, family, or public transportation system.

Fee: None.



MIDLAND

94 Readington Road North Branch, NJ 08876

Contact: Bill Liberatore - Midland Employment

Stacey Gravina - Midland Residential Qaadara Coleman – Midland Explores

Mailing Address:

P.O. Box 5026

North Branch, NJ 08876

Telephone: (908) 722-7727 (Employment Division)

(9:00 am – 3:00 pm)

(908) 704-2365 (Residential Division)

(908) 800-9080 (Day Habilitation Division)

Fax: (908) 722-4542 (Employment)

(908) 927-9895 (Residential)

Hours: 9:00 a.m - 5:00 p.m.

Website: www.midlandnj.org

School Hours:

8:00 am - 4:00 pm (Monday - Friday)

Referral Process:

Employment Services: Individuals typically come to Midland employment services as graduates of the Midland School or by referral through the Division of Developmental Disabilities (DDD) and Division of Vocational Disabilities Services (DVR). Individuals receiving services in the work center must meet specific skills and behavioral criteria. All individuals attending Midland must be registered with DDD and DVR. To learn more about Midland's Adult services, visit https://midlandnj.org/adults.

MIDLAND (CONTINUED)

Residential Services: Individuals eligible for residential services are made known by the Division of Developmental Disabilities (DDD) or individual Support Coordinators. Individuals and their guardians who wish to be considered should contact the Director of Residential Services.

Day Habilitation Service (Explores): Individuals are referred to Explores from a variety of places including the Midland school, Midland Residential and Employment as well as referrals outside of Midland. Individuals must meet specific criteria and complete a trial day. If a family is interested in day habilitation services with Explores, they should contact the program manager, Qaadara Coleman at the number listed above.

Services Provided: Adults are employed as Extended Employees through DVRS and perform assembly work for wages. Adults also participate in pre-vocational activities in the community as well as classroom based pre-vocational, which gives them exposure to types of employment and work environments. Adults also receive Supported Employment and are employed in the community at a minimum wage or higher. Both Pre-vocational and Supported Employment are through DDD. Residential Services include community housing with support in the areas of training toward independence, recreation, medical needs, activities of daily living and transportation. Midland Explores provides hands-on learning in independent living skills, self-advocacy, social skills, problem solving, and leisure activities. Midland Explores also participants in Meals on Wheels daily and goes on community outings multiple times a week.

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MIDLAND (CONTINUED)

Mission: Midland's goal is to provide services and supports across the lifespan that help the people we serve reach their highest level of achievement and become contributing members of their communities. To meet this goal, Midland focuses on the transition from school to adult life by providing high quality residential living, community and life skills training, job training and placement, and a day habilitation program that offers social and recreational experiences to support and enrich the lives of adults with intellectual and developmental disabilities.

Midland Adult Programs provides transitional, supported, extended employment and training, job placement services for former Midland school students and other adults with disabilities 21 years of age or over who have satisfied Workforce Innovation and Opportunity Act (WIOA). Whenever possible and appropriate, individuals will be placed in competitive job placement Midland Adult Program providing the necessary supports. In most cases, one month of a successful permanent job placement results in a fading of direct support from Midland Adult Programs. Follow along services are funded by DDD and DVRS

Midland Residential Services provides seven group homes and four supervised apartments to meet the growing demand for these types of services. "The supervised apartment model furthers each person's independence and truly is a catalyst for individuals to have control of their lives," says Midland's President and CEO, Shawn M. McInerney. "Through this continuum of services and supports, Midland's goal is to provide authentic opportunities for each person to be an independent member of the community and exercise the tenets of self-direction. To learn more about Midland's Community Residential program, visit https://midlandschool.org/midland-residential-services/.

MIDLAND (CONTINUED)

Midland Explores is an activity and community exploration program to offer choice, enrichment, and personal development to adults with intellectual disabilities.

Transportation: Transportation to the Patricia Murphy Work Center is available through Somerset County Transportation. Midland provides transportation for individuals living in the community group homes and supervised apartments.

Fee: The Employment Services Program is funded through the Department of Human Services Division of Developmental Disabilities (DDD) and the Division of Vocational Rehabilitation Services (DVRS). The Residential Services Program is funded through the Department of Human Services Division of Developmental Disabilities (DDD). Day Habilitation services with Explores are funded through the Division of Developmental Disabilities (DDD). Private fees can be discussed with Midland's President and CEO



MIDLAND SCHOOL, THE

94 Readington Road North Branch, NJ 08876

Contact: Kristen Massimo, Principal

Mailing Address:

P.O. Box 5026

North Branch, NJ 08876

Telephone: (908) 722-8222

Fax: (908) 722-6203 (Main Office)

Email: info@midlandnj.org

Website: www.midlandnj.org

Hours: 8:45 am - 3:00 pm (Monday - Friday)

Referral Process: The public-school child study team refers children, who are eligible for full time special education services, ages 3 to 21, who are disabled with cognitive impairments, communication impairments and other disabilities. The school serves students from across New Jersey and certain Pennsylvania areas.

Services Provided: A day school providing comprehensive special education services in reading, mathematics, language arts, science, social studies, general shop, music, art, health, independent living, speech, occupational and physical therapies, counseling, career education, job placement, and school-to-work transition services upon graduation. Current enrollment is approximately 100 students. A post-school program is available for Midland graduates including job training, placement, employment, day habilitation and social/recreational activities and events.

MIDLAND SCHOOL, THE (CONTINUED)

Mission: Midland promotes personal achievement and fosters independence for children and adults with intellectual and developmental disabilities by providing a range of innovative programs.

The Midland School is a New Jersey Department of Education approved private special education school dedicated to the individual, academic, social, emotional and career education needs of children, adolescents and young adults, ages 3 through 21, with intellectual and developmental disabilities. Partnering with an array of businesses and corporations, Midland's extensive career education, and school-to-work transition program places a high percentage of Midland students in competitive jobs and day programs prior to graduation.

Transportation: Provided by the local Board of Education.

Fee: All tuition is paid by the local Board of Education.



MOBILE RESPONSE & STABILIZATION, (MRSS)

Catholic Charities, Diocese of Metuchen 540 Route 22 East Bridgewater, NJ 08807

Contact: LaToya Zeller

Telephone: (908) 722-1881

Fax: (908) 704-0215

Email: lzeller@ccdom.org

Website: www.ccdom.org

Hours: 24 hours a day / 7 days a week / 365 days a year

Referral Process: Referrals for Mobile Response must be initiated by contacting PerformCare at 1-877-652-7624.

CCDOM – Mobile Response provides crisis intervention services for residents of Hunterdon, Somerset, and Warren Counties. CMRSS delivers services to youth vulnerable to or experiencing stressors, coping challenges, emotional or behavioral symptoms, difficulties with substance use as a coping strategy or traumatic circumstances that may compromise the youth's ability to function optimally and thrive within their family/living situation, school, and/or community environments. MRSS is designed as an upstream intervention available to support families and youth when they first identify they need assistance based on their definition of need.

MOBILE RESPONSE & STABILIZATION SERVICES (MRSS) (CONTINUED)

Services Provided: Immediate 24/7/365 crisis intervention and stabilization services to youth age 0-21 in homes, schools, and the community. During 8-week stabilization period following initial crisis, linkages to therapeutic resources and community supports are provided to youth and family to encourage stability and wellbeing of the youth and family system in the home.

Languages Spoken: Spanish and Hindi. Access to language line services for various languages and dialects.

Transportation: None.

Fee: CMRSS services are free to all youth/families through the Children's System of Care.



MY PLACE TRANSITIONAL LIVING PROGRAM

5 Third Avenue Bridgewater, NJ 08807

Contact: Steve Neblett, Director of Residential Services

Mailing Address:

My Place P.O. Box 6871

Bridgewater, NJ 08807-0871

Telephone: (908) 526-6605 ext. 301 (Steve Neblett)

Fax: (908) 526-6999 or (908) 526-4433

Email: sneblett@visionsandpathways.org

Website: www.visionsandpathways.org

Hours: 24 hours a day / 7 days a week

Referral Process: Any youth-serving agency in New Jersey can make a referral and may contact the program director to discuss the admission process. Self-referrals are also considered. My Place serves five (5) young men ages 18 to 21.

Services Provided: My Place is a residential transitional living program for five males, ages 18 to 21, providing the skills needed to live independently. While in residence, they are required to attend school, work part-time, manage their finances and participate in the Pathways independent living program to learn the skills necessary to make the transition to adulthood. After a stay of 18 months, graduates continue to receive services to enable them to lead productive lives.

Languages Spoken: English and Spanish.

Transportation: Limited transportation provided.

Fee: Paid by the Division of Child Protection & Permanency and Chafee funding.

NARCOTICS ANONYMOUS

New Jersey Regional Service Conference P.O. Box 4298 Trenton, NJ 08610-0298

Telephone: (800) 992-0401 (in state calls only) or

(732) 933-0462

Email: recovery@nanj.org

Website: www.nanj.org

Hours: 24 hours a day

Referral Process: The usual sources of referrals are self-referents, rehabilitation centers, EAP programs, counselors, or other social service agencies. An individual calls and is given the locations and times of nearby meetings and/or phone numbers of three recovering addicts who live nearby and are willing to talk with the caller. The only pre-requisite is the desire to stop using drugs. Any addict or person who thinks he/she has a problem with drugs or alcohol is welcome.

Services Provided: NA meetings are for those who wish to stop using drugs. There are over 750 meetings available each week in New Jersey. Refreshments are often served. Thousands of clients are being served at present.

Transportation: No requirement for members to give people rides.

Fee: None.

NEW BRUNSWICK COUNSELING CENTER

320 Suydam Street New Brunswick, NJ 08902

Telephone: (732) 246-4025

Fax: (732) 246-1214

Email: info@nbcounselingcenter.org

Website: www.nbcounselingcenter.org

Hours: Standard Outpatient Program

6:00 am – 6:00 pm (Monday - Thursday)

6:00 am – 1:00 pm (Friday) 6:00 am – 9:30 pm (Saturday)

Medication Assisted Treatment (Methadone,

Buprenorphine, Vivitrol)

6:00 am - 12:00 pm (Monday - Friday)

4:30 pm - 6:30 pm Evening Program (Mon - Fri)

6:00 am - 8:30 am (Saturday)

Referral Process: Courts, probation, parole boards, hospitals, other social service agencies. Applicants should call the agency and arrange for an appointment.

Services Provided: The agency provides MAT treatment (Methadone, Buprenorphine, Vivitrol) and Outpatient Co-Occurring Level I and II.1. The outpatient Co-occurring program provides clients with an initial evaluation, psychological assessment, individualized treatment plan, medication management and drug screening. Special women's sessions are also available, along with intensive outpatient group counseling for both males and females.

NEW BRUNSWICK COUNSELING CENTER (CONTINUED)

Services Provided: Immediate

Transportation: Public transportation is available, LogistiCare for

clients who have Medicaid.

Fee: Please call (732) 246-4025 ext. 241 for information on the fees. Medicaid, State Funding, Work First NJ SAI, and DCP&P

Reimbursement accepted.

NEW HOPE FOUNDATION, INC.

Marlboro Facility Male/Female/Adolescents In-patient 80 Conover Road Marlboro, NJ 07746

Out-Patient:

Open Door 2-2 Monmouth Ave. 6 Kirpatrick St. Freehold, NJ 07228

New Brunswick, NJ 08901

190 Chelsea Ave.

Long Branch, NJ 07740

Mailing Address:

PO Box 66

Marlboro, NJ 07746-0066

Telephone: (732) 946-3030 ext. 2413 (Option 5 – ages

19 & under)

(732) 946-3030 ext. 2413 (Option 3 adults)

Fax: Adult: (732) 502-0065

Adolescent: (732) 837-2277

Email: kbloodgood@newhopeibhc.org

Website: www.newhopefoundation.org

Hours: 24 hours a day

Referral Process: Self-referents, family/friends, school, hospitals, court/probation, and DCP&P are the usual sources of referral. Youth between the ages of 13 and 19, are admitted. Legal issues can be handled while in treatment. There is a 24-hour admission for detoxification; however, for all admissions a screen must be completed prior and admission details will follow.

NEW HOPE FOUNDATION, INC. (CONTINUED)

Services Provided: Services include treatment for substance use and compulsive gambling. New Hope's adolescent program serves youth ages 13 to 19. We offer on-site education through MOSC or GED prep course for youth who are seeking another level of education. New Hope is a 24/7 medically monitored facility with medication monitoring and on-site psychiatrist. Multiple allied therapies are offered. Family program and education are offered 2x a week and Family Team Meetings monthly. The goal is to provide insight on substance use disorder, improved coping skills, and offer medical assistance for co-occurring disorder. Once youth is nearing end of treatment, a sober discharge plan is provided – in home/jop/php/etc.

Transportation: May be provided as needed.

Fee: Medicaid, Private Insurance, Self-Pay, other funding's may apply.

In-Patient: County and Children's System of Care (CSOC) Funding-NO COST to families for detox and residential.

Out-Patient: Medicaid, Private Insurance, Self-Pay, other funding's may apply.

NEW JERSEY COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED

Freehold Service Center 100 Daniels Way Freehold, NJ 07728

Telephone: (732) 308-4001

Fax: (732) 255-0949

Email: askcbvi@dhs.nj.gov

Website: www.cbvi.nj.gov

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: A person is eligible for services if he or she is BLIND, VISUALLY IMPAIRED, or DEAF-BLIND and is experiencing challenges in his or her life as a result of the vision loss. VISUALLY IMPAIRED means that an individual's vision is 20/70 or less in the better eve with best correction. (The person sees at 20 feet what a normally sighted person sees at 70 feet.) LEGALLY BLIND means that an individual's vision is 20/200 or less in the better eye. (The person sees at 20 feet what a normally sighted person sees at 200 feet.) Also, an individual is considered LEGALLY BLIND if he or she has a restricted visual field limited to 20 degrees or less. (The person sees within a span of 20 degrees while a normally sighted person would see within 180 degrees.) To apply, or refer someone for services, contact CBVI. Please be prepared to provide the following information: applicant's name, telephone number, social security number, address (including county of residence), and zip code, description of applicant's vision problem, and description of services needed.

NEW JERSEY COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CONTINUED)

Services Provided: CBVI provides blindness education services to children and their families. These services are designed to allow blind or vision impaired students to participate equally with sighted students in regular classroom activities. Preschool, (ages birth to four) educational services are also available. A team of certified teachers of blind or vision impaired students (TVIs) is ready to help blind and vision impaired children receive services for accessing classroom instruction that may include specialized technology services, assistance with adaptive materials and equipment, and instruction in communication skills, which may include typing or learning to read and write Braille. In addition, CBVI teachers will arrange for the provision of special books, materials and technical equipment from the Meyer Instructional Resource Center to help children function equally with their sighted classmates. CBVI will also provide resources to families for assisting their blind or vision impaired children at home or in the community. The CBVI teachers may also provide enriching materials from the Meyer Instructional Resource Center for use in the home. Special instruction can also be obtained for independent travel and daily living skills.

In addition, developmental programs are sponsored for the blind and vision impaired children and teenagers, including the SHARP Program, EDGE, LIFE-101, pre-college experience program, and a career exploration program.

NEW JERSEY COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CONTINUED)

The Rehabilitation Act of 1973 (as amended) is a federal law which mandates that all students be referred to the CBVI Transition Unit at the age of 14. From this point on, the child will have the services of their Commission Teacher as well as a Transition Counselor. The CBVI Transitional Program is designed to provide student centered services that focus on the strengths and abilities of each person. Transition from secondary school is the beginning point of a journey. The accomplishments made during the process depend heavily on communication and cooperation between students, parents, and professionals. This collaboration will be the basis for establishing the support system that every student needs to succeed.

The Transition Counselor will be making visits to your child's school. As he/she progresses through the school system, the Counselor will be in contact with the parent or legal guardian. The successful transition of each student requires choosing a goal early on in the process. Changes can be implemented since the plan will be reviewed each year.

Also, during these meetings, the Transition Counselor will describe CBVI programs designed to enable the student to successfully make the transition from the school environment to post-secondary education, vocational training, or the work force. The counselor will initiate arrangements for students wishing to participate in these programs.

Transportation: None.

Fee: Most services are free of charge.

NEW JERSEY DIVISION OF CHILD PROTECTION & PERMANENCY (DCP&P)

(FORMERLY KNOWN AS NEW JERSEY DIVISION OF YOUTH AND FAMILY SERVICES)

Somerset Local Office 92 East Main Street, First Floor Somerville, NJ 08876

Local Office: (908) 526-5030

(800) 392-2734

Hours: Office hours: 9:00 am - 5:00 pm (Monday - Friday)

Special Response Unit Workers are available

5:00 pm to 9:00 am, Monday - Friday,

weekends and holidays.

All Referrals: 1(877) NJABUSE Child Abuse Hotline

1(877) 652-2873 Statewide Toll-Free 24/7

Referral Process: State law requires any person who suspects that a child is being abused or neglected to contact DCP&P. Reports are accepted from any source, (schools, police, hospitals, parents, neighbor, anonymous, etc.) and in any form (telephone, letter, or office visit). Any person who reports abuse or neglect or testifies in a child abuse hearing resulting from such report is immune from any civil or criminal liability as a result of such action providing that the report was made in good faith.

NEW JERSEY DIVISION OF CHILD PROTECTION & PERMANENCY (DCP&P) (CONTINUED)

Services Provided: As the state-mandated child protective service agency, DCP&P's first priority is the safety of children. DCP&P also conducts child welfare assessments to assist and empower families and to strengthen family functioning. Community based referrals are made to local agencies for family services.

Out-of-home placement in relative care, or shelter care may be provided on a temporary basis for the protection of the child after all family resources and community-based services have been exhausted. The Division works cooperatively with other state and local agencies in the placement of children out-of-home and for the safe maintenance of children in home.

DCP&P may also provide services to aging out youth between the ages of 18-21 years old, if they have had an open case with the Division as children.

Transportation: Limited transportation may be provided for active clients.

Fee: None for most services.

NEW JERSEY DIVISION OF DEVELOPMENTAL DISABILITIES

222 So. Warren St. Trenton, NJ 08608

Mailing Address:

P.O. BOX 726

Trenton, NJ 08625-0726

Telephone: (800) 832-9173

Website: www. nj.gov/humanservices/ddd

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: *How to Apply:* In order to receive services funded by DDD, an individual must apply and be determined eligible. This process can begin at age 18, although DDD-funded services are not available until an individual is 21 years of age or older. The application process begins by contacting the Community Services office that serves the county in which the individual resides or downloading the intake application from the DDD website. Upon request, a DDD intake worker can provide assistance in completing the application. For the Somerset County area, please call (908) 226-7800.

Eligibility: To be determined eligible for DDD-funded services, an individual must be a New Jersey resident; be Medicaid eligible and maintain Medicaid eligibility; and meet the functional criteria of having a developmental disability. An applicant must document that she/he has a chronic physical and/or mental impairment that:

- · Manifests during the developmental years, before age 22;
- Is lifelong in duration; and
- Substantially limits the individual in at least three of these areas: self-care, learning, mobility, communication, self direction, economic self-sufficiency, and the ability to live independently.

NEW JERSEY DIVISION OF DEVELOPMENT DISABILITIES (CONTINUED)

Services Provided: There is a broad range of services available to assist individuals with intellectual and developmental disabilities to live, work, and participate fully in their community, including employment and day services, individual and family supports, and housing assistance and residential services. Individuals select a community-based Support Coordination Agency and work with their assigned Support Coordinator to identify goals and access services based on their assessed needs. Services are available in the community from provider agencies, professionals, and self-directed employees.

Transportation: Transportation is provided for individuals participating in day habilitation services. For other services, DDD funding may be available for transportation.

Fee: Individuals who receive housing assistance or residential services must contribute toward the cost of housing and living expenses.

NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION SERVICES

75 Veterans Memorial Drive East, Suite 101 Somerville, NJ 08876

Contact: Elizabeth Conte, Manager

Telephone: (908) 704-3030

Fax: (908) 704-3476

Email: Elizabeth.conte@dol.nj.gov

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Persons at or near working age with disabilities who need vocational rehabilitation assistance to obtain and maintain employment can refer themselves or be referred by individuals, hospitals, schools, community agencies, social security, workers compensation, employers, or medical professionals. Residents of Somerset and Hunterdon Counties are served in the Somerville office.

Services Provided: The agency provides a variety of services needed to assist eligible clients to achieve an employment goal.

Transportation: Public transportation is available.

Fee: Some services are based on income.

NEW JERSEY EARLY INTERVENTION SYSTEM CENTRAL JERSEY FAMILY HEALTH CONSORTIUM (CJFHC)

(FORMERLY KNOWN AS SPECIAL CHILD HEALTH SERVICES)

30 Silverline Drive, 2nd Floor, Suite 1 North Brunswick, NJ 08902

Contact: Sharika Linzey

Telephone: (732) 937-5437 Main Office

(888) 653-4463 Early Intervention

Fax: (732) 937-5540

Referral Process: Doctors, hospitals, health agencies, schools, parents, and State Birth Defects Registry are the usual sources of referrals.

Services Provided: Strengthens and improves early intervention services for children with special needs, ages birth to three years, and their families Early Intervention System ensures that young children with special needs are offered early intervention services. Ensures that services provided to children are high quality and are given in natural environments, where children and family members live, work and play. Ensures that each family plays a major role in how early intervention services are planned, put into action, and evaluated. Makes sure that each family understands their child's needs and rights and that the system protects these rights. Performs a regional needs assessment of the early intervention system, seeing if and where services are missing, and recommending where services are needed most. Serves as an early intervention resource and referral center for families, early intervention providers and other community agencies. Educates and provides information about early intervention to families, health care providers and other community members.

Fees: Please contact agency.

NEW JERSEY INSTITUTE FOR DISABILITIES

The Lakeview School 10 Oak Drive – Roosevelt Park Edison, NJ 08837

Contact: Lauren Bell, Principal

Email: lauren.bell@njid.org

Telephone: (732) 549-5580

Fax: (732) 494-6038

Hours: 8:00 am - 4:00 pm (Monday - Friday)

Email: info@NJID.org

Website: www.NJID.org

Referral Process: The Lakeview School partners with school districts to provide the highest quality programming to meet the needs of each enrolled child.

Services Provided: The Lakeview School has national reputation of excellence and distinction regarding the comprehensive array of services provided to enrolled children with multiple disabilities. Using a trans-disciplinary approach, all students have their own team of professionals and paraprofessionals working together to enable students to achieve their highest level of self-sufficiency and personal success. Lakeview has the largest clinical department of any school of its kind in New Jersey; included are Physical and Occupational therapists and Speech Language pathologists. The Lakeview School program is dynamic with leading-edge innovations in special education and enhancements, including our Aquatic Therapy Program. On-site medical clinics include the services of a developmental pediatrician, a pediatric neurologist, a nutritionist, a pediatric physiatrist and two orthopedic doctors. Lakeview employs a full-time Board-Certified Behavior Analysts and provides clinics in the areas of Seating/Positioning, as well as **Enabling Technologies.**

NEW JERSEY INSTITUTE FOR DISABILITIES (CONTINUED)

Transportation: NJID operates two specially modified vehicles for student transportation for class excursions and special events. Transportation to and from school is arranged and paid by the student's local Board of Education.

Fee: Once a child is approved for placement at Lakeview School by the sending district, there are no fees or out-of-pocket expenses to the student's family for services provided during the regular school day as specified in the student's Individual Education Plan. All costs for the services offered by Lakeview School, including transportation, are paid by the student's local Board of Education.

NEW JERSEY ORATORS, INC.

Headquarters

120 Finderne Avenue

Bridgewater, New Jersey 08807

Program Site: New Jersey Orators' Somerset Chapter has been operating virtual since fall 2020. We will seek to move from Sampson G. Smith Middle School to Franklin Youth Center in fall 2022 for on-site programming.

Franklin Youth Center

429 Lewis Street Somerset, NJ 08873

Sampson G. Smith Middle School (Current NJO Chapter location)

1649 Amwell Road Somerset, NJ 08873

Competition Site:

Franklin Middle School

415 Francis Street Somerset, NJ 08873

Contact: Eloise Samuels, Founder & President

Telephone: (732) 846-5011 (office)

(732) 259-9139 (cell)

Email: njorators@gmail.com &

esamuels20@gmail.com

Website: www.oratorsinc.org

Hours: 6:30 pm - 7:30 pm (Wednesday)

Somerset Chapter Hours

NEW JERSEY ORATORS, INC. (CONTINUED)

Referral Process: Parents can contact the program director through the website to register their child. Program serves youth from ages 7 to 18.

Services Provided: Weekly oratorical training workshops, which consist of one-hour practice meetings teaching the art of public speaking, literature appreciation, oral presentations, reading and media arts literacy, civic engagement, college readiness and life skills workshops.

Transportation: Transportation is not provided by the program.

Fee: Membership is \$200 per year. However, financial assistance may be provided to those in need.

NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE

A PROGRAM SPONSORED BY THE MENTAL HEALTH ASSOCIATION IN NEW JERSEY

35 Beaverson Boulevard Building 5, Suite B Brick, NJ 08723

Contact: Eve Ellsworth, CPRS – Program Coordinator

Telephone: (800) 367-6274 (New Jersey Only)

(732) 451-4457 (Eve Ellsworth)

Email: eellsworth@mhanj.org

Website: www.njgroups.org

Hours: Calls are answered

8:00 am - 8:00 pm (800 call line) 9am – 5pm (office hours)

Trainings are provided on weekdays, weekends,

and evenings as needed.

Services Provided:

- **INFORMATION ON GROUPS** The organization maintains a database containing over 8,700 self-help group meetings statewide and 1,000 national self-help group headquarters, online and telephone groups. Requests for group information is made via the website or by phone.
- ASSISTANCE ADVICE ON DEVELOPING GROUPS Staff will assist with consultation and walk through the steps to develop a support group, in-person, online, by phone, or through email.
- TRAINING Workshops/trainings are offered in-person and online on starting, facilitating, and maintaining support groups, WRAP (Wellness Recovery Action Planning), and PADS (Psychiatric Advance Directives)

NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE (CONTINUED)

- **PRESENTATION ON SUPPORT** Presentations are provided on the availability and benefits of self-help support groups and how they can assist your clients, participants, congregants, families, and friends.
- **WEBSITE** (www.njgroups.org) The website includes forms where a group can be listed, updated, or requested.

Transportation: N/A

Fee: N/A

NEW JERSEY 211

FORMERLY KNOWN AS SOMERSET OPERATION SHELTER {S.O.S.}
C/O SOMERSET COUNTY BOARD OF SOCIAL SERVICES

73 East High Street Somerville, NJ 08876

Mailing Address:

PO Box 936

Somerville, NJ 08876

Contact: Joanne Kemp, Admin. Supervisor of Social Work

Telephone: 211

Hours: 24 hours a day / 7 days a week / 365 days a year

Referral Process: Usually self-referral. Serves homeless single adults and families in Somerset County.

Services Provided: Homeless individuals/families are placed in area shelters/motels with follow-up services by social work staff of the Board of Social Services to resolve homelessness. If needed, transportation to shelter site can also be provided.

Transportation: If needed, transportation is provided for follow-up services.

Fee: None.

NEW JERSEY CHILDREN'S SYSTEM OF CARE/ PERFORMCARE

Horizon Center 300 Horizon Drive, Suite 306 Robbinsville, NJ 08691

Telephone: Toll Free (877) 652-7624

Website: www.performcarenj.org

Hours: Staff available 24 hours a day / 7 days a week

Referral Process: PerformCare is the contracted system administrator for the New Jersey Children's System of Care (CSOC), a division of the New Jersey Department of Children and Families.

Any parent, legal guardian, or service provider (with the parent's consent) can call PerformCare and request services through CSOC for children and youth who demonstrate emotional/behavioral challenges, intellectual/developmental disability or adolescents who are in need of substance use treatment.

Services Provided: Help is available for children, adolescents, and young adults (up to age 21) seeking behavioral health, intellectual/developmental disability, or substance use treatment services.

Depending on the child's needs, services can include: Referral to counseling services, Mobile Response to stabilize crisis situations, care management for intense and complex needs, assessments to determine your child's needs, behavioral supports for activities of daily living, family support for education and advocacy, respite services, and substance use treatment.

PerformCare is available 24 hours a day, 7 days a week, 365 days a year. There is no charge for calling PerformCare and the New Jersey Children's System of Care. Please note that PerformCare is not a service provider, but rather a link to services through CSOC.

NEW JERSEY CHILDREN SYSTEM OF CARE/PERMORMCARE (CONTINUED)

Transportation: None.

Fee: Families are helped by making service recommendations and linkages that will best meet the needs of the child and family. Medicaid/NJ FamilyCare is accepted for most services, and PerformCare will work with the family based on their current insurance coverage, if any.

NEW ROAD SCHOOL OF SOMERSET

2200 Cottontail Lane Somerset, NJ 08873

Telephone: (732) 271-5775

Fax: (732) 271-7713

Email: mrieman@nrsnj.com

tcoleman@nrsnj.com

Website: www.newroadschool.com

Hours: 8:50 am - 2:30 pm

Referral Process: The admission process is initiated with a referral from the sending school district for students ages 12 - 21. School districts will send the student's records for review. Once it is determined that a potential student is appropriate for the program, an intake will be scheduled with the case manager and the family.

Services Provided: The following services are available for students at New Road School of Somerset: Speech, Counseling, Physical Therapy, Occupational Therapy, BCBA; and for those with specialized academic needs the Orton Reading Program is offered. As part of the Work Based Learning for students ages 18 – 21 on and off campus work internships are provided.

Transportation: Individual districts provide transportation.

Fee: Local school districts provide funding for tuition.

NORWESCAP W.I.C. PROGRAM

120 Finderne Avenue - Room 4 Bridgewater, NJ 08807

Other Locations:

170 Watchung Avenue North Plainfield, NJ 07060

Telephone: (908) 454-1210

Website: www.norwescap.org

Hours: 9:00 am - 4:00 pm (Monday - Friday)

(Main Office)

Referral Process: Clients can call or email wic@norwescap.org with inquiries and eligibility requirements. Clients may be working individuals but must meet income eligibility requirements.

Services Provided: Services provided are for pregnant women, breast-feeding and postpartum women, infants, and children up to age 5. The WIC Program is the Special Supplemental Nutrition Program for Women, Infants, and Children. The purpose of the program is to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care. The WIC peer counseling program provides breastfeeding support and education.

Transportation: None.

Fee: None.



OCEAN'S HARBOR HOUSE EMERGENCY YOUTH SHELTER

2445 Windsor Avenue Toms River, NJ 08753

Telephone: (732) 929-0660

Fax: (732) 929-3094

Website: www.oceansharborhouse.org

Target Population:

Homeless, runaway, abused, youth in crisis

ages 10 - 19.

Hours: 24 hours a day / 7 days a week

Referral Process: DCP&P, police, self, school, family, or other agencies.

Services Provided: Short-term crisis intervention counseling and services.

Process: Call for phone contact, possible interview may be needed; turnaround time from call to placement (if appropriate) should be less than 8 hours.

Transportation: Limited.

Fee: None.

OCEAN'S HARBOR HOUSE SUPERVISED TRANSITIONAL LIVING PROGRAM (STLP)

2445 Windsor Avenue Toms River, NJ 08753

Telephone: (732) 281-0822

Fax: (732) 281-0722

Website: www.oceansharborhouse.org

Target Population:

Youth in crisis, aging into adulthood; ages 16 – 21.

Hours: 24 hours a day / 7 days a week

Referral Process: DCP&P, police, self, school, family, or other agencies.

Services Provided: Supervised transitional living, 12 bed facility, and assistance with education, employment, and life-skills training.

Process: Call for an initial contact, may request any available evaluations, IEPs etc. If appropriate, schedule an interview.

Transportation: Limited.

Fee: None; however, residents are required to save 30% of income in a savings account through the agency, to be returned at time of program graduation or discharge.



OFFICE OF THE PUBLIC DEFENDER SOMERSET REGION

Court House Square South 75 Veterans Memorial Drive East, Suite 201 Somerville, NJ 08876

Telephone: (908) 704-3020

Fax: (908) 704-3028

Hours: 8:30 am - 5:00 pm (Monday - Friday)

Referral Process: Parents of juveniles charged with an offense who cannot afford to retain counsel may apply for representation through the Superior Court Family Case Management Office (908) 231-7600.

Services Provided: Through its staff attorneys, the agency provides legal representation to qualified defendants from initial plea through trial and disposition. Where a conflict of interest exists, the case is referred to private attorneys who appear on the Public Defender's list. Serves Somerset County juveniles charged with any offense where counsel is required under the Statute.

Transportation: None.

Fee: There is a standard Public Defender fee schedule that is explained to individuals when application is made. In addition to the standard fee is a \$50.00 administration fee payable at the first interview. All fees for legal representations are determined after disposition of the case and the parent or legal guardian of the juvenile will be billed at that time.

THE OPEN DOOR, INC.

6 Kirkpatrick and New Streets New Brunswick, NJ 08901

An Affiliation of New Hope Foundation

Contact: Danielle Lehtonen, LPC

Telephone: (732) 246-4800 ext. 5010

Fax: (732) 246-4860

Email: twittkop@newhopefoundation.org

Hours: 9:30 am - 8:00 pm (Monday - Thursday)

9:30 am - 4:30 pm (Friday) 9:30 am - 12:00 pm (Saturday)

Referral Process: To schedule an appointment, please contact Open Door at (732) 246-4800.

Services Provided: All New Hope IBHC services are customized to best assist clients in meeting their identified treatment goals. The Open Door provides SUD Evaluations, Standard Outpatient Treatment, and Intensive Outpatient Treatment for adults and adolescents, as well as psychiatric services and medication assisted treatment. We administer drug screens as clinically indicated.

Transportation: Transportation is not provided; however, The Open Door is easily accessible by public transportation.

Fee: Medicaid and most private (commercial) insurances are accepted. The goal is to eliminate any barriers towards accessing treatment. Public funding is offered through various fee-for-service initiatives. Adult and adolescent Middlesex County residents, who meet income criteria and can provide proof address, are eligible for free services.



PASSAGES

16 Fourth Avenue Bridgewater, NJ 08807-6871

Mailing Address:

Visions & Pathways

P.O. Box 6871

Bridgewater, NJ 08807-6871

Contact: Steve Neblett, Director of Residential Services

Telephone: (908) 526-6605 ext. 301

Fax: 908-526-6999 or (908) 526-4433

Email: sneblett@visionsandpathways.org

Website: www.visionsandpathways.org

Hours: 24 hours a day / 7 days a week

Referral Process: Passages serves 6 young men and 6 young women ages 16 to 21. Ten (10) of the residents are selected from Perform Care Youth Link and there are two (2) shelter beds for walk-ins. Any youth-serving agency throughout New Jersey can make a referral and may contact the program director to discuss the admission process.

Services Provided: Passages is a residential transitional living program that provides intensive independent living skills education. Residents are required to attend school, work part-time, and learn financial literacy and other skills to prepare them for independence. After a stay of up to 18 months, graduates continue to receive services to enable them to make a smooth transition into adulthood.

Transportation: Limited transportation provided.

Languages Spoken: English and Spanish.

Fee: Paid for by Medicaid and the Division of Child Protection & Permanency, Chafee funding, and the U.S. Department of Health and Human Services

PIONEER FAMILY SUCCESS CENTER

50 Division Street, Suite 303 Somerville, NJ 08876

Contact: Tim Wolf

Telephone: (908)722-4400

Fax: (908)526-7564

Email: fsc@empowersomerset.com

Website: www.pioneerfsc.com

Hours: 9:00 am - 4:00pm (Monday - Friday)

Evening activities as scheduled

Referral Process: No referral needed

Services Provided: Information and Referrals to Somerset County resources; free family activities; workshops and seminars. A calendar of events and activities is posted monthly at pioneerfsc.com. Pioneer Family Success Center is coordinated by Empower Somerset.

Transportation: None.

Fee: None.



PLANNED PARENTHOOD OF NORTHERN, CENTRAL & SOUTHERN NEW JERSEY

Shrewsbury Center and Administrative Offices 69 East Newman Springs Road Shrewsbury, NJ 07702

Telephone: (732) 842-9300

Fax: (732) 842-9338

Website: www.plannedparenthood.org

Hours: Administrative Office:

9:00 am - 4:30 pm (Monday - Thursday)

9:00 am - 5:00 pm (Wednesday) 9:00 am - 5:30 pm (Thursday) 10:00 am - 1:30 pm (Friday) 8:00 am - 3:00 pm (Saturday)

Other Locations: See Website For More Locations

Flemington Health Center

349 Route 31 South, Building B, Suite 503 Flemington, NJ 08822

(908) 782-7727

Morristown Health Center

196 Speedwell Ave Morristown, NJ 07960

(973) 539-1364

New Brunswick Center

10B Industrial Drive New Brunswick, NJ 08901

(908) 246-2411

Perth Amboy Center

450 Market Street Perth Amboy, NJ 08861

(732) 442-4499

PLANNED PARENTHOOD OF NORTHERN, CENTRAL & SOUTHERN NEW JERSEY (CONTINUED)

Referral Process: Individuals may call directly for an appointment. Referrals may also come from hospitals, human service agencies, schools, private physicians, ministers, friends, and relatives.

Services Provided: Planned Parenthood provides comprehensive reproductive health care, including medical examinations, laboratory tests, counseling and referral for medical problems, pregnancy testing and referrals for pre-natal, adoption, or termination services. Education services include programs for teens, adults, parents, professional staff, local groups, organizations, and schools. A resource library is available including films and videos for rent. The Extended Service provides short term counseling for both the patient and non-patient on issues germane to reproductive health care and sexuality.

Languages: English & Spanish; other languages telephone interpretation is available.

Transportation: None.

Fee: For medical services, sliding scale fees vary depending on income, insurance and type of services. Medicaid accepted. There are minimum fees for education and counseling services. Free pregnancy testing and counseling services for teens.



POLICE DEPARTMENTS

THE TELEPHONE NUMBERS LISTED BELOW ARE FOR **NON-EMERGENCIES**; IN CASE OF A TRUE EMERGENCY **DIAL 911**.

Bedminster PD

55 Miller Lane Bedminster, NJ 07921 (908) 234-0585

Bernards Township PD

One Collyer Lane Basking Ridge, NJ 07920 (908) 766-1122

Bernardsville PD

166 Mine Brook Road Bernardsville, NJ 07924 (908) 766-0037

Bound Brook PD

226 Hamilton Street Bound Brook, NJ 08805-2017 (908) 766-1122

Branchburg Township PD

590 Old York Road Branchburg, NJ 08876-3924 (908) 526-3830

Bridgewater Township PD

100 Commons Way Bridgewater, NJ 08807-1701 1 (908) 722-4111

Far Hills PD

6 Prospect Street Box 722 Far Hills, NJ 0793 (908) 234-1192

Franklin Township PD

495 DeMott Lane Somerset, NJ 08873 (732) 873-5533

Green Brook PD

109 Greenbrook Road Green Brook, NJ 08812 (732) 968-1188

Hillsborough Township PD

379 S. Branch Road Hillsborough, NJ 08844 (908) 369-4323

Manville PD

2 North Main Street Manville, NJ 08835 (908) 725-1900

Montgomery Township PD

2261 Van Horne Road Route 206 North Belle Mead, NJ 08502 (908) 359-3222

North Plainfield PD

263 Somerset Street North Plainfield, NJ 07060 (908) 769-2937

Peapack/Gladstone PD

1 School Street Peapack, NJ 07977 (908) 234-0626

Raritan PD

20 First Street Raritan, NJ 08869 (908) 725-6700

Somerville PD

24 South Bridge Street Somerville, NJ 08876 (908) 725-0331

South Bound Brook PD

12 Main Street South Bound Brook, NJ 08880 (732) 356-0087

Warren Township PD

44 Mountain Boulevard Warren, NJ 07059 (908) 753-1000

Watchung PD

840 Somerset Street Watchung, NJ 07069 (908) 756-3663



PREGNANCY AID AND INFORMATION CENTER

59 Thompson Street Raritan, NJ 08869

Telephone: (908) 526-8121

(888) 480-5737 Toll Free

Emergency: (908) 526-8121 (24-hour hotline)

Hours: 11:00 am - 2:00 pm (Monday)

10:00 am - 1:00 pm (Tuesday)

11:30 am – 2:30 pm (Wednesday) Donations Only 10:00 am - 12:00 pm & 4:00 pm - 5:30 pm (Thursday)

Special appointments can be arranged.

Referral Process: Social service agencies and walk-ins are the usual sources of referrals. Women of all ages residing in Somerset, Hunterdon, Middlesex, and Union Counties are eligible.

Services Provided: Services provided include free pregnancy testing, education/guidance, access to medical care, legal advice, shelter home placement, community resource and adoption information, referrals for professional counseling, maternity clothing, layettes, and baby equipment as available. Parenting Support Groups are also available.

Transportation: Program does try to provide private transportation or refers to another agency that can.

Fee: None.

PRINCETON HOUSE BEHAVIORAL HEALTH

A UNIT OF PENN MEDICINE PRINCETON HEALTHCARE SYSTEM

Main Campus-Inpatient:

905 Herrontown Road Princeton, NJ 08540

Outpatient sites:

North Brunswick, Princeton, Hamilton,

Moorestown and Eatontown (Women's only)

Contact: Chrissy Isaac, LCSW, LCADC – Community

Relations Rep.

Telephone: (609) 819-7392

Email: christine.isaac@pennmedicine.upenn.edu

Telephone: (888) 437-1610 x1 - **Inpatient Admissions**

(888) 437-1610 x2 - Outpatient Centralized

Admissions-PHP/IOP Programs

Fax: (609) 688-3779 - Inpatient admissions

(609) 683-6840 - Outpatient Centralized

Admissions

Website: www.princetonhouse.org

Hours: 24-hour **Inpatient**

Monday - Friday - **Outpatient** Monday - Friday - **Partial Hospital**

Referral Process: Referrals are accepted from individuals, agencies, organizations, physicians, and/or insurance organizations. The adolescent programs serve adolescents, ages 13 to 18. The adolescent and children's programs are located at North Brunswick, Hamilton, and Moorestown.



PRINCETON HOUSE BEHAVIORAL HEALTH (CONTINUED)

Services Provided:

Inpatient programs are for patients 18 and older. Princeton House offers substance use treatment, medical detoxification as well as adult psychiatric and adult dual diagnosis programs. Specialized services for First Responders are also available in the inpatient setting.

Partial hospital and intensive outpatient programs for adolescents are available at the North Brunswick, Hamilton, and Moorestown sites. At each location, there are programs offering psychiatric, substance use, and co-occurring treatment for adolescents. Teen Girls program is only offered at the Princeton Outpatient site. A psychiatric children's partial hospital program is available at Moorestown, Hamilton, and North Brunswick. There are also a wide range of psychiatric, addictions, trauma and co-occurring treatment programs for Men, Women, and older adults across the PHBH continuum.

Women's Programing is offered at all sites.

Transportation: Available for all Partial Hospital Programs and some After School Adolescent IOP Programs. Check with centralized admissions regarding pick up and coverage areas.

Fee: Most insurance plans accepted including Medicaid and Medicare.

PROJECT RACHEL - CATHOLIC CHARITIES

540 Route 22 East Bridgewater, NJ 08807

Contact: Dawn Cifelli

Telephone: (877) 877-4300 (toll free)

Fax: (908) 704-0215

Email: tbaffuto@ccdom.org

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Day and evening appointments are available.

Referral Process: Call office directly. Usual sources of referrals are self, family, churches, schools, and other social service agencies. Clients from Middlesex, Warren, Hunterdon, and Somerset Counties are served.

Services Provided: Confidential post-abortion counseling and reconciliation for those who have been touched or affected by abortions.

Transportation: None.

Fee: None.



PROSPERITY INDEPENDENT LIVING PROGRAM

Visions and Pathways 16 Fourth Avenue Bridgewater, NJ 08807

Contact: Jennifer Amaya, Director of Outreach & Prevention

Manny Vazquez, Prosperity Supervisor

Mailing Address:

Prosperity Independent Life Skills Program

P.O. Box 6871

Bridgewater, NJ 08807-0871

Telephone: (973) 644-4666 (Jennifer Amaya)

(908) 332-2266 (Manny Vazquez)

Fax: (973) 644-4885 or (908) 947-0037

Email: jamaya@visionsandpathways.org

mvazquez@visionsandpathways.org

Referral Process: Any individual organization may refer a young person in Somerset County, ages 14 to 24, or a young person may also seek services themselves.

Services Provided: Prosperity is a family-centered home visitation program for youth/young adults ages 14 to 24. Home visits entail one-on-one contact with youth as well as visits with the youth and their families. Prosperity's participants receive family-centered intervention, one-on-one support, independent-living skills education, career counseling, employment preparation, and access to mentoring. Clients also receive the following core services: Bio-psycho-social/intake assessments conducted by Visions and Pathways (V&P's) Behavioral Health Department; case management; mentoring; mental health counseling through V&P's Behavioral Health Department's Intensive In-Community

PROSPERITY INDEPENDENT LIVING PROGRAM (CONTINUED)

(IIC) counseling program; and transportation. Prosperity Case Managers have contact with clients twice a week including face-to-face contact at least twice a month. The life skills education includes information on careers, employment preparation, housing, financial literacy, nutrition, education, and sexual health. The program is structured to work with clients for a year, if necessary and the client is younger than 24, the time can be extended. Workshops, individual outreach, and a retreat are included. Prosperity also provides referrals and advocacy.

Transportation: Transportation can be arranged.

Languages Spoken: English and Spanish

Fee: Paid by the Division of Child Protection & Permanency, Children's System of Care, Somerset County Board of Commissioners, and private foundations.



PSYCHIATRIC EMERGENCY SCREENING SERVICE (PESS)

PROVIDED BY BRIDGEWAY REHABILITATION SERVICES

282 East Main Street Somerville, NJ 08876

Contact: Allison MacFadyen

Telephone: (908) 526-4100

Hours: PESS is a 24-hour service, 7 days a week,

including holidays and weekends.
Walk in Crisis Living Room is open
7 days per week 9:30am - 8:00pm.

Mobile Outreach and the Crisis line are available

24 hours a day 7 days per week.

Referral Process: Phone call. Local police departments, emergency room, social services agencies, therapists, schools, and family doctors are the usual sources of referrals.

Services Provided: The Psychiatric Emergency Screening Service (PESS) is one of twenty-five Psychiatric Emergency Screening Centers in New Jersey. These services are mandated and governed by the June 1989 Screening Law (N.J.S.A. 30:4-27.1) provided through Bridgeway Rehabilitation Services.

PESS provides professional emergency crisis intervention assistance to individuals experiencing an emotional crisis because of depression, suicide, or to those who may be overwhelmed by everyday problems and stress.

PSYCHIATRIC EMERGENCY SCREENING SERVICE (PESS) (CONTINUED)

The following services are provided on an as-needed basis: psychiatric evaluation/screening, hospitalization, psychiatric crisis line, mobile outreach, brief therapy, linkage and referral to community mental health services. Peer Support Specialists are available to support and assist families and individuals during evaluation and referral process. A multidisciplinary team comprised of MD's, LSW's, LAC's, LAMFT's, LPC's, LCSW's, and MA's are available for consultation and assessment. All clinical staff are also certified psychiatric screeners. PESS clinicians provide community education to police departments as well as mental health and social service agencies. Spanish speaking staff is available.

Transportation: PESS has a Crisis Living Room which is open 7 days per week from 9:30am – 8:00pm. It is recommended to call to make an appointment to ensure immediate availability of onsite staff and adherence to COVID precautions. Crisis intervention will also be provided in the community via mobile outreach and via crisis line 24 hours per day 7 days per week. Interventions will be with individuals and families in their homes, local hospitals, schools, or any other settings in the community.

Fee: Call for information.



Rutgers, The State University of New Jersey The Psychological Clinic 152 Frelinghuysen Road Piscataway, NJ 08854-8085

Contact: Andrea Quinn, Psy.D, Clinic Director

Telephone: (848) 445-6111

Fax: (732) 445-6628

Website: http://psychologicalservices.rutgers.edu/

Hours: 9:00 am - 9:00 pm (Monday - Thursday)

9:00 am - 8:00 pm (Friday)

Referral Process: Referrals are made directly to the clinic and handled by three clinic services coordinators. To inquire about services, call 848-445-6111 and press option 2 to speak with a coordinator. Upon initial contact, identifying information and a brief description of the presenting problem are collected by a coordinator, who then assigns the case to an intake clinician. After the completion of the intake interview, a coordinator assigns the case to a therapy clinician. Clients in acute crisis, with active homicidal and/or suicidal intent or recent suicide attempts are not eligible for treatment.

Foster Care Counseling Project (FCCP)

Primary Supervisor: TBD

Age Range Served: 4 - 17

Services Provided: The Foster Care Counseling Project (FCCP) provides clinic-based mental health counseling and preventive trauma-focused treatment to children and adolescents who are in foster and kinship care, as well as those who have been returned to their biological families' care. Evidence-based individual and family therapy is provided to address each child's adjustment to foster care and mental health symptoms resulting from trauma and child maltreatment. The FCCP also offers evidence-based groups depending on the needs of its clientele.

Students receive specific training in the Attachment, Regulation, and Competency (ARC) Framework, Trauma-Focused Cognitive BehavioralTherapy (TF-CBT), and Game-Based Cognitive Behavior Therapy (GB-CBT).

Inclusion/Exclusion Criteria: Most referrals for individual and family therapy come through Division of Child Protection and Permanency (DCP&P) offices, although FCCP also accommodates referrals from the community. The group therapy program is open to children and adolescents who have experienced sexual abuse or who have experienced an out-of-home placement, either with foster parents, relative caregivers, or adoptive parents.



Fee Structure: Children who are involved with the DCP&P and currently placed in foster or kinship care are grant-funded. DCP&P also pays for those children who are not in foster care but who have open DCP&P cases and require trauma-based services.

A sliding fee scale is available for non-DCP&P clients who would like to participate in individual therapy sessions or the group therapy program.

ADHD Clinic/Cultivating Compassion Project

Primary Supervisor: Stephanie Lyon, PhD

Age Range Served: Children age 5 – 12

and their parents/caregivers

Services Provided: The ADHD Cultivating Compassion Project treats children who struggle with ADHD and related emotional/behavioral challenges as well as their parents/caregivers. Treatment is provided on an individual basis by doctoral students who receive specialized training and supervision with Dr. Stephanie Lyon. Patients are provided with psychodynamic psychotherapy informed by Metallization Based Therapy for Children (MBT-C).

Our time-limited treatment is designed to support the whole child, by addressing the thoughts, feelings, and relationships that underlie problematic behavior as well as increasing resilience and self-regulation abilities. Through metallization-based treatment we seek to improve children's ability to understand and regulate their emotions/behavior; and help them to think more deeply about themselves and others. We encourage parents to support their children's self-regulation and believe that when the children live and learn in compassionate environments, their experience of themselves and their behaviors are transformed.

We provide slide-scale therapy for children diagnosed with ADHD or experiencing several of the following symptoms of ADHD:

- Trouble paying attention or sustaining attention
- Difficulty with organization, listening and following directions
- · Easily distracted
- Frequent fidgeting, excessive running/climbing, always "on the go"
- · Interrupting frequently, talking excessively

Inclusion/Exclusion Criteria: Inclusion: Children ages 5 – 12 with symptoms of ADHD and their parents/caregivers (parent/caregiver involvement is required). Exclusion: Children exhibiting severely dangerous behaviors or with co-occurring disorders that significantly limit their ability to engage in imaginative play/symbolic thinking.

Fee Structure: Fees for services are determined by household income and range from \$20 to \$100 per session.



Center for Psychological Services – Assessment

Primary Supervisor: Ken Schneider, Ph.D.

Age Range Served: 6+

Services Provided: The Center for Psychological Services offers a range of low-fee assessment services for children, adolescents, and adults, provided by doctoral students and a postdoctoral fellow under supervision of a licensed psychologist. We offer comprehensive testing to assess a variety of presenting problems and concerns. Areas of functioning that may be assessed are intellectual abilities, executive functioning, learning and memory, academic achievement, social-emotional functioning, and personality. Our testing can also diagnose ADHD and a variety of learning disabilities.

Assessments are tailored to specific needs of the clients and include a comprehensive clinical interview, carefully selected assessment measures, integrative assessment report, and a feedback session with clients and family members.

Inclusion/Exclusion Criteria: The Center for Psychological Services can accommodate a wide variety of assessment needs across the lifespan. We work to tailor each assessment to the individual needs of the client and the reason for referral. Any case that cannot be assessed here would be determined on a case-by-case basis.

We do not offer neuropsychological assessments, auditory processing evaluations, speech and language assessments, or assessments to diagnose Autism.

Fee Structure:

Non-Rutgers Students:

 Unfortunately, we do not accept private insurance and our evaluations are not reimbursable by insurance. Assessments are a flat fee, depending on type: Learning Disability/ADHD/ Personality Assessment: \$750.00.

Rutgers Students:

- If the student does not have Rutgers Student Resource Insurance – Learning Disability/ADHD/Personality Assessment: \$450.00
- If the student has Rutgers Student Resource Insurance Learning Disability/ADHD/Personality Assessment: \$0.00



Youth Anxiety and Depression Clinic (YAD-C)

Primary Supervisor: Brian Chu, Ph.D.

Age Range Served: 9 – 17

Services Provided: The Youth Anxiety and Depression Clinic (YAD-C) treats children and adolescents who suffer from anxiety and depression. Treatment is provided on an individual basis by doctoral students who receive specialized training by Dr. Brian Chu. Patients are provided with cognitive behavioral therapy. We are actively looking for youth who are anxious or depressed to participate in a randomized clinical train (RCT) evaluating the effectiveness of Individual Behavioral Activation Therapy, a new cognitive-behavioral therapy that emphasizes active problem solving and behavioral practice.

We provide psychological therapy for children and adolescents who feel impacted by anxiety, stress, and mood problems. If your child is experiencing any of the following symptoms, you may be a good candidate for the YAD-C:

- · Sad, down, blue, or irritable mood
- Withdrawal from friends, school/work, and social activities; disinterested in things they used to like
- Pervasive, persistent worries about multiple topics (i.e. school/work performance, family, health, future)
- Difficulty separating from home, parents, or loved ones
- Excessive fear or embarrassment in social situations
- Problems at home, school/work, or with peers as a result of mood or anxiety

Inclusion/Exclusion Criteria: Children and adolescents ages 9 – 17 whose distress is related primarily to the symptoms of anxiety or depression. Children whose distress is primarily related to external stressors are typically directed to alternative services.

Fee Structure: There is no charge for the initial assessment. Sessions are charged on a sliding scale based on annual family income and are payable at the time of service. Fees for services are determined by household income and range from \$5 to \$60 per session.

Families who participate in research receive financial compensation for completing scheduled assessments and gift cards/prizes may be available to youth at various time-points throughout treatment.

Dialectical Behavior Therapy Clinic at Rutgers (DBT-RU)

Primary Supervisor: Shireen Rizvi, Ph.D., ABPP

Age Range Served: 13 +

Services Provided: The Dialectical Behavior Therapy (DBT) clinic is a research and training clinic that provides comprehensive DBT, an evidence-based and empirically-supported treatment for borderline personality disorder and associated problems. Adult clients undergoing treatment attend individual therapy once per week, as well as weekly meetings of a skills training group.

Inclusion/Exclusion Criteria: The DBT-RU clinic treats adults clients (18 and older) who meet DSM-5 criteria for borderline personality disorder. The DBT-A clinic treats adolescent and young adult clients (ages 13 – 20) who experience problems with emotion regulation, impulsivity, and suicidality or substance use.



Across both programs, all clients must: 1) live within 45 minutes of the clinic, 2) have access to transportation, 3) be willing to consent to video recording of their sessions, 4) be available to attend treatment for the full 6 months and be able to attend the time of the weekly skills group, and 5) be willing to stop all other psychotherapy once DBT treatment begins. Additional exclusion criteria include the presence of psychotic symptoms, significant cognitive impairment (e.g. IQ below 70), the presence of active, problematic substance use, and the presence of an eating disorder that warrants immediate treatment (e.g. hospitalization).

Finally, because DBT-RU is a research and training clinic, all clients must participate in an intake, mid-treatment, post-treatment, and follow-up assessment to help test the effectiveness of DBT and DBT-A.

Fee Structure: DBT-RU aims to provide comprehensive DBT at affordable rates for everyone so that no one will get turned away due to lack of finances. Treatment costs are determined on a sliding scale based on household income.

The Tourette Syndrome Clinic

Primary Supervisor: Graham Hartke, Psy.D.

Age Range Served: Children, Adolescents, and Adults

Services Provided: The Rutgers-NJCTS Tourette Syndrome Program offers individual and family therapy for individuals affected by Tourette Syndrome (TS), emphasizing evidence-based treatments for TS and related conditions. All of our therapists (doctoral students) are trained in Comprehensive Behavioral Intervention for Tics (CBIT), which includes Habit Reversal Training (HRT), as well as cognitive behavioral approaches for common comorbid conditions such as attention-deficit disorder (ADHD), obsessive compulsive disorder (OCD), oppositional defiant disorder (ODD), as well as other anxiety or mood disorders. Individual and family therapy may also include supportive, psychoeducational, and skill-building interventions (e.g., social skills training).

In addition to individual and family therapy, we offer socio-emotional skills groups for school-aged children and teens. These groups typically begin in January each year. finally, the Rutgers-NJCTS Tourette Syndrome Program also offers a variety of additional supportive services including diagnostic evaluation; consultation on TS and associated disorders for practitioners, physicians, educators and students; assistance with referrals for physicians; and access to additional resources and services for the TS community.

Inclusion/Exclusion Criteria: The Tourette Syndrome Clinic can accommodate a wide variety of clients. All clients will be assessed during the first session and treatment planning will be determined based on that evaluation.

Fee Structure: The cost of each session is \$100.00 and the initial intake session is \$200.00. However, for families or individuals with financial hardships, a sliding scale may be sued on a case by case basis.

Center for Psychological Services – Therapy

Clinical Director: Andrea Quinn, Psy.D

Age Range Served: All

Services Provided: The Center for Psychological Services offers individual and family therapy for children, adolescents, and adults from Rutgers University and the surrounding communities. Therapy orientations vary depending on the need and current goals for therapy. likewise, the course and length of treatment is determined by each clinician based on the individual needs of the client. Services are provided by advanced doctoral students under the supervision of faculty and licensed psychologists, and can address a wide range of disorders and difficulties.

Inclusion/Exclusion Criteria: The Center for Psychological Services is committed to being helpful to all clients who are referred, but, as a training program, we reserve the right to decide which clients will best fit our services and levels of expertise. As such, we may not accept some clients for treatment her, but will provide referrals to the appropriate services and levels of care.

Fee Structure: Therapeutic services are offered at a low cost, based on clients' household income and ability to pay.

Anxiety Disorders Clinic (ADC)

Primary Supervisor: Andrea Quinn, Psy.D.

Age Range Served: All

Services Provided: The ADC is a specialty clinic offering evidence-based practices for the treatment of anxiety disorders. Specifically, the clinic offers diagnostic evaluation and consultation, and treatment for the entire range of anxiety disorders, including for example, Generalized Anxiety Disorder, Panic Disorder, Separation Anxiety Disorder, and Phobias; as well as compulsive disorders including Obsessive-Compulsive Disorder and Body-Focused Repetitive Disorders (e.g. Trichotillomania). In addition, the ADC offers a PTSD program for Veterans and trauma-focused therapy for community members who are not Veterans. Group treatment opportunities are intermittently available for other specific anxiety disorders as well.

Inclusion/Exclusion Criteria: Clients whose distress is related primarily to the symptoms of anxiety and the related disorders noted above are eligible for treatment, with the exception of those who are currently struggling with substance use disorders and/or those who are deemed to be in need of crisis services or a more intensive level of care that cannot be fully met by the ADC staff. Clients whose primary distress is related to other stressors or whose needs cannot be fully met are provided assistance with identifying and connecting to alternative services.



Fee Structure: Fees for services is \$50 per session for individual therapy by student therapists. The clinic accepts the resource insurance available to Rutgers Students, who pay \$0 out-of-pocket for treatment. The PTSD program for Veterans also has additional funding sources that can reduce or cover the cost of treatment for clients. Additional information is available for clients who are interested in potentially pursuing this funding.

Couples Clinic

Primary Supervisor: Elizabeth Brown, Psy.D., Karen Riggs Skean, Psy.D., and Shalonda Kelly, PhD

Age Range Served: 18+ (Individuals do not have to be legally married to participate)

Services Provided: The Couples Clinic specializes in providing evidence-based couples therapy. The two major modalities emphasized are Emotionally-Focused Couples Therapy (EFT) and Behavioral Couples Therapy (BCT). The length of treatment is determined by the needs of the couple. A "Couple Checkup," a brief assessment and feedback intervention, is also available for couples who would like feedback regarding their relationship.

Inclusion/Exclusion Criteria: The Couples Clinic treats couples of all ethnic backgrounds, cultural identities, sexual orientations, and gender identities. The following are exclusion criteria:

- 1) The presence of severe mental illness in one or both partners
- 2) Current domestic physical, emotional, or sexual abuse
- 3) Severe substance use in one or both partners

Fee Structure: The fee for treatment is determined based upon household income. Fees per session range from \$10 to \$50.

PSYCHOLOGICAL CLINIC OF THE GRADUATE SCHOOL OF APPLIED AND PROFESSIONAL PSYCHOLOGY (CONTINUED)

Group Psychotherapy Services

Primary Supervisor: David Panzer, Psy.D.

Age Range Served: 18+

Services Provided: Group Psychotherapy Services (GPS) operates within the Center for Psychological Services at Rutgers. GPS offers ongoing interpersonal process groups in the evenings for adults.

Inclusion/Exclusion Criteria: Services provided by GPS are particularly helpful for clients for who interpersonal difficulties are a primary concern. However, most clients eligible for individual treatment within the Center for Psychological Services at Rutgers are also eligible to participate in group psychotherapy. Exclusion criteria include the following:

- 1) Current active psychosis
- 2) Current active suicidal ideation or intent
- 3) Current high-risk substance use

Fee Structure: The cost for treatment within GPS amounts to half of the cost of individual sessions at the Center Psychological Services at Rutgers.



PUBLIC MENTAL HEALTH EMERGENCY RESPONSE

P.O. Box 3000 Somerville, NJ 08876

Contact: Meg Isbitski, LSW, DRCC

Telephone: (908) 704-6302

Referral Process: Contact the Somerset County Mental Health Administrator by calling (908) 704-6302.

Services Provided: Somerset County Department of Human Services in partnership with the NJ Division of Mental Health and Addiction Services provides assistance to residents in the event of any public health emergency, whether a natural disaster, terrorism, infectious disease or individual accidents. These services include immediate crisis counseling, referral to services, and ongoing mental health support. Through the Disaster Response Crisis Counselor Program, trained volunteers are mobilized to respond and provide support to those following the aftermath of an emergency event. All mental health responders are licensed professionals, who are FEMA trained and credentialed by the NJ Division of Mental Health and Addiction Services. The office can assist in connecting residents to mental health and addictions treatment, case management, support groups, medication, psychoeducation, and agencies that have sliding fee scales, provide other ancillary services, such as transportation and bilingual treatment.

Transportation: None.

QUESTION AND ANSWER LINE (QAL)

JUVENILE INSTITUTIONAL SERVICES

27 Warren Street Somerville, NJ 08876

Contact: Monica Mulligan

Mailing Address:

P. O. Box 3000

Somerville, NJ 08876

Telephone: (908) 704-6355

Fax: (908) 253-0180

Email: QAL@co.somerset.nj.us

Hours: 24 hours a day/7 days a week

Referral Process: N/A

Services Provided: Families of children who have had police and/or court contact can call in order to receive information and referrals to local services such as substance use treatment, mental health treatment, individual counseling, and family counseling, and assistance navigating the various youth systems (school, courts and children's behavioral health). Youth and parents can access this line 24 hours a day, 7 days a week. All calls and e-mails will be returned within 24 hours. All calls are confidential and there is no cost or fee to the youth or family for this service.

Transportation: N/A

RECREATION DEPARTMENTS

Recreation Departments provide leisure recreation activities for community residents of all ages such as instructional clubs, leagues, tournaments and open recreation in the areas of sports, crafts and cultural events, swimming instruction, playgrounds, tennis, open swim, outdoor education, gymnastics, after school recreation, play and learn workshops, wrestling, basketball, teen volunteer programs, outdoor adventure clubs, runner clubs, trips and classes, exercise and aerobics, volleyball, and discount theme park tickets. There are nominal fees for registration for most programs. Below is a listing of recreation departments in Somerset County. Call your local department for a current activities brochure and/or for further information.

Bedminster Township Rec

One Miller Lane Bedminster, NJ 07931 (908) 212-7000 www.bedminster.us

Bernards Township Rec

P.O. Box 437 One Collyer Lane Basking Ridge, NJ 07920 (908) 204-3003 www.bernards.org

Bernardsville Rec

166 Mine Road - P.O. Box 158 Bernardsville, NJ 07924 (908) 766-2546 ext. 112 www.bernardsvilleboro.org

Branchburg Township Rec

Municipal Annex 34 Kenbury Road Branchburg, NJ 08876 (908) 526-1300 ext. 187

Bridgewater Township Rec

700 Garretson Road PO Box 6300 Bridgewater, NJ 08807 (908) 725-6300 ext. 5305 www.bridgewaternj.gov

Franklin Township Rec

505 DeMott Lane Somerset, NJ 08873 (732) 873-2500 ext. 6266 www.franklintwpnj.org

RECREATION DEPARTMENTS (CONTINUED)

Green Brook Rec

111 Greenbrook Road Green Brook, NJ 08812 (732) 968- 1023 ext. 6507 www. greenbrookrec.org

Hillsborough Township Rec

379 South Branch Road Hillsborough, NJ 08844 (908) 369-4832 www.Hillsborough-nj.org

Manville Rec

325 North Main Street Manville, NJ 08835 (908) 725-9478 ext. 121 www. manvillenj.org

Montgomery Township Rec

Otto Kaufman Community Ctr 356 Skillman Road Skillman, NJ 08558 (609) 466-3023 www.twp.montgomery.nj.us

North Plainfield Rec

263 Somerset Street North Plainfield, NJ 07060-4846 (908) 756-0247 www.np-recreation.com

Somerville Rec

25 West End Avenue Somerville, NJ 08876 (908) 704-6985 ext. 271 www.somervillenj.org

South Bound Brook Rec

12 Main Street South Bound Brook, NJ 08880 (732) 356-0258 ext. 37 www.sbbnj.com

Warren Township Rec

46 Mountain Boulevard Warren, NJ 07059 (908) 753-8000 www.warrennj.org

Watchung Rec

15 Mountain Boulevard Watchung, NJ 07069 (908) 756-0080 ext. 210 www.watchungnj.com

RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER

MENTAL HEALTH SERVICES

500 North Bridge Street Bridgewater, NJ 08807

Contact: Nicci Spinazzola

Telephone: (908) 725-2800

(888) 744-4417

(908) 253-3165 (Access Center)

Fax: (908) 704-1790

Email: mentalhealth@co.somerset.nj.us

Hours: 8:30 am - 9:00 pm (Monday - Thursday)

8:30 am - 5:00 pm (Friday)

Referral Process: Referral sources are diverse, including concerned parents, schools, courts, Children's System of Care (DCP&P, Tri-County CMO, and Mobile Response) and other child-serving institutions and agencies. All requests for services are managed by the Access Center which serves as a single point of entry for the Center. Clients are encouraged to contact the Access Center by phone (908-253-3165) to begin the intake process prior to arrival at Richard Hall CHWC (changed from CMHC). After this initial phone contact clients can walk in Monday-Friday between 8:30am and 9:00am. Spanish speaking clinicians are available for intakes on Fridays. A triage system is utilized to determine intake availability. Parent and guardian availability and involvement are required for youth under age 18.

RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER (CONTINUED)

Fee: Fees are set from \$5.00 to \$125.00 for counseling. Sliding fee scale is available to Somerset County residents. Intakes are billed at \$170.00 and psychiatric evaluations are billed at a \$325.00. Medicaid and Medicare are accepted as well as most insurance.

Transportation: None.

Services Provided:

Child Outpatient Department

Serving Somerset County children ages 3½ to 18 and their families struggling with behavioral and mental health issues. Utilizing evidence-based treatments from experienced and compassionate staff; children and adolescents are offered individual, family, and group therapy in a safe environment. Psychiatric evaluations and medication monitoring are also available, as well as expressive and adjunctive treatment modalities such as art therapy and yoga. Those with learning disabilities and some developmental disabilities are seen and may be assessed and referred for specialized services as needed. Psychiatric evaluations are available. Parenting education is also offered; and parents can be referred for a range of clinical services as well.

Adult Outpatient Department

Somerset County adults, ages 18+ and their families can receive individual, group, couples, and family therapy. Richard Hall CHWC has a long history of working with individuals with mental health and co-occurring disorders. Evidence-based and wellness focuses treatments are used in collaboration with our clients to achieve the best outcomes possible.

RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER (CONTINUED)

SOMERSET COUNTY TRAUMATIC LOSS COALITION

Trained members of the mental health and school communities committed to assisting schools in the prevention, intervention and postvention planning following a traumatic loss event involving youth in the community.

TOUCHSTONE INTENSIVE SUPPORT SERVICES

Individuals ages 18 and older may participate in this program. This serves clients with a wide range of psychiatric disorders who have difficulty functioning in the community. Groups focus on promoting increased functioning, community involvement, and vocational productivity, including a Supported Employment program.

MEDICATION CLINIC

Child psychiatric evaluation and treatment is provided by Psychiatrists or Advance Practice Nurses. The Center provides services Monday through Friday by appointment, and evening hours are available.

CO-OCCURRING AND RELATIONSHIP EMPOWERMENT (CARE)

CARE is a client-driven wellness and recovery program dedicated to empowering individuals who struggle with co-occurring mental health, substance use disorders, and relationship challenges to make choices in support of self-determination and personal growth.

OPTIONS for Men and Women

Provide individual domestic violence assessments and a 6-month psycho-educational group for those seeking to end intimate partner violence.

RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER (CONTINUED)

REACH 4 RECOVERY

Works by providing support that promotes wellness and recovery from co-occurring substance use and mental health disorders by bridging the gap between treatment and recovery supports. R4R assists participants to increase skills to improve whole health, build community and address ambivalence through the use of individual, group and community-based recovery supports including Equine Assisted Therapy, Motivational Incentives, and Community Outreach.

ZUFALL HEALTH CENTER

A whole health care program supporting personal wellness and recovery from both physical and mental health conditions. Behavioral Health Care, Primary Health Care and Dental Care are provided on site for those in need. In addition, the program offers: Nutrition, Wellness Education and Activities, Smoking Cessation, Personal Wellness Planning, Healthy Goal Setting.

SAFE+SOUND SOMERSET

LEAD ORGANIZATION FOCUSED ON THE SAFETY, HEALING, AND SUPPORT FOR SURVIVORS OF DOMESTIC AND SEXUAL VIOLENCE.

Administration and Outreach Offices P.O. Box 835 Somerville, NJ 08876

Telephone: (866) 685-1122 (24-Hour Toll Free)

(908) 359-0003 ext. 202 (Outreach Office)

Fax: (908) 359-8881

Website: www.safe-sound.org

Safe House: Access 24/7 shelter services for survivors of

domestic violence through Helpline -

866-685-1122

Outreach Office: Counseling Services, Legal Advocacy,

Financial Literacy, Housing, Prevention

Hours: 9:00 am - 8:00 pm (Monday - Thursday)

9:00 am - 5:00 pm (Friday 2pm June - August)

9:00 am - 3:00 pm (Saturday)

Outreach Services by appointment only. Walk-ins not accepted for security purposes.

24/7 access for survivors, family members, professionals and the community through our 24/7 Helpline (866) 685-1122.

SAFE+SOUND SOMERSET (CONTINUED)

Referral Process: Individuals interested in services should contact the 24-hour hotline directly to request assistance. Primary criteria for services is the experience of domestic or dating abuse/intimate partner violence personally, with a family member or a friend. Non-emancipated minors, under 18, must have permission of a parent or guardian to access counseling and advocacy services. Individuals, service providers and community members may contact the 24-hour call/text line for information, referrals or training and presentation information.

Services Provided: Safe+Sound Somerset provides trauma informed services that include 24-hour hotline services and confidential emergency safe house, transitional housing, individual and therapeutic group counseling for adults and children (including clinicians certified in Trauma Focused Cognitive Behavioral Therapy, Prolonged Exposure and Play Therapy) psychoeducational and mentoring groups, legal advocacy and SPEAK teen and community education. Services are available in Spanish. TTY is available on the 24-hour hotline.

Transportation: Emergency transportation is available to confidential emergency safe house. Limited public transportation to outreach office. Somerville satellite office is accessible via public transportation.

Fee: No fee to clients.

SAFE HARBOR CHILD ACCESS CENTERS

171 Main Street, 2nd Floor Flemington, NJ 08822

Contact: Carol Dvoor

Telephone: (908) 268-4284

Email: safeharbor17info@gmail.com

Website: www.gosafeharbor.org

Hours: Open 7 days a week/call for appointment

Referral Process: Referrals are made through the court, agencies, and self-referrals.

Services Provided: Therapeutic visitation services, supervised parenting time, monitored custody exchange for visitation, and various programs for children and teens.

Transportation: None.

Fee:

- Supervised Visitation \$65.00 for one hour / \$55.00 for each additional hour
- Monitored Exchange \$20.00 (per monitored exchange)
- All other programs are free of charge

ST. PETER'S UNIVERSITY HOSPITAL: FOR KEEPS BEHAVIORAL HEALTH

(KIDS EMBRACED AND EMPOWERED THROUGH PSYCHOLOGICAL SERVICES)

St. Peter's Family Health Center 123 How Lane New Brunswick, NJ 08901

Contact: Alicia Adams, LCSW

Telephone: (732) 565-5494

Fax: (732) 846-5478

Email: abronski@saintpertersuh.com

Website: www.saintpetersuh.com

Hours: 9:00 am - 3:00 pm (Monday - Friday)

Full Medicaid compliance with

NJ State recognition

Joint Commission Accredited

Referral Process: Anyone may refer a child including parents and teachers, regardless of school's preference or child's psychiatric history. A screening is completed to determine eligibility to the program.

Services Provided: For KEEPS provides an 8 – 12-week program Monday to Friday for children between the ages of 5 to 17, state-of-the-art individual therapy, groups, family sessions, medication management, meals, and academic instruction. For KEEPS also offers a full multi-disciplinary mental health team of doctors, nurses, therapists, counselors, and academic teachers.

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ST. PETER'S UNIVERSITY HOSPITAL: FOR KEEPS BEHAVIORAL HEALTH (CONTINUED)

Languages Spoken: Bilingual (English & Spanish)

Transportation: Medicaid service for those eligible in Middlesex County only, schools and parents may provide transport for those not eligible.

Fee: Medicaid only.

SAMARITAN HOMELESS INTERIM PROGRAM (SHIP)

Safe Harbor & Port of Refuge 87 East High Street Somerville, NJ 08876

Contact: Tom O'Leary

Telephone: (908) 393-9545

Fax: (908) 393-9542

Email: SafeHarbor@SHIP908.com

Website: www.ship908.com

Hours: 8:30 am - 2:00 pm (Monday - Friday)

Referral Process: Anyone can refer.

Services Provided: Emergency shelter/housing, Anti-Hunger Program, HIV/Aids Education and Testing Program, Alcohol/ Substance Use Program.

Transportation: None.

SEABROOK HOUSE, INC.

133 Polk Lane Seabrook, NJ 08302-5905

Mailing Address:

P.O. Box 5055

Seabrook, NJ 08302-0655

Telephone: (856) 455-7575

(888) 206-3208 (Help Line)

Fax: (856) 391-6022

Website: www.seabrook.org

Hours: 24 hours per day

Referral Process: Seabrook House treats adult men and women (18+) suffering from the disease of addiction. The facility primarily serves residents of the Northeastern United States. To refer a patient, one must call the admission telephone number for a ten-minute intake and benefits check (if necessary). Following that, an appointment is made for an assessment and potentially an admission to one of the programs based on level of care determined.

Services Provided: The program provides inpatient detox, residential rehabilitation, extended care for men and women, partial hospitalization, and intensive outpatient at the main campus in Bridgeton, NJ. Partial hospitalization is available and intensive outpatient levels of care at the other sites in Cherry Hill, Northfield, Morristown, and Shrewsbury New Jersey as well. The newest outpatient location is in Paoli, PA. Family services are provided at all locations.

Transportation: Seabrook House provides transportation for patients in need within the NJ, PA, NY, and DE region.

Fee: Private insurance accepted both in and out of network. Self-pay, payment plans, and credit cards are also accepted. Some scholarship programs are available.

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SOCIAL SECURITY ADMINISTRATION

245 Highway 22, Suite 207 Bridgewater, NJ 08807

Telephone: (800) 772-1213

Number available daily from 7:00 am - 7:00 pm

General Inquiry Line: (866) 446-6198

TTY: (800) 325-0778

Fax: (908) 595-0286 or (905) 595-0189

Website: www.socialsecurity.gov

Hours: 9:00 am - 4:00 pm (Mon., Tues., Thurs. & Fri.)

9:00 am - 12:00 pm (Wednesday)

Referral Process: Employers, funeral directors, welfare agencies, support agencies, and self-referents are the usual sources of referrals. Applications are taken for monthly benefits for survivors or dependents of deceased. In addition, applications are processed for retirement and disability benefits. Clients come to the office and make an appointment to apply.

Services Provided: The agency provides financial aid to all that qualify. No social services are provided. Appointments can be made to take claims in the office or over the phone. No direct payments are made to those under 18 except in very extreme circumstances. Processing time for survivor benefits is 30 days; for retirement benefits, 30 days; for disability benefits, 90 days. No benefits are payable under Social Security for the first five full months after onset of disability. There is no such non-payment period for Supplemental Security Income.

Transportation: None.

SOMERSET ACADEMY, ELEMENTARY and SECONDARY PROGRAMS (K - 12) and CAREER CENTER (9 – 12)

SOMERSET COUNTY EDUCATIONAL SERVICES COMMISSION

7 Finderne Avenue Bridgewater, NJ 08807

Mailing Address:

991 Route 22 West, Suite 301 Bridgewater, NJ 08807

Telephone: (908) 707-0070

Fax: (908) 231-7973

Website: www.somersetcountyesc.org

Hours: 9:00 am - 2:07 pm (Monday - Friday / school year)

Referral Process: Child Study Teams from local school districts refer students to the Academy. Students ages 5 to 21, who are eligible for alternative academic and special education and related services are served.

Services Provided: Each student receives a full academic program based on the NJ Core Curriculum Standards and the individual student's IEP. The school-wide Behavior Evaluation Program is an integral part of the student's plan. A full-time psychologist, social worker/SAC, consulting psychiatrist, and work with fully certified teachers to round out the programs. Referrals to outside agencies and administration of state-mandated tests are also provided.

Transportation: Sending school district provides transportation.

Fee: Tuition paid by local school district.

SOMERSET CHILDREN'S CENTER

377 Union Avenue Bridgewater, NJ 08807

Mailing Address:

377 Union Avenue

Bridgewater, NJ 08807

Telephone: (908) 725-2366

Fax: (908) 725-3945

Email: sccinfo@somersetchildrenscenter.org

Website: www.somersetchildrenscenter.org

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Doctors, health agencies, schools, parents, and Elk's Lodges are the usual sources of referrals. The Treatment Center provides services for some school districts. Contact the facility directly about the specific therapy needed.

Services Provided: Services provided are physical, occupational, and speech therapy to children from birth to age 21. Therapy is typically provided in half-hour sessions.

Transportation: None.

Fee: Contact agency for fees. Insurance accepted. Family may receive sponsorship from Elk's Lodge where the child resides after Lodge approval.

SOMERSET COMMUNITY ACTION PROGRAM, INC.

155 Pierce St, Suite F Somerset, NJ 08873-4168

Contact: Mark Harris, Executive Director

Telephone: (732) 846 8888

Email: info@somersetcap.org

Email: www.somersetcap.org

Referral Process: Interested families can inquire through the website link, via telephone, or via email.

Services Provided:

Childcare

Comprehensive, high-quality infant/toddler program and pre-school education/school readiness program. The program is available to any Somerset County child including children with disabilities, ages 6 weeks to 5 years. Subsidies are available to families whose total gross household income is at or below the federal poverty index. It is a full-day program that includes nutritionally sound meals and snacks.

Summer Camp

(Children ages 6 – 13) Summer camp runs for 8 weeks during July and August and includes an array of activities to keep children learning and having fun while school is out. Camp includes weekly S.T.E.A.M. activities, coding, fitness, and weekly field trips.

SOMERSET COMMUNITY ACTION PROGRAM, INC. (CONTINUED)

Afterschool Coding Academy

(Children ages 6 – 13) The coding academy will teach youth the language of computer programming with topics including video game design, robotics, drone programing, and hacking. All levels of coders from beginners to experts are welcome.

Podcast Program

(Youth ages 12 – 17) Through the podcast program, students will be able to find their voice to discuss topics in their interest areas. Upon program completion, students will be capable of developing, recording, editing, and producing their own podcast.

Somerset CAP Sports

The sports programs include 6-week co-ed basketball and 6-week girls volleyball camps which are instruction and drill-based programs to improve students skills and allow them to practice those skills in game settings during each session. Camps are hosted at Zarephath Church and the Franklin Township Youth Center.

Transportation: None available at this time.

Fees:

Childcare - \$250/week (subsidies available through

Community Childcare Solutions)

Summer Camp - \$250/week (subsidies available through

Community Childcare Solutions)

Coding - \$250/student – 8-week course (scholarships available through SCAP)

Podcast - \$250/student – 6-week course (scholarships available through SCAP)

Sports – Free of charge

SOMERSET COUNTY BOARD OF SOCIAL SERVICES

73 East High Street

P.O. Box 936

Somerville, NJ 08876-0936

Contact: Marion Cooper

Telephone: (908) 526-8800

Fax: (908) 707-1941

Other Locations:

630 Franklin Boulevard, Suite 110

Somerset, NJ 08873-1144

(732) 846-6499

391-D Somerset Street North Plainfield, NJ 07060

(908) 561-9400

Hours: Somerville Office

8:38 am - 4:30 pm (Monday - Friday)

North Plainfield and Somerset Offices 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: No referral or appointment is necessary to apply for any of the services offered. Applicants must be residents of Somerset County. Eligibility for various programs is dependent upon the income and resource level of the applicant.

SOMERSET COUNTY BOARD OF SOCIAL SERVICES (CONTINUED)

Services Provided: Cash assistance is available to families with minor children under Temporary Assistance to Needy Families Program. NJ SNAP benefits are available to families and single adults who meet the program's eligibility requirements. In addition, the Board administers the Work First General Assistance Program for indigent single adults and couples to 19 of the 21 municipalities in the county. Medical assistance is available under various Medicaid programs. (This includes medical coverage for families with minor children, pregnant women and the elderly and disabled.) The Board of Social Services provides counseling, emergency housing and utility shut offs for temporary assistance to needy families, as well as limited housing and utility assistance for working poor county residents, information and referral to other service organizations, protective services for vulnerable adults, family day care, and homemaker services as well as outreach services provided to residents of rooming and boarding homes.

Transportation: Not provided to the offices. Clients may be visited at home if required. Medical transportation for Medicaid eligible residents is arranged through Modivcare.

SOMERSET COUNTY CHILD ADVOCACY CENTER

40 North Bridge Street Somerville, NJ 08876

Contact: Melinda Pullis, CAC Manager

Telephone: (908) 575-7601

Fax: (908) 526-0626

Email: cac@co.somerset.nj.us

Hours: 8:30 am – 4:30 pm

Referral Process: A referral of Child Abuse or Neglect can be made to the Department of Children and Families through their 24-hour hotline (1-877-652-2873), to a local police department, or to the Sex Crimes/Child Abuse Unit at the Somerset County Prosecutor's Office.

Services Provided: The Somerset County Child Advocacy Center is a physically and psychologically safe place for a child to be forensically interviewed regarding any concern of abuse or neglect. The Child Advocacy Center also will work with the family to provide referrals for medical, mental health and other community resources. This is to ensure all child victims and their family members have access to the services they need to ensure safety and healing.

Transportation: The Borough of Somerville is centrally located and easily accessible by the residents of the county through major highways such as Route 22, Route 287, and Route 28 and through public transportation. Somerville has a train station located about three blocks from the Child Advocacy Center, as well as a bus line. There is a parking located directly across the street from the building for those who have their own means of transportation.

Fee: No fee applicable

SOMERSET COUNTY FAMILY DIVISION

County Court House 20 North Bridge Street, 2nd Floor Somerville, NJ 08876

Mailing Address:

Court House P.O. Box 3000

Somerville, NJ 08876

Telephone: (908) 332-7700 ext. 13730

Website: www.njcourts.gov

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Once the local police has filed a juvenile complaint, it is reviewed by the Somerset County Prosecutor's Office for authorization then it is screened by the Family Division. The Family Crisis Intervention Unit refers Juvenile/Family Crisis Petitions and Out-of-Home Placement Petitions to the Family Division for screening and referral to Family Court. The Family Court and Family Division have jurisdiction over all juvenile residents of Somerset County.

Services Provided: Somerset County Family Division screens all matters regarding Juvenile Delinquency, Crisis Petitions, Detention, Out-of-Home Placement, Child Placement Review, Abuse/Neglect, Termination of Parental Rights, Custody, Support, Paternity, Dissolution, and Domestic Violence to be considered and referred to the Family Court for further legal action if necessary. The Family Court will, under certain circumstances, remand juveniles to out-of-home placements (correctional and residential placements).

Transportation: None.

SOMERSET COUNTY INTER-AGENCY COORDINATING COUNCIL (CIACC)

27 Warren Street Somerville, NJ 08876

Mailing Address:

P.O. Box 3000

Somerville, NJ 08876

Contact: Kristy Soriano

Telephone: (908) 704-6356

Fax: (908) 253-0180

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Population Served: The CIACC serves Somerset County youth from birth to age 21, who receive behavioral health related services for significant emotional and or behavioral challenges, youth who have intellectual or developmental disabilities (I/DD), or adolescents who use substances.

Services Provided: The Somerset County Children's Inter-Agency Coordinating Council (CIACC) develops and maintains a responsive, accessible, and integrated system of care for children with behavioral health issues, developmental or intellectual disabilities and adolescents with substance use issues through the involvement of parents, youth, and child serving agencies as partners. The CIACC is an advisory body to the Children's System of Care (CSOC) and County government, thus making recommendations on youth and families who are being served by the CSOC system. The CIACC provides a forum where the system of services for children with behavioral health issues, substance use, or who have I/DD, can be developed, reviewed, revised and/or redirected through a collaborative decision-making process with the Children's System of Care (CSOC).

SOMERSET COUNTY INTER-AGENCY COORDINATING COUNCIL (CONTINUED)

Membership of the CIACC represents a majority of child-serving systems, to include behavioral health, child welfare, education, juvenile justice, substance abuse providers, I/DD providers, families, and advocates. Membership also reflects natural family supports of community-based organizations, family members. The activities of the CIACC are: coordinate and integrate planning efforts for youth with State and County planning bodies; review programs developed for children and youth using the protocol developed for this purpose and make appropriate recommendations to the Children's System of Care (CSOC) provide local systems review to raise appropriate issues to the Children's System of Care (CSOC); establish a priority setting process to guide resource and service development through data secured from CSOC partners and provided by other State and County planning groups; review data received by the CSOC system partners to identify resources, service gaps or barriers to report to the State; provide training for school based personnel on a variety of youth centered topics.

Transportation: None.

SOMERSET COUNTY JUVENILE JUSTICE MULTI-DISCIPLINARY TEAM (JJMDT)

Somerset County Youth Services Commission 27 Warren Street Somerville, NJ 08876

Mailing Address:

JJMDT - Somerset County Youth Services

Commission P.O. Box 3000

Somerville, NJ 08876

Telephone: (908) 704-6352

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Referrals can be made by the Somerset County Family Case Management Office, Somerset County Probation Department, Somerset County Juvenile Institutional Services, and the Juvenile Justice Commission to the JJMDT Coordinator. The target population for the JJMDT is Somerset County (1) juveniles referred through the juvenile justice system who have been charged with an offense and are at risk of placement in secure detention at the time of disposition on pending charges which could include violation of probation; (2) Juvenile Justice Commission youth who need aftercare planning, using existing community resources and additional resources as they become available; and (3) juveniles that are currently in secure detention.

SOMERSET COUNTY JUVENILE JUSTICE MULTI-DISCIPLINARY TEAM (JJMDT) (CONTINUED)

Services Provided: The JJMDT consists of representatives from the Somerset County Family Case Management Office, Somerset County Family Crisis Intervention Unit, Somerset County Juvenile Institutional Services, Somerset County Probation Department, Division of Child Protection & Permanency, Home Detention Program, Care Management Organization, Middle Earth, Catholic Charities, and the New Jersey Juvenile Justice Commission. The JJMDT may be expanded to include the youth, family representative(s), and representatives of agencies, including schools, involved with providing services to the youth/family being reviewed. The JJMDT will develop and ensure individualized case plans for adjudicated youth through a coordinated team effort. Plans developed for youth and their families will build on family strengths and community resources.

Transportation: None.

SOMERSET COUNTY PARK COMMISSION ENVIRONMENTAL EDUCATION CENTER

190 Lord Stirling Road Basking Ridge, NJ 07920

Contact: Carrie Springer, Manager

Telephone: (908) 722-1200 ext. 5002

Email: cspringer@scparks.org

Website: www.somersetcountyparks.org

Hours: 9:00 am - 5:00 pm - 7 days a week (Building)

Building is closed Saturdays in the summer.

Trails open Dawn - Dusk 7 days a week.

Services Provided: Open to people all ages from infants to senior citizens. Visit our website for a complete list of programs offered. Naturalist programs include nature walks, children's programs, story hour, crafts, gardening, bird watching, and camps. There are day and overnight excursions for family and friends as well as many special events and exhibits at the Environmental Education Center. Canoeing, kayaking, and cross-country skiing are also available. An interactive exhibit highlighting geographic, historic, and ecological information of the area is open 9am - 4:30pm daily.

Transportation: None.

Fee: Based upon program offered or special event established.

SOMERSET COUNTY PARK COMMISSION JUNIOR GOLF PROGRAM

The Learning Center at Neshanic Station 2303 South Branch Road Branchburg, NJ 08876

Contact: Fred Glass

Mailing Address:

PO Box 5327

North Branch, NJ 08876

Telephone: (908) 369-8232

Email: fglass@scparks.org

Services Provided: Open to boys and girls of Somerset County, ages 8 to 17. Included in the program:

- Golf school (instruction)
- Supervised Golf Leagues
- · Golf Tournaments for Girls and Boys
- Pitch and Putt Leagues and Tournaments
- · Annual Family Golf Outing.

For a program booklet, call Golf Operations, (908) 369-8232.

Transportation: None.

Fee: See Program Booklet.

SOMERSET COUNTY PARK COMMISSION PUTTING COURSE and PADDLE BOATS

Colonial Park 156 Mettlers Road Somerset, NJ 08873

Mailing Address:

P.O. Box 5327

North Branch, NJ 08876

Telephone: (908) 722-1200 ext. 5023

Email: dhealey@sparks.org

Website: www.somersetcountyparks.org

Putting Course Hours:

12:00 pm - 8:00 pm (When weekends only) 10:00am – 9:00pm (When open daily)

Referral Source: Any resident of New Jersey can use the Park's services by coming to the park and paying service fees.

Services Provided: The Putting Course and Paddleboats opens for weekends only in May then daily in late June through Labor Day. The facility is then open weekends only through September.

Transportation: None.

Fee: 1. Putting Course Round:

Under Age 5 - \$2.00

Junior/Senior - \$5.00

Adult - \$8.00

Group Rate (10 person minimum) - \$5.00 per person

2. Paddle Boat Rides:

\$18.76 + tax per half hour

3. Golf/Boat Combinations and 10-visit passes are also available.

SOMERSET COUNTY PARK COMMISSION TENNIS INSTRUCTION (SUMMER PROGRAM

587 Garretson Road Bridgewater, NJ 08807

Telephone: (908) 722-1200 ext. 5021 (Green Knoll)

TDD: (908) 722-6562

Email: dhealey@scparks.org

Website: www.somersetcountyparks.org

Hours: 9:00 am - 10:30 am (Monday - Friday)

Referral Process: Source of referral is usually self-referent. The program serves residents of Somerset County who are ages 7-17, who have little or no instruction to those who have reasonable **ground strokes.**

Services Provided: Beginners, advanced beginners, intermediate, and advanced lessons include drill work, play action drills, challenge court time, and tournaments. Program is held weekly beginning in June and running for 6-8 weeks.

Transportation: None.

Fee: Call for rates.

SOMERSET COUNTY PARK COMMISSION THERAPEUTIC RECREATION

355 Milltown Road North Branch, NJ 08876

Mailing Address:

P.O. Box 5327

North Branch, NJ 08876

Contact: Dina Trunzo, CTRS

Telephone: (908) 526-5650

Fax: (908) 429-5508

TDD: NJ Relay Service @ 711

Email: dtrunzo@scparks.org

Website: www.somersetcountyparks.org

Hours: 8:00 am - 4:30 pm (Monday - Friday) office hours

Programs are conducted in the evening and

occasional weekends.

Referral Process: Schools, parents, social service agencies, and recreation departments are usual sources of referrals. Participants must reside in one of the 16 participating municipalities in Somerset County. Parents/guardians may call the TR office to request being added to the mailing list. An assessment/intake interview by a recreation therapist will be a required part of this process. All participants must complete additional paperwork. Programs are open to individuals with a developmental disability.

SOMERSET COUNTY PARK COMMISSION THERAPEUTIC RECREATION (CONTINUED)

Services Provided: Programs are offered seasonally and may include a variety of social, cultural, artistic, culinary, sports, fitness, community outings, horticulture, and special events. Program offerings also include an adapted horseback riding program (T.R.A.I.L.S.) and overnight trips. Age requirements vary by program. The goal of the TR department is to promote an active leisure lifestyle that improves social, physical, cognitive and emotional functioning, enhances participants' ability, and fosters the acquisition of skills. Inclusion services - The TR staff assists other Park Commission departments and municipal recreation departments with the inclusion of people with disabilities in recreation programs with peers who do not have a disability.

Transportation: Some. Varies with each program.

Fee: Varies by program. Financial assistance available.

SOMERSET COUNTY VICINAGE 13 PROBATION

Superior Courthouse 20 North Bridge Street Somerville, NJ 08876

Mailing Address:

P.O. Box 3000

Somerville, NJ 08876

Telephone: (908) 332-7000 ext. 13760

Fax: (908) 332-7703

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Evening hours by appointment.

Referral Process: Juveniles are placed under the supervision of probation by Superior Court - Family Part. Serves ages 8 - 18.

Services Provided: Enforcement of court orders by case monitoring and supervision of juvenile probationers in the community. This includes community service placement, urine monitoring, field visits, school contacts, written sanctions, and collection of fines and restitution. Makes referrals to the appropriate agencies in order to reintegrate the juvenile into society and to deter further delinquent activity, promoting public safety. Acts as a liaison between court, social service agencies, law enforcement, Juvenile Justice Commission, and the educational system.

Languages Spoken: Bilingual (Spanish) Officers available.

Transportation: Not provided, but public transportation is available.

SOMERSET COUNTY PROSECUTOR'S OFFICE

Office of Victim-Witness Advocacy 40 North Bridge Street PO Box 3000 Somerville, NJ 08876

Contact: Erin Rocchietti, Coordinator

Telephone: (908) 575-3359

Fax: (908) 575-3962

Website: www.scpo.net

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Email: somersetvw@co.somerset.nj.us

Referral Process: Referrals are primarily a result of a criminal investigation, but referrals may also be made directly to the Office of Victim- Witness Advocacy.

Services Provided: Criminal justice orientation, case status notification, court room orientation, court accompaniment, crisis counseling and support services, information on financial entitlements, information regarding victim impact statement and parole input, assistance with property return, case advocacy, referrals to county agencies. Advocacy services available in municipal court to victims of domestic violence.

Languages Spoken: Bilingual Spanish speaking secretary.

Transportation: May be provided to victims when needed for a court appearance.

Fee: None

SOMERSET COUNTY SCHOOL DISTRICTS AFTER SCHOOL PROGRAM

Bedminster Township School District	(908) 234-0768
Bernards Township School District	(908) 204-2600
	Ext. 103
Bound Brook Borough School District	(732) 356-7405
Branchburg Township School District	(908) 725-9497
Bridgewater-Raritan Reg. School District	(908) 231-8661
Franklin Township School District	(908) 873-2400
	Ext. 402/403
Green Brook Township School District	(732) 968-1051
Hillsborough Township School District	(908) 369-0030
Manville Borough School District	(908) 231-8545
Montgomery Township School District	(609) 466-7608
North Plainfield Borough School District	(908) 769-6060
Somerset Hills School District	(908) 204-1930
	Ext. 109
Somerville Borough School District	(908) 218-4101
So. Bound Brook Borough School District	(908) 356-0018
Warren Township School District	(732) 753-5300
Watchung Borough School District	(908) 755-8121

SOMERSET COUNTY SPECIAL CHILD HEALTH SERVICES

Case Management Unit 377 Union Avenue Bridgewater, NJ 08807

Contact: Kristen C. Lakatos, MS, RN

Telephone: (908) 725-2366

Fax: (908) 725-3945

Email: klakatos@cmschs.com

casemanagement@cmsch.com

Website: www.somersetchildrenscenter.org

Hours: 9:00 am - 4:00 pm (Monday – Friday)

Referral Process: Referrals can be made by families, doctors, schools or other agencies.

Services Provided: Special Child Health Services Case Management Unit works with families to help meet the needs of children from birth through 21 years of age who are medically involved or developmentally disabled regardless of financial status.

The Case Manager is either a nurse or a social worker who will work with the family to identify the child's needs and develop an Individual Service Plan based on those needs. The Case Manger will also help to identify sources of assistance, financial and other, and help the family in obtaining the services that are needed. There is no cost to families for Case Management.

Transportation: N/A.

Fee: Free of charge.

SOMERSET COUNTY VETERANS SERVICES

27 Warren Street P.O. Box 3000 Somerville, NJ 08876

Contact: Peter Niemiec, Director

Telephone: (908) 704-6329

Fax: (908) 575-3910

Email: veterans@co.soemrset.nj.us

Website: https://www.co.somerset.nj.us/government/

human-services/veterans-services

Referral Process: Veterans and their dependents can call the agency which serves residents from Somerset County.

Services Provided: Services provided include counsel, information, and referral to county veterans of military service and their families. Assists with the application process for benefits from the Veterans Administration and other federal and state agencies. Orchestrates the issuance of internment memorial markers and grave flags. Maintains a close relationship with county veterans' organizations.

Transportation: For veteran transportation to the New Jersey VA Health Care System call (908) 704-6329.

SOMERSET COUNTY VOCATIONAL AND TECHNICAL HIGH SCHOOL

14 Vogt Drive Bridgewater, NJ 08807

Mailing Address:

P.O. Box 6350

Bridgewater, NJ 08807

Contact: Hector Montes, Principal

Telephone: (908) 526-8900

Fax: (908) 704-0784

Website: www.scvths.org

Hours: 7:45 am - 2:15 pm

Office: 7:30 am - 4:00 p (Monday - Friday)

(school calendar)

Referral Process: Students are referred by their sending high school district. The VoTech serves regular and classified students ages 14 to 20, who reside in Somerset County. Students must meet certain eligibility requirements to be accepted into Votech.

Services Provided: The program provides academic and vocational courses leading to high school diploma and a skill certificate, supportive services including social and adjustment counseling, career counseling and information, and Cooperative Education (CE). Secondary age students who are interested in learning vocational and technical skills benefit most. Students may attend full-time or share time. Share time means they only attend Vo-tech for approximately two hours per day for vocational training while they spend the remainder of their day at their district high school in academic instruction.

Transportation: Provided by sending school district.

Fee: Tuition paid by sending district.

SOMERSET COUNTY YMCA

Website: www.somersetcountyymca.org

Branches:

SOMERSET HILLS BRANCH - MT. AIRY

140 Mount Airy Road Basking Ridge, NJ 07920

Telephone: (908) 766-7898

Hours: 5:00 am - 10:00 pm (Monday - Friday)

6:00 am - 8:00 pm (Saturday) 7:00 am - 6:00 pm (Sunday)

SOMERSET HILLS YMCA - RIVERWALK

665 Martinsville Road Basking Ridge, NJ 07920

Telephone: (908) 766-7898

Hours: 5:00 am - 10:30 pm (Monday - Thursday)

5:00 am - 8:00 pm (Friday) 6:00 am - 6:00 pm (Saturday) 7:00 am - 6:00 pm (Sunday)

BRIDGEWATER YMCA

601 Garretson Road Bridgewater, NJ 08807

Telephone: (908) 526-0688

Hours: 5:00 am - 2:00 pm (Monday - Friday)

6:00 am - 7:00 pm (Saturday) 6:00 am - 6:00 pm (Sunday)

SOMERVILLE YMCA

2 Green Street Somerville, NJ 08876

Telephone: (908) 722-4567

Hours: 5:00 am - 10:00 pm (Monday - Thursday)

6:00 am - 8:00 pm (Saturday) 6:00 am - 6:00 pm (Sunday)

HILLSBOROUGH YMCA

19 East Mountain Road Hillsborough, NJ 08844

Telephone: (908) 369-0490

Hours: 5:00 am - 9:00 pm (Monday - Thursday)

7:00 am - 3:00 pm (Saturday) 7:00 am - 6:00 pm (Sunday)

PLAINFIELD YMCA

950 Park Avenue Plainfield, NJ 07060

Telephone: (908) 766-5770

Hours: 9:00am - 5:00pm (Monday - Friday)

SOMERSET COUNTY YMCA (CONTINUED)

Referral Process: The YMCA serves infants through senior citizens primarily residing in the surrounding area who find the facilities convenient. Other sources of referrals are schools, recreation departments, church groups, and other town and county groups. Financial assistance is available.

Services Provided: The YMCA provides activities for health enhancement, skill development, and family enrichment including day care, summer day camp, after school program, pool, gymnasium, classroom, and outdoor activities for infants through senior citizens. Programs such as Saturdays in Motion provides monthly activities for autistic children and their families. A wide range of programs are designed to address the mind, body and spirit.

Transportation: None.

Fee: Individual programs have a separate fee that varies. Financial assistance is available.

Membership Fee: Per year membership fees apply, please call for each branch's rates.

SOMERSET COUNTY YOUTH SERVICES COMMISSION

27 Warren Street Somerville, NJ 08876

Mailing Address:

P. O. Box 3000

Somerville, NJ 08876

Phone: (908) 704-6331

Fax: (908) 253-0180

Hours: 9:00 am - 5:00 pm (Monday - Friday)

Referral Process: Anyone may call the Commission office to gain information about sanctions and services that serve Somerset County youth and their families. The population served are Somerset County youth ages 5 to 19, who are at risk of or currently involved in the Juvenile Justice System.

Services Provided: The Commission is a legislatively mandated body that plans, implements, monitors, and evaluates the Juvenile Justice service system. It develops and submits triennially, to the Board of County Commissioners and the State Juvenile Justice Commission, a comprehensive plan of sanctions and services for juveniles adjudicated or charged as delinquent and delinquency prevention programs. Its members are appointed by the Board of County Commissioners and are representative of all the systems that impact youth.

SOMERSET COUNTY YOUTH SERVICES COMMISSION (CONTINUED)

The mandated duties and responsibilities are carried out through a committee process. These duties include assessing and prioritizing the needs of delinquent and at-risk youth, coordinating, and integrating services for these youth, determining the distribution of funding for services and monitoring same, coordinating efforts of municipal youth services commissions, the Juvenile Justice Multi-Disciplinary Team, and planning education and training opportunities for Somerset County professionals from all the systems that work with youth. For additional information on the Somerset County Youth Services Commission, or other statewide Youth Services Commissions and events, please visit http://www.njacysca.org/.

Transportation: None.

Fee: None.

SOMERSET PSYCHOLOGICAL GROUP, PA

(SOMERVILLE)

Mailing Address:

134 West End Avenue, First Floor

Somerville, NJ 08876

Contact: Peter DeNigris, PsyD

Telephone: Main number (908) 333-4646

New Patient Line (908) 333-4646 ext 120

Fax: (908) 722-5060

Email: info@somersetpsych.com

Website: www.somersetpsych.com

Hours: Each doctor schedules his or her own appointments, so please contact the doctor directly. If you are a new patient and are unsure of which doctor to see, please leave a voicemail message at extension 120. While each doctor's schedule varies, morning, afternoon, and evening appointments are generally available Monday-Saturday.

Referral Process: Referrals are accepted from individuals, families, schools, physicians, attorneys, clergy, and social service agencies. Please contact via telephone to schedule an appointment.

SOMERSET PSYCHOLOGICAL GROUP, PA (CONTINUED)

Services Provided: Somerset Psychological Group provides a variety of services for the full spectrum of the population, including children, adolescents, and adults. Staff have been specially trained in the assessment and treatment of a vast array of challenges, including anxiety, mood problems, low self-esteem, stress management, work and school difficulties, grief and loss, trauma, sexual difficulties, parenting concerns, and behavioral problems. In addition to individual therapy, staff has been trained in family therapy, couples therapy, and group therapy. We also offer a variety of specialized forensic services, including court testimony, civil and criminal evaluations, evaluations in child abuse cases, and fitness for duty evaluations and IMEs. Some members of our staff are fluent in Spanish.

Transportation: None

Languages Spoken: English, Spanish

Fee: Fees for services fall within the usual, reasonable, and customary charges for mental health providers in central New Jersey. Fees vary depending upon the type of service that is being provided. The practice does not participate in any of the insurance networks, however, with the exception of forensic work, services would be covered by out of network benefits. It is encouraged that client/family speak directly to doctors regarding fees.

SOMERSET TREATMENT SERVICES

118 West End Avenue Somerville, NJ 08876

Contact: Maiysha Ware

Telephone: (908) 722-1232

Fax: (908)429-7523

Email: info@stscares.org

Website: www.stscares.org

Hours: Counseling Center

9:00 am - 8:00 pm (Tuesday - Thursday) 9:00 am - 4:30 pm (Monday and Friday)

Opiate Treatment Program Clinic

6:30 am - 9:30 am (Monday - Friday)

7:00 am - 9:00 am (Saturday)

Referral Process: Voluntary, social services agencies, schools, clergy, the Division of Child Protection and Permanency and the criminal justice system are a few of the common sources of referrals. Clients eligible for services would be those presenting with a drug and/or alcohol problem or HIV related problem. Clients should call the main office number to complete a phone screening and arrange an intake appointment.

SOMERSET TREATMENT SERVICES (CONTINUED)

Services Provided: The program provides outpatient substance use counseling for adolescents and adults, which includes individual, group, and family therapy, as well as Intensive Outpatient Program services. Also available at the agency are drug and alcohol evaluations and laboratory drug screening. Separate, hospital-based medical services are provided to opiate-addicted individuals, utilizing methadone and Buprenorphine/Suboxone. The agency also has HIV-specific substance use counseling which provides various services to Persons Living with AIDS. Case management services and HIV Support Groups are provided to any Somerset or Hunterdon County resident as well. Psychiatric services are available to all clients. Anger Management Services- a 16-week Anger Management Group is available, as needed.

The Agency also has free, Specialized Prevention Services for atrisk families and youth. First is the S-BIRT Program (Screening, Brief Intervention and Referral to Treatment) offering screening and follow-up intervention to high-risk youth. Strengthening Families offers a 10-week course for parents and children aged 5-12, with dinners, separate age-specific groups, and family groups. Naloxone training is offered to anyone in Somerset or Hunterdon counties and includes provision of a Naloxone kit to help prevent opioid overdose deaths.

Transportation: Local train and bus lines run close to the clinic near Somerville.

Fee: Medicaid accepted for all services; Medicare accepted for opioid treatment services. State Fee for Service and county funding also assists clients over the Medicaid threshold. Sliding scale fee available for self-pay clients. Call for current rates.

STREET SMART OUTREACH PROGRAM

Visions and Pathways 16 Fourth Avenue Bridgewater, NJ 08807

Contact: Jennifer Amaya

Mail: Street Smart

P.O. Box 6871

Bridgewater, NJ 08807-0871

Telephone: (973) 644-4666

(908) 307-7829

Fax: (973) 644-4885

Email: jamaya@visionsandpathways.org

Referral Process: Any individual or organization may refer a young person in Somerset County, ages 13 to 24, or a young person may also seek services himself/herself.

Services Provided: Street Smart is a street outreach program to help keep youth, ages 13 to 24, off of the street, prevent exploitation of high-risk youth, and combat human trafficking. Services include food and clothing, job and educational counseling, HIV/AIDS information, and access to a crisis-intervention or transitional living program. Street Smart also provides referrals and advocacy.

Transportation: Transportation can be arranged.

Fee: None.

SUMMIT OAKS HOSPITAL

19 Prospect Street Summit, NJ 07091

Telephone: (800) 753-5223

(908) 522-7071 (Admissions)

Hours: 24 hours a day / 7 days a week

Fax: (908) 522-7077

Website: www.summitoakshospital.com

Hours 24 Hours a day / 7 days a week

Referral Process: Summit Oaks Hospital accepts referrals from Hospitals, Outpatient Providers, Physicians, Psychiatrists, Psychologists, Social Service Agencies, Courts, Police, Military, School Personnel, Parents, Family, Guardians, as well as Self-referrals. Patients are also able to walk-in to our facility for an assessment.

Services Provided:

Inpatient: Summit Oaks Hospital provides Acute Psychiatric and Substance Use treatment for Adults, Adolescents and Children. The Child and Adolescent Program serves ages 5 to 17, who are in crisis and need 24-hour clinical supervision. The Adult Psychiatric Program serves individuals 18+ who are experiencing acute mental health problems and are in crisis. The Drug and Alcohol Detoxification Program serves individuals 18+ who need medically managed detox, followed by evidence-based therapies. The Rehabilitation Program services individuals 18+ who've gone through the Detoxification program and acquire additional skills to manage recovery. The Dual Diagnosis Program serves individuals 18+ who struggle with acute behavioral health issues and substance use.

SUMMIT OAKS HOSPITAL (CONTINUED)

Outpatient: Summit Oaks Hospital provides Adult (18+) **Partial Hospitalization Programs (PHP)** and **Intensive Outpatient Programs (IOP)** for Mental Health, Substance Use and Co-Occurring Disorders.

Languages Spoken: English, Spanish and language line is used for a variety of other languages.

Transportation: Transportation is provided for the Outpatient Programs within a 25-mile radius of the Hospital.

Fee: Most major insurances accepted including, Horizon Blue Cross Blue Shield, Aetna, Cigna, Oxford UBH, Qualcare, TRICARE®, Medicare and Medicaid. Private Pay is also accepted.

TECHNICAL OCCUPATIONAL PREPARATION FOR SUCCESS (TOPS)

Somerset County Vocational and Technical High School 14 Vogt Drive Bridgewater, NJ 08807

Mailing Address:

P.O. Box 6350

Bridgewater, NJ 08807

Contact: Christopher Lemongelli, Supervisor

Telephone: (908) 526-8900 ext. 7269 or 7123

Fax: (908) 203-0391

Hours: 7:45 am - 2:15 pm (Monday - Friday)

during the school year.

Referral Process: Somerset County Youth of high school age are referred to the TOPS Program by counselors or Child Study Team members in their local school districts. Candidates for admission must have an interest in vocational training and a desire to succeed academically. Students eligible for the TOPS Program are at risk of failing their regular high school program. A parent or guardian must give written consent.

Services Provided: TOPS serves as a surrogate high school program for students with ability who are not successful in their regular schools. It is an enrichment program with an individual emphasis supported by individualized plans for each student with the ability to receive full high school credit for all schoolwork completed. Students select vocational training from a variety of CTE programs available. Intensive academic classes include special projects, community service activities, demonstrations, outside speakers, and field trips all of which are designed to enrich the traditional education process, allowing students the opportunity to learn and succeed in an innovative and unconventional program.

TECHNICAL OCCUPATIONAL PREPARATION FOR SUCCESS (TOPS) (CONTINUED)

Academic and personal counseling are also provided. The goal is to steer capable students back on the right track to graduation, a career, and success as an individual and a member of their community. At the end of the school year, each student is given the opportunity to remain in the TOPS program, or return to their sending district.

Students are also given assistance for continuing their education and/or finding employment.

Transportation: When needed, it is provided by the student's home district.

Fee: None for students. Subsidized by sending school district.

TRI-COUNTY CARE MANAGEMENT ORGANIZATION (CMO)

(SOMERSET, HUNTERDON, WARREN)

Locations: 3040 Route 22 West, Suite 210

Branchburg, NJ 08876

315 West Washington Avenue, Suite 1

Washington, NJ 07882

Contact: Community Engagement Coordinator

Telephone: (908) 526-3900

Information: Info Line (90) 526-3900 Option 8

Fax: (908) 526-5278 (Branchburg)

(908) 223-1631 (Washington)

Email: info@tricountycmo.org

Website: www.tricountycmo.org

Tri County Resource Net:

www.tricountyresourcenet.org

Social Media: https://linktr.ee/tricountycmo

Hours: 9:00 am - 4:30 pm (Monday - Friday)

On-call care manager available 24/7

(for emergencies to enrolled children and

families only)

Referral Process: All referrals are received from the Contracted System Administrator (PerformCare) for the NJ Children's System of Care. Parents, family members, school staff, mental health providers and other professionals helping children and families can contact PerformCare (877-652-7624) on behalf of a youth in need of a referral. Note: the parent or legal guardian of the child must give consent for services. PerformCare will then compile clinical information on the child to assess CMO level of care.

TRI-COUNTY CARE MANAGEMENT ORGANIZATION (CMO) (CONTINUED)

Services Provided: Under contract with the NJ Children's System of Care, Tri County CMO provides intensive care coordination of wraparound services for children aged 5–21 who demonstrate complex behavioral, developmental or addiction challenges.

Each child is evaluated using the statewide Strengths and Needs Assessment and participates in a Child and Family Team Meeting to determine the Family Vision, Strengths, Needs, Strategies, and Services/Informal Supports necessary to achieve and maintain stability. Care Managers ensure that services are coordinated across system partners (e.g., DCP&P, MRSS, FSO, Probation Probation, etc.).

Transportation: Some transportation is provided directly to enrolled children and families, as well as linkage with sustainable public transportation or Medicaid transport as applicable.

Fee: None.

TWILIGHT PROGRAM, THE

Somerset County Vocational and Technical High School 14 Vogt Drive Bridgewater, NJ 08807

Mailing Address:

P.O. Box 6350

Bridgewater, NJ 08807

Contact: Maria Johnson, Director of Special Services

Elaine Howe, School Based Directory

Telephone: (908) 526-8900 ext. 7155 or 7286

Hours: 8:00 am - 1:00 pm (Monday - Thursday)

(15 days summer session)

Referral Process: Those eligible to participate must be between the ages of 14 and 18 and are students in Somerset County public schools. Upon referral, applicants are screened by a member of the Twilight staff.

Services Provided: The Twilight Program is a vocational and academic skills training program for youth throughout Somerset County who are between the ages of 14 and 18, who require extra attention and direction. The mission of the program is to prepare youth for the future by providing them with the skills, attitudes, and support needed to participate effectively in the labor market and/or to continue their education. Vocational training and basic skills instruction, no cost to the student, is provided and transportation when available.

Transportation: Transportation is available from certain parts of the county depending on need, and should be discussed when applying.

Fee: None for Somerset County residents.

UMDNJ - NEW JERSEY'S UNIVERSITY OF HEALTH SCIENCES/UNIVERSITY BEHAVIORAL HEALTHCARE AT PISCATAWAY

667 Hoes Lane Piscataway, NJ 08855

Telephone: (800) 969-5300

Hours: 24 hours a day / 7 days a week

Referral Process: Agencies, families, and professionals may call the UMDNJ/CMHC main number for assistance in contacting any programs listed below.

Services Provided: UBHC offers a wide range of services for youth under age 18. Specific programs include therapeutic day schools for children ages 3 to 18, inpatient and day hospital services for both children and adolescents, specialized services for youth with problems with addiction, outpatient services including individual, group and family therapy, crisis services, school based mental health services, and in home and community-based intervention and prevention programs.

Transportation: Varies with program. School districts provide transportation to therapeutic day schools, and agency provides transportation to some partial hospital programs.

Fee: Sliding scale, based on ability to pay. Accepts a broad range of insurance coverage, including HMO, Medicaid, and Medicare. School districts support some programming. Call for specific information.

UNITED FAMILY AND CHILDREN'S SOCIETY

305 West Seventh Street Plainfield, NJ 07060-1511

Contact: Intake Staff

Telephone: (908) 755-4848

Fax: (908) 360-4998

Email: info@unitedfamily.org

Website: www.unitedfamily.org

Hours: 9:00 am - 5:00 pm (Monday, Thursday & Friday)

9:00 am - 9:00 pm (Tuesday & Wednesday)

9:00 am - 2:00 pm (Saturday)

Referral Process: For a counseling appointment or information, please call the agency. Usual sources of referrals include schools, clergy, community agencies, local crisis services, hospitals, physicians, DCP&P, United Way, 2-1-1, Youth Services Commissions, municipal courts, and former clients.

Services Provided: United Family and Children's Society provides high-quality, licensed, professional, and affordable counseling and adoption services. United Family serves Somerset, Middlesex, and Union Counties along with various other communities around the State of New Jersey. Individual, family & couple therapy in office and via Telehealth for children, adolescents, and adults, play therapy, and anger management services are available. Problem areas include anxiety, stress depression, parenting concerns, ADHD, separation and divorce, bereavement and loss, child abuse/neglect, sexual abuse, foster care issues, family conflict, domestic violence, and adjustment to illness. Counseling and anger management services are available in Spanish and English. Medication services are not offered.

UNITED FAMILY AND CHILDREN'S SOCIETY (CONTINUED)

Adoption services include home studies and post-adoption supervision for prospective couples in Central New Jersey. Contact Jeanne Polasky, LCSW, the Director of Adoption.

United Family and Children's Society is a NJ licensed outpatient mental health facility and a NJ licensed adoption agency. UFCS is certified bv the United Way of Greater Union County. United Family is a non-profit 501(c)(3) organization.

Transportation: Public transportation is easily accessible.

Fee: NJ Medicaid is accepted and a limited sliding scale fee based on family income is available for counseling services. The Anger Management Program is a pre-paid fee service not under Medicaid.

UNITED WAY OF NORTHERN NEW JERSEY VOLUNTEER CENTER

United Way of Northern New Jersey 55 North Gaston Avenue Somerville, NJ 08876

Mailing Address:

P.O. Box 6835

Bridgewater, NJ 08807

Contact: Lisa Galonardo

Telephone: (908) 253-6503

Email: Lisa.Galonardo@unitedwaynnj.org

Hours: 8:30 am - 4:30 pm (Monday - Friday)

Referral Process: Usually self-referral. Information is available at http://unitedwaynnj.galaxydigital.com/, posted in local newspapers or may be obtained by calling (908) 253-6503 for current youth volunteer opportunities.

Services Provided: In addition to maintaining a listing of current youth volunteer opportunities, United Way of Northern New Jersey sponsors special youth events and projects: Day of Action in June, Tools for School in August, Gift of Warmth, a winter coat drive designed for school and youth group participation, occurs in November and December, Gifts of the Season, a holiday gift drive and program in December and Martin Luther King Day of Service in January. United Way of Northern New Jersey also sponsors a Varsity Letter in Volunteer Service program, which is open to high school students whose high school is willing to participate in this program. Finally, the United Way's Volunteer Center can help direct a school or youth group to appropriate community volunteer opportunities – call or e-mail Lisa.Galonardo@unitedwaynnj.org for more information.

Transportation: None.

Fee: None.

VOCATIONAL REHABILITATION & EMPLOYMENT SERVICES

VETERANS ADMINISTRATION REGIONAL OFFICE

20 Washington Place Newark, NJ 07102-3174

Telephone: (800) 827-1000 General Information

(973) 297-3200

Fax: (973) 297-3210

Website: www.vba.va.gov

Referral Process: Must be 20% or more service-connected disabled veteran. Benefit good for 12 years after service.

Services Provided: Vocational Rehabilitation and Employment Service provides vocational-educational counseling to veterans and certain dependents. Eligibility for this service is based on having eligibility for a VA Education program such as: Chapter 30 (Montgomery Gl Bill); Chapter 32 (Veterans Education Assistance Program - VEAP); Chapter 35 (Dependents Education Assistance Program) for certain spouses and dependent children; Chapter 18 (Spina Bifida Program) for certain dependent children; Chapter 1606 (Reservists Education Program); Public Law 102-16 (for Transitioning Service members).

VOCATIONAL REHABILITATION & EMPLOYEMENT SERVICES (CONTINUED)

VR&E can provide a wide range of vocational and educational counseling services to service members still on active duty, as well as veterans and dependents who are eligible for one of VA's educational benefit programs. These services are designed to help an individual choose a vocational direction and determine the course needed to achieve the chosen goal.

Assistance may include interest and aptitude testing; occupational exploration; setting occupational goals; locating the right type of training program and exploring educational or training facilities which might be utilized to achieve an occupational goal.

Transportation: None.

Fee: Counseling services are provided to eligible persons at no charge.

WHITNEY HOUSE TRANSITIONAL LIVING PROGRAM

Visions and Pathways 2 Whitney Court Bridgewater, NJ 08807

Contact: Steve Neblett, Director of Residential Services

Mailing Address:

Whitney House P.O. Box 6871

Bridgewater, NJ 09907-0871

Telephone: (908) 526-6605 ext. 301 (Steve Neblett)

Fax: (908) 526-6999 or (908) 526-4433

Website: sneblett@visionsandpathways.org

Referral Process: Any youth-serving agency throughout New Jersey can make a referral and may contact the program director to discuss the admission process. Self-referrals are also considered. Whitney House serves five (5) young women ages 18 to 21.

Services Provided: Whitney House is a residential transitional living program for five (5) females, ages 18 to 21, providing the skills needed to live independently. While in residence, they are required to attend school, work part-time, manage their finances, and participate in the Pathways independent living program to learn the skills necessary to make the transition to adulthood. After a stay of 18 months, graduates continue to receive services to enable them to lead productive lives.

Language Spoken: English and Spanish.

Transportation: Limited transportation provided.

Fee: Paid by Department of Children and Families, and

Chafee funding.

ZUFALL HEALTH CENTER

PRIMARY MEDICAL CARE FOR BABIES, CHILDREN, ADOLESCENTS, AND ADULTS

71 Fourth Street Somerville, NJ 08876

Telephone: (908) 526-2335 ext. 124 (office)

(908) 526-7444 (24-hour confidential hotline)

Fax: (908) 725-7274

Email: info@zufallhealth.org

Hours: 7:30 am – 5:00 pm - Office (Monday – Thursday)

7:30 am – 4:00 pm (Friday)

Open most Saturdays (call beforehand)

Services Provided: Services provided include: a confidential 24-hour hotline; Individual, trauma-informed counseling services provided by licensed mental health professionals with special training in trauma and sexual assault for all survivors (ages 13 and over) of sexual violence and their loved ones; police and hospital accompaniment/advocacy; community education to professionals and schools; professional trainings; volunteer trainings for new CSVAs, and information and referrals.

Fee: NJ Family Care, Medicaid, and most private medical insurances. Sliding scale for anyone uninsured.

REQUEST FOR UPDATED INFORMATION

In an effort to keep the updating process ongoing, please contact our office with any changes or additions to your Agency's Information page.

Please direct information to:

Somerset County Office of Youth Services

P. O. Box 3000 Somerville, NJ 08876

Phone: (908) 704-6333 **Fax:** (908) 253-0180

Email: youth@co.somerset.nj.us

Thank you.

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