

### Recovery Friendly Workplace, an integral part of a Recovery Friendly Community

**RFW Workshop**  
July 27, 2023





**Part C**  
Recovery Friendly Communities



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**PREVENTION & EARLY ACTION**

- Parenting for Healthy Adolescents
- Proper Safeguarding of Medications
- Understanding Addiction and Drugs
- Vaping: All you Need to Know
- Youth Leadership Council- Social Change Campaign

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### Somerset County Peer Outreach







- Peer Recovery Center
- Peer Recovery Pop-Up Events
- Telephone / Virtual Recovery Support
- Bilingual Peer Services
- Awareness / Recognition Events
- Trainings & Workshops
- Harm Reduction Initiatives



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#### POWERLESS

**ONLINE NARCAN TRAINING AND KIT**

LEARN HOW TO IDENTIFY AND OVERDOSE WITH NARCAN TRAINING

**YOU COULD SAVE A LIFE**

**WHY ATTEND?**

- Will save the life of an overdose
- How to use if someone is overdosing
- Naloxone Basics
- Tips to prevent an overdose
- Receive a FREE Naloxone kit

**UPCOMING DATES:**  
MAY 25 @ 1PM  
AUGUST 24 @ 11AM  
NOVEMBER 7 @ 1PM

**COMPLETE THE ONLINE TRAINING AND WE'LL SEND YOU A KIT!**

#### XYLAZINE IS BEING MIXED WITH FENTANYL

XYLAZINE, a non-opioid sedative/ tranquilizer not approved for human use, it has been linked to an increasing number of overdose deaths nationwide and other untimely death in combination with other drugs, particularly benzodiazepines.

**EFFECTS**

- ☐ Pain Control
- ☐ Sedation
- ☐ Hard to Move
- ☐ Feeling Relaxed

**THE MORE YOU USE THE STRONGER IT IS**

- ☐ Lower Body Temperature
- ☐ Slower Breathing
- ☐ Low Blood Pressure/ Bloodless

**TIPS ON XYLAZINE**

Just how you show it looks in the body but looks as black can look as your high may last longer. Try not to use mixed with any other drugs if you have experience.

Use naloxone (Narcan) & call for help. Naloxone is used to reverse overdose but not to prevent it. If someone is overdosing, call 911 and use naloxone to save their life.

Check your dose. Please use the naloxone only on those who are overdosing on opioids. Do not use on anyone who is not overdosing.

#### Mental Health First Aid

May 16, 2023  
9:00 - 4:30

Barnards Township Library  
22 S. Main Ave, Basking Ridge

Register for FREE  
https://www.barnardsnj.gov/

Mental Health First Aid teaches adults how to identify, understand and respond to signs of mental health and substance use challenges among adults 18+.

Over 130 people die by suicide every day in the U.S.	Over 841,000 people live with a mental health condition in the U.S.	1 in 5 people in the U.S. have a mental health condition.	MENTAL HEALTH FIRST AID is a national program that teaches people how to help someone who is experiencing a mental health or substance use crisis.
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**REQUIREMENTS:** Participants must be at least 18 years old and have a valid photo ID.

**QUESTIONS?** Contact the Barnards Township Library at 908.527.1234 or email: info@barnardsnj.gov

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## LGBTQ+

### THE mosaic group of ALCOHOLICS ANONYMOUS

monday 6:30 nights

at Community in Connection  
9 Church Street  
Bernardsville NJ

rotating topic:

- speaker
- LGBTQ Grapevine
- step
- promise



### FAMILY CONNECTIONS SUPPORT GROUP

Need one struggling with substance use? It's hard to know what to do or say, so we hold the rest of the family together AND not fall apart ourselves!

What's the difference between being supportive and being enabling?

Why don't my loved ones seek treatment? When do I even start?

What are some treatment options? When do I even start?

Join us as we tackle some difficult questions, explore coping skills and find ways to support one another. We welcome all and hold confidentiality as a top priority.

WHEN: Second and fourth Tuesdays of the month, 7:00 - 8:00pm, April 11, April 25, May 9, May 23, June 6 and June 27.

WHERE: Community Hub, 9 Church St, Bernardsville NJ 07924 or via Zoom (info below)

For additional information contact [ken@communityinconnection.org](mailto:ken@communityinconnection.org)

SCAN HERE TO JOIN THE ZOOM MEETING

COMMUNITYINCRISIS.ORG



### SMART Recovery®

#### STOP USING AND START LIVING!

WEDNESDAYS 6:00 - 7:00PM. OFFERED IN TWO DIFFERENT FORMATS AT THE SAME TIME!

#### IN PERSON

For a full in-person experience we will meet at 9 Church Street, Bernardsville

#### ATTEND IN PERSON OR ONLINE

No matter what your addictive behavior recovery can help. Our peer-led group has been offering free support groups ONLINE (only) helping people learn self-empowerment and providing support for each other.

#### ONLINE

For a full virtual experience access us on Zoom <https://zoom.us/j/379612726>

The goal of SMART Recovery is for you to meet, practice and balance. Meeting can conquer new challenges when you confront your addictive behavior in real time.

For more information contact [ken@communityinconnection.org](mailto:ken@communityinconnection.org) or 973-346-1111

Community in Connection is a 501(c)(3) non-profit organization. Our mission is to provide recovery support and resources to individuals and families affected by substance use. We will adjust in-person safety protocols as needed.

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#### BIRDING IN OUR "BACKYARD"



Join us for a fun and educational birding experience in our backyard. We'll have expert guides and a variety of birds to identify. Free admission.

NEW DATE: May 20th @ 10am

For more information contact [ken@communityinconnection.org](mailto:ken@communityinconnection.org)

#### Join us for a Canines for Recovery Meeting



Bring your pup to the Community in Connection meeting. We'll have a special treat for your furry friend. Free admission.

NEW DATE: May 20th @ 10am

For more information contact [ken@communityinconnection.org](mailto:ken@communityinconnection.org)

#### ADVENTURE IN Recovery Weekend



Join us for a weekend of recovery activities. We'll have a variety of fun and educational activities. Free admission.

June 2-4, 2023

For more information contact [ken@communityinconnection.org](mailto:ken@communityinconnection.org)

#### SUPER AWESOME FUNTIME KARAOKE WITH A SIDE OF 90'S TRIVIA



Get ready to travel back to the 90's. We'll have a variety of fun and educational activities. Free admission.

FRIDAY, MAY 27, 7:00PM

For more information contact [ken@communityinconnection.org](mailto:ken@communityinconnection.org)

## Peer Recovery Activities & Events

### Community in Connection

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### Recovery Resources for Faith Leaders

- Congregations in Conversation – Newsletter
- Faith Leaders Forum – Quarterly Meetings
- Faith Based Recovery Initiatives
- Recovery Recognition / Awareness Events





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### Recovery Friendly Government

- Somerset County Services
- Municipal Alliance
- Recovery Court
- Operation Helping Hand
- Police / Fire Dept – EMS
- Schools



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Community In Connection

Q & A

RFW Workshop / July 27, 2023



The slide features a header with the 'Community In Connection' logo on the left and 'Q & A' in the center. Below the header, the title 'RFW Workshop / July 27, 2023' is centered. The main content area contains two logos: on the left, the 'NJ Recovery Friendly Workplace Somerset County' logo, which includes a stylized map of New Jersey and the text 'NJ RECOVERY FRIENDLY WORKPLACE SOMERSET COUNTY'; on the right, the 'Human Services Academy' logo, which is a circular emblem with colorful human figures and the text 'HUMAN SERVICES ACADEMY'.