



**THERAPY GROUP FOR TEENS
AGES 13-17**

STRESS LESS

**MONDAYS FROM 6:30-8PM
October 16-December 4, 2023**

**FREE * IN PERSON (SOMERVILLE)
SAFE SPACE * SMALL GROUP
REGISTRATION REQUIRED
LED BY LICENSED MENTAL HEALTH CLINICIAN**

**Find Out More & Sign Up
KATEG@JEWISHFAMILYSVC.ORG
908.725.7799X107
WWW.JEWISHFAMILYSVC.ORG**

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