

# Conversation of Your Life and Medical Aid in Dying (M.A.I.D.)

## NJ LAW AND PROCESS – A FAMILY STORY



Everyone should have “The Talk”, or the “Conversation of your Life”, also known as Advanced Care Planning. Advanced Care Planning consists of sharing preferences of your end-of-life care with your loved ones and your doctors. It’s not enough to be able to say, “they know what I want when that time happens”, it needs to be written down so in case you’re unable to speak for yourself, the healthcare treatment you receive is consistent with what you want. By having these emotionally taxing decisions made clear so that your hopes, wishes, and expectations can be met, you will have peace of mind. The hidden gift is also that your loved ones will know they have made sure that they honored your wishes and guaranteed that your voice was heard, thus ensuring their own future peace of mind.

This workshop will close with a presentation on New Jersey’s Medical Aid in Dying Law (M.A.I.D.) and how it works, including a personal story regarding a family member’s decision to utilize it to end their own life.

Registration Required  
<https://bit.ly/46hnp61>

**Tuesday**  
**November 21, 2023**  
**1:30 pm – 3:00 pm**  
*In-person Only*

#### PRESENTERS

**Christopher Kellogg, MSW, LSW**  
*Aging Life Care Professional® and COO  
of NightingaleNJ, LLC*

**Michael J. Frost, LCSW, ACSW**  
*Director, Somerset County Department  
of Human Services*

**1.5 General NJ Social Work  
Practice CEUs**

For more information, contact  
[humanservices@co.somerset.nj.us](mailto:humanservices@co.somerset.nj.us)  
or call: (908) 704-6300