



Community  
in Crisis

# RISE

RESILIENCE - INSIGHT  
SUPPORT - EMPOWERMENT

A group where students can connect with their peers and together learn new skills that will help them manage the daily stress and anxiety that comes with being a teen.



Grades 6-8



9 Church Street  
Bernardsville, NJ



To Register

**2ND & 4TH  
TUESDAYS  
6PM - 7PM**

Questions?

[svisser@communityincrisis.org](mailto:svisser@communityincrisis.org)

