Somerset County Residents Human Services Resource Guide



Compiled by the Somerset County Department of Human Services and Leadership Somerset Class of 2023



····FOREWARD·····

This document was assembled in the fall of 2023 as a volunteer project undertaken by the Leadership Somerset class of 2023. This project aimed to provide a single location for various social services offered by Somerset County and related service agencies, including contact information and documents or other items required to participate in or participate in these services.

To the knowledge of the Leadership Somerset class of 2023, the information contained in this document is current as of September 1, 2023. It is expected that agencies referenced herein will evolve and change their requirements, contact information, etc.; therefore, neither Somerset County, Leadership Somerset, nor any agency, group, or individual who distributes this document assumes responsibility for the accuracy or completeness of any of the information contained herein.

Leadership Somerset Class of 2023



https://www.co.somerset.nj.us/residents/communityleadership-programs/adult-program/about-leadershipsomerset

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..... ELIGIBILITY & DOCUMENTATION

Some of the following resources require applicants to meet certain eligibility requirements. To help streamline services, Leadership Somerset has put together the following guideline document to help community members better understand what documentation is needed for food support, utility assistance, childcare financial assistance, and health. As a reminder, this document is only current as of September 1, 2023.

Leadership Somerset Class of 2023

FOOD SUPPORT ELIGIBILITY & DOCUMENTATION

SNAP

The Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps, helps low-income people buy nutritious food.

| Household Size | Max. Allowable Income |
|------------------------|-----------------------|
| 1 | \$2,248 |
| 2 | \$3,041 |
| 3 | \$3,833 |
| 4 | \$4,625 |
| 5 | \$5,418 |
| 6 | \$6,210 |
| 7 | \$7,003 |
| 8 | \$7,795 |
| Each Additional Member | + \$793 |

Eligibility - Households Valid October 2023 - September 2024

A SNAP household is anyone who lives and eat's together. The household must meet certain requirements to be eligible for SNAP and receive benefits. Households that include a senior (aged 60 and older) or people with a disability may be eligible even if their gross income exceeds the amounts in the chart above.

Gross Monthly Income Eligibility Standard (185% of FPL)

Eligibility - Seniors and People with Disabilities

SNAP applicants aged 60 or older and those with a disability but who are not 60:

- ·No work requirement
- Remain eligible for 24 months before needing to recertify
- ·Higher resource limits
- ·Resources may be counted
- ·Medical expenses over \$35 per month deducted from income
- Automatically eligible for other utility benefit programs including Low Income Home Energy Assistance Program (LIHEAP) and Universal Service Fund (USF)

FOOD SUPPORT ELIGIBILITY & DOCUMENTATION

SNAP continued.

Eligibility - College Students

Students aged 18 to 49, enrolled at least half-time in a college, university, community college, or business, technical, trade, or vocational school that requires a high school diploma may be eligible for food assistance through (SNAP). In addition to income eligibility factors, students also must fit at least ONE of the following requirements:

- ·Be enrolled in an approved <u>Career and Technical Education Program</u> at a New Jersey community college;
- ·Be employed at least 20 hours per week AND paid for such work;
- Be participating in a federal work study program during the school year;
- ·Be participating in an on-the-job training program;
- ·Be responsible for the care of a member of your household who is a dependent under the age of six-years-old;
- ·Be a single parent enrolled full-time AND responsible for a dependent under the age of 12 years-old;
- ·Be unable to work due to a physical or mental disability; or
- Be receiving Work First New Jersey (WFNJ) Temporary Assistance for Needy Families (TANF) benefits (cash assistance).

To Apply

If you are ready to apply for SNAP, you can submit an application online by clicking "Get Started" under the "Apply" header in the bottom right-hand corner of www.NJHelps.gov. The online application can take 20-45 minutes to complete.



UTILITY ASSISTANCE ELIGIBILITY & **DOCUMENTATION**

Low-Income Home Energy Assistance Program (LIHEAP)

LIHEAP is designed to help low-income families and individuals meet home heating and medically necessary cooling costs. This year, the application period is October 1, 2023, to June 30, 2024.

Eligibility

The applicant household must be responsible for home heating or cooling costs, either directly or included in the rent, and have gross income at or below 60% of the State Median Income. The chart below gives specific monthly gross income maximums for FFY 2024. People living in public housing and/or receiving rental assistance are not eligible for assistance unless they pay for their own heating costs directly to the fuel supplier.

FY 2024 USFHEA Income Limit

| Household # | Monthly | | | Annual | |
|----------------|---------|--------|----|---------|--|
| 1 | \$ | 3,676 | \$ | 44,111 | |
| 2 | \$ | 4,807 | \$ | 57,684 | |
| 3 | \$ | 5,938 | \$ | 71,257 | |
| 4 | \$ | 7,069 | \$ | 84,830 | |
| 5 | \$ | 8,200 | \$ | 98,402 | |
| 6 | \$ | 9,331 | \$ | 111,975 | |
| 7 | \$ | 9,543 | \$ | 114,520 | |
| 8 | \$ | 9,755 | \$ | 117,065 | |
| 9 | \$ | 9,968 | \$ | 119,610 | |
| 10 | s | 10,180 | \$ | 122,155 | |
| 11 | s | 10,392 | \$ | 124,700 | |
| 12 | S | 10,604 | s | 127,245 | |

Any additional member after 12: for HEA add \$213 a month; for USF \$213



Documentation

- Proof of Identification (Social Security cards for all household members and birth certificates for those under 12 months of age: custody papers for minors not living with parents; documentation for all foster children in the
- Proof of income for every household member who is 18 years of age or
- Proof of U.S. Citizenship or Legal Residency Status (provide one of the following: social security card: copy of Medicaid/Medicare card: documentation from the U.S. Department of Citizenship and Immigration Services; or USCIS Temporary Work Permit)
- · Copy of most recent utility bill
- · Copy of tax bill, mortgage, or rental lease (if you are in public housing, bring your Housing Authority proof of residence letter or lease agreement)

To Apply

To apply for LIHEAP, you can apply online at <u>www.energyassistance.nj.gov</u> or contact an authorized local community action agency, community-based organization, or outreach agency in your county for assistance. For persons aged 60 or over or disabled, applications may be received and returned by mail or request for a home visit from the outreach agency in their county of residence. Other households may apply by mail at the discretion of the local agency.

CHILD CARE FINANCIAL ASSISTANCE ELIGIBILITY & DOCUMENTATION

The New Jersey Child Care Assistance Program

The New Jersey Child Care Assistance Program helps income-eligible parents working, in school, or in job training to pay for child care.

<u>Eligibility - Applicant(s)/Parents</u>

- Must be a New Jersey resident;
- Must meet income requirements and not have assets that exceed \$1 million; and
- Must be working full-time (30 hours or more a week), attending school full-time (12 credits or more), or in job training (at least 20 hours a week).

Eligibility - Child

- Up to the age of 13, or less than age 19, if under the NJ Division of Child Protection and Permanency's protective supervision or mentally or physically incapable of self-care;
- Must be a US Citizen or qualified non-citizen; and
- Must reside with parent(s), or individual(s) acting as parent(s) (in loco parents).

Child Care Assistance Program Eligibility Calculator: https://www.childcarenj.gov/Calculator

Documentation

- · Proof of income
- Proof of training/school hours
- Proof of household size



To Apply

Complete, sign, and submit an application with the required documents to the <u>Child Care Resource and Referral (CCR&R)</u> agency in your county.

HEALTHCARE ELIGIBILITY & DOCUMENTATION

NJ FamilyCare program

The NJ FamilyCare program began as Medicaid in the 1960s for very low-income people and grew incrementally to include various age/eligibility categories and rules.

1-800-701-0710

No

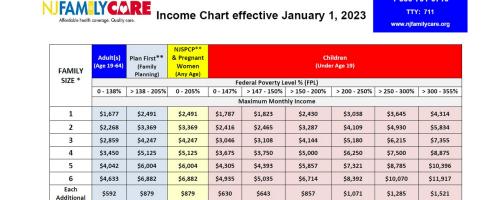
premium

\$5 - \$35

No

premium

\$5 - \$35



No

premium

No

premium

\$5 - \$10

No

premium

\$5 - \$35

No

premium

No copay

No

premium

New Income and Household Size Calculations

No

premium

Monthly

Premium

No

premium

Financial eligibility for individuals seeking eligibility for NJ FamilyCare will be based on their Modified Adjusted Gross Income or MAGI. This means the income and household size will be determined by their latest federal tax return, which when filed, can be electronically verified. The tax-based household size provides a simplified income calculation.

^{*} The size of your family may be determined by the total number of parent(s) or caretaker(s), and all blood-related children under the age of 21 who are tax dependent, as well as any other tax dependent residing in the home.

^{**} Plan First and NJSPCP do not meet the minimum essential health care coverage requirement.

HEALTHCARE ELIGIBILITY & DOCUMENTATION

NJ FamilyCare program continued.

Eligibility

NJ FamilyCare includes New Jersey residents; all are eligible to apply. Financial eligibility will be determined by the latest federal tax return, which, when filed, will be electronically verified.

Children under 19 are eligible with higher incomes up to 355% of the Federal Poverty Level (FPL) (\$8,875/month for a family of four). Parents still need to renew the coverage each year. Children can qualify regardless of their immigration status.

Adults aged 19-64 with income up to 138% FPL (\$1,677/month for a single person and \$2,268/month for a couple).

In general, immigrant adults must have Legal Permanent Resident status in the US for at least five years to qualify for NJ FamilyCare.

- Some immigrant adults can qualify if they are lawfully present, regardless of when they entered the US. Examples are refugees and asylees, and there are others.
- Immigrants aged 19 and 20 who are lawfully present and have very low incomes (\$509/month for a single person and \$805/month for a family of 2) can also qualify.

Pregnant people with income up to 205% FPL (\$5,125/month for a family of four). Pregnant people who are lawfully present can qualify regardless of the date that they entered the US.

To apply

The fastest way to apply is online at: www.njfamilycare.org/apply.aspx.



FINANCIAL ASSISTANCE

Work First New Jersey (WFNJ)

New Jersey's public assistance program is called Work First New Jersey (WFNJ). The program for families is Temporary Assistance for Needy Families (TANF). The program for single adults and couples without children is known as General Assistance (GA).

The state's welfare reform program, WorkFirst NJ, aims to help people get off welfare, secure employment, and become self-sufficient through job training, education, and work activities.WFNJ provides temporary cash assistance and many other support services to families through the Temporary Assistance for Needy Families (TANF) program.

Services under WFNJ are limited to five years. After that, clients may be eligible for the <u>Supportive Assistance to Individuals and Families (SAIF) program.</u>

Eligibility

- To be eligible for New Jersey Work First, you must be a resident of New Jersey and a U.S. citizen, legal alien, or qualified alien.
- You must be unemployed or underemployed and have low or very low income.
- You must also be one of the following:
 - Have a child 18 years of age or younger, or
 - Be pregnant or
 - Be 18 years of age or younger and the head of your household.

To Apply

Visit: www.NJhelps.gov

This site will help you see if you are eligible for food assistance (SNAP), cash assistance (WFNJ/TANF or WFNJ/GA), and health insurance (NJ FamilyCare/Medicaid). From there, you can apply for services or learn about additional resources.

Somerset County Residents Services

Substance Misuse & Halfway House

Freedom House New Jersey

Through recovery-oriented services, Freedom House empowers individuals with substance use and co-occurring disorders to live a healthy and independent lifestyle.

Call 908-537-6043 for more information about our outpatient services, residential treatment, and recovery programs at Freedom House, or fill out our contact form.

Contact Information

Website: Freedom House

Address: 2004 State Route 31, Suite 9, Clinton, NJ 08809

Phone: 908-617-5492

Email: contactus@freedomhousenj.org



Turning Point (Anderson House Program for Women)

rurning Point is a non-profit treatment program focused on helping you or your loved one overcome substance use.

Contact Information

Website: <u>Turning Point</u>

Address: 532 County Rd 523 Whitehouse Station, NJ 08889

Phone: 908-534-5818

ReachNJ

ReachNJ is a central call-in-line for New Jersey residents who are looking for help to overcome a substance use disorder. Each call to ReachNJ is answered by a trained specialist 24/7 who will refer the caller to a local treatment provider or other supportive services. ReachNJ connects callers to help regardless of their insurance or ability to pay.

Contact Information

Treatment and support services are available even if you do not have insurance Website: REACHNJ

Phone: 1-844-732-2465



The Center for Great Expectations

CGE serves over 1000 women, men, and children annually. Many of these individuals are homeless or economically marginalized, pregnant or parenting, or living with mental health or substance use disorders. In our continued growth and development, we have remained steadfast in our commitment to providing dignified and comprehensive care to break the generational cycle of abuse, homelessness, and substance use.

Adolescent Residential

19A Dellwood Lane Somerset, NJ 08873 Leigh Rasmussen, Program Manager (732) 247-7003 x350 Adult Residential 19B Dellwood Lane Somerset, NJ 08873 Fiorella Garrido, Program Manager (732) 247-7003 x357



Roots to Recovery Outpatient Services

984 Bergen Avenue North Brunswick, NJ 08902 William Torres, Program Manager (732) 993-6403 x409

Permanent Supportive Housing

120 Finderne Avenue Bridgewater, NJ 08807 Angela Reina, Program Manager (732) 289-4038

START, Community-Based In-Home Visitation & Doula Support Serving Hunterdon, Middlesex, Morris and Somerset Counties

120 Finderne Avenue Bridgewater, NJ 08807 Serving Essex, West Hudson and Union Counties 332 South 8th Street Newark, NJ 07103 Jennifer Kennedy, Program Manager Call or text (732) 434-8577

Various/Miscellaneous

EmpoWER Somerset

We EmPoWER individuals and families to make positive lifestyle choices by promoting healthy, drug-free communities through education, collaboration, and connections to resources.

Contact Information

Website: https://empowersomerset.com/

Address: 50 Division St, Suite 302 Somerville, NJ 08876

Phone: (908) 722-4900

Email: info@empowersomerset.com



Legal Services of Northwest Jersey

Legal Services of Northwest Jersey (LSNWJ) is a private

nonprofit law firm that provides free legal services for people with economic disadvantages in Hunterdon, Morris, Somerset, Sussex, and Warren counties.

Contact Information

Website: https://www.lsnwj.org/

Address: 90 E. Main St., Somerville, NJ 08876

Phone: (908) 231-0840

Email: <u>lsnwj-somerset@lsnj.org</u>



NAMI Somerset

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

Contact Information

Website: https://naminj.org/support/affiliates/somerset/_

Address: 500 N. Bridge St., Bridgewater, NJ,

Phone: Sue Ferranti (908) 296-3732 Brian Regan (732) 735-7037

Email: <u>namisomerset@gmail.com</u>



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Website: https://empowersomerset.com/

Address: 50 Division St, Suite 302 Somerville, NJ 08876

Phone: (908) 722-4900

Email: <u>info@empowersomerset.com</u>



PIONEER Family Success Center

The Pioneer Family Success Center is a program of EmPoWER Somerset, a nonprofit organization. They offer the community a gathering place, connect families to helpful resources in Somerset County, NJ and bring families together through free events, programs & local activities.

Contact Information

Website: https://www.pioneerfsc.com/

Address: 50 Division Street Suite 303 Somerville, NJ 08876

E-mail: fsc@empowersomerset.com

Phone: 1-908-722-4400

Hours: Monday-Friday, 9 am - 4 pm



Behavioral Health Services

RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER

Provides a full range of outpatient services providing care to individuals and their families, promoting their wellness and recovery. Adult and Child Services, Individual Therapy, Family Therapy, Group Therapy, Creative Arts Therapy. Serve clients of all ages.

Somerset County Residents:

Somerset County residents who do not have insurance ("self-pay") will be provided a fee accommodation based on their documented income to receive services. Self-pay clients must provide proof of income (e.g. pay-stub, tax documents) at the first appointment or when changes to income occur. The sessions' fee is based on family income and number of dependents.

The Access Center at Richard Hall Community Health & Wellness Center is the single entry point for individuals seeking services at Richard Hall. The process begins by contacting the Access Center and completing an initial inquiry with an Intake Triage Specialist. The initial inquiry allows the Intake Triage Specialist to obtain relevant information that will assist us in understanding your needs and the best way to help. This process greatly reduces the wait time when you arrive by having your information available and on hand for easy access.

Once the initial inquiry is complete, our Intake Triage Specialist will assist you in scheduling your intake evaluation. Our evaluations are by appointment only to ensure we maintain all safety guidelines outlined by the CDC. We are offering appointments in person and via telehealth.

Contact Information

Website: https://SoCoNJ.gov/RichardHall

Address: 500 North Bridge Street Bridgewater, N.J. 08807 Phone: (908) 725-2800 Toll Free: (888) 744-4417 Fax: (908) 704-

1790



Family and Community Services of Somerset County

The Individual and Family/Mental Health Program is the agency's largest program. This program is licensed by the State of New Jersey, Department of Human Services Office of Licensing. We provide confidential, professional services to individuals and families who live or work in Somerset County or the immediate surrounding communities. These services, provided on a sliding scale basis, include individual, family, and couple therapy, as well as group treatment for people of all ages. When indicated, clients are also provided with psychiatric services on a sliding scale basis.FCSSC also works closely with community resources and referral sources. In addition, we often refer clients to other resources or services for supplementary assistance.

Contact Information

Website: http://fcssomerset.org/

Address: 339 W. 2nd Street, Bound Brook, New Jersey

08805

Phone: 732-356-1082 Fax: 732-356-6327

Family Support Organization of Hunterdon, Somerset & Warren Counties

The Family Support Organization of Hunterdon, Somerset and Warren Counties' mission is to ensure that children with special emotional and behavioral challenges and their families are provided with a community-based, compassionate and culturally competent support system that will provide them with ongoing family oriented support, information, education and advocacy.

Contact Information

Website: http://fcssomerset.org/

Address: 315 W. Washington Ave. Box 11, Suite 3 Washington, NJ 07882

Phone: 908-223-1191 Fax: 908-223-1639

Bridgeway Behavioral Health Services

Rapid mobile outreach focused on early intervention, least restrictive crisis intervention and hospital diversion

A community based psychiatric emergency screening service center that will include a "Living Room" model of care for the provision of crisis intervention services, planning, and follow-up appointments (available Tuesday through Saturday, 12p-8p; Sunday & Monday, by appointment only)

Use of flexible follow-up PESS services, on-site and in-vivo, to ensure that individuals receive crisis intervention services while they are awaiting appointments with community providers or if they fail to keep the appointment and need an additional referral option

Contact Information

Website: https://www.bridgewaybhs.org/services.somerset.pess.html

Address: 282 East Main Street, Somerville, NJ 08876

Phone: (908) 526-4100 · Fax: (732) 292-6797

Childcare & Youth Services

Community Child Care Solutions

Provides families and the community with child care referrals and information about child care programs in Middlesex and Somerset counties. It also offers financial assistance for child care to income-eligible families.

Additional Information

A Child Care Specialist can be reached between 9am and 3:30pm in the Sommerville office. Also offers an on-line referral service which is available 24/7 at www.childcarenj.gov/

Contact Information

Website: www.communitychildcaresolutions.org Address: 86 East Main Street, Somerville, NJ 08876

Phone: 908-927-0869



Somerset County Office of Youth Services

Offers 24-hour response, immediate intervention, assessment, and family counseling for youth and their families in crisis. It also provides training and education to the community in the area of child abuse and missing

Offers workshops to community professionals, including schools, non-profits, and families, on current topics related to youth and families. They are offered several times during the year with a nominal cost to the participants.

Additional: The Somerset County Office of Youth Services has a comprehensive directory of Youth Services, the 2023 Service Directory of Youth Serving Agencies/Programs of Somerset County.

Website

https://www.co.somerset.nj.us/home/showpublisheddocument/51187/638260617964130000

Contact Information

Website: https://www.co.somerset.nj.us/government/human-

services/youth-services

Address: 27 Warren Street, Somerville, NJ 08876

Phone: (908) 704-6333

Email: youth@co.somerset.nj.us



HOPES CAP Inc

Provides FREE Preschool and Infant/Toddler services for children ages 8 weeks to 5 years residing in Somerset, Union, and Hudson counties who are income eligible. Programs offer six-hour instructional day, experienced and certified preschool professionals, nutritious meals including breakfast, lunch and snack, bilingual staff, and social services for children and families.

Additional information: Required documentation needed to register is the child(ren) birth certificate, immunization certificate, verification of residency, and verification of income.

Contact Information

Website: <u>www.hopes.org</u>

Address: 113 Belmont Drive/900 Hamilton Street, Somerset,

NJ 08873

Phone: 1-855-OK-HOPES or 1-855-654-6737

Hours: 7:30 am- 5 pm



Child Care Connection

Child Care Connection is a resource and referral agency that works to promote the health, safety and development of children. They offer services to families and child care professionals. For families they provide child care referrals, financial assistance for child care, parent education and parent events. For child care professionals they provide staff professional development, information for Family Child Care Centers, a Child Care Job Bank and essential information for child care providers.

Contact Infomation

Website: https://childcareconnection-nj.org

Address: 1001 Spruce Street, Suite 201, Trenton, NJ 08638

Phone: (609) 989-7770 Email: mail@ccc-nj.org

**Please include a working telephone number in your e-mail to allow staff to respond to you in a timely manner.

Hours: Monday-Friday, 9AM – 5PM (*could be available after hours

by appointment)



Clothing & Household Items

My Neighbor's Boutique by Zarephath Christian Church

The clothing shop in My Neighbor's Ministry Center exists to provide quality & and affordable clothing to all families in our community! Everyone is welcome to browse our beautiful selection of brand-name clothing from Infant to Plus Sizes. We are open. Clients of our church pantry receive free clothing as needed in the form of credits. In addition, we make clothing available at prices that help maintain a budget in hard times. Boutique for persons looking for affordable clothing for all ages and sizes

Contact Information

Website: https://www.zcc.live/outreach_

Address: 2 Ministry Center Drive, Franklin Township, NJ 088906

Phone: 732-356-2502

Clothing Boutique Email: closet@zarephath.org

Hours: Second & Fourth Thursday & Saturday: 10am - 1pm



Raritan Valley Habitat for Humanity ReStore

The Habitat ReStore sells building materials, appliances, new and gently-used furniture, and home accessories to the public at a fraction of the retail price. The store is owned and operated by Raritan Valley Habitat for Humanity, and proceeds from the store go directly toward our mission of building affordable homes in Somerset and Hunterdon Counties. When you shop at the Habitat ReStore, every purchase helps make a difference!

Contact Information

Website: https://rvhabitatrestore.org/

Address: 110 North Main Street, Manville, NJ 08835

Phone: 908.458.9770

Hours:

Monday 10:00 AM - 6:00 PM Tuesday 10:00 AM - 7:00 PM Wednesday 10:00 AM - 6:00 PM Thursday 10:00 AM - 6:00 PM Friday 10:00 AM - 6:00 PM Saturday 10:00 AM - 6:00 PM Sunday Closed



THE HEART THRIFT SHOP

The thrift shop was developed in response to an identified need in the community for gently used — and in many cases brand-new — clothes at low prices, ideal for those on a limited budget, for those returning to the workforce or for those who like a good bargain

Contact Information

Website: https://stjohnsomerville.org/

Address: 158 W. High St. Somerville, NJ 8876 (at St.

John's Episcopal Church) Phone: (908)722-1250

Hours: the first Thursday of each month from 11 a.m. to

6:00 p.m.



Giving Network

Giving Network recipients are generally referred to the Giving Network by Social Services, homeless shelters, and other organizations that assist those in need.

Wish List Requests for household items, small appliances, linens and baby items and furniture are accepted from families and individuals in need that live in private apartments, rooms and homes in Somerset County. Items handled by the Giving Network are normally used items but confirmed to be clean and in good condition. Items requested will be considered for delivery to your home as those items become available from donations to the Giving Network and after other requests in process before yours. Some items will require a longer wait-time than others (usually beds, dressers, microwaves and vacuums will require longer wait-times).

To fill out our 'Donation Offers and/or Wish List Request Form', please click https://www.emailmeform.com/builder/form/LcARG6e62J

Contact Infomation

Website: https://givingnet.org/

Address: 45 North Gaston Avenue, Suite 1A, Somerville, NJ

08876

Phone: (908) 927-9001

Email: givingnetwork@gmail.com



Disability Services Spotlight

Somerset County Public Transportation Guide

Created by Raegan M. Hoeft, Ph.D., CHFP (ret), a Somerset County disabled resident and participant in Leadership Somerset class of 2023.

This guide provides an overview of Somerset County public transportation. It includes insights into curb-to-curb transportation options Somerset County Paratransit vs. NJ Transit Access Link, a step-by-step guide for planning a round trip outgoing trip vs. return trip, and tips for riding public buses Somerset County vs. NJ Transit.

To view the full guide, visit:

https://www.co.somerset.nj.us/home/showpublisheddocument/48756/638127569158600000

Email: Please send comments or questions to raeganhoeft@gmail.com



Disability Services

Access Mental Health

ACCESS, via St. Joseph's Regional Medical Center, provides mental health services to individuals who are deaf and hard of hearing. They can provide outpatient psychotherapy at various locations throughout the state, clinical consultation for psychiatric emergency services/screening centers (available 24/7 by phone), and onsite consultation when the commitment of a deaf person appears likely.

Contact Information

Website: https://www.zcc.live/outreach Address: 60 Hamilton Street Paterson, NJ 07505

Phone: (973) 754-5590

After hours/emergency: (973) 345-7357

Email: accessnj@aol.com



Alternatives, Inc.

Alternatives, Inc. provides comprehensive services to individuals with intellectual and developmental disabilities, those with mental health diagnoses, as well as individuals and families experiencing homelessness, to enable them to reach their highest level of independence and integration in the community.

Alternatives primarily serves adults. For their mental health and homeless programs, the minimum age is 18. For clients who are referred by the Division of Developmental Disabilities, the minimum age is 21. Alternatives provides both supervised living programs and day programs.

Individuals must have a mental health diagnosis, including but not limited to: major depressive disorder, bipolar disorder, schizoaffective disorder, mood disorders, anxiety disorders or schizophrenia.

Alternatives' clients are referred by a number of sources including the NJ Division of Developmental Disabilities, Support Coordination Agencies, Somerset County Board of Social Services, hospitals, other community agencies and shelters, as well as family members and friends.

Contact Information

Website: https://www.alternativesinc.org/contact/

Address: 600 First Avenue Raritan, NJ 08869

Phone: (908) 685-1444 x248

The Arc of Somerset

The Arc of Somerset County provides a lifetime of comprehensive services, advocacy and support to individuals with intellectual and developmental disabilities and their families to promote growth, achievement and ongoing involvement in the community.

Contact Information

Website:https://www.thearcofsomerset.org/about/contact.html Address: 872 East Main Street Bridgewater, NJ 08807

Phone: (908) 725-8544



Children's Services

Contact Jill Glassman at (908) 725-8544 x629 or jillg@thearcofsomerset.org. School is open from 7:30am to 6:00pm with Before and After Care available.

- Early Intervention Program (birth to 3 years)
- Developmental Day Care (integrated 6 months to 3 years)
- Integrated Developmental Preschool (3 years to 6 years)

Transition and Academic Services (ages 18-21+)

 Supported employment assists a consumer in obtaining and maintaining an individual job in competitive or customized employment or self-employment in an integrated setting. Services are individualized and may include but are not limited to training and systematic instruction, job coaching, benefit support, travel training, and other workplace support services.

Contact Karen Kowalski, Director of Adult Services. <u>karenk@thearcofsomerset.org</u>; (908) 725-8544 x612

Adult Residential Services

- The goal of the Residential Services Department is to provide a safe and healthy
 place to live, to provide a learning environment, to integrate individuals into their
 community, to offer varied recreational opportunities, and to provide the support
 required for individuals to achieve their goals and create a permanent home.
 - Contact Sharon McClellan at (908) 725-8544 x131

Respite Services

- Camp Jotoni provides summer recreational services for children and adults with developmental disabilities. Our programs include a six-week day camp, a six-week residential program, and three weeks of extended summer day camp for schoolage children.
 - Registration forms are available online before the summer season opening at www.campjotoni.org

Family Support

To qualify for services, individuals with intellectual and developmental disabilities must be found eligible by the New Jersey Division of Family Children and Families (DCF) and must be referred to The Arc of Somerset County by their Case Manager.

Contact: Family Support Department 908-725-8544 or email: marya@thearcofsomerset.org

NJ Division of the Deaf and Hard of Hearing

The mission of the NJ Division of the Deaf and Hard of Hearing (DDHH) is to provide education, advocacy, and direct services to eliminate barriers and promote increased accessibility to programs, services, and information routinely available to the state's general population. If you are a deaf or hard-of-hearing person and are experiencing barriers to services and programs, DDHH has a deaf language advocacy program staffed by deaf and hard-of-hearing specialists who can advocate for you in a variety of ways.

Equipment Distribution Program

- Must have hearing loss, be a NJ resident, and total combined household income must not be greater than 400% of the federal poverty level
- English: https://www.nj.gov/humanservices/ddhh/assets/documents/EDP%20(ENG)%20-%20Rev.%207-2023%20-%20Prepared%20Form.pdf
- Spanish: https://www.nj.gov/humanservices/ddhh/assets/documents/EDP%20(SPAN)%20-%20Rev.%207-2023%20-%20Prepared%20Form.pdf

ASL and Communication Assisted Realtime Translation (CART) Services

Assistive Technology Demonstration Center

DDHH operates two Assistive Technology Demonstration Centers in New Jersey. These centers display assistive communication devices for people with hearing loss.

Contact Information

Website: https://www.nj.gov/humanservices/ddhh/about/email/index.shtml

Address: 11A Quakerbridge Plaza, Mercerville, NJ 08619

Phone: (609) 588-2648 or (800) 792-8339

Hearing Aid Programs

- Hearing Aid Project
 - Offers free refurbished hearing aids
 - Must be age 65+ or have a hearing loss and are disabled and receiving Social Security Disability Income SSDI; a NJ resident; with an annual income no greater than \$42,142 (single) or \$49,209 (married)
 - Application forms: https://www.nj.gov/humanservices/ddhh/services/hearingaid/project/
- Hearing Aid Assistance to the Aged and Disabled (HAAAD)
 - Provides a \$500 reimbursement to offset the purchase of a hearing aid (one reimbursement per calendar year)
 - Must be age 65+ or between ages 18 and 64 and receiving Social Security Disability benefits; an NJ resident; with an annual income less than \$38,769 (single) or \$45,270 (married)

NJ Division of the Deaf and Hard of Hearing Continued

Hearing Aid Programs continued

- If you are currently enrolled in the PAAD or Lifeline program, complete a
 HAAAD application and submit a receipt for the purchase of the hearing aid
 and a written statement from your physician attesting to the medical
 necessity for obtaining a hearing aid
 - Application English: https://www.nj.gov/humanservices/ddhh/services/hearingaid/haaad/HA AAD%20APPLICATION%202022.pdf
 - Application Spanish: https://www.nj.gov/humanservices/ddhh/services/hearingaid/haaad/HA AAD-1%20-%20ES%20final.pdf
- If you are NOT currently enrolled in the PAAD or Lifeline program, complete an NJ Save application
 - Application English:
 https://www.state.nj.us/humanservices/doas/forms/NJSaveApp.pdf
 - Application Spanish: https://www.state.nj.us/humanservices/doas/forms/NJSaveAppSpanish.p
 df
 - Application Instructions: https://www.state.nj.us/humanservices/doas/forms/NJSave_instr.pdf
 - If the applicant or spouse resides in a long-term care facility, a letter from the facility indicating the date admitted must be submitted
 - Submit two proofs of residence, current and dated, from within the last six months. Acceptable proofs are public utility records or receipts, Social Security records, bills of business or professional people (ie, doctors, pharmacies), Post Office records
 - Submit a copy of the most recent tax return, including all schedules

• Language Instruction Services for Children

- DDHH provides language acquisition and development services for deaf, hard
 of hearing, and deaf-blind children ages 0 5 and support and resources to
 their families. Deaf adults fluent in American Sign Language (ASL) teach
 children and families ASL and support their journey for full language
 development. Parents and families are engaged in the process to enhance the
 child's learning experience.
- Families are matched with an ASL Deaf Language Associate to work with their family for up to 25 hours a week.
 - Eligibility: proof of hearing loss such as a copy of your child's audiogram; proof of the child's age as being between the ages of 0 to 5 years old; and proof of NJ residency
 - Program Summary (English):
 https://www.nj.gov/humanservices/ddhh/assets/documents/ddhh_language_instruction_0-5_booklet_2021.pdf
 - Program Summary (Spanish):
 https://www.nj.gov/humanservices/ddhh/assets/documents/ddhh_language_instruction_0-5_booklet_sp_2021.pdf

Somerset Children's Center

Somerset Children's Center offers programs in speech therapy, physical therapy, occupational therapy, and art therapy.

Contact Information

Website: https://somersetchildrenscenter.org/ Email:sccinfo@somersetchildrenscenter.org Address: 377 Union Avenue Bridgewater, NJ 08807

Phone: (908) 725-2366



NJ Commission for the Blind & Visually Impaired (CBVI)

CBVI offers services to those with a vision impairment that has affected the ability to read, walk or travel in their community, maintain their home, work, or care for their families or themselves. They offer various programs and services, including educational services for children, vocational rehabilitation services for older teens and adults, and independent living services for people of all ages.

Contact Information

Website: https://www.nj.gov/humanservices/cbvi/

Email: <u>askcvbi@state.nj.us</u>

Address: 100 Daniels Way Freehold, NJ 07728

Phone: (732) 308-4001 or (877) 685-8878



Somerset County Office on Aging & Disabilities

Somerset County Disability Services is an information and referral resource for individuals with disabilities, family members, friends, and communities. The goal of Disability Services is to help improve the quality of life for all residents.

The Somerset County Advisory Council on Disability Issues (ACODI) addresses the needs and concerns of individuals with disabilities through educational projects that help to raise awareness, including publications and workshops.

Contact Information

Website: https://www.co.somerset.nj.us/government/human-services/aging-

disability-services

Address: 27 Warren Street, PO Box 3000, Somerville, NJ 08876

Phone: (908) 704-6346 or (888) 747-1122 Email: <u>DisabilityServices@co.somerset.nj.us</u> Sandra Avellan, Disability Services Coordinator



Food Provision Services

Supplemental Nutrition Assistance Program (SNAP)

The SNAP Program provides monthly benefits that help low-income households buy the food they need for good health. You may qualify for SNAP if you:

- Work for low wages
- · Are unemployed or work part-time
- Receive welfare or other assistance payments
- Are elderly or disabled and live on a small income



Contact Information

Website: www.njhelps.org

Screen for eligibility and apply online: <u>Food Stamps | Somerset County</u>

Apply in person at the Somerset County Board of Social Services

If you do not have access to a computer, you may call (908) 526-8800 and request that SNAP application be sent to you.

My Neighbor's Ministries by Zarephath Christian Church

Offers shelf-stable food items to serve struggling families in our area. Food pantry offering free food for persons in need from Bound Brook, South Bound Brook, Manville, Somerville, Raritan, Bridgewater, Somerset, or North Plainfield

Contact Information

Website: Zarephath Christian Church | Home (zcc.live)

Food Pantry Email: pantry@zarephath.org

Address: 595 Weston Canal Rd., Somerset, NJ 08873

Phone: (732) 560-4001

Hours: Second & Fourth Thursday & Saturday: 10am - 1pm



Women, Infants, & Children (WIC) Program Administered by NORWESCAP

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women and to infants and children up to age five who are found to be at nutritional risk.

Contact Information

Website: WIC (norwescap.org)

Address: Located in PeopleCare Center for Nonprofits Inc, 120 Finderne Ave., Room 4, Bridgewater, NJ 08807

Phone: (908) 685-8282

Email: wicwarren@norwescap.org



Somerset Pantry

Contact Information

Website: https://www.icnarelief.org/nj/

Address: 1320 Hamilton Street Suite 107, Somerset 08873

Phone: 732.509.9143

Hours: Every Tuesday: 4 pm to 6 pm;

Last Saturday of every month: 10 am to 12 pm Email: <u>SpecialtyPantryNJ@icnarelief.org</u>

Documents Required: Identification, Proof of Income, Proof of Residency



Feeding Hands Pantry

Contact Information

Website: <u>Home | Feeding Hands (feedinghandspantry.org)</u> Address: Raritan Mall, 45C Route 206 Raritan, NJ 08869

Phone: (732) 397-6452

Email: hello@feedinghandspantry.org

Hours: Food pantry available on Tuesdays 1 pm-3 pm & 6 pm-7:30 pm.

Guests are allowed to come once a month.



Franklin Township Food Bank

Residents of Franklin Township are entitled to up to two visits per month to our Client Choice Market. Shop for the items you want to feed your loved ones! Points are assigned to families based on the size of the household. Zero point items are available every day. Clients are required to register and must bring proof of ID when getting monthly packages.

*An appointment is necessary to access services

The first Wednesday of EVERY month is Community Distribution day! No appointments, you don't have to live in Franklin to access services – ALL are welcomed. It is first come, first served until supplies last! This is a drive through program and walk-ups welcome too! Please have an empty trunk ready for us.

Community Relations Bureau Building

935 Hamilton Street Somerset, NJ 08873

Contact Information

Website: https://franklinfoodbank.org/about-us/

Address: 224 Churchill Avenue

Somerset, NJ 08873

Phone: An appointment is required. Please call 732-246-0009 to make your appointment today. Please leave a message with your name, and number so that we can call you back to schedule an appointment.

Hours: daytime, evening, and weekend hours available



Food Bank Network of Somerset County

The Food Bank Network is here to help individuals and families in need. All our services are free and available directly to you without referrals from other social agencies or providers. We are not a government agency and do not report your name or other information to anyone. At any of our locations, you can get food of all types (including fresh, frozen, and refrigerated), personal care items, and cleaning supplies. Our main pantry warehouse has a much larger selection than the satellite pantries. You can get help right away on your first visit. You may call ahead if you have auestions, but it is not necessary.

YOU MUST BRING WITH YOU:

Some form of personal identification and proof of residency in Somerset County. Shopping bags to carry home your items. We will provide these if you do not have them for your first visit.

Contact Information

Website: Home - somersetfoodbank.org

Phone: (732) 560-1813

Main Warehouse: 7E Easy St. (Off Chimney Rock Rd.), Middlebrook Crossroads

Industrial Park, Bridaewater, NJ 08807; Hours: M-F 9 am to 2:30 pm

(NOT a mailing address)

Bound Brook Pantry

Bound Brook Presbyterian Church 409 Mountain Blvd. Bound Brook, NJ

Hours: 10:00 AM - 12:00 PM

1st and 3rd Saturday of each month

Somerville Pantry

Effective 5/21/2022: United Reformed Church 100 West Main St. Somerville, NJ

Hours: 9:00 AM - 11:00 AM

1st and 3rd Saturday of each month

VA Lyons Pantry

Building 143 1st Floor (Multi-Purpose Room Lyons, NJ Hours: 10:00 AM - 1:00 PM, 3rd Monday of each month

Manville Pantry

Faith in Action Church 100 West Main St. Manville, NJ

Hours: 10:00 AM - 12:00 PM

2nd Saturday of each month

North Plainfield Pantry Vermeule Community Center 11 Vermeule Place, North Plainfield, NJ

Hours: 9:00 AM - 11:00 AM

1st and 3rd Saturday of each month



SHIP (Samaritan Homeless Interim Program)

Provides hot meals, mobile soup kitchen, Emergency food pantry, and also serves Brown Bag Lunches (complete meals in a bag)

Contact Information Website: ship908.com

Address: 87 E. High St., Somerville, NJ 08876

Phone: (908) 393-9545

Email: SHIP908@Optonline.net

MEALS - Soup Kitchens

SHIP's Galley II

United Reformed Church, 100 West Main Street, Somerville, NJ 08876

Tuesdays and Thursdays: 12:30 pm - 1:30 pm

908-393-9545 Website

SHIP's BROWN BAG LUNCHES

As our resources permit

Monday - Friday: 10:00 am - 2:00 pm 87 East High Street, Somerville, NJ 08876

Please call or email the agency beforehand to confirm registration, proof of ID, and

residency needs.

SHIP Mobile Soup Kitchen - Schedule & Locations

The Samaritan Homeless Interim Program, 908-393-9545

MONDAY · 5:30 pm - 6:30 pm Saint Joseph's Roman Catholic Church, 41 Manning Avenue, North Plainfield, NJ

 ${\tt TUESDAY\cdot 1st\ \&\ 3rd\ Tuesday,\ 5:30\ pm\ -6:30\ pm\ Saint\ Joseph's\ Roman\ Catholic\ Church,\ 41\ Manning\ Avenue,\ North\ Plainfield,\ NJ}$

WEDNESDAY · 6:00 pm - 7:00 pm Sacred Heart Roman Catholic Church (Parking lot behind the church), Main Street, Manville, NJ 08835

THURSDAY \cdot 5:30 pm - 6:30 pm Sacred Heart Roman Catholic Church (Parking lot behind the church), Main Street, Manville, NJ 08835

FRIDAY · 5:30 pm - 6:30 pm Saint Joseph's Roman Catholic Church, 41 Manning Avenue, North Plainfield, NJ 07060



Health & Medical Services

Samaritan Homeless Interim Program (SHIP)

The Safe Harbor and Port of Refuge serve as a portal of entry and conduit for change. We provide some of the basic needs (such as food, clothing, personal health items, counseling services, emergency housing placement, and much more), as well as a safe and decent housing referral alternative for homeless and near homeless people with severe substance abuse and/or mental health illness and others who need time to adjust to life off the streets and to develop a willingness and trust to accept services to transition to permanent housing.

Services are tailored to each individual's needs and vary in duration according to each individual or family's situation. SHIP provides this unique population with critically needed emergency interim services. These services may include advocacy, emergency interim housing, interim counseling, and support services that greatly enhance their chances of regaining their self-sufficiency again. SHIP is dedicated to improving the quality of life for the poor. Clients are eligible to apply for all of SHIP's Programs and Services.

Contact Information

Address: 87 E High St Somerville, NJ 08876

Phone: (908) 393-9545

Email <u>safeharbor@ship908.com</u>

Hours:

Monday- Friday 8:30 AM–2 PM Saturday-Sunday

Closed



Visiting Nurse Association of Somerset Hills

Atlantic Visiting Nurse - Home Health

Visiting nurses, rehabilitation therapists, social workers, and home health aides provide care and education at private residences and assisted living facilities in Morris, Union, Somerset, Sussex, Warren, and Essex counties in New Jersey and Pike County in Pennsylvania. Medicare, Medicaid, and most private insurance cover services. In addition, nurse liaisons are available at Morristown Medical Center, Overlook Medical Center, Newton Medical Center, and Chilton Medical Center.

Contact Information

Address: 465 South Street Suite 100A Morristown, NJ 07960

Phone: 908-766-0180



Community Visiting Nurse Association

Services begin at the hospital or other healthcare facility, with our staff working closely with health professionals to ensure a smooth transition for patients returning home. All aspects of care are addressed and coordinated with you, your family, and your doctor. Under the direction of your physician, a registered nurse will visit you and provide a thorough assessment. As a case manager, she/he will work with you to meet your goals, provide hands-on care, teach, support, and identify other needed services.

Medical Social Services

Licensed social workers can assist you by identifying community services such as Meals on Wheels, Adult Day Care, and transportation. They can also help you and your family address financial concerns, housing issues, and long-term care placement, if needed.

Certified Home Health Aides

Following a nursing assessment, the nurse will determine your need for a certified home health aide. An aide may assist you with activities of daily living, including personal care, bathing, grooming, dressing, meal preparation, and personal laundry. A registered nurse will continue to supervise your care.

Nutritional Counseling

A registered dietitian educates patients to understand food options and how to choose, shop for, and prepare meals to meet dietary restrictions and food preferences.

Contact Infomation

Website: https://www.communityvna.org/

Address: 110 West End Avenue, Somerville, NJ 08876

Phone: 908-725-9355 Fax: 908-253-9672

Email: cvna@communityvna.org



Planned Parenthood

Services Offered:

 Abortion Services, Birth Control, HIV Services, Men's Health Care, Morning-After Pill (Emergency Contraception), Pregnancy Testing & Services, STD Testing Treatment & Vaccines, Women's Health Care

Contact Infomation

Website: Planned Parenthood Franklin

Address: 1323 NJ-27, Franklin Township, NJ 08873

Phone: (732) 246-2411 Fax: 732-846-8799

Hours: Monday, Tuesday, Thursday: 9AM-4:30PM

Wednesday: 11:30 AM-7:30 PM Friday-Saturday: 9 AM-1:30 PM

Sunday: Closed



Zufall Health Center-Somerville Office

Zufall Health Center is a nonprofit community health center that provides affordable, high-quality health care across the full lifespan, regardless of income, insurance, or other barriers. With locations throughout northern and central New Jersey, we serve the largest geographic area of any health center in the state.

Services Offered:

- · COVID Vaccine and Testing
- Medical Services
- Dental Services
- Pharmacy Services
- · Patient Services
- Community Programs
- Outreach Programs



Website: https://www.communityvna.org/

Address: 110 West End Avenue, Somerville, NJ 08876

Phone: 908-725-9355

Hours:

Monday-Thursday: 7:30 AM-5 PM

Friday: 7:30 AM-4 PM Saturday-Sunday: Closed



Housing & Shelter Services

CENTRAL JERSEY HOUSING RESOURCE CENTER (CJHRC)

The services that CJHRC provides to low and moderate-income families include, but are not limited to, the following:

• Eligibility and application processes for the state and federal affordable housing programs, Foreclosure and delinquency counseling, Financial Literacy (budgeting, tracking expenses, credit debt, etc.), Housing rehabilitation opportunities, Homebuyer education (pre & post-purchase), Information and referrals on emergency and transitional housing, Fair Housing Information, Grant and Down Payment Assistance Programs (Federal/State/Other), HUD eligibility requirements for senior housing programs, subsidized housing and shared living programs. Information for special needs housing in Somerset County, including senior housing and housing for the disabled.

Contact Information BY APPOINTMENT ONLY/NO WALK-INS

Website: <u>www.cjhrc.org</u>

Address: 92 East Main Street, Suite 407, Somerville, NJ 08876

Phone: 908-446-0036 or 908-446-0039



SOMERSET COUNTY BOARD OF SOCIAL SERVICES

Emergency Assistance (EA) Supplemental Security Income (SSI) recipients and Work First New Jersey (WFNJ) clients (individuals or families receiving public assistance) facing immediate risks of homelessness and those who have experienced a substantial loss of housing, food,

clothing or household furnishings due to a disaster may receive emergency assistance (EA) for a limited period.

EA benefits may include, but are not limited to, essential food, clothing, shelter, and household furnishings; temporary rental assistance or back rent or mortgage payments; utility payments (such as heat, water, and electric); transportation to search for housing; and moving expenses. Contact your County Board of Social Services to request EA.

- Somerville office will open 8:30a.m. 4:30 p.m.
- Franklin office will be open 8:30a.m. 4:30 p.m.
- North Plainfield office will be open 8:30 a.m. 4:30 p.m.

Address:73 East High Street, Somerville, NJ 08876 Phone: 908-526-8800 or Fax: 908-707-19



The Township of Bridgewater

Bridgewater has an active Affordable Housing Rental program. The township retains Rehabco to ensure that all affordable housing rental units have restrictions, ensuring that only persons and families meeting certain income thresholds can live in all available units. All said units under affordable housing controls are priced at 30 percent of median income, and/or Affordable Units in all rental developments in the township will be affordable to households earning no more than 35 percent of median income; in all cases, the more stringent of the two requirements will prevail.

Contact Infomation Website: Rehabcon Inc

Address: 44 East Water Street, Toms River, New Jersey, 08753

Phone: (732) 477-7750 or Fax (732) 920-9649

Email:<u>rehabco@aol.com</u>



New Jersey Housing And Mortgage Finance Agency (NJHMFA)

The goal of the New Jersey Housing and Mortgage Finance Agency (NJHMFA) is to encourage the production of affordable housing for all New Jersey citizens. The NJHMFA provides various programs to help prospective homebuyers purchase a home, including first-time homebuyers and down payment assistance programs, among others.

To learn more about their programs, please visit:

Website: theroadhomenj.com/ or www.njhousing.gov/dca/hmfa/ Phone:1-800-654-6873.

PHONE:1-600-654-6675.



Homelessness Prevention Programs

Provide limited financial assistance to low and moderate-income tenants in imminent danger of eviction due to temporary financial problems beyond their control. Funds are used to disburse payments in the form of loans and grants to landlords on behalf of eligible households. You must have an eviction or foreclosure notice to qualify for this program.

For more information or to apply, please contact:

Website: www.state.nj.us/dca/divisions/dhcr/offices/hpp.html

Phone: 908-454-7000 X1118 or 1160

AGAPE HOUSE-VOLUNTEERS OF AMERICA

Offers emergency housing and case management services to single adults and families with children to residents in Somerset County. Referral needed by local department of social services.

Contact Information: Website: www.VOADV.org

Address: 122-128 East Main Street, Somerville, NJ 08876

Phone: 908-707-9753

Hours: 24 hours/7 days a week

Rent & Utility Assistance Services

SOMERSET COUNTY BOARD OF SOCIAL SERVICES

Emergency Assistance (EA) Supplemental Security Income (SSI) recipients and Work First New Jersey (WFNJ) clients (individuals or families receiving public assistance) facing immediate risks of homelessness and those who have experienced a substantial loss of housing, food,

clothing or household furnishings due to a disaster may receive emergency assistance (EA) for a limited period.

EA benefits may include, but are not limited to, essential food, clothing, shelter, and household furnishings; temporary rental assistance or back rent or mortgage payments; utility payments (such as heat, water, and electric); transportation to search for housing; and moving expenses. Contact your County Board of Social Services to request EA.

- Somerville office will open 8:30a.m. 4:30 p.m.
- Franklin office will be open 8:30a.m. 4:30 p.m.
- North Plainfield office will be open 8:30 a.m. 4:30 p.m.

Address:73 East High Street, Somerville, NJ 08876

Phone: 908-526-8800 or Fax: 908-707-19



HOPES Utility Application Assistance

Website: <u>Hopes.org</u>

Address: 900 Hamilton Street/113 Belmont Drive Somerset, NJ 08873

Community Programs Advocate: Charlene Green

Email:cgreen@hopesorg Phone:732-568-5085



Norwescap

Energy Services assists eligible individuals and families in Hunterdon, Somerset, Sussex, and Warren Counties with their heating and cooling costs to reduce energy burden. Our program can assist with paying utility bills and providing weatherization, lead remediation, and other in-home services to make homes safer and more energy-efficient

Contact Infomation

Website: norwescap.org

HEA Manager: Jennifer Butzgy or Coordinator: Tracy O'Connor

Hours: Mon.-Fri. 8:30 AM-4:30 PM

Address: 350 Marshall Street, Phillipsburg, NJ 08865

Phone: (908) 454-7000

Email: contactus@norwescap.org



USF (UNIVERSAL SERVICE FUND) $\stackrel{\sim}{\sim}$ LIHEAP (LOW INCOME HOME ENERGY ASSISTANCE)

The Home Energy Assistance Program helps low-income residents with their heating and cooling bills and makes provisions for emergency heating system services and emergency fuel assistance within the Home Energy Assistance Program.

To Complete an online application, visit <u>WWW.NJPOWERON.ORG</u>

To print/view the application, visit:

https://nj.gov/dca/divisions/dhcr/forms/docs/heaappl.pdf https://njpoweron.org/wp-content/uploads/2022/10/2022-23-PAGE3-English-app-cover.pdf



The Low Income Household Water Assistance Program (LIHWAP)

The Low-Income Household Water Assistance Program is available to eligible individual households that pay for their own water and sewer and meet low-income requirements. It helps avoid service disruptions, restore services, stay up-to-date on your payments and pay reconnection fees. The LIHWAP program is unavailable for business accounts, estates, or property management companies.

Website: https://dcaid.dca.nj.gov/en-US/dcaid-services/register-user/



Senior Services

Adult Day Center of Somerset County

The Adult Day Center provides high-quality, comprehensive, and affordable adult day services to vulnerable seniors and adults living with a disability or dementia.

Currently no waiting list, but it may take up to six weeks for a new member to start after submitting a completed application packet. Either before or just after applying, ADC suggests a site tour with Social Services Coordinator Stacy Scelfo. Stacy will also contact you to schedule an at-home assessment, during which she will describe the next steps in the application process and choose a mutually acceptable start date.

Information needed:

- Personal information (name, address, phone, etc.)
- · Any pertinent caregiver information
- Brief medical history, including medications and ability assessment (whether independent, needs assistance, etc.; for tasks such as dressing, toileting, walking, eating)
- Medical form signed by your physician
- Advance directive/living will (if applicable)
- Physician's signed do not resuscitate order (if applicable)
- Durable power of attorney (if applicable)
- Financial application form, including written verification of current gross income (ie, Social Security letters, pension statements, 1099s) – for applicant and spouse (if applicable)

Contact Infomation

Website: www.adultdaycenter.org Stacy Scelfo, Social Services Coordinator Email: sscelfo@adultdaycenter.org

Phone: (908) 725-0068

Address: 872 East Main Street Bridgewater, NJ 08807 Hours: Monday through Friday, 8:00 am to 4:00 pm

Closed on the following holidays: New Year's Day, MLK Day, President's Day, Good Friday, Memorial Day, Fourth of July, Labor Day, Columbus Day, Thanksgiving, Friday

after Thanksgiving, Christmas Eve, Christmas Day, and New Year's Eve



NJ Division of Aging Services

The NJSave Program requires an online application to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescription costs, and other living expenses such as utility assistance (annual \$225 benefit for electric and gas bills), hearing aid assistance (a \$100 reimbursement to help offset hearing aid costs). Eligibility is open for residents of New Jersey who are 65 years old or older (or about to turn 65 within the next four months) or between the ages of 18 and 64 and receiving Social Security Disability benefits.

Information needed:

- Income You Receive, such as a paycheck, pension, or interest from an investment account. Listed are examples that can prove your income: Income Statement from Employer/Pay Stubs, Pension Information, Unemployment Benefits Statement, Child Support Order, Self-Employment Tax Return, VA Explanation of Benefits, Interest, Proof of Rental/Royalty Income, Social Security Award Letter, Retirement Account Statement, Dividends, Income from Trust Funds, Annuity Payments, Workman's Compensation/Disability, SSI Payments
- What You Own is not limited to homes and automobiles it can include cash values of life insurance policies or annuities, trust funds, and many other things such as: Cash on Hand, Bank Accounts, Deeds to all Property Owned, Certificates of Deposit (CDs), Promissory Notes, Annuities, Mortgages, Equipment/Inventory, Automobile/Registrations, Other Vehicles (Boat, Trailer, etc.), Holiday/Vacation Club Accounts, Property Tax Statements, All Life Insurance Policies, All Trusts or other Holding Instruments, Special Needs Trusts, ABLE Accounts, Retirement Account Statement, Retirement Accounts (403B), Individual Retirement Accounts (IRAs), Business/Real Estate Partnership Papers, Burial Accounts/Funeral Trusts, Credit Union Accounts, Stocks or Bonds, Deed to Burial Plots, Land/Mineral Rights, Keogh Accounts (401K), Contracts, Mobile Home
- Your Other Documents, such as a copy of your Health Insurance Card(s)- front and back, Designated Authorized Representative Form, Utility Bills, Two proofs of address (any current document with name and address, such as a utility, cell phone, or medical bill), Names of Current Medications, Power of Attorney, Guardianship

Contact Infomation

Website, which includes a video tutorial to walk you through the application process, screen-by-screen: https://www.state.nj.us/humanservices/doas/services/njsave/

Hard-copy instruction manual:

https://www.state.nj.us/humanservices/doas/documents/NJ%20SAVE%20instructions_pdf

Catholic Charities

Catholic Charities seeks to help people, regardless of their faith, who are struggling with poverty and other complex issues. They offer a variety of services, such as:

- · Counseling services
 - Catholic Charities, Diocese of Metuchen provides short-term, outpatient counseling and treatment to individuals, families, and couples who may be impacted by depression, anxiety, the loss of a loved one, parenting difficulties, child behavior problems, and other common life stressors.
 - Psychiatric evaluations and medication monitoring are available for people receiving counseling services at Catholic Charities. For those seeking a faithbased approach to counseling services, counseling is available in the context of the teachings of the Catholic Church.
- · Addiction services
 - Services include alcohol/drug assessments, individual and family therapy, codependency programs, adolescent and young children groups, adult children of alcoholics, and family education programs. This program works with the Somerset IDRC to assist the population in meeting the court recommendations.
- Intensive Family Support Services
 - The purpose of Intensive Family Support Services is to improve the overall functioning and quality of life of families with relatives living with serious mental illness. Family members and professionals work collaboratively to provide each family with knowledge, skills and support, which they identify as useful to a family's overall functioning and sense of control. All IFSS services are free and confidential.
- SPIRIT Intensive Outpatient Treatment
 - SPIRIT is an intensive outpatient program that provides individualized acute outpatient mental health care, including individual, family, and group therapies, support groups, illness management recovery, substance abuse education, case management, and medication monitoring.
 - A limited amount of transportation is available to consumers who do not have other means of transportation.
 - Clients must be 18 years of age or older, have been diagnosed with a mental health diagnosis according to the DSM criteria, and have psychiatric symptoms severe enough to interfere with functioning in two or more areas of life.
 - Clients may self-refer. Referrals are also accepted from any inpatient acute facility, Short-Term Care Facilities, State Hospitals, or Emergency Screening Center serving Somerset or Hunterdon County residents.
- · NJ Hope and Healing
 - NJ Hope and Healing Crisis Counseling Program (CCP) is offered to assist communities in New Jersey affected by COVID-19.
 - CCP provides the following services free and confidential: stress management, emotional support, linkage to resources, daily zoom calls, drop in zoom sessions.
 - Phone: (732) 204-6510 or Website: HopeAndHealing@ccdom.org
 - Website: https://ccdom.org/somerset



Community Visiting Nurse Association

The Community Visiting Nurse Association is certified by the Centers for Medicare and Medicaid Services (CMS), licensed by the State of New Jersey Department of Health, and accredited by the Community Health Accreditation Program (CHAP)Our services may be covered by Medicare, Medicaid, managed care, private insurance, or on a private pay/sliding scale basis. You do not need to be hospitalized to qualify to receive home care services from Community VNA. You may qualify for Community VNA home care if you are a resident of Somerset, Middlesex, or Warren County if your physician has ordered home care, and if you require skilled professional care (such as nursing care, teaching, or rehabilitation services). To get started, call our Intake Department (908-725-9355, Ext. 2222). The call can come from:

- · You or your family
- · Your physician
- Your case manager or health care professional
- · A community agency
- A coordinator in a hospital or nursing facility
- · An assisted living or rehabilitation facility

When we receive your call for service, we'll contact your physician and set up a visit with you to determine how best we can help. From the beginning, we involve you in your plan of care and, when appropriate, teach you, your family members, and/or caregivers about your treatments or therapies. We schedule regular visits by our staff to help you get the care you need and stay as independent as possible in the comfort of your home or residence. A staff member is on call 24 hours a day, 7 days a week. Please contact us with any questions about our services and how to begin receiving care.

Information required:

- Primary care physician contact information
- History and physical / most recent Physician note to indicate health status, diagnosis, and reason for homecare services
- Medication list
- Understanding of which service(s) are requested, plus Rx if available: skilled nursing, physical therapy, occupational therapy, speech therapy, medical social worker, nutritionist, home health aide
- Medicare Face to Face document signed by your physician: https://www.communityvna.org/cmsfiles/documents/Human%20Resources/FACE %20TO%20FACE%202.pdf
- COVID-19 test results and vaccination documentation

Contact Infomation

Website: https://www.communityvna.org/

Address: 110 West End Avenue, Somerville, NJ 08876

Phone: (908) 725-9355; ext. 2222 for intake; M-F, 8:30 am to 4:30 pm

Or fax the referral form to 908-722-3014:

https://www.communityvna.org/cmsfiles/documents/Human%20Resources/Order%2

<u>0Forms%20w%20Instructions.pdf</u>



Cooperative Housing Corporation

The CHC aims to provide affordable, supportive housing for low to moderate-income senior citizens in a shared living, caring environment wherein each resident has a suite for privacy and shares common day areas for companionship. When applying to CHC's Independent or Supportive Housing, candidates must undergo an initial assessment before being accepted into the program. This process can move quickly if the potential resident and family proactively gather the necessary paperwork. The two main categories of paperwork to be collected are health and financial documents.

SIX-STEP PROCESS

- 1. Fill out the one-page intake form over the phone (caller can be a potential resident, family member, friend, etc.)
- 2. If a person meets initial requirements, a CHC house tour is scheduled for the candidate and their family (if applicable).
- 3. Certain paperwork is collected, such as financial documents (bank statements, Social Security statements, etc.), health documents (medical records, doctor's reports, etc.), and a \$100 non-refundable application fee.
- 4. Once initial financial and medical documents are collected and evaluated, CHC can offer a price estimate for the rent and service fees.
- 5. After the price is agreed upon by the potential resident and their family (if applicable), nursing and social assessment is completed to determine whether CHC is a good fit for both parties.
- 6. If appropriate for CHC's Independent or Supportive Housing program, additional documents will be collected and finalized, and a move-in date will be scheduled.

Contact information

Webstie: https://www.guidestar.org/profile/22-2785521

Address: 2 Lindbergh Avenue, Warren, NJ 07059

Phone: (908) 526-8130 E-mail <u>info@chchousing.org</u>



Jewish Family Services

Jewish Family Service of Somerset, Hunterdon, and Warren Counties is a leading, forward-thinking, highly respected, and non-sectarian social service agency.

Our doors are open to the whole community, serving clients of all backgrounds (race, religion, ethnicity, culture, socio-economic background, gender, sexual orientation, age, and physical ability).

Services:

- Holocaust Survivor Assistance Program
 - Eligible to Jews who resided in European countries, which were subject to Nazi rule and control between 1933 and 1945, who currently reside in New Jersey, are eligible. Services include home health care and companion services, case management services, and Café Europa, a socialization program for Nazi victims.
- · Geriatric Assessment
- · Mental Health Counseling
- Caregiver Support
- · Care Management
- Senior Friendly Visitor Program
 - Provides in-home support, information, and advocacy to Somerset County families and frail, isolated seniors in Somerset or Hunterdon counties. The program is free of charge and open to the entire Somerset County community, regardless of religion or cultural background.
 - Contact Debra Rimmer, debrar@jewishfamilysvc.org, (908) 725-7799 x119
- · Senior Shopper Program
 - Assists individuals ages 60 and over who are homebound due to acute or chronic illnesses or disability. Community volunteers will provide weekly grocery shopping, food delivery, and visiting services.

Contact Information

Website: https://jewishfamilysvc.org/

Address: 150-A West High Street Somerville, NJ 08876

Phone: (908) 725-7799 x110

Email: Shania Shermain, ssherman@jewishfamilysvc.org

Hours: Monday - Thursday, 9:00am to 5:00pm; Friday 9:00am to 4:30pm; Evenings by

appointment



Visiting Nurse Association of Somerset Hills

The mission of the Visiting Nurse Association of Somerset Hills and its subsidiaries is to provide individuals and families with comprehensive, high-quality, cost-effective home and community healthcare services, regardless of ability to pay, using partnerships where appropriate.

- · Home Health Care
 - Supportive care: state-licensed, accredited home care service for individuals and their families facing serious illness. Supportive care is covered by most insurance companies, including Medicare and Medicaid, under the home care benefit. Call (973) 379-8472
 - Remote patient monitoring: Provides a Remote Monitoring Kit, which includes a tablet, a digital scale that automatically records your weight, a blood pressure cuff that automatically takes your blood pressure readings, and a finger clip to collect your pulse and oxygen levels automatically.
 - Hospice Services: for those living with advanced illnesses where curative treatment is no longer appropriate or desired
 - Hospice team works with referring doctors to develop individualized care plans to manage pain, control symptoms, and ensure dignity and respect
 - It may be provided in-home, in a skilled nursing facility, or in inpatient
 - Medical insurance plans, including Medicare and Medicaid, are accepted;
 Atlantic Visiting Nurse will verify eligibility.
 - Call (973) 379-8472
 - Atlantic Adult Day Center
 - Enrollment will be based on an initial visit to the Center, where health and background information will be reviewed, and the prospective member can join in the Center's morning activity.
 - Financial assistance may be available through the County Respite Program and the NJ Adult Day Services Program for Persons with Alzheimer's Disease or Related Dementia
 - Private Care Nursing
 - Private Care can help you recover after a hospitalization, manage chronic health conditions in your home, and remain independent. Atlantic Private Care Services team of health care professionals provides round-the-clock care, companionship, and activities of daily living support that can help you or your loved one remain at home.
 - Services include RN and LPN visits, live-in and hourly Certified Home Health Aide services, physical therapy, wound care, post-surgical support

Contact Infomation

Wesbite: https://www.atlantichealth.org/conditions-treatments/visiting-nurse.html

Phone: (973) 379-8400

Hours: Monday-Sunday, 8:00 am to 4:00 pm

Address: 200 Mount Airy Road, Basking Ridge, NJ 07920



Somerset County Office on Aging & Disabilities

The Somerset County AAA/ADRC is your local agency for ensuring seniors (60+), adults with disabilities (18+), and their caregivers have easy access to information, long-term services, and support. For any caregiving questions, information, or referral to services, please get in touch with the office regarding service eligibility.

The Office on Aging & Disability Services (Somerset County AAA/ADRC) is open to walkins and curbside assistance. Staff will determine a client's need for curbside service or walk-in appointments over the phone. For those who are seeking assistance, call 908-704-6346 or toll-free at 1-888-747-1122. Clients are asked to leave a brief message with their name and phone number; calls will be returned as soon as possible.

County-operated senior wellness centers are operated by the Somerset County Office on Aging and Disability Services. The multi-purpose facilities offer a variety of activities, including educational programs, health and wellness information, and a stimulating social setting.

The Office on Aging and Disability Services connects seniors, their caregivers, and adults with disabilities to the programs and services they need to remain independent and active in their community.

Virtual (Zoom) Programs are available to senior center clients so they can participate in many of their favorite classes from their homes. For more information about Zoom programs, visit http://bit.ly/SeniorZoomCalendar. To obtain a weekly activity packet by mail, call 908-704-6346 or toll-free at 1-888-747-1122. To sign up for senior center news, visit https://bit.ly/SeniorCenterNews

Home Delivered Meals will continue to deliver hot and/or frozen meals five days a week according to each client's meal-delivery schedule.

Outdoor Events feature live music and exercise classes. Participants must register ahead of time for classes and order boxed lunches in advance.

Contact Infomation

Address: 27 Warren Street, PO Box 3000, Somerville, NJ 08876

Phone: (908) 704-6346 or (888) 747-1122

Email: Joanne Fetzko, Executive Director OfficeAging@co.somerset.nj.us



FOR MORE INFORMATION * CONTACT *

Somerset County Human Services

Website:



www.co.somerset.nj.us/government/human-services

Phone:

(908) 704-6300

Mailing Address:

27 Warren Street, P.O. Box 3000, Somerville, NJ 08876

E-mail:

HumanServices@co.somerset.nj.us

