



**AUDREY  
TAYLOR**

**YOUTH MENTOR  
& COACH**

**FEBRUARY  
2024**

**JOIN ME FOR  
THE 'WRITE IT OUT'  
WORKSHOPS**  
Intro to Journaling  
\*Limited Availability

INSPIRE.  
BELIEVE.  
LEAD.

Journals  
provided



Provided by OneFamilyOneFight + Passion 4 Youth, Inc.

Free

# UPCOMING Workshops

Journals  
provided!



Franklin Public Library (Demott Lane)



SATURDAY, FEBRUARY 10, 12PM - 1:30PM

## SELF-DISCOVERY & GOAL-SETTING

Identify and articulate your core values.  
Explore and express your passions  
through guided questions.  
Define your aspirations.

Feb  
10  
2024



SATURDAY, FEBRUARY 17, 12PM - 1:30PM

## OBSTACLES & CULTIVATING RESILIENCE

Recognize and overcome obstacles on  
your path. How writing it out will help you  
navigate.

Feb  
17  
2024



SATURDAY, FEBRUARY 24, 2:30PM - 4:00PM

## REVIEW, REFINE, & CELEBRATE

Reflect on your journey and progress  
made. Refine and clarify your goals for  
ongoing pursuit. Celebrate achievements,  
big and small, with a supportive  
community.

Feb  
24  
2024

732.339.3019  
Text/Call

**\*Limited Availability\***

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