



Intensive Family Support Services  
Proudly Presents:

# CONNECTION THROUGH \*COMPASSION\*



PRESENTED BY: ROSEANN CERVELLI, MS, LCADC, CCS, CPS

THURSDAY, APRIL 11, 2024 | 7:00 PM - 8:30 PM  
VIA ZOOM



## JOIN US TO LEARN ABOUT:

- Mindful Self-Compassion & Compassion for Others
- The three components of Self-Compassion: Loving Kindness, Mindfulness & Common Humanity
- The differences between sympathy, empathy, & compassion



REGISTRATION REQUIRED: email [ifss@ccdom.org](mailto:ifss@ccdom.org) for Zoom link