



Sunday September 8th

10am start/9am registration

Duke Island Park

191 Old York Rd, Bridgewater

10K or 5k Race

Fun Walk & Kids' Dash

BRING YOUR FAMILY AND FRIENDS AND JOIN US FOR A BEAUTIFUL DAY IN THE PARK AS YOU SUPPORT PEOPLE WITH DISABILITIES.

THE FLAT AND FAST COURSE IS FREE OF TRAFFIC AND PROVIDES AN AMPLE AMOUNT OF SHADE TO CHALLENGE YOURSELF FOR A GREAT CAUSE

www.runsignup.com/Race/NJ/Bridgewater/DignityDash



**SIGN UP TO RUN, WALK
OR VOLUNTEER**

MUSIC

**PARTICIPANT
T-SHIRTS**

**FINISHER
MEDALS**

FOOD