



**FAMILY
CONNECTS NJ**

September Educational Session

***Perinatal Mood and Anxiety,
Myth vs. Reality***

What are the truths regarding perinatal mental health disorders and postpartum depression? Are there some myths you believe in regarding postpartum depression? Come and find out!

Join us with our presenter, Yleana De Los Angeles, as we learn about Perinatal Mood and Anxiety.



**Perinatal Mood and Anxiety,
Myth vs. Reality**

September 13, 2024

12:30pm - 1:30pm

Via Zoom

Register by scanning the QR code.

Connecting NJ



CJFHC
Central Jersey
Family Health Consortium