

Annual Breast Cancer Awareness Symposium: Balancing Hormones and Losing BIG with Devin Alexander



Tuesday, October 29 • 5 to 8 p.m. Doors open at 4:30 p.m.
Bridgewater Manor • \$25

Join us for a special evening featuring the renowned chef from The Biggest Loser and author of “You Can Have It,” who will share the importance of balancing exercise with a healthy diet to reduce the risks of chronic disease. We will explore the relationship between hormones and breast cancer, the difference between estrogen receptor (ER) and progesterone receptor (PR) positive breast cancer, causes, diagnostic tools, the importance of getting an annual mammogram, treatments options and strategies to balance hormones and reduce risks.

The program includes dinner, a cooking demonstration and a copy of her book.
A book signing will follow the program.



Deborah Lue, MD
Breast surgeon and director of the Breast Program at RWJUH Somerset’s Steeplechase Cancer Center



Devin Alexander
Celebrity Chef and NY Times Bestselling Author



To register, visit: <https://bit.ly/46NQFCE>



Robert Wood Johnson University Hospital Somerset

