## OURTURN. TOTALLY

Documentary & Discussion

WEDNESDAY, NOVEMBER 20, 2024 7:00 PM - 8:30 PM

> FRANKLIN TOWNSHIP COMMUNITY SENIOR CENTER 505 DEMOTT LANE | SOMERSET, NJ

From skyrocketing rates of anxiety and depression to the impacts of racism, social media, and the pandemic, teenagers are putting an end to mental health stigma by telling their own powerful stories of struggles and triumph.

Teens, please join us for "Our Turn to Talk," a movie and candid conversation about critical topics in your life and the lives of those you love.

Storytelling SAVES Lives.
DISCUSSION MODERATED BY SHEILA GILLIN, MSS. LCSW

REFRESHMENTS WILL BE SERVED. Pre-Registration appreciated, but not required at stigmafree@franklinnj.gov
Name | E-mail | Phone Number

STUDENTS & ADULTS WELCOME, CONTENT IS

