

Navigating Medicare

### QUOTES FROM SHIP VOLUNTEERS

"I get more out of doing this than what I did for a paycheck for 36 years."

"I had a goal to do something intellectually challenging, that would make a difference, and something that has variety."

"I feel like I'm respected by people, and the people know me and can ask for help. I feel my life-my value of life-get higher. I can find my role in society and help people."

SHIP is your local State Health Insurance Assistance Program. SHIP provides unbiased help to Medicare beneficiaries, their families, and caregivers. Whether you are new to medicare, reviewing Medicare plan options, or have questions on how to use your Medicare, SHIP can help.

SHIP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services. Learn more at ACL.gov. SHIP is supported through state and federal partnerships that are not reimbursed by private health insurance plans orentities. SHIP is not paid per enrollment.

### FOR MORE INFORMATION CONTACT

Jennifer Dambeck SHIP Coordinator

(908) 704-6301 VolunteerSvs@co.somerset.nj.us

Visit our website: co.somerset.nj.us/volunteer-services



### SOMERSET COUNTY VOLUNTEER SERVICES

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Somerset County Board of County Commissioners

### MAKE A DIFFERENCE...





MEDICARE EXPERTS

✓ SCREENED✓ TRAINED✓ CERTIFIED



# Welcome to MEDICARE

We are looking for new volunteers to become **SHIP Medicare Counselors.** No experience necessary–we provide the training and resources. Help older adults in your community to navigate the Medicare maze!

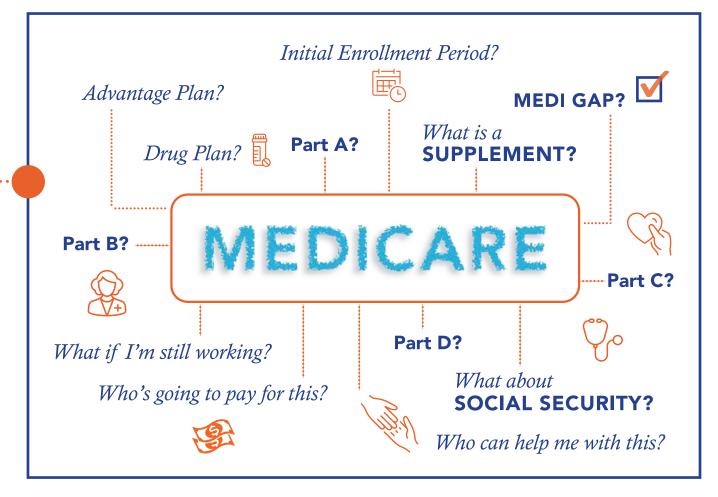
### HELPING PEOPLE OUT OF THE MEDICARE MAZE



### CALL TODAY FOR MORE INFORMATION

## (908) 704-6301

SHIP Counselors provide one-on-one confidential Medicare guidance based on your needs.



### HAVE YOU EVER "READ" THE "MEDICARE & YOU" BOOK THAT COMES OUT EVERY YEAR TO MEDICARE BENEFICIARIES?

It's not only a good cure for insomnia, but it can be too complex and confusing for many people to understand.

Making the wrong choice can end up costing a person more than they can afford for healthcare. Many times that means they will try not to use it all. When that happens, a person's health suffers. By taking the in-depth training that SHIP provides you will have all the tools you need to confidently advise and assist people through the complex medicare system. And that can make all the difference in a person's life.

> SHIP Volunteers are FRIENDLY KNOWLEDGEABLE UNBIASED EXPERTS